

Two Parents, Mother & Father

Rural

Weekly Individualised Expenditure

Mar 2012

Food	€	71.58		
Fruit & Vegetables	€	12.55		
Groceries	€	25.38		
Meat	€	17.30		
Milk & Bread	€	13.90		
Other	€	2.46		
Clothing	€	15.57	Education	€
Clothes	€	10.64	Uniforms	€
Footwear	€	4.37	Books, Stationary, etc.	€
Accessories	€	0.55	Computer Equipment	€
Personal Care	€	14.65	Other Education Costs	€
Personal Hygiene	€	11.88		
Cosmetics	€	2.77	Transport	
Health	€	5.42	Scenario 1	€
Over the counter items	€	0.30	Scenario 2	€
Health care services	€	5.11	Scenario 3	€
Household Goods	€	17.16	Household Energy	€
Furnishings	€	6.55	Electricity	€
Appliances	€	3.40	Heating	€
Kitchen items	€	0.65		
Cleaning & maintenance	€	5.80	Personal Costs	
Miscellaneous items	€	0.75	Scenario 1	€
Household Services	€	10.29	Scenario 2	€
			Scenario 3	€
Communications	€	15.00	Childcare	€
Social Inclusion & Participation	€	57.07		
Exercise / Sport	€	10.76	Insurance	
Family Outings	€	2.34	Home Contents	€
Holiday	€	16.31	Health	€
Household items	€	5.05	Car	
Newspapers, Books & Magazines	€	5.52	Scenario 1	€
Parents' Socialising	€	17.10	Scenario 2	€
			Scenario 3	€
			Savings & Contingencies	€

Two Parent Household

							Rural	Rural
							Mar 2012	Mar 2012
Category								
Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
Fruit & Vegetables								
§ Apples	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 1.00
§ Bananas	1kg bag	Aldi	Aldi	€ 1.25	1	1 Week	€ 1.25	€ 0.66
§ Cabbage		Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52
§ Carrots	1kg bag	Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52
§ Cauliflower		Aldi	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.79
§ Cucumber		Aldi	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.36
§ Frozen bag of broccoli	1kg bag	Four Seasons	Aldi	€ 1.35	1	2 Weeks	€ 0.68	€ 0.36
§ Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 1.25	1	4 Weeks	€ 0.31	€ 0.16
§ Lettuce		Iceberg	Aldi	€ 0.90	1	1 Week	€ 0.90	€ 0.48
§ Mushrooms	250g tray	Aldi	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.26
§ Onions	1kg bag	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.21
§ Oranges	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 1.00
§ Parsnips	Pack of 3	Lidl	Lidl	€ 1.29	2	3 Weeks	€ 0.86	€ 0.45
§ Pears	Loose	Aldi	Aldi	€ 0.49	8	1 Week	€ 3.92	€ 2.07
§ Peas	1kg bag	Four Seasons	Aldi	€ 1.19	1	2 Weeks	€ 0.60	€ 0.31
§ Potatoes	7.5kg bag	Roosters	Aldi	€ 3.69	2	3 Weeks	€ 2.46	€ 1.30
§ Sultanas	375g	Sweet Vine	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52
§ Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.54	1	1 Week	€ 0.54	€ 0.29
§ Tomatoes		Lidl	Lidl	€ 0.26	8	1 Week	€ 2.08	€ 1.10
§ Turnip		Aldi	Aldi	€ 0.35	1	1 Week	€ 0.35	€ 0.18
Groceries								
§ Beans	420g	Corale	Aldi	€ 0.47	3	1 Week	€ 1.41	€ 0.74
§ Biscuits	400g	Belmont Digestive	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.24
§ Cake	550g	Victoria Sponge	Aldi	€ 1.79	1	1 Week	€ 1.79	€ 0.95
§ Cheese	200g	Cowbell Cheese	Aldi	€ 0.85	2	1 Week	€ 1.70	€ 0.90
† Coffee	200g	Maxwell House	Tesco / Supervalu	€ 5.69	1	4 Weeks	€ 1.22	€ 0.64

