

2018	URBAN	Two Parents
Food		64.64
Clothing		18.24
Personal Care		13.58
Health		10.11
Health - OTC		0.45
Health Care Services		9.67
Household Goods		15.99
Household Services		5.94
Communications		20.69
Social Inclusion & Participation		57.32
Education		3.48
Transport - Public		55.00
Transport - Car		69.22
Household Energy		30.92
Electricity		15.62
Heat		15.30
Personal Costs		
Not employed		4.13
Employed Full-Time & Stay-at-home		8.13
Employed Full-Time & Part-Time		12.13
Childcare		
Not employed		
Part-Time		
Full-Time		
Insurance		
Home		2.07
Health		23.11
Car		12.42
Savings & Contingencies		18.08

2018								Two Parents	
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Household / week	Indiv per week	
Fruit & Vegetables									
Apples	10 pack	Aldi, Royal Gala	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.79	
Bananas	6 Pack	Aldi, Natures Pick	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.79	
Cabbage	450g	Aldi, Eagans	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52	
Carrots	1kg bag	Aldi, Eagans	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52	
Cauliflower	Loose	Aldi, Eagans	Aldi	€ 1.29	1	1 Week	€ 1.29	€ 0.68	
Cucumber	Loose	Aldi, The Salad Box	Aldi	€ 0.59	1	1 Week	€ 0.59	€ 0.31	
Frozen bag of broccoli	907g	Four Seasons	Aldi	€ 0.49	1	2 Weeks	€ 0.25	€ 0.13	
Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 0.79	1	4 Weeks	€ 0.20	€ 0.10	
Lettuce	Loose	Iceberg, The Salad Box	Aldi	€ 0.89	1	1 Week	€ 0.89	€ 0.47	
Mushrooms	250g tray	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.21	
Onions	750g	Aldi	Aldi	€ 0.69	1	2 Weeks	€ 0.35	€ 0.18	
Oranges	1.5kg bag	Aldi, Natures Pick	Aldi	€ 1.57	1	1 Week	€ 1.57	€ 0.83	
Parsnips	Pack of 4	Aldi, Eagans	Aldi	€ 0.99	2	3 Weeks	€ 0.66	€ 0.35	
Pears	Loose	Aldi, Conference Pears	Aldi	€ 0.49	8	1 Week	€ 3.92	€ 2.07	
Peas	1kg bag	Green Garden	Aldi	€ 0.64	1	2 Weeks	€ 0.32	€ 0.17	
Peppers	Pack of 3	The Salad Box	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.79	
Potatoes	7.5kg bag	Roosters, Eagans	Aldi	€ 7.49	2	3 Weeks	€ 4.99	€ 2.64	
Sultanas	500g	The Pantry	Aldi	€ 1.19	1	1 Week	€ 1.19	€ 0.63	
Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.34	1	1 Week	€ 0.34	€ 0.18	
Tomatoes	6 pack	The Salad Box	Aldi	€ 0.99	3	4 Weeks	€ 0.74	€ 0.39	
Turnip	Loose	Aldi	Aldi	€ 0.79	1	1 Week	€ 0.79	€ 0.42	
Groceries									

2018

Two Parents

Item		Brand	Retailer	Unit Price	Quantity	Life Span	Household / week	Indiv per week
Beans	420g	Corale	Aldi	€ 0.38	3	1 Week	€ 1.14	€ 0.60
Biscuits	400g	Belmont Digestive	Aldi	€ 0.44	1	1 Week	€ 0.44	€ 0.23
Cake	550g	Grainne's Tea Room	Aldi	€ 1.99	1	1 Week	€ 1.99	€ 1.05
Cheese	250g	Irish Vintage White Ch	Aldi	€ 1.59	2	1 Week	€ 3.18	€ 1.68
Coffee	200g jar	Maxwell house	Tesco	€ 7.99	1	4 Weeks	€ 2.00	€ 1.30
Coleslaw	400g tub	Country Fresh	Aldi	€ 0.79	4	5 Weeks	€ 0.63	€ 0.33
Cooking oil	1 litres	Solesta	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€ 0.20
Turkey	5 slice pack	Deli style	Aldi	€ 0.79	1	1 Week	€ 0.79	€ 0.42
Corn flakes	500g	Harvest Morn	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ -
Crisps	Multipack 12 x 25g	Snackrite	Aldi	€ 2.49	1	2 Weeks	€ 1.25	€ 0.66
Curry powder	250g tub	Harvet Kitchen	Aldi	€ 2.59	1	12 Weeks	€ 0.22	€ 0.11
Diluted juice	1.5 litre	Sun Quench	Aldi	€ 1.49	1	3 Weeks	€ 0.50	€ 0.26
Eggs	18	Mervale	Aldi	€ 1.39	1	2 Weeks	€ 0.70	€ 0.37
Butter	1 kg tub	Flora	Tesco	€ 4.59	1	2 Weeks	€ 2.30	€ 1.21
Flour	2 kg	The Pantry	Aldi	€ 0.99	1	8 Weeks	€ 0.12	€ 0.07
Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.39	2	3 Weeks	€ 0.93	€ -
Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 1.99	1	1 Week	€ 1.99	€ 1.30
Gravy	300g tin	Quixo	Aldi	€ 0.79	1	4 Weeks	€ 0.20	€ 0.10
Ham	10 slices	Brannans	Aldi	€ 2.29	1	1 Week	€ 2.29	€ 1.21
Hot chocolate	400g tin	The Pantry	Aldi	€ 1.69	1	6 Weeks	€ 0.28	€ 0.15
Ice-cream	1 litre tub	Daisy's Dairy	Aldi	€ 1.99	1	2 Weeks	€ 1.00	€ 0.53
Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.89	1	6 Weeks	€ 0.15	€ 0.08
Jelly (strawberry)	135g pack	Delicious Deserts	Aldi	€ 0.59	2	1 Week	€ 1.18	€ 0.62

