

**Single Adult of Working Age**

**Urban**

Weekly Individualised Expenditure

Mar 2012

<b>Food</b>	€	<b>57.01</b>
Fruit & Vegetables	€	9.93
Groceries	€	16.92
Meat	€	15.84
Milk & Bread	€	4.25
Other	€	10.07
<b>Clothing</b>	€	<b>16.20</b>
Clothes	€	13.60
Footwear	€	2.37
Accessories	€	0.23
<b>Personal Care</b>	€	<b>14.05</b>
Personal Hygiene	€	10.96
Cosmetics	€	3.09
<b>Health</b>	€	<b>5.08</b>
Over the counter items	€	0.80
Health care services	€	4.28
<b>Household Goods</b>	€	<b>5.50</b>
Furnishings	€	0.44
Appliances	€	0.84
Kitchen items	€	0.36
Cleaning & maintenance	€	3.10
Miscellaneous items	€	0.75
<b>Household Services</b>	€	<b>-</b>
<b>Communications</b>	€	<b>10.03</b>
<b>Social Inclusion &amp; Participation</b>	€	<b>38.59</b>
Exercise / Sport Activities	€	6.43
Family Outings	€	-
Holiday	€	9.52
Household items	€	3.59
Newspapers, Books & Magazines	€	3.22
Socialising	€	15.83

<b>Education</b>	€	<b>5.65</b>
Uniforms	€	-
Books, Stationary, etc.	€	-
Computer Equipment	€	2.48
Other Education Costs	€	3.18
<b>Transport (Public)</b>	€	<b>31.45</b>
<b>Transport (Private)</b>	€	<b>56.65</b>
<b>Household Energy</b>	€	<b>10.49</b>
Electricity	€	3.66
Heating	€	6.83
<b>Personal Costs</b>		
Unemployed	€	2.18
Employed Full-Time	€	5.25
<b>Childcare</b>		
Scenario 1	€	-
Scenario 2	€	-
<b>Insurance</b>	€	<b>29.33</b>
Home Contents	€	1.93
Health	€	16.59
Car	€	10.81
<b>Savings &amp; Contingencies</b>	€	<b>10.00</b>

# Single Adult of Working Age

Urban

Food

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Male</b>							
<b>Fruit &amp; Vegetables</b>							
§ Apples		Aldi	€ 0.49	4	1 Week	€ 1.96	
§ Bananas	1 kg	Aldi	€ 1.25	1	1 Week	€ 1.25	
§ Frozen Mixed Veg	1 kg	Four Seasons	€ 1.25	1	3 Weeks	€ 0.42	
§ Kiwi		Aldi	€ 0.23	2	1 Week	€ 0.46	
§ Lettuce		Aldi	€ 0.90	1	1 Week	€ 0.90	
§ Mushroom	250g	Aldi	€ 0.99	1	1 Week	€ 0.99	
§ Onions	1kg bag (8 onions per bag)	Aldi	€ 0.71	1	4 Weeks	€ 0.18	
§ Oranges		Aldi	€ 0.49	2	1 Week	€ 0.98	
§ Pears		Aldi	€ 0.49	2	1 Week	€ 0.98	
§ Peppers	Pack of 3	Aldi	€ 1.89	1	3 Weeks	€ 0.63	
§ Sultanas	375g	Sweet Vine	€ 0.99	1	3 Weeks	€ 0.33	
§ Tomatoes	6 pack	Aldi	€ 1.29	1	2 Weeks	€ 0.86	
<b>Groceries</b>							
§ Bars	9 Pack	Eat Me Caramel	Aldi	€ 1.09	1	2 Weeks	€ 0.55
§ Beans	(420g)	Corale	Aldi	€ 0.47	2	1 Week	€ 0.94
§ Biscuits	(400g)	Belmont Digestive	Aldi	€ 0.49	1	1 Week	€ 0.49
§ Bolognese Sauce	(320g)	Cucina	Aldi	€ 0.99	1	2 Weeks	€ 0.50
§ Cheese	(8 slices)	Cowbelle	Aldi	€ 0.85	1	2 Weeks	€ 0.43
§ Coffee	(200g)	Maxwell House	Tesco	€ 6.24	1	6 Weeks	€ 1.04
§ Coleslaw	(400g)	Country Fresh	Aldi	€ 1.29	1	2 Weeks	€ 0.65
§ Cooking Oil	(1 litre)	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40
§ Corn flakes	400g	Harvest Morn	Aldi	€ 0.79	2	3 Weeks	€ 0.53
§ Cream Crackers	(300g)	Savour Bakes	Aldi	€ 0.39	1	6 Weeks	€ 0.07
§ Crisps	(18 pack)	Snackrite	Aldi	€ 1.95	1	6 Weeks	€ 0.33
§ Curry Sauce	(320g)	Tesco	Tesco	€ 1.25	1	1 Week	€ 1.25