Two Parent Household

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Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§ Coleslaw	400g tub	Country Fresh	Aldi	€ 1.29	4	5 Weeks	€ 1.03	€ 0.54
§ Cooking oil	1 litres	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40	€ 0.21
§ Corn beef	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.46
§ Corn flakes	400g	Harvest Morn	Aldi	€ 0.79	1	1 Week	€ 0.79	€ 0.42
§ Cream crackers	300g	Savoury Bakes	Aldi	€ 0.39	1	3 Weeks	€ 0.13	€ 0.07
§ Crisps	Multipack 18	Snackrite	Aldi	€ 1.95	1	2 Weeks	€ 0.98	€ 0.51
§ Curry powder	80g tub	Tesco brand	Tesco	€ 1.09	1	4 Weeks	€ 0.27	€ 0.14
§ Diluted juice	1 litre	Sun Quench	Aldi	€ 1.45	1	1 Week	€ 1.45	€ 0.77
§ Dried apricots	250g	Tesco Wholefoods	Tesco	€ 2.99	1	2 Weeks	€ 1.50	€ 0.79
§ Eggs	18	Mervale	Aldi	€ 2.59	1	2 Weeks	€ 1.30	€ 0.68
§ Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.99	2	3 Weeks	€ 1.33	€ 0.70
§ Flora	1 kg tub	Flora	Tesco	€ 4.29	1	2 Weeks	€ 2.15	€ 1.13
§ Flour	2 kg	The Pantry	Aldi	€ 1.19	1	8 Weeks	€ 0.15	€ 0.08
§ Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 2.69	1	1 Week	€ 2.69	€ 1.42
§ Fruit cocktail	410g	Sweet Valley	Aldi	€ 0.65	2	1 Week	€ 1.30	€ 0.69
§ Gravy	300g tin	Quixo	Aldi	€ 0.85	1	4 Weeks	€ 0.21	€ 0.11
§ Ham	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.46
§ Hot chocolate	400g tin	Alcafe	Aldi	€ 1.49	1	6 Weeks	€ 0.25	€ 0.13
§ Ice-cream	1 litre tub	Gianni's	Aldi	€ 1.45	1	2 Weeks	€ 0.73	€ 0.38
§ Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ 0.13
§ Jelly (strawberry)	135g pack	Hartley's	Aldi	€ 0.49	2	1 Week	€ 0.98	€ 0.52
§ Low-fat yoghurts	125g	Duneen	Aldi	€ 0.37	16	1 Week	€ 5.92	€ 3.13
§ Marmalade	454g jar	Grandessa	Aldi	€ 0.65	1	4 Weeks	€ 0.16	€ 0.09
§ Mayonnaise	500ml	Bramwells	Aldi	€ 1.15	1	3 Weeks	€ 0.38	€ 0.20
§ Noodles	65g	Tesco Value	Tesco	€ 0.15	4	1 Week	€ 0.60	€ 0.32
§ Orange juice	1 litres	Rio D'ora	Aldi	€ 0.89	2	1 Week	€ 1.78	€ 0.94
§ Oven chips	1.5 kg bag	Champion	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.26

Two Parent Household

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Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§ Pasta sauce	320g jar	Cucina	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.52
§ Chocolate Bars	pack of 9	Eat Me Caramel	Aldi	€ 1.09	1	1 Week	€ 1.09	€ 0.58
§ Pepper	25g	Stonemill	Aldi	€ 0.89	1	26 Weeks	€ 0.03	€ 0.02
§ Red sauce	570g	Bramwells	Aldi	€ 0.75	1	4 Weeks	€ 0.19	€ 0.10
§ Rice	1kg box	Bilash	Aldi	€ 1.19	1	3 Weeks	€ 0.40	€ 0.21
§ Rice Krispies	375g	Harvest Morn	Aldi	€ 1.19	3	2 Weeks	€ 1.79	€ 0.94
§ Salmon (tinned)	212g	Ocean Rise	Aldi	€ 0.99	2	1 Week	€ 1.98	€ 1.05
§ Sea Salt	700g	Stonemill	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.01
§ Spaghetti	1kg bag	Cucina	Aldi	€ 0.95	1	2 Weeks	€ 0.48	€ 0.25
§ Spaghetti hoops	410g tin	Corale	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.24
§ Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	13 Weeks	€ 0.09	€ 0.05
† Tea bags	80 bags	Lyons	Tesco / Supervalu	€ 3.39	1	3 Weeks	€ 1.71	€ 0.90
§ Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.26
§ Tuna	185g	Ocean Rise	Aldi	€ 0.59	2	1 Week	€ 1.18	€ 0.62
§ Vinegar	568ml	Bramwells	Aldi	€ 0.37	1	13 Weeks	€ 0.03	€ 0.02
§ Waffles	680g	Champion	Aldi	€ 1.25	3	4 Weeks	€ 0.94	€ 0.49
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	1	3 Weeks	€ 0.70	€ 0.37
Meat								
† Chicken fillets	10 pack		Local butchers		1	2 Weeks	€ 6.52	€ 3.44
† Mince	2 lbs		Local butchers		1	1 Week	€ 5.89	€ 3.11
† Pork chops	4		Local butchers		1	1 Week	€ 5.10	€ 2.69
§ Rashers	250g	Lidl	Lidl	€ 1.24	1	1 Week	€ 1.24	€ 0.65
† Roast - Bacon/Pork			Local butchers		1	2 Weeks	€ 5.36	€ 2.83
§ Sausages	454g pack	Lidl	Lidl	€ 1.29	1	1 Week	€ 1.29	€ 0.68
† Roast - Beef/Lamb			Local butchers		1	2 Weeks	€ 7.36	€ 3.88
Milk & Bread								
† Brown bread	800g		Local		4	1 Week	€ 7.98	€ 4.21

Two Parent Household

Two Parent Household							Rural		Rural	
Category							Mar 2012		Mar 2012	
Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost		Individual Cost	
§	Brown bread rolls	pack of 6	Ballymore Crust	Aldi	€ 0.89	1	1 Week	€ 0.89	€ 0.47	
†	Full-fat milk	2 litres		Local		3	1 Week	€ 5.73	€ 3.03	
†	Low-fat milk	2 litres		Local		4	1 Week	€ 7.64	€ 4.03	
§	Scones		Bakery	Lidl	€ 0.35	6	1 Week	€ 2.10	€ 1.11	
§	White bread	800g pan	Lynchs	Aldi	€ 0.99	2	1 Week	€ 1.98	€ 1.05	
Other										
†	Takeaway			Local takeaway	€ 24.50	1	4 Weeks	€ 4.66	€ 2.46	
†	Lunch			Local deli	€ 3.00	1	1 Week	€ 3.03	€ -	
	Chinese takeaway			Local takeaway	€ 11.00	1	4 Weeks	€ 2.16	€ -	
Total								€ 140.76	€ 71.58	