2018

Two Parents

Item		Brand	Retailer	Unit Price	Quantity	Life Span	Household / week	Indiv per week
Low-fat yoghurts	4 pack of 125g	Duneen	Aldi	€ 1.29	4	1 Week	€ 5.16	€ 2.72
Marmalade	454g jar	Grandessa	Aldi	€ 0.49	1	4 Weeks	€ 0.12	€ 0.06
Mayonnaise	500ml	Bramwells	Aldi	€ 1.49	1	3 Weeks	€ 0.50	€ 0.26
Mixed herbs		Aldi	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.01
Mixed spices		Aldi	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.01
Noodles	65g	Make in a Minute	Aldi	€ 0.15	4	1 Week	€ 0.60	€ 0.32
Noodles	65g	Make in a Minute	Aldi	€ 0.15	2	1 Week	€ 0.30	€ -
Orange juice	1 litres	Rio D'ora	Aldi	€ 0.79	2	1 Week	€ 1.58	€ 0.83
Oven Chips	1.5kg	Champion	Aldi	€ 1.89	1	2 Weeks	€ 0.95	€ 0.50
Pasta sauce	550g	Cucina	Aldi	€ 1.59	1	1 Week	€ 1.59	€ 0.84
Chocolate Bars	pack of 6	Dairyfine, Racer	Aldi	€ 0.65	1	1 Week	€ 0.65	€ 0.34
Pepper	50g	Stonemill	Aldi	€ 0.99	1	52 Weeks	€ 0.02	€ 0.01
Red sauce	560g	Bramwells	Aldi	€ 0.73	1	4 Weeks	€ 0.18	€ 0.10
Rice	1kg	Worldwide	Aldi	€ 0.99	1	3 Weeks	€ 0.33	€ 0.17
Rice Krispies	375g	Harvest Morn	Aldi	€ 0.99	3	2 Weeks	€ 1.49	€ 0.78
Salmon (tinned)	212g	Ocean Rise	Aldi	€ 1.29	2	1 Week	€ 2.58	€ 1.36
Salt	700g	Stonemill	Aldi	€ 0.99	1	26 Weeks	€ 0.04	€ 0.02
Spaghetti	1kg bag	Cucina	Aldi	€ 0.94	1	2 Weeks	€ 0.47	€ 0.25
Spaghetti hoops	400g tin	Corale	Aldi	€ 0.42	1	1 Week	€ 0.42	€ -
Stock cubes	80g		Aldi	€ 0.99	1	6 Weeks	€ 0.17	€ 0.09
Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	13 Weeks	€ 0.09	€ 0.05
Tea	80 pack	Lyons	Tesco	€ 3.19	1	2 Weeks	€ 1.60	€ 1.04
Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.24

2018								Two Parents	
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Household / week	Indiv per week	
Tuna	160g	Ocean Rise	Aldi	€ 0.69	2	1 Week	€ 1.38	€ 0.73	
Vinegar	568ml	Bramwells	Aldi	€ 0.45	1	13 Weeks	€ 0.03	€ 0.02	
Waffles	680g	Champion	Aldi	€ 0.99	3	4 Weeks	€ 0.74	€ 0.39	
Weetabix	Box of 36	Harvest Morn	Aldi	€ 1.99	1	3 Weeks	€ 0.66	€ 0.35	
Meat									
Beef (stewing)	600g		Aldi	€ 4.79	1	3 Weeks	€ 1.60	€ 0.84	
Chicken fillets	1kg		Aldi	€ 8.49	2	3 Weeks	€ 5.66	€ 2.99	
Mince	800g	Lean Round Mince	Aldi	€ 5.49	1	1 Week	€ 5.49	€ 2.90	
Pork chops	4		Aldi	€ 2.99	1	1 Week	€ 2.99	€ 1.58	
Rashers	250g		Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52	
Roast pork	1 fillet (1kg)	Butchers Selection	Aldi	€ 4.89	1	1 Week	€ 4.89	€ 2.58	
Sausages	16 pack	Gold Coin	Aldi	€ 1.39	1	2 Weeks	€ 0.70	€ 0.37	
Milk & Bread									
Brown bread	800g	Ballymore Crust	Aldi	€ 0.79	4	1 Week	€ 3.16	€ 1.67	
Brown bread rolls	pack of 5	Ballymore Crust	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.36	
Full-fat milk	2 litres	Clobawn	Aldi	€ 1.49	3	1 Week	€ 4.47	€ 2.36	
Low-fat milk	2 litres	Clobawn	Aldi	€ 1.49	4	1 Week	€ 5.96	€ 3.15	
Scones	Loose	Bakery	Aldi	€ 0.80	6	1 Week	€ 4.80	€ 2.53	
White bread	800g pan	Ballymore Crust	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.36	
Other									
Indian takeaway			Local takeaway	€ 8.50	4	4 Weeks	€ 7.85	€ 4.14	
Lunch			Local deli	€ 4.50	1	1 Week	€ 4.50	€ -	
Chinese takeaway			Local takeaway	€ 8.50	1	4 Weeks	€ 2.13	€ -	

2018

Two Parents

Item	Brand	Retailer	Unit Price	Quantity	Life Span	Household / week	Indiv per week
Christmas			€ 113.01	1	52 Weeks	€ 2.17	€ 1.15