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Food							Cost / Week
Item		Brand	Retailer	Unit Price	Quantity	Life span	
§ Diluted Orange	(1 litre)	Sun Quench	Aldi	€ 1.45	1	2 Weeks	€ 0.73
§ Eggs	(18 eggs)	Mervale	Aldi	€ 2.59	1	6 Weeks	€ 0.43
§ Flora	(1kg)	Flora	Tesco	€ 4.29	1	4 Weeks	€ 1.07
§ Frozen Oven Chips	(1.5kg)	Champion	Aldi	€ 0.99	1	4 Weeks	€ 0.25
§ Frozen cod	(450g)	Northern Catch	Aldi	€ 2.69	1	1 Week	€ 2.69
§ Gravy	(300g tin)	Quixo	Aldi	€ 0.85	1	9 Weeks	€ 0.10
§ Ham, Cooked	(8 slices)	Brannans	Aldi	€ 0.88	1	2 Weeks	€ 0.44
§ Jam	(454g)	Grandessa	Aldi	€ 0.65	1	8 Weeks	€ 0.08
§ Low Fat Yogurts	(125g pot)	Duneen	Aldi	€ 0.37	5	1 Week	€ 1.85
§ Marmalade	(454g)	Grandessa	Aldi	€ 0.65	1	8 Weeks	€ 0.08
§ Mayonnaise	(500ml)	Bramwells	Aldi	€ 1.15	1	6 Weeks	€ 0.19
§ Noodles	(65g)	Tesco	Tesco	€ 0.15	2	1 Week	€ 0.30
§ Orange Juice	(1 litre)	Rio'Dora	Aldi	€ 0.89	1	1 Week	€ 0.89
§ Pepper	(25g)	Stone Mill	Aldi	€ 0.89	1	52 Weeks	€ 0.02
§ Red sauce	(570g)	Bramwells	Aldi	€ 0.75	1	8 Weeks	€ 0.09
§ Rice	(1kg)	Bilash	Aldi	€ 1.19	1	4 Weeks	€ 0.30
§ Salmon, Tin	(212g)	Ocean Rise	Aldi	€ 0.99	1	1 Week	€ 0.99
§ Salt	(750g)	Stone Mill	Aldi	€ 0.45	1	39 Weeks	€ 0.01
§ Spaghetti	(1kg)	Cucina	Aldi	€ 0.95	1	4 Weeks	€ 0.24
§ Sugar	(1kg)	The Pantry	Aldi	€ 1.19	1	26 Weeks	€ 0.05
§ Tea Bags	(80 bag box)	Lyons	Tesco	€ 3.19	1	3 Weeks	€ 1.06
§ Tinned Tomatoes	(400g)	Sweet Harvest	Aldi	€ 0.49	1	2 Weeks	€ 0.25
§ Vinegar	(568ml)	Bramwells	Aldi	€ 0.37	1	26 Weeks	€ 0.01
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	1	6 Weeks	€ 0.35
<b>Meat</b>							
§ Mince meat	500g		Local butcher	€ 3.00	1	2 Weeks	€ 1.50
§ Lamb chops	4 pack		Local butcher	€ 6.50	1	2 Weeks	€ 3.25