§ 2012 Basket Review adjustments

† Item priced in Demeber 2009

Two Parents, Mother & Father

Rural

Clothing

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Woman							
Underwear & Nightwear							
Bras		Dunnes	Dunnes	€ 7.00	6	52 Years	€ 0.59
Dressing gown		Penny's	Penny's	€ 12.00	1	104 Weeks	€ 0.09
Pants		Dunnes	Dunnes	€ 1.50	14	52 Weeks	€ 0.29
Pyjamas		Penny's	Penny's	€ 8.00	2	52 Weeks	€ 0.22
Slippers	Pair	Penny's	Penny's	€ 6.00	2	52 Weeks	€ 0.17
Socks	5 pack	Penny's	Penny's	€ 5.00	2	52 Weeks	€ 0.14
Tights	2 pack	Penny's	Penny's	€ 2.50	2	6 Weeks	€ 0.60
Coats & Jackets							
Fleece		Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.10
Light casual jacket		Penny's	Penny's	€ 18.00	1	104 Weeks	€ 0.12
Winter coat		Dunnes	Dunnes	€ 45.00	1	104 Weeks	€ 0.31
Main Clothing							
3/4 summer trousers		Dunnes	Dunnes	€ 8.00	2	52 Weeks	€ 0.22
Belt		Dunnes	Dunnes	€ 8.00	2	156 Weeks	€ 0.07
Hat, scarf & glove set		Penny's	Penny's	€ 8.00	1	104 Weeks	€ 0.06
Jeans		Dunnes	Dunnes	€ 25.00	2	104 Weeks	€ 0.35
Jumpers		Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
Smart skirt		Dunnes	Dunnes	€ 25.00	1	52 Weeks	€ 0.35
Smart top		Dunnes	Dunnes	€ 15.00	1	52 Weeks	€ 0.21
Swimsuit		Penny's	Penny's	€ 7.00	1	104 Weeks	€ 0.05
Tracksuit bottoms		Dunnes	Dunnes	€ 10.00	2	52 Weeks	€ 0.28
Trousers		Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
T-shirt		Dunnes	Dunnes	€ 5.00	5	52 Weeks	€ 0.35
Vest tops		Penny's	Penny's	€ 3.00	2	52 Weeks	€ 0.09
Footwear							

Two Parents, Mother & Father

Rural

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Boots		Clarks	€ 65.00	1	104 Weeks	€ 0.63
Flip flops	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.04
Leather shoes	Clarks	Clarks	€ 60.00	1	52 Weeks	€ 1.15
Sandals	Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.10
Trainers	Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.28
Wellingtons		Local Shop	€ 12.00	1	208 Weeks	€ 0.06
Personal Accessories						
Battery replacement		Local Shop	€ 8.00	1	104 Weeks	€ 0.15
Dry Cleaing		Local Shop	€ 15.00	1	52 Weeks	€ 0.29
Earrings		Local Jewellers	€ 20.00	1	260 Weeks	€ 0.06
Handbag		Penny's	€ 5.00	2	104 Weeks	€ 0.07
High Visibility Bib		Local Shop	€ 3.00	1	156 Weeks	€ 0.04
Purse	Dunnes	Dunnes	€ 6.00	1	156 Weeks	€ 0.03
Sunglasses		Penny's	€ 3.00	1	156 Weeks	€ 0.01
Watch		Local Shop	€ 40.00	1	520 Weeks	€ 0.06

Man

Underwear & Nightwear							
Pants	3 pack	Penny's	Penny's	€ 5.00	3	52 Weeks	€ 0.21
Pyjamas		Penny's	Penny's	€ 8.00	2	104 Weeks	€ 0.11
Slippers		Penny's	Penny's	€ 6.00	1	104 Weeks	€ 0.04
Socks	3 pack	Penny's	Penny's	€ 5.00	3	52 Weeks	€ 0.21
Vests	2 pack	Penny's	Penny's	€ 5.00	2	52 Weeks	€ 0.14
Coats & Jackets							
Fleece		Penny's	Penny's	€ 10.00	1	104 Weeks	€ 0.07
Light casual jacket		Penny's	Penny's	€ 21.00	1	104 Weeks	€ 0.14
Winter coat		Dunnes	Dunnes	€ 45.00	1	104 Weeks	€ 0.31

Two Parents, Mother & Father

Rural

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Main Clothing						
Belt	Dunnes	Dunnes	€ 10.00	2	156 Weeks	€ 0.09
Hat, scarf & glove set		Penny's	€ 8.00	1	104 Weeks	€ 0.06
High Visibility Bib		Local Shop	€ 3.00	1	156 Weeks	€ 0.04
Jeans	Dunnes	Dunnes	€ 25.00	2	104 Weeks	€ 0.35
Jumper	Dunnes	Dunnes	€ 15.00	2	104 Weeks	€ 0.21
Shorts	Dunnes	Dunnes	€ 8.00	2	104 Weeks	€ 0.11
Smart shirt	Dunnes	Dunnes	€ 25.00	2	104 Weeks	€ 0.48
Smart shirt and tie set	Dunnes	Dunnes	€ 20.00	1	104 Weeks	€ 0.07
Smart trousers	Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.38
Suit		Local Shop	€ 150.00	1	260 Weeks	€ 0.68
Swim shorts	Dunnes	Dunnes	€ 6.00	1	104 Weeks	€ 0.04
Tracksuit bottoms		Dunnes	€ 10.00	2	52 Weeks	€ 0.28
Trousers	Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
T-shirts	Dunnes	Dunnes	€ 5.00	6	52 Weeks	€ 0.42
Footwear						
Sandals	Dunnes	Dunnes	€ 10.00	1	104 Weeks	€ 0.07
Shoes	Clarks	Clarks	€ 70.00	1	52 Weeks	€ 1.34
Trainers	Dunnes	Dunnes	€ 25.00	1	52 Weeks	€ 0.35
Wellingtons		Local Shop	€ 17.95	1	156 Weeks	€ 0.08
Work Boots		Local Shop	€ 49.95	1	156 Weeks	€ 0.26
Personal Accessories						
Battery replacement		Local Jewellers	€ 8.00	1	104 Weeks	€ 0.08
Dry Cleaing		Local Dry Cleaners	€ 15.00	1	52 Weeks	€ 0.29
Sunglasses		Penny's	€ 3.00	1	156 Weeks	€ 0.01
Wallet	Dunnes	Dunnes	€ 8.00	1	260 Weeks	€ 0.02
Watch		Local Jewellers	€ 40.00	1	520 Weeks	€ 0.07