TOTAL	129.65	64.64
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2018

Two Parents

Clothing

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Female							
Underwear and nightwear							
Bras		Dunnes	Dunnes	€ 8.00	6	52 Weeks	€ 0.92
Pants	4 pack	Dunnes	Penny's	€ 4.50	5	52 Weeks	€ 0.43
Socks	5 pack	Penny's	Penny's	€ 2.00	4	52 Weeks	€ 0.15
Tights	2 pack	Penny's	Penny's	€ 4.00	6	52 Weeks	€ 0.46
Vest tops		Penny's	Penny's	€ 5.00	3	52 Weeks	€ 0.29
Pyjamas		Penny's	Penny's	€ 7.00	2	52 Weeks	€ 0.27
Dressing gown		Penny's	Penny's	€ 7.00	1	104 Weeks	€ 0.07
Slippers	Pair	Penny's	Penny's	€ 5.00	1	52 Weeks	€ 0.10
Coats, jackets							
Light casual jacket		Atmosphere	Penny's	€ 15.00	1	104 Weeks	€ 0.14
Winter coat		Dunnes	Dunnes	€ 50.00	1	104 Weeks	€ 0.48
Fleece		Dunnes	Dunnes	€ 10.00	1	104 Weeks	€ 0.10
Main clothing							
Jumpers		Dunnes	Dunnes	€ 12.00	3	104 Weeks	€ 0.35
Trousers		Dunnes	Dunnes	€ 10.00	3	104 Weeks	€ 0.29
Jeans		Dunnes	Dunnes	€ 19.00	2	104 Weeks	€ 0.37
Tracksuit bottoms		Dunnes	Dunnes	€ 10.00	2	104 Weeks	€ 0.19
T-shirt		Dunnes	Dunnes	€ 4.00	5	52 Weeks	€ 0.38
Smart top		Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.38
Smart skirt		Dunnes	Dunnes	€ 24.99	1	52 Weeks	€ 0.48

2018

Two Parents

Clothing

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
3/4 summer trousers	Atmosphere	Penny's	€ 10.00	2	52 Weeks	€ 0.38
Swimsuit	Atmosphere	Penny's	€ 5.00	1	104 Weeks	€ 0.05
Hat, scarf & glove (sold seperately)	Penny's	Penny's	€ 9.50	1	104 Weeks	€ 0.09
Belt 2 Pack	Penny's	Penny's	€ 3.00	1	156 Weeks	€ 0.02
Footwear						
Sandals	Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.14
Leather shoes	Clarks	Clarks	€ 60.00	1	104 Weeks	€ 0.58
Trainers	Dunnes	Dunnes	€ 20.00	2	52 Weeks	€ 0.77
Boots		Clarks	€ 100.00	1	156 Weeks	€ 0.64
Flip flops	Penny's	Penny's	€ 2.50	1	52 Weeks	€ 0.05
Personal Accessories						
Purse	Penny's	Penny's	€ 5.00	1	156 Weeks	€ 0.03
Watch	Constant	Argos	€ 11.99	1	260 Weeks	€ 0.05
Battery replacement		Argos	€ 4.00	1	104 Weeks	€ 0.04
Sunglasses	Atmosphere	Penny's	€ 3.00	1	156 Weeks	€ 0.02
Handbag		Penny's	€ 10.00	1	52 Weeks	€ 0.19
Earrings		H. Samuel	€ 19.99	1	260 Weeks	€ 0.08
Drycleaning		Local	€ 14.00	1	52 Weeks	€ 0.27
Man						
Underwear and nightwear						
Pants 3 pack	Penny's	Penny's	€ 5.00	4	52 Weeks	€ 0.38
Vests 2 pack	Penny's	Penny's	€ 6.00	2	52 Weeks	€ 0.23

2018

Two Parents

Clothing

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Socks	5 pack	Penny's	Penny's	€ 3.00	3	52 Weeks	€ 0.17
Pyjamas	Penny's	Penny's	€ 10.00	2	156 Weeks	€ 0.13	
Slippers	Penny's	Penny's	€ 6.00	1	52 Weeks	€ 0.12	
Coats, jackets							
Winter coat	Dunnes	Dunnes	€ 40.00	1	104 Weeks	€ 0.38	
Light casual jacket	Rebel	Penny's	€ 15.00	1	104 Weeks	€ 0.14	
Fleece	Penny's	Penny's	€ 7.00	1	104 Weeks	€ 0.07	
Main clothing							
Belt	Penny's	Penny's	€ 5.00	2	156 Weeks	€ 0.06	
Jumper	Dunnes	Dunnes	€ 20.00	2	104 Weeks	€ 0.38	
Trousers	Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.43	
Tracksuit bottoms		Dunnes	€ 12.00	2	104 Weeks	€ 0.23	
T-shirts	Rebel	Penny's	€ 4.00	7	52 Weeks	€ 0.54	
Swim shorts	Rebel	Penny's	€ 5.00	1	104 Weeks	€ 0.05	
Jeans	Dunnes	Dunnes	€ 20.00	2	104 Weeks	€ 0.38	
Smart shirt	Dunnes	Dunnes	€ 24.99	2	104 Weeks	€ 0.48	
Smart shirt and tie set	Dunnes	Dunnes	€ 30.00	1	52 Weeks	€ 0.58	
Smart trousers	Dunnes	Dunnes	€ 25.00	1	52 Weeks	€ 0.48	
Shorts	Dunnes	Dunnes	€ 12.00	2	104 Weeks	€ 0.23	
Hat, scarf & glove set		Penny's	€ 10.00	1	104 Weeks	€ 0.10	
Suit		Burtens	€ 150.00	1	260 Weeks	€ 0.58	
Footwear							

2018

Two Parents

Clothing

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Shoes	Clarks	Clarks	€ 70.00	1	104 Weeks	€ 0.67
Boots	Clarks	Clarks	€ 100.00	1	156 Weeks	€ 0.64
Trainers	Dunnes	Dunnes	€ 25.00	2	52 Weeks	€ 0.96
Sandals	Dunnes	Dubnnes	€ 15.00	1	104 Weeks	€ 0.14
Personal Accessories						
Wallet	Dunnes	Dunnes	€ 10.00	1	260 Weeks	€ 0.04
Watch	Constant	Argos	€ 11.99	1	260 Weeks	€ 0.05
Battery replacement		Argos	€ 4.00	1	104 Weeks	€ 0.04
Sunglasses		Penny's	€ 3.00	1	156 Weeks	€ 0.02
Drycleaning		Local	€ 14.00	1	52 Weeks	€ 0.27