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Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Chicken fillets	4 pack	Local butcher	€ 4.99	1	1 Week	€ 4.99
§ Stewing steak, beef	346g	Local Butcher	€ 3.25	1	2 Weeks	€ 1.63
§ Sausages	454g pack	Lidl	€ 1.29	1	4 Weeks	€ 0.32
§ Rashers	250g	Lidl	€ 1.24	1	2 Weeks	€ 0.62
Mixed pudding (227g)	Tesco brand	Tesco	€ 1.65	1	2 Weeks	€ 0.84
<b>Milk &amp; Bread</b>						
§ Brown bread	800g	Lynchs	€ 0.99	2	1 Week	€ 1.98
§ Brown bread rolls		Tesco	€ 0.39	2	1 Week	€ 0.78
§ Milk	2 litre	Clobawn	€ 1.49	1	1 Week	€ 1.49
<b>Other</b>						
Friday lunch		Local deli	€ 5.60	1	1 Week	€ 5.60
Chinese takeaway		Local takeaway	€ 11.20	1	4 Weeks	€ 2.80
Sunday lunch			€ 10.00	1	6 Weeks	€ 1.67
<b>Total</b>						<b>€ 57.01</b>

§ 2012 Review adjustments & additions

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Food

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>						
<b>Fruit &amp; Vegetables</b>						
§ Apples		Aldi	€ 0.49	4	1 Week	€ 1.96
§ Bananas	1 kg	Aldi	€ 1.25	1	1 Weeks	€ 1.04
§ Cabbage		Aldi	€ 0.99	1	1 Week	€ 0.99
§ Carrots	1 kg	Aldi	€ 0.99	1	2 Weeks	€ 0.50
§ Cauliflower		Aldi	€ 1.49	1	1 Week	€ 1.49
§ Cucumber		Aldi	€ 0.69	1	1 Week	€ 0.69
§ Dried apricots	250g	Tesco Whole Foods	€ 2.99	1	6 Weeks	€ 0.50
§ Frozen bag of broccoli	1kg	Four Seasons	€ 1.35	1	3 Weeks	€ 0.45
§ Lettuce		Aldi	€ 0.90	1	1 Week	€ 0.90
§ Mushrooms	250g	Aldi	€ 0.99	1	2 Weeks	€ 0.50
§ Onions	1kg bag (8 onions per bag)	Aldi	€ 0.79	1	4 Weeks	€ 0.20
§ Oranges			€ 0.49	4	1 Week	€ 1.96
§ Pears			€ 0.49	2	1 Week	€ 0.98
§ Peas	420g	Sweet Harvest	€ 0.49	1	1 Week	€ 0.49
§ Potatoes	Loose	Roosters	€ 0.26	8	1 Week	€ 2.11
§ Tomatoes	6 pack	Aldi	€ 1.29	1	2 Weeks	€ 0.65
§ Turnip		Aldi	€ 0.35	1	1 Week	€ 0.35
<b>Groceries</b>						
§ Bag of sweets	200g	Dominion	€ 0.99	1	1 Week	€ 0.99
§ Beans	420g	Corale	€ 0.47	1	1 Week	€ 0.47
§ Biscuits	400g	Belmont	€ 0.49	1	1 Week	€ 0.49
§ Bran flakes	750g	Harvest Morn	€ 1.19	1	2 Weeks	€ 0.60
§ Cheese	8 slices	Cowbelle	€ 0.85	1	2 Weeks	€ 0.43
§ Chocolate Bars	9 pack	Eat Me Carmel	€ 1.09	1	2 Weeks	€ 0.55
§ Coffee	200g	Maxwell House	€ 6.24	1	4 Weeks	€ 1.56