Two Parents, Mother & Father

Rural

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Total						€ 15.57

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

Rural

Personal Care

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal Hygiene						
Blades	Pack of 5	Gillette Mach 3	Tesco	€ 8.45	1	3 Weeks € 1.61
Comb		Local Chemist	€ 1.99	1	52 Weeks	€ 0.04
§ Conditioner	300ml	Timotei	Tesco	€ 1.34	1	1 Week € 0.67
§ Deodorant: man	150ml	Nivea	Tesco	€ 2.05	1	3 Weeks € 0.68
§ Deodorant: woman	150ml	Nivea	Tesco	€ 2.04	1	3 Weeks € 0.68
Disposable razors	Pack of 10	Bic	Tesco	€ 2.15	1	10 Weeks € 0.25
Hairbrush		Local chemist	€ 1.99	2	52 Weeks	€ 0.09
Haircut: man		Barber	Local	€ 12.00	1	6 Weeks € 1.54
Haircut: woman		Hairdressers	Local	€ 39.00	3	52 Weeks € 1.61
Man: razor		Gillette Mach 3	Tesco	€ 7.25	1	52 Weeks € 0.14
§ Sanitary towels	Pack of 14	Always ultra	Tesco		1	4 Weeks € 0.63
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	1 Week € 0.45
Shaving cream	250ml	Tesco value	Tesco	€ 1.39	1	4 Weeks € 0.45
Shower gel	2 litre	Tesco	Tesco	€ 0.99	1	2 Weeks € 0.54
Soap	4 x 125g	Tesco lemon	Tesco	€ 1.39	3	4 Weeks € 0.20
Suntan lotion (40+)	200ml	Amber Solaire	*Local Chemist	€ 8.99	2	52 Weeks € 0.08
§ Tampons	Box of 30	Tampax	Tesco		1	4 Weeks € 0.39
§ Tweezers		Boots	Boots	€ 6.09	1	520 Weeks € 0.01
§ Nail Clippers		Boots	Boots	€ 11.13	1	520 Weeks € 0.02
Toiletries bag		Dunnes	Dunnes	€ 5.00	2	260 Weeks € 0.04
Toothbrush		Colgate	Tesco	€ 2.59	4	13 Weeks € 0.35
Toothpaste	100ml	Aqua Fresh	Tesco	€ 2.09	1	2 Weeks € 1.43
Cosmetics						
§ Moisturiser	50ml	Nivea	Tesco	€ 6.45	1	9 Weeks € 0.68
§ Body lotion (200ml)		Vaseline Int care	Tesco	€ 2.83	1	9 Weeks € 0.30
§ Moisturiser (Man)	75ml	Nivea	Boots	€ 7.72	1	13 Weeks € 0.59

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Personal Care

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Lipstick	Natural collection	Boots	€ 3.80	1	26 Weeks	€ 0.14
§ Mascara	Rimmel	Boots	€ 7.57	1	17 Weeks	€ 0.44
§ Foundation 40ml	Natural collection	Boots	€ 3.95	2	52 Weeks	€ 0.14
§ Eye shadow	Natural collection	Boots	€ 2.80	1	52 Weeks	€ 0.05
§ Perfume	Laimant	Boots	€ 11.25	1	52 Weeks	€ 0.20
§ Aftershave	Old spice	Boots	€ 12.90	1	52 Weeks	€ 0.23
Total						€ 14.65

§ 2012 Review adjustments & additions

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Health

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Over the counter						
First aid kit		Local chemist	€ 7.99	1	260 Weeks	€ 0.06
Waterproof plasters	Tesco brand	Tesco	€ 1.49	2	52 Weeks	€ 0.05
Paracetamol	Box of 24	Local chemist	€ 2.00	2	52 Weeks	€ 0.12
Thermometer		Local chemist	€ 4.99	1	260 Weeks	€ 0.02
Cough mixture	200ml	Exputex	€ 4.94	1	52 Weeks	€ 0.05
Main Care						
§ GP		Local doctor		3	52 Weeks	€ 1.46
Dentist		Local dentist		2	52 Weeks	€ 0.67
Optician		Local optician		2	104 Weeks	€ 0.21
§ Prescriptions (Contraception)		Pharmacy		2	52 Weeks	€ 1.47
§ Prescriptions (antibiotic)		Pharmacy		4	52 Weeks	€ 1.30
Total						€ 5.42