Total

18.24

2018

Two Parents

Personal Care

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal Hygiene							
Suntan lotion (40+)	200ml	Lacura	Aldi	€ 2.59	2	52 Weeks	€ 0.05
Soap	4pack	Cien	Lidl	€ 0.59	1	8 Weeks	€ 0.04
Tampons	Tampax Pearl Super T&Tampax		Tesco	€ 5.00	1	4 Weeks	€ 1.15
Toothpaste	100ml	Colgate	Lidl	€ 1.39	1	1 Week	€ 0.93
Toothbrush	2 pack	Dentalux	Lidl	€ 0.99	1	13 Weeks	€ 0.08
Hairbrush	Standard hairbrush	Pennys	Pennys	€ 3.00	2	52 Weeks	€ 0.12
Sanitary towels	Always Ultra Normal S	Always ultra	Tesco	€ 2.95	1	4 Weeks	€ 0.68
Shampoo	Moisture Rich Luxuriou	Tresemme	Tesco	€ 5.82	1	2 Weeks	€ 1.46
Conditioner	Moisture Rich Luxuriou	Tresemme	Tesco	€ 5.82	1	2 Weeks	€ 1.46
Shower gel	250ml	Cien	Lidl	€ 0.69	1	2 Weeks	€ 0.17
Razor - man		Cien Men	Lidl	€ 3.99	1	104 Weeks	€ 0.04
Blades - man	5 pack	Cien Men	Lidl	€ 4.99	2	8 Weeks	€ 1.25
Disposable blades	X3	Cien	Lidl	€ 1.69	1	10 Weeks	€ 0.17
Deodorant: man		cien	lidl	€ 0.99	1	4 Weeks	€ 0.25
Deodorant: woman		Cien	Lidl	€ 0.89	1	4 Weeks	€ 0.22
Shaving cream	300ml	Cien Men	Lidl	€ 0.59	1	4 Weeks	€ 0.15
Haircut: woman			Local hairdresser	€ 20.00	3	52 Weeks	€ 1.15
Haircut: man			Local hairdresser	€ 14.00	1	6 Weeks	€ 2.33
Tweezers	2 pack	Miomare	Lidl	€ 3.59	1	520 Weeks	€ 0.01
Nail Clippers	Boots Finger Nail Clipp	Boots	Boots	€ 1.99	1	520 Weeks	€ 0.00
Toilet bag	Toiletry Bag	Pennys	Pennys	€ 5.00	2	260 Weeks	€ 0.04

2018

Two Parents

Personal Care

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Cosmetics						
Moisturiser	Nivea Soft Intensive Moisturiser	Tesco	€ 3.89	3	52 Weeks	€ 0.22
Body lotion (200ml)	Intensive Care Essential Vaseline Int care	Tesco	€ 4.65	3	52 Weeks	€ 0.27
Moisturiser (Man)	Intensive Care Essential Vaseline Int care	lidl	€ 2.49	3	52 Weeks	€ 0.14
Lipstick	Sheer Natural Lipstick Natural collection	Boots	€ 3.29	1	26 Weeks	€ 0.13
Mascara	Extra Super Lash Mascara Rimmel	Boots	€ 6.99	1	17 Weeks	€ 0.40
Foundation	40ml Long Lasting Foundation Natural collection	Boots	€ 3.79	2	52 Weeks	€ 0.15
Eye shadow	Mono Eyeshadow Natural collection	Boots	€ 2.79	1	52 Weeks	€ 0.05
Perfume	Coty L'Aimant Parfum Laimant	Boots	€ 13.00	1	52 Weeks	€ 0.25
Aftershave	Old Spice Original Aftershave Old spice	Boots	€ 11.99	1	52 Weeks	€ 0.23

Total

13.58

2018

Two Parents

Health

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Over the counter health items						
Family first aid kit	Boots essential first aid	Boots	€ 8.99	1	260 Weeks	€ 0.03
Waterproof plasters 40 pack	Waterproof	Tesco	€ 1.09	2	52 Weeks	€ 0.02
Paracetamol Box of 24		Local chemist	€ 2.50	4	52 Weeks	€ 0.19
Thermometer	Omron Eco Temp	Basi Boots	€ 6.69	1	260 Weeks	€ 0.03
Cough mixture 125ml	Benalin	Local chemist	€ 6.00	3	52 Weeks	€ 0.17
Main Care						
GP		Local doctor	€ 55.00	4	52 Weeks	€ 4.23
Dentist Exam, Scale & Polish		Local dentist	€ 90.00	2	52 Weeks	€ 3.46
Optician		Local optician	€ 30.00	2	104 Weeks	€ 0.58
Prescriptions (Contraception)	Nordiy	Pharmacy	€ 24.92	2	52 Weeks	€ 0.96
Prescriptions		Pharmacy	€ 11.38	2	52 Weeks	€ 0.44