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Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Coleslaw	400g	Country Fresh	Aldi	€ 1.29	1	2 Weeks € 0.65
§ Cream crackers	300g	Savour Bakes	Aldi	€ 0.39	1	6 Weeks € 0.07
§ Custard	425g	Delicious Desserts	Aldi	€ 0.65	1	1 Week € 0.65
§ Eggs	18	Mervale	Aldi	€ 2.59	1	6 Weeks € 0.43
§ Flora light	1kg		Tesco	€ 4.29	1	4 Weeks € 1.07
§ Frozen fish (cod)	450g	Northern Catch	Aldi	€ 2.69	1	2 Weeks € 1.35
§ Frozen oven chips	1.5kg	Champion	Aldi	€ 0.99	1	4 Weeks € 0.25
§ Gravy	300g	Quixo	Aldi	€ 0.85	1	9 Weeks € 0.10
§ Ham	8 slices	Brannans	Aldi	€ 0.88	1	2 Weeks € 0.44
§ Low-fat yoghurts	125g	Duneen	Aldi	€ 0.37	4	1 Week € 1.48
§ Marmalade	454g	Grandessa	Aldi	€ 0.65	1	4 Weeks € 0.16
§ Mayonnaise	500ml	Bramwells	Aldi	€ 1.15	1	6 Weeks € 0.19
§ Orange juice	1 litre	Rio D'Ora	Aldi	€ 0.89	1	1 Week € 0.89
§ Pasta sauce (320g)	1kg	Cucina	Aldi	€ 0.95	1	4 Weeks € 0.24
§ Pasta sauce	320g	Cucina	Aldi	€ 0.99	1	2 Weeks € 0.66
§ Pepper	25g	Stone Mill	Aldi	€ 0.89	1	52 Weeks € 0.02
§ Salmon	212g	Ocean Rise	Aldi	€ 0.99	1	1 Week € 0.99
§ Salt	750g	Stone Mill	Aldi	€ 0.45	1	55 Weeks € 0.01
§ Sugar	1kg	The Pantry	Aldi	€ 1.19	1	26 Weeks € 0.05
§ Sunflower cooking oil	1 litre	Solesta	Aldi	€ 1.59	1	4 Weeks € 0.40
§ Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.54	1	1 Week € 0.54
§ Tea bags	80	Lyons	Tesco	€ 3.19	1	3 Weeks € 1.06
§ Tin of mixed herbs	11g	Stone Mill	Aldi	€ 0.59	1	26 Weeks € 0.02
§ Tinned tomatoes	400g	Sweet Harvest	Aldi	€ 0.49	1	2 Weeks € 0.25
§ Tuna	185g	Ocean Rise	Aldi	€ 0.59	1	1 Week € 0.59
§ Vinegar	568ml	Bramwells	Aldi	€ 0.37	1	17 Weeks € 0.02
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	1	6 Weeks € 0.35

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Food

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Meat</b>							
§ Chicken fillets	4 pack	Local butcher	€ 4.99	1	2 Weeks	€ 2.50	
§ Mince steak	500g	Local Butcher	€ 3.00	1	2 Weeks	€ 1.50	
§ Pork chops	Pack of 2 (348g)	Local Butcher	€ 3.19	1	2 Weeks	€ 1.60	
§ Stewing steak, beef	346g	Local Butcher	€ 3.25	1	2 Weeks	€ 1.63	
<b>Milk &amp; Bread</b>							
§ Low-fat milk	2 litres	Clobawn	Aldi	€ 1.49	1	1 Week	€ 1.49
§ Brown bread	800g	Lynchs	Aldi	€ 0.99	1	1 Week	€ 0.99
§ Brown bread rolls		Tesco	Tesco	€ 0.39	2	1 Week	€ 0.78
§ Scones		Bakery	Lidl	€ 0.35	2	1 Week	€ 0.70
<b>Other</b>							
Friday lunch		Local deli	€ 5.60	1	1 Week	€ 5.60	
Chinese takeaway		Local takeaway	€ 11.20	1	4 Weeks	€ 2.80	
Sunday lunch			€ 10.00	1	6 Weeks	€ 1.67	
<b>Total</b>						<b>€ 54.97</b>	