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

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Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Lounge/Dining Furniture						
3 piece suite		Sugrue's	€ 689.00	1	780 Weeks	€ 1.10
Bookshelf		Sugrue's	€ 59.00	1	1,040 Weeks	€ 0.09
Coffee table		Sugrue's	€ 49.00	1	520 Weeks	€ 0.12
§ Computer Desk		Local	€ 39.00	1	520 Weeks	€ 0.05
Kitchen/dining table & 4 chairs		Local	€ 189.00	1	780 Weeks	€ 0.18
Television stand		Sugrue's	€ 55.00	1	520 Weeks	€ 0.15
Bedroom furniture						
Bathroom cabinet		Sugrue's	€ 59.00	1	780 Weeks	€ 0.08
Bedside locker		Sugrue's	€ 49.00	2	780 Weeks	€ 0.13
Chest of drawers		Sugrue's	€ 59.00	1	780 Weeks	€ 0.14
Double Bed		Sugrue's	€ 110.00	1	624 Weeks	€ 0.28
Double mattress		Sugrue's	€ 155.00	1	520 Weeks	€ 0.26
Wardrobe		Sugrue's	€ 149.00	1	780 Weeks	€ 0.24
Floor coverings						
Kitchen	Lino	Fitzgeralds	€ 336.00	1	780 Weeks	€ 0.31
Bathroom	Lino	Fitzgeralds	€ 100.00	1	780 Weeks	€ 0.21
Bedroom	Carpet	Fitzgeralds	€ 168.00	1	520 Weeks	€ 0.34
Lounge	Carpet	Fitzgeralds	€ 275.50	1	364 Weeks	€ 1.01
Hall, Stairs and Landing	Carpet	Fitzgeralds	€ 256.50	1	364 Weeks	€ 0.85
Textiles and soft furnishings						
§ Bath mat set		Dunnes	€ 5.00	1	78 Weeks	€ 0.06
Bath towels		Dunnes	€ 4.00	6	260 Weeks	€ 0.04
Cushion & cover set		Dunnes	€ 5.00	2	260 Weeks	€ 0.04
Double Duvet- heavy tog		Dunnes	€ 20.00	1	520 Weeks	€ 0.04
Double duvet- light tog		Dunnes	€ 15.00	1	520 Weeks	€ 0.03
§ Double fitted sheets	Set	Dunnes	€ 7.00	3	260 Weeks	€ 0.08

Two Parents, Mother & Father

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Double quilt cover & 2 pillowcases		Dunnes	€ 12.00	3	312 Weeks	€ 0.11
Face cloths	Pack of 2	Dunnes	€ 2.00	2	52 Weeks	€ 0.02
Hand towels		Dunnes	€ 2.00	4	260 Weeks	€ 0.03
Pillows		Dunnes	€ 3.00	4	104 Weeks	€ 0.11
Curtains, Blinds, etc.						
Bathroom	Blind	Heatons	€ 18.00	1	624 Weeks	€ 0.04
§ Bedroom	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
Bedrooms, Curtain	Curtain	Heatons	€ 15.00	3	624 Weeks	€ 0.05
Curtain hooks	Pack of 20	Heatons	€ 1.25	8	1,040 Weeks	€ 0.01
Curtain track and fittings for bedrooms (4 feet)		Heatons	€ 22.00	1	1,040 Weeks	€ 0.02
Curtain track and fittings for lounge (8 feet)		Heatons	€ 18.00	1	1,040 Weeks	€ 0.02
Curtain track and fittings for patio door (6 feet)		Heatons	€ 18.00	1	1,040 Weeks	€ 0.04
Lampshades		Dunnes	€ 4.00	7	780 Weeks	€ 0.04
§ Lounge	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
Lounge	Curtain	Heatons	€ 22.00	1	624 Weeks	€ 0.09
Patio door	Curtain	Heatons	€ 20.00	1	624 Weeks	€ 0.08
Standing lamp		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Gas and electrical appliances						
§ Blender	Breville	Argos	€ 26.49	1	520 Weeks	€ 0.05
DVD player	Philips	Kellehers	€ 39.99	1	520 Weeks	€ 0.08
Electric Cooker	Flavel	Kellehers	€ 199.00	1	416 Weeks	€ 0.52
Fridge/freezer	Flavel	Kellehers	€ 159.00	1	416 Weeks	€ 0.49
§ Hair straightener	Remington	Kellehers	€ 19.99	1	260 Weeks	€ 0.08
Hairdryer	Philips	Kellehers	€ 14.99	1	520 Weeks	€ 0.03
Iron	Morphy Richards	Kellehers	€ 19.99	1	260 Weeks	€ 0.07
Kettle	Morphy Richards	Kellehers	€ 19.99	1	260 Weeks	€ 0.08
Lawnmower	Apache	O'Sullivan's	€ 260.00	1	1,040 Weeks	€ 0.24