Total

10.11

2018

Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Lounge/Dining Furniture						
Coffee table	Argos Home Matrix Coffe	Argos	€ 49.99	1	520 Weeks	€0.10
Kitchen/dining table & 4 chairs	Hygena Lido Glass Table	Argos	€ 199.00	1	780 Weeks	€0.26
Television stand	Longbow TV Unit	Bargaintown	€ 49.00	1	520 Weeks	€0.09
3 piece suite	Argos Home Tessa Pair o	Argos	€ 769.00	1	780 Weeks	€0.99
Computer Desk	Argos Home Lawson Offi	Argos	€ 64.99	1	520 Weeks	€0.12
Bookshelf	Argos Home Verona 4 Sh	Argos	€ 16.99	1	520 Weeks	€0.03
Bedroom furniture						
Double Bed	Argos Home Freja Doubl	Argos	€ 89.00	1	624 Weeks	€0.14
Double mattress	Airsprung EssentialsNew	Argos	€ 109.00	1	520 Weeks	€0.21
Chest of drawers	Argos Home Jenson 3 Dr	Argos	€ 99.99	1	780 Weeks	€0.13
Bedside locker	Argos Home New Malibu	Argos	€ 49.00	2	780 Weeks	€0.13
Wardrobe	Argos Home Seville 3 Do	Argos	€ 199.00	1	780 Weeks	€0.26
Bathroom cabinet	Argos Home 4 Drawer C	Argos	€ 45.00	1	780 Weeks	€0.06
Floor coverings						
Kitchen, Lino (28 sq. yard)	Harlem, Supplied & Fitted	Des Kelly	€ 307.72	1	780 Weeks	€0.39
Bathroom, Lino (10 sq. yard)	Harlem, Supplied & Fitted	Des Kelly	€ 109.99	1	780 Weeks	€0.14
Bedroom, Carpet (21 sq. yards)	Liffey Twist, Felt back, Sup	Des Kelly	€ 310.38	1	520 Weeks	€0.60
Lounge, Carpet (29 sq. yards)	Berwick Soft Saxony, Felt	Des Kelly	€ 501.12	1	364 Weeks	€1.38
Hall, Stairs and Landing, Carpet (27 sq. yard)	Montmarte, Felt Back, Sup	Des Kelly	€ 387.18	1	520 Weeks	€0.74
Textiles and soft furnishings						
Double Duvet- heavy tog	Winter Warm 13.5 Tog	Guineys	€ 20.00	1	260 Weeks	€0.08

2018

Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Double duvet- light tog	Summer Weight 4.5 Tog	Guineys	€ 14.99	1	260 Weeks	€0.06
Double quilt cover & 2 pillowcases	Maximal Floral Double Du	Penny's	€ 16.00	2	312 Weeks	€0.10
Double fitted sheets	Penny's	Penny's	€ 7.50	2	260 Weeks	€0.06
Pillows	Simple Value Pair of Pillow	Argos	€ 4.99	1	208 Weeks	€0.02
Hand towels	Single	Penny's	€ 2.50	2	52 Weeks	€0.10
Face cloths	Pack of 3	Penny's	€ 2.00	3	52 Weeks	€0.06
Bath towels	Super Soft 100% Cotton	Kavanaghs	€ 5.00	2	52 Weeks	€0.19
Bath mat set	ColourMatch Bath and Pe	Argos	€ 10.00	1	780 Weeks	€0.01
tea towels 3pk	Dunnes	Dunnes	€ 3.00	5	52 Weeks	€0.29
Cushion & cover set	Brown Flower Cushion C	Kavanaghs	€ 6.00	2	260 Weeks	€0.05
Curtains, Blinds, etc.						
Lounge, Blind (90 x 72 inches)	Argos Home Dublin Rolle	Argos	€ 38.00	1	416 Weeks	€0.09
Bedroom 1 , Blind	ColourMatch Blackout Th	Argos	€ 12.00	1	416 Weeks	€0.03
Bathroom, Blind (120x158cm)	Argos Home Blackour Th	Argos	€ 19.00	1	624 Weeks	€0.03
Lounge, Curtain (90 x 72 inches)		homestore and more	€ 28.79	1	624 Weeks	€0.05
Bedrooms, Curtain		homestore and more	€ 28.79	1	624 Weeks	€0.05
Patio door, Curtain (68 x 84 inches)		homestore and more	€ 24.00	1	624 Weeks	€0.04
Curtain Pole and Fittings (8 feet)	Argos Home Extendable	Argos	€ 9.00	1	1,040 Weeks	€0.01
Curtain Pole and fittings for patio door (6 feet)	Argos Home Extendable	Argos	€ 9.00	1	1,040 Weeks	€0.01
Curtain Pole and fittings for bedrooms (4 feet)	Argos Home Extendable	Argos	€ 9.00	1	1,040 Weeks	€0.01
Curtain hooks	200pk	argos	€ 6.50	1	1,040 Weeks	€0.01
Lampshades	Linen Empire Shade, medi	Dunnes	€ 6.00	5	780 Weeks	€0.04

2018

Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Standing lamp	Phoenix Lamp	Dunnes	€ 10.00	1	780 Weeks	€0.01
Electrical appliances						
Television 32" (Saorview enabled)	PANASONIC 32" 720P L	Powercity	€ 229.99	1	520 Weeks	€0.44
Fridge/freezer	Simple Value M48145FF	Argos	€ 219.99	1	520 Weeks	€0.42
Electric cooker	BEKO 50CM TWIN CAV	Powercity	€ 249.95	1	520 Weeks	€0.48
Washing machine	BEKO 5KG WASHING M	Powercity	€ 199.95	1	416 Weeks	€0.48
Hairdryer	Remington Power Dry H	Argos	€ 16.99	1	520 Weeks	€0.03
Vacuum cleaner	Bush VCS35B15KD Bagle	Argos	€ 48.99	1	520 Weeks	€0.09
Iron	Steamworks ES2325 Stear	Argos	€ 16.99	1	260 Weeks	€0.07
Lawnmower	Challenge Corded Hover	Argos	€ 59.99	1	520 Weeks	€0.12
Kettle	Simple Value Cordless Ket	Argos	€ 7.49	1	260 Weeks	€0.03
Blender	Breville VBL075 Blend Ac	Argos	€ 27.99	1	520 Weeks	€0.05
Microwave	POWERPOINT 700 WA	Powercity	€ 59.95	1	520 Weeks	€0.12
Toaster	Simple Value 2 Slice Toast	Argos	€ 9.49	1	520 Weeks	€0.02
Kitchen and hardware						
Crockery set	Simple Value 12 Piece Por	Argos	€ 9.99	1	260 Weeks	€0.04
Coffee mugs (6 per set)	Simple Value Set of 6 Por	Argos	€ 7.50	1	104 Weeks	€0.07
Tea pot	Reno Teapot	Dunnes	€ 10.00	1	780 Weeks	€0.01
Ovenproof dish set	Pyrex 3 Piece Clear Casse	Argos	€ 23.00	1	780 Weeks	€0.03
Egg cups (set of 4)	Simply White Egg Cups, S	Dunnes	€ 5.00	1	780 Weeks	€0.01
Glasses set	Set of 4 Glasses	Guineys	€ 5.95	2	260 Weeks	€0.05
Cutlery set	Simple Value Venice 24 Pi	Tesco	€ 15.50	1	520 Weeks	€0.03

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Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Mixing bowl	Tesco Basics Mixing Bowl	Tesco	€ 2.00	1	780 Weeks	€0.00
Non-stick baking Tray	Dunnes Brand Non stick I	Dunnes	€ 8.00	1	780 Weeks	€0.01
Kitchen scales	Simple Value Mechanical S	Argos	€ 7.50	1	780 Weeks	€0.01
Colander	Tesco Basics Colander	Tesco	€ 2.25	1	780 Weeks	€0.00
Saucepan set(5 piece)	Non-Stick Carbon Steel 5	Argos	€ 38.00	1	520 Weeks	€0.07
Knife set (5 piece)	Simple Value 5 Piece Knife	Argos	€ 10.00	1	520 Weeks	€0.02
Utensil set & stand	ColourMatch 16 Piece Cu	Argos	€ 5.99	1	780 Weeks	€0.01
Tin opener	Tesco Stainless Steel	Tesco	€ 6.00	1	260 Weeks	€0.02
Potato peeler	Tesco Stainless Steel	Tesco	€ 4.50	1	260 Weeks	€0.02
Corkscrew	Tesco Stainless Steel	Tesco	€ 4.50	1	780 Weeks	€0.01
Kitchen scissors	Tesco All Purpose Scissor	Tesco	€ 3.50	1	780 Weeks	€0.00
Wooden spoon set	Tesco Basics Fsc Wooden	Tesco	€ 1.75	1	156 Weeks	€0.01
Whisk	Tesco Stainless Steel Whis	Tesco	€ 4.50	1	780 Weeks	€0.01
Chopping board	Tesco Basics All Purpose	Tesco	€ 3.00	2	780 Weeks	€0.01
Vacuum flask		Dunnes	€ 8.00	1	1,040 Weeks	€0.01
Candles	Tesco 6 Pack Dinner Can	Tesco	€ 4.00	1	156 Weeks	€0.03
Cling film		Dealz	€ 1.50	6	52 Weeks	€0.17
Tin foil		Dealz	€ 1.50	6	52 Weeks	€0.17
Ironing board	Simple Value 118 x 34cm	Argos	€ 15.00	1	780 Weeks	€0.02
Clothes airer	Guineys Brand Clothes Ai	Guineys	€ 12.95	1	780 Weeks	€0.02
Washing line		Dunnes	€ 4.00	1	780 Weeks	€0.01
Clothes pegs	Wooden Pegs, Pack of 40	Dunnes	€ 3.00	1	104 Weeks	€0.03

2018

Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Laundry basket	Pennys	Pennys	€	5.00	1 260 Weeks	€0.02
Tablemats	Small Stitch Placemat	Dunnes	€	3.00	1 520 Weeks	€0.01
Hand torch		Dealz	€	1.50	1 520 Weeks	€0.00
Other Household Items:						
Reusable shopping bag	Tesco Finest Reusable Bag	Tesco	€	1.25	4 208 Weeks	€0.02
Suitcase	Max Lightweight Two Wt	Dunnes	€	55.00	3 520 Weeks	€0.16
Alarmclock	Constant Elliptical Alarm	Argos	€	5.99	1 520 Weeks	€0.01
Umbrella	Penny's Black Umbrella	Penny's	€	4.00	2 52 Weeks	€0.15
Stationary and paper goods:						
Birthday cards	2 for the price of 1	Dealz	€	1.50	3 52 Weeks	€0.09
Christmas cards	Box of 30	Dealz	€	1.50	2 52 Weeks	€0.06
Other occasion cards	2 for the price of 1	Dealz	€	1.50	3 52 Weeks	€0.09
Christmas wrapping paper	Roll (3m)	Dealz	€	1.50	2 52 Weeks	€0.06
Gift wrap	Sheets	Dealz	€	1.50	4 52 Weeks	€0.12
Envelopes	65 Packet	Dealz	€	1.50	1 52 Weeks	€0.03
Writing pad	Monochrome A4 Design	Dealz	€	1.50	1 52 Weeks	€0.03
Scissors	"6 all purpose scissors	Dealz	€	1.50	1 260 Weeks	€0.01
Sellotape	Sellotape 24x50metres	Dealz	€	1.50	1 52 Weeks	€0.01
Pens	Bic Round Stic Black Pens	Dealz	€	1.50	1 52 Weeks	€0.01
Lighter	utility lighter	Dealz	€	1.50	1 52 Weeks	€0.03
Home Security						
Smoke Alarm		Fitted in home	€	-	1 520 Weeks	€0.00