Two Parents, Mother & Father

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Microwave	Playsonic	Kellehers	€ 49.99	1	520 Weeks	€ 0.10
§ Saorview Set-Top Box	Normende NM8010M	DID	€ 74.99	1	520 Weeks	€ 0.14
Stereo system	I-Luv	Kellehers	€ 69.99	1	520 Weeks	€ 0.11
Television	Panasonic	Kellehers	€ 129.00	1	520 Weeks	€ 0.27
Toaster	Morphy Richards	Kellehers	€ 19.99	1	520 Weeks	€ 0.03
§ Tumble Dryer	Zanuzzi	Powercity	€ 179.95	1	416 Weeks	€ 0.43
Vacuum cleaner	Philips	Kellehers	€ 69.99	1	520 Weeks	€ 0.11
§ Washing machine	Beko	Powercity	€ 239.95	1	416 Weeks	€ 0.58
Kitchen and hardware						
Candles	Pack of 6	Discount Store	€ 3.99	1	156 Weeks	€ 0.02
Chopping board		Tesco	€ 3.99	2	780 Weeks	€ 0.01
Cling film		Tesco	€ 3.40	1	52 Weeks	€ 0.05
Clothes airer		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Clothes pegs	Pack	Discount Store	€ 1.59	1	104 Weeks	€ 0.02
Coffee mugs		Dunnes	€ 1.00	6	104 Weeks	€ 0.04
Colander		Tesco	€ 1.79	1	780 Weeks	€ 0.00
Corkscrew		Dunnes	€ 4.00	1	780 Weeks	€ 0.00
Crockery set	16 piece	Dunnes	€ 20.00	2	520 Weeks	€ 0.08
Cutlery set	26 piece	Tesco	€ 3.79	1	520 Weeks	€ 0.01
Dustbin		Discount Store	€ 8.99	2	780 Weeks	€ 0.02
Dustpan and brush		Discount Store	€ 2.49	1	260 Weeks	€ 0.01
Egg cups	Set of 4	Dunnes	€ 3.69	1	780 Weeks	€ 0.00
Garden tool set		4 Homes	€ 14.99	1	780 Weeks	€ 0.03
Glasses set	Set of 4	Dunnes	€ 4.00	2	260 Weeks	€ 0.03
Hand torch		Discount Store	€ 2.00	1	520 Weeks	€ 0.01
Ironing board		Dunnes	€ 19.99	1	780 Weeks	€ 0.03
Kitchen scales		Tesco	€ 5.09	1	780 Weeks	€ 0.01

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Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Kitchen scissors		Dunnes	€ 1.20	1	780 Weeks	€ 0.00
§ Knife set (5 piece)		Argos	€ 29.99	1	520 Weeks	€ 0.05
Laundry basket		Discount Store	€ 4.99	1	260 Weeks	€ 0.02
Mixing bowl		Tesco	€ 5.49	1	780 Weeks	€ 0.01
Non-stick baking sheet		Dunnes	€ 4.00	1	780 Weeks	€ 0.00
Ovenproof dish set, 3 piece		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Potato peeler		Dunnes	€ 2.50	1	260 Weeks	€ 0.01
Saucepan set(3 piece)		Dunnes	€ 15.00	2	520 Weeks	€ 0.04
Scrubbing brush with handle		Discount Store	€ 2.00	1	780 Weeks	€ 0.00
Tablemats	Set of 4	Dunnes	€ 5.00	1	520 Weeks	€ 0.01
Tea pot		Dunnes	€ 8.00	1	780 Weeks	€ 0.01
Tin foil		Tesco	€ 1.69	1	52 Weeks	€ 0.04
Tin opener		Dunnes	€ 4.00	1	260 Weeks	€ 0.02
Utensil set & stand		Discount Store	€ 12.00	1	780 Weeks	€ 0.01
Vacuum flask		Tesco	€ 4.89	1	1,040 Weeks	€ 0.00
Washing line		Discount Store	€ 2.00	1	780 Weeks	€ 0.00
Whisk		Tesco	€ 3.99	1	780 Weeks	€ 0.00
§ Wooden spoon set	Set of 2	Dunnes	€ 3.00	1	156 Weeks	€ 0.02
Other Household Items:						
Alarmclock		Discount Store	€ 4.99	1	520 Weeks	€ 0.01
Suitcase		Dunnes	€ 30.00	3	520 Weeks	€ 0.05
Umbrella		Discount Store	€ 3.00	2	52 Weeks	€ 0.11
Home Security:						
Fire Blanket					416 Weeks	€ 0.03
Fire Extinguisher					416 Weeks	€ 0.13
§ Carbon Monoxide Alarm		4 Homes	€ 29.99	1	260 Weeks	€ 0.12
Back door bolt		All provided free of charge as in LA House				

Two Parents, Mother & Father

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Front door bolt		All provided free of charge as in LA House				
Smoke detector		All provided free of charge as in LA House				
Window Locks		All provided free of charge as in LA House				
Stationary and paper goods:						
Birthday cards		Discount Store	€ 1.00	6	52 Weeks	€ 0.06
Christmas cards	Box of 24	Discount Store	€ 2.99	2	52 Weeks	€ 0.06
Envelopes	Packet	Discount Store	€ 2.00	1	52 Weeks	€ 0.03
Other occasion cards		Discount Store	€ 1.00	6	52 Weeks	€ 0.05
Pens	Pack of 10	Discount Store	€ 2.00	1	52 Weeks	€ 0.02
Scissors		Discount Store	€ 2.00	1	260 Weeks	€ 0.02
Sellotape	Pack of 2	Discount Store	€ 1.49	1	104 Weeks	€ 0.01
Writing pad		Discount Store	€ 1.00	1	52 Weeks	€ 0.03
Cleaning & household maintenance						
Batteries	Duracell (4)	Discount Store	€ 3.99	3	52 Weeks	€ 0.15
Bleach	Powerforce (750ml)	Aldi	€ 0.59	1	4 Weeks	€ 0.14
Broom		Discount Store	€ 3.99	1	260 Weeks	€ 0.02
§ Bucket		Discount Store	€ 3.99	1	208 Weeks	€ 0.02
Dish cloths	Powerforce (20)	Aldi	€ 0.89	1	104 Weeks	€ 0.01
Disinfectant	Dettol (750ml)	Aldi	€ 2.49	1	26 Weeks	€ 0.06
Fire Lighters	Tesco (30)	Tesco	€ 1.09	1	4 Weeks	€ 0.31
Furniture polish	Powerforce (300ml)	Aldi	€ 0.89	1	26 Weeks	€ 0.03
Household gloves	Powerforce (3 pair)	Aldi	€ 1.49	1	52 Weeks	€ 0.03
Lighter		Discount Store	€ 1.00	1	52 Weeks	€ 0.02
Mop		Discount Store	€ 4.49	1	26 Weeks	€ 0.16
Refuse sacks	Killeen (40)	Tesco	€ 5.72	1	6 Weeks	€ 0.77
Shoe polish	Punch (50ml)	Tesco	€ 2.00	1	52 Weeks	€ 0.03
Stain remover	Vanish (500ml)	Tesco	€ 1.94	1	52 Weeks	€ 0.03