2018

Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Fire Blanket	Kidde Fire Blanket	Argos	€ 31.99	1	416 Weeks	€0.08
Fire Extinguisher	Lifesaver Fire Extinguisher	Argos	€ 18.99	1	416 Weeks	€0.05
Carbon Monoxide Alarm		Fitted in home	€ -	1	520 Weeks	€0.00
Toilet paper and cleaning materials:						
Toilet paper	Saxon (9)	Aldi	€ 2.29	1	1 Week	€1.15
Toilet brush set	Toilet brush with holding	Dealz	€ 1.50	1	52 Weeks	€0.03
Stain remover	Vanish Oxi Action Stain R	Tesco	€ 6.08	1	52 Weeks	€0.12
Washing up liquid	Magnum, 1 L	Aldi	€ 0.99	2	6 Weeks	€0.33
Clothes washing detergent	Alamat Non-Bio, 42 Wasl	Aldi	€ 3.29	1	6 Weeks	€0.55
Bleach	Powerforce, 750ml	Aldi	€ 0.62	1	4 Weeks	€0.16
Toilet cleaner	Powerforce, 1 litre	Aldi	€ 0.99	1	2 Weeks	€0.50
Furniture polish	Powerforce, 300ml	Aldi	€ 0.49	1	26 Weeks	€0.02
Disinfectant	Dettol Surface Cleanser S	Tesco	€ 4.19	1	26 Weeks	€0.16
Shoe polish	Punch Paste Polish	Tesco	€ 1.15	1	52 Weeks	€0.02
Dish cloths	Powerforce (10)	Aldi	€ 0.69	2	104 Weeks	€0.01
Household gloves	Powerforce (1 pack)	Aldi	€ 0.49	2	52 Weeks	€0.02
Refuse sacks	Killeen - 20X50L	Lidl	€ 1.55	1	5 Weeks	€0.16
Bucket		Dunnes	€ 15.00	1	260 Weeks	€0.06
Mop		Dunnes	€ 6.00	1	26 Weeks	€0.23
Dust pan & brush		Dealz	€ 1.50	1	104 Weeks	€0.01
Scrubbing brush with handle		Dunnes	€ 2.50	1	104 Weeks	€0.02
Washing up brush	Dishmatic Classic Fill Hanc	Dealz	€ 1.50	2	52 Weeks	€0.06

2018

Two Parents

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Dustbin	waste bin 11"	Dealz	€ 1.50	2	104 Weeks	€0.03
Broom	Tesco Brand	Tesco	€ 4.50	1	260 Weeks	€0.02
Compost bin		DCC	€ -	1	1,040 Weeks	€0.00
Batteries	Kodak Aa Alkaline Batteri	Dealz	€ 1.50	3	52 Weeks	€0.09
Tools						
Garden tool set	Argos Challenge 5 Piece C	Argos	€ 31.99	1	780 Weeks	€0.04
Home tool set	Onsite 14 Piece Home U	Woodies	€ 19.99	1	520 Weeks	€0.04
Pack of nails	Box	Local Hardware	€ 3.00	1	520 Weeks	€0.01
Plunger		Local Hardware	€ 4.50	1	520 Weeks	€0.01
Light bulbs	Philips 8W LED (60W eq	Tesco	€ 6.00	6	364 Weeks	€0.10
Extention lead	Masterplug 4 Socket 1 Me	Argos	€ 6.99	1	520 Weeks	€0.01
Paint						
Paint, roller set, 9"	Basics 9" Roller Set	Woodies DIY	€ 5.00	1	260 Weeks	€0.01
Paint brushes, 5 set	Basics 5 Piece Paint Brush	Woodies DIY	€ 6.99	1	260 Weeks	€0.01
Paint,emulsion	Dulux 2.5lt Vinyl Soft She	Woodies DIY	€ 29.99	6	260 Weeks	€0.35
Paint, gloss	Dulux 2.5lt Stay White Gl	Woodies DIY	€ 24.99	6	260 Weeks	€0.29

Total

15.99

2018

Two Parents

Household Services

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Window cleaning			€0.00	1	13 Weeks	€0.00
Waste charge	Eco band	Thornton's	€210.00	1	52 Weeks	€4.04
Boiler Service	Bord Gais	Bord Gais	€99.00	1	52 Weeks	€1.90

Total 5.94

2018

Two Parents

Communications

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Post						
Stamps	National	An Post	€1.00	10	52 Weeks	€0.19
Stamps	International	An Post	€1.80	5	52 Weeks	€0.17
Phone						
Mobile phone	Samsung	Eir	€129.99	2	156 Weeks	€1.67
Phone credit		Eir	€20.00	2	4 Weeks	€9.23
Internet						
Broadband	100 Mbps	Vodaphone	€40.83	1	4 Weeks	€9.42
Connection, Activation and delivery fee		Vodaphone	€0.00	1	156 Weeks	€0.00

Total

20.69

2018		Two Parents				
Social Inclusion						
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Exercise / Sport						
Aerobics: woman	Part of year	Local school	€8.50	36	52 Weeks	€5.88
Football: man	Part of year	Local club	€57.00	1	52 Weeks	€1.10
Swimming, man		Local swimming pool	€7.50	12	52 Weeks	€1.73
Swimming, woman		Local swimming pool	€7.50	12	52 Weeks	€1.73
Family Outings						
Family	Family meal	Mc Donald's	€7.80	8	52 Weeks	€1.20
Cinema	Family trip	Vue Cinema	€12.74	6	52 Weeks	€1.47
Pantomime	Family trip	The Gaiety	€35.00	2	52 Weeks	€1.35
Zoo visit	Family ticket	Dublin Zoo	€17.50	2	52 Weeks	€0.67
Holiday 1 Week in Tramore						
Dublin-Waterford	Adult return	Irish rail	€43.35	2	52 Weeks	€1.67
Mobile home to rent	Fitzmaurice's Caravan	18 Aug - 25 Aug	€589.00	1	52 Weeks	€11.33
Spending money			€160.00	1	52 Weeks	€3.08
Waterford -Tramore	Adult return	Bus Eireann	€6.50	2	52 Weeks	€0.25
Household items						
Artificial Christmas tree	Home 5ft Christmas T	Argos	€19.00	1	520 Weeks	€0.04
Balloons	Pack	Dealz	€1.50	1	52 Weeks	€0.03
Booth photographs	set of 4	Local chemist	€6.00	4	520 Weeks	€0.05
Christmas tree lights	Set of 200	Argos	€19.99	1	260 Weeks	€0.08
Christmas tree decorat	Home 100 piece Chris	Argos	€10.99	1	260 Weeks	€0.04
Deck of playing cards	Playing Cards Pack	Smyths	€1.99	1	260 Weeks	€0.01

2018

Two Parents

Social Inclusion

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Game set (10 in 1)	Chad Valley 40 Classic	Argos	€14.99	1	520 Weeks	€0.03
Evergreen shrubs	Euonymus Fortunei Em	Woodies DIY	€9.99	4	520 Weeks	€0.08
Christmas Wreath	Berry and Pine Cone	Argos	€13.00	1	260 Weeks	€0.05
Games Console	Xbox One S 1TB Sea c	Smyths	€279.99	1	260 Weeks	€1.08
Photo printing	100 Photos (15x10cm)	Boots	€8.50	1	52 Weeks	€0.16
Television Licence		An Post	€160.00	1	52 Weeks	€3.08
Newspapers, Books & Magazines						
Bible	DLT	Veritas	€11.95	1	1,040 Weeks	€0.01
Calendar	Jane Russ		€9.80	1	52 Weeks	€0.19
Cookery book	Christopher Trotter	Easons	€8.39	1	1,040 Weeks	€0.01
First Aid Book	DK	Easons	€19.60	1	364 Weeks	€0.05
Novel book		Easons	€9.99	2	52 Weeks	€0.38
Sunday Newspaper		Local Newsagent	€3.20	1	1 Week	€3.20
Parents' Socialising						
Babysitting			€50.00	2	52 Weeks	€1.92
Couple- night out			€100.00	2	52 Weeks	€3.85
Man- night out			€50.00	1	9 Weeks	€5.77
Woman- night out			€50.00	1	9 Weeks	€5.77

Total

57.32

2018

Two Parents

Education

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Computer Equipment						
Laptop	DELL Inspiron 15 5000	PC World	€479.99	1	260 Weeks	€1.85
Printer	HP Deskjet 2632	Argos	€31.99	1	520 Weeks	€0.06
A4 Paper	A4 Hp Everyday 75Gsr	Easons	€3.99	2	52 Weeks	€0.15
Ink Cartridge	HP Deskjet 2632	Argos	€13.99	3	52 Weeks	€0.81
Microsoft Office Packag	Microsoft	PC World	€159.99	1	260 Weeks	€0.62

Total 3.48

2018							Two Parents
Transport							
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Public Transport (2 adults)							
Weekly Leap Card Caç Dublin Bus			€27.50	2	1 Week	€55.00	
					Total	55.00	
Private Transport							
Ford Focus	1.6 Diesel, 151 Reg	SIMI Dealer Ireland	€8,888.67	1	312 Weeks	€28.49	
Car Tax	Based on engine size and carbon emissions		€190.00	1	52 Weeks	€3.65	
NCT			€55.00	1	104 Weeks	€0.53	
Annual Service		Local	€180.00	1	52 Weeks	€3.46	
Maintenance	Allowance for periodic replacement of bulbs, v		€118.00	1	52 Weeks	€2.27	
Parking Allowance			€7.00	1	1 Week	€7.00	
Driving Licence		Motor Tax Office	€55.00	2	520 Weeks	€0.21	
Diesel			€1.35	17.5	1 Week	€23.61	
					Total	69.22	

2018

Two Parents

Household Energy

Item	Brand	Retailer	Unit Price	Quantity	Life Span	Cost / Week
Electricity						
Units	Dual Fuel - direct deb Discounted unit rate	Energia	€ 0.15	75.0	1 Week	€ 11.42
Standing Charge	Urban	Energia	€ 171.33	1	52 Weeks	€ 3.29
PSO			€ 47.34	1	52 Weeks	€ 0.91
Electricity Total						15.62
Gas						
Units	Dual Fuel - direct deb Discounted unit rate	Energia	€ 0.05	13,300	52 Weeks	€ 12.23
Carbon Tax			€ 0.00	13,300	52 Weeks	€ 1.07
Standing Charge		Energia	€ 103.87	1	52 Weeks	€ 2.00
Gas Total						15.30
Total						30.92

2018

Two Parents

Personal Costs

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Unemployed						
Passport Fee		Passport Office	€75.00	2	520 Weeks	€0.29
Donations to charity			€2.00	1	1 Week	€2.00
Bank Account	Current Account	Permanent TSB	€48.00	2	52 Weeks	€1.85
Trade Union Subscription (n/a)				1	1 Week	€0.00

Total 4.13

Employed Full-Time

Passport Fee		Passport Office	€75.00	2	520 Weeks	€0.29
Donations to charity			€2.00	1	1 Week	€2.00
Bank Account	Current Account	Permanent TSB	€48.00	2	52 Weeks	€1.85
Trade Union Subscription Full-time			€4.00	1	1 Week	€4.00

Total 8.13

Employed Full-Time & Employed Part-Time

Passport Fee		Passport Office	€75.00	2	520 Weeks	€0.29
Bank Account	Current Account	Permanent TSB	€48.00	2	52 Weeks	€1.85
Donations to charity			€2.00	1	1 Week	€2.00
Trade Union Subscription		SIPTU	€4.00	2	1 Week	€8.00

2018

Two Parents

Personal Costs

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
					Total	12.13

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Two Parents

Insurance

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Home Contents Insurance		Liberty	€107.46	1	52 Weeks	€2.07
Health Insurance	Company Plan Starter	VHI	€675.89	2	52 Weeks	€26.00
Health Insurance Excess			€25.00	2	52 Weeks	€0.96
GP Visit Refund			-€25.00	4	52 Weeks	-€1.92
Dental Refund			-€25.00	2	52 Weeks	-€0.96
Optician Refund			-€50.00	2	104 Weeks	-€0.96
Chiropodist Refund			-€25.00	0	52 Weeks	€0.00
Car Insurance	Comprehensive		€645.95	1	52 Weeks	€12.42

Total 37.60

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Two Parents

Savings & Contingencies

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Life Assurance		New Ireland Insurance	€35.02	1	4 Weeks	€8.08
Contingencies / Emergencies			€10.00	1	1 Week	€10.00

Total 18.08