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Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Toilet brush set		Discount Store	€ 3.00	1	52 Weeks	€ 0.06
Toilet cleaner	Powerforce 750ml)	Aldi	€ 0.89	1	2 Weeks	€ 0.42
Toilet paper	Saxon (9 rolls)	Aldi	€ 2.55	2	2 Weeks	€ 1.60
Vacuum bags	Nilfisk	Tesco	€ 5.75	1	52 Weeks	€ 0.10
§ Washing powder	Aerial non-bio (3.3kg)	Tesco	€ 10.29	1	4 Weeks	€ 0.74
Washing up brush	Pack of 2	Discount Store	€ 2.00	1	52 Weeks	€ 0.05
Washing up liquid	Powerforece, 1 L	Aldi	€ 0.99	1	4 Weeks	€ 0.23
Tools						
Cable		Kellehers	€ 3.00	1	1,040 Weeks	€ 0.00
Home tool set		4 Homes	€ 9.99	1	520 Weeks	€ 0.04
Light Bulbs	2 x 60W	Tesco	€ 1.49	5	52 Weeks	€ 0.20
Pack of nails		4 Homes	€ 2.95	1 box	520 Weeks	€ 0.01
Plunger		Discount Store	€ 2.49	1	520 Weeks	€ 0.01
Paint						
Paint, roller set, 9"		4 Homes	€ 9.00	1	260 Weeks	€ 0.02
Paint brushes, 10 set		4 Homes	€ 11.95	1	260 Weeks	€ 0.02
Paint, emulsion	Dulux (10 litres)	4 Homes	€ 43.25	2	260 Weeks	€ 0.16
Paint, gloss	Dulux (5 litres)	4 Homes	€ 35.75	4	260 Weeks	€ 0.35
Total						€ 17.16

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

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Household Services

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Chimney Sweep		Local	€ 36.67	1	26 Weeks	€ 1.32
Boiler Service		Local	€ 85.00	1	52 Weeks	€ 1.53
Window Cleaning		Local	€ 14.00	3	52 Weeks	€ 0.76
Waste		Local	€ 30.83	1	4 Weeks	€ 6.68
Total						€ 10.29

Two Parents, Mother & Father

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Communications

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Post						
† Stamps	55 cent	An Post	€ 0.55	20	52 Weeks	€ 0.22
† Stamps	82 cent	An Post	€ 0.82	5	52 Weeks	€ 0.08
Phone						
§ Mobile phone	Nokia	Vodafone	€ 59.99	2	156 Weeks	€ 0.77
§ Phone credit	Vodafone	Vodafone	€ 20.00	2	4 Weeks	€ 9.24
Internet						
§ Internet Connection	eMobile 3g Dongle	Eircom	€ 20.32	1	4 Weeks	€ 4.69
Total						€ 15.00

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

Rural

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Exercise / Sport						
Aerobics: woman	9 months of year	Local	€ 6.00	1	52 Weeks	€ 4.46
Football: man	Part of year	Local club	€ 5.00	1	52 Weeks	€ 3.26
Swimming, man		Local swimming pool	€ 5.00	12	52 Weeks	€ 1.52
Swimming, woman		Local swimming pool	€ 5.00	12	52 Weeks	€ 1.52
Family Outings						
Annual budget			€ 125.21	1	52 Weeks	€ 2.34
Cinema						
Pantomime						
Zoo visit						
Holiday						
I Week in Ireland, Mobile Home						
§ Mobile home to rent			€ 650.00	1	52 Weeks	€ 12.50
Spending money				1	52 Weeks	€ 3.81
Household items						
Artificial Christmas tree & stand		Local		1	520 Weeks	€ 0.06
Balloons		Local		1	52 Weeks	€ 0.03
Booth photographs		Local chemist	€ 5.00	2	520 Weeks	€ 0.02
Bulbs, bag of 30	Pack of 30	Local		2	52 Weeks	€ 0.18
§ Camera	Kodak Digital	Argos	€ 74.99	1	260 Weeks	€ 0.29
Christmas tree lights	Set	Local		1	260 Weeks	€ 0.02
Compost bin		Local council	Free	1	1,040 Weeks	€ -
Decorations, red bows	Box			1	260 Weeks	€ 0.02
Deck of playing cards		Local		1	260 Weeks	€ 0.01
15 Game Superset		Smyths	€ 12.99	1	520 Weeks	€ 0.03
Evergreen shrubs		Local		4	520 Weeks	€ 0.10
Photo printing		Local chemist		3	52 Weeks	€ 0.50
Pull out garland, foil	Set	Local		4	260 Weeks	€ 0.14

Two Parents, Mother & Father

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Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Games Console	Xbox360 Arcade (with	Smyths	€ 179.99	1	260 Weeks	€ 0.67
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 2.99
Newspapers, Books & Magazines						
§ DVD rental		xtra vision	€ 4.60	4	52 Weeks	€ 0.35
Bible		Easons	€ 12.35	1	1,040 Weeks	€ 0.01
Calendar	Free		€ -			€ -
Cookery book	Rachel Allen	Easons	€ 18.50	1	1,040 Weeks	€ 0.02
Encyclopaedia		Easons	€ 22.20	1	520 Weeks	€ 0.04
First aid book	Penguin	Easons	€ 11.69	1	364 Weeks	€ 0.03
Local Paper		Local Shop		1	52 Weeks	€ 1.71
Novel book		Easons	€ 8.99	4	52 Weeks	€ 0.67
Pocket diary		Easons	€ 8.45	1	52 Weeks	€ 0.16
§ Sunday newspaper		Local Shop	€ 2.50	1	1 Week	€ 2.50
World atlas	Collins	Easons	€ 13.15	1	520 Weeks	€ 0.03
Parents' Socialising						
§ Babysitting			€ 20.00	4	52 Weeks	€ 1.54
Couple- night out			€ 86.57	4	52 Weeks	€ 6.46
Man- night out			€ 40.63	1	9 Weeks	€ 4.55
Woman- night out			€ 40.63	1	9 Weeks	€ 4.55
Total						€ 57.07

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

Rural

Education

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Computer Equipment						
§ Laptop	Toshiba	PC World	€ 479.00	1	260 Weeks	€ 1.84
§ Printer	HP Deskjet 3920	Argos	€ 59.99	1	520 Weeks	€ 0.03
§ A4 Paper	100G pack	Easons	€ 4.99	3	52 Weeks	€ 0.08
§ Ink Cartridge	HP Deskjet 3920	Argos	€ 21.99	3	52 Weeks	€ 0.34
§ Microsoft Office Package	Microsoft	PC World	€ 119.99	1	260 Weeks	€ 0.46
Total						€ 2.75

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

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Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Scenario 1 - 1 car need						
§ Car - Toyota Corolla (2008)	1.4, Petrol, Manual	Local Dealer	€ 8,500.00	1	312 Weeks	€ 27.24
§ Car Tax			€ 358.00	1	52 Weeks	€ 6.88
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
Maintenance and repairs		Local	€ 174.00	1	52 Weeks	€ 3.82
§ Driving Licence		Motor Tax Office	€ 25.00	2	520 Weeks	€ 0.10
Petrol			€ 30.00	1	1 Week	€ 34.18
Total						€ 72.75
Scenario 2 - 2 car need						
Car 1						
§ Car - Toyota Corolla (2008)	1.4, Petrol, Manual	Local Dealer	€ 8,500.00	1	312 Weeks	€ 27.24
§ Car Tax			€ 358.00	1	52 Weeks	€ 6.88
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
Maintenance and repairs		Local	€ 174.00	1	52 Weeks	€ 3.82
Petrol			€ 30.00	1	1 Week	€ 34.18
Car 2						
§ Car - Ford Fiesta (2008)	1.2, Petrol, Manual	Local Dealer	€ 6,750.00	1	312 Weeks	€ 21.63
§ Car Tax			€ 333.00	1	52 Weeks	€ 6.40
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
Maintenance and repairs		Local	€ 165.00	1	52 Weeks	€ 3.61
Petrol			€ 20.00	1	1 Week	€ 22.79
§ Driving Licence		Motor Tax Office	€ 25.00	2	520 Weeks	€ 0.10
Total						€ 127.72
§ 2012 Review adjustments & additions						

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Household Energy

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Electricity		ESB				€ 19.95
Gas		Bord Gais				
Home Heating Oil						€ 41.11
Total						€ 61.06

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

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Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Unemployed						
§ Passport Fee		Passport Office	€ 95.00	2	520 Weeks	€ 0.36
§ Donations to charity			€ 2.50	1	1 Week	€ 2.50
Trade Union Subscription	None		€ -	0	0 Week	
Total						€ 2.86

Employed Full-Time

§ Passport Fee		Passport Office	€ 95.00	2	520 Weeks	€ 0.36
§ Donations to charity			€ 2.50	1	1 Week	€ 2.50
Trade Union Subscription	Full-time	SIPTU	€ 2.80	1	1 Week	€ 3.07
Total						€ 5.93

Employed Full-Time & Employed Part-Time

§ Passport Fee		Passport Office	€ 95.00	2	520 Weeks	€ 0.36
§ Donations to charity			€ 2.50	1	1 Week	€ 2.50
Trade Union Subscription	Full-time	SIPTU	€ 2.80	1	1 Week	€ 3.07
Trade Union Subscription	Part-time	SIPTU	€ 1.90	1	1 Week	€ 2.08
Total						€ 8.01

§ 2012 Review adjustments & additions

Two Parents, Mother & Father

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Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Home Contents Insurance		Quinn	€ 196.59	1	52 Weeks	€ 4.24
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 757.28	2	52 Weeks	€ 33.17
§ Car Insurance - Car 1 (Corolla)	Comprehensive	123.ie	€ 325.25	1	52 Weeks	€ 6.25
§ Car Insurance - Car 2 (Fiesta)	Comprehensive	123.ie	€ 273.45	1	52 Weeks	€ 5.26
Total						€ 48.93

‡ Indicates items which were re-priced / newly added in March 2011

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Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Life Assurance		Insure.ie	€ 35.00	1	4 Weeks	€ 8.18
§ Contingencies / Emergencies			€ 10.00	1	1 Week	€ 10.00
Total						€ 18.18

§ 2012 Review adjustments & additions