§ 2012 Review adjustments & additions

# Single Adult of Working Age

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## Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>						
<b>Underwear and nightwear</b>						
‡ Bras	Dunnes	Dunnes	€ 8.00	6	52 Weeks	€ 0.92
‡ Pants	Dunnes	Dunnes	€ 4.00	3	52 Weeks	€ 0.23
‡ Socks	Penny's	Penny's	€ 3.00	3	52 Weeks	€ 0.17
‡ Opaque Tights	Penny's	Penny's	€ 3.00	5	52 Weeks	€ 0.29
‡ Sheer Tights	Penny's	Penny's	€ 5.00	2	52 Weeks	€ 0.19
‡ Pyjamas	Penny's	Penny's	€ 7.00	3	52 Weeks	€ 0.40
‡ Dressing Gown	Penny's	Penny's	€ 12.00	1	104 Weeks	€ 0.11
‡ Slippers	Penny's	Penny's	€ 5.00	2	52 Weeks	€ 0.19
<b>Coats, jackets</b>						
‡ Light Casual Jacket	Dunnes	Dunnes	€ 25.00	1	104 Weeks	€ 0.24
‡ Winter Coat	Dunnes	Dunnes	€ 40.00	1	104 Weeks	€ 0.38
<b>Main clothing</b>						
§ Jumper		New Look	€ 24.99	2	104 Weeks	€ 0.48
‡ Cardigans		New Look	€ 12.99	3	104 Weeks	€ 0.37
‡ Leggings/Jeggings	Penny's	Penny's	€ 4.00	2	52 Weeks	€ 0.15
‡ Trousers	Penny's	Penny's	€ 15.00	3	104 Weeks	€ 0.43
‡ Jeans	Penny's	Penny's	€ 19.00	2	104 Weeks	€ 0.36
‡ Track Suit Bottoms	Penny's	Penny's	€ 8.00	2	52 Weeks	€ 0.31
‡ T-Shirts/Tops	Dunnes	Dunnes	€ 3.00	3	52 Weeks	€ 0.17
‡ Smart Tops	Penny's	Penny's	€ 17.00	3	52 Weeks	€ 0.97
‡ Smart Skirts	Penny's	Penny's	€ 13.00	3	52 Weeks	€ 0.74
‡ Suit	Dunnes	Dunnes	€ 30.00	1	104 Weeks	€ 0.29
‡ Casual Dress	Penny's	Penny's	€ 17.00	1	52 Weeks	€ 0.32
‡ Going-Out Dress	New Look	New Look	€ 39.00	1	52 Weeks	€ 0.74
‡ Vest Tops	Penny's	Penny's	€ 2.00	4	52 Weeks	€ 0.15



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### Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
‡ Swimsuit	Dunnes	Dunnes	€ 8.00	1	104 Weeks	€ 0.08
‡ Hat Scarf & Glove Set	Penny's	Penny's	€ 8.00	1	52 Weeks	€ 0.15
‡ Belt	Penny's	Penny's	€ 3.00	2	156 Weeks	€ 0.04
<b>Footwear</b>						
‡ Sandals	Dunnes	Dunnes	€ 10.00	1	52 Weeks	€ 0.19
‡ Shoes	Penny's	Penny's	€ 15.00	1	52 Weeks	€ 0.29
‡ Trainers	Nike	Lifestyle Sports	€ 50.00	1	52 Weeks	€ 0.95
‡ Boots	Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.38
‡ Flip Flops	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.06
<b>Personal Accessories</b>						
‡ Purse	Penny's	Penny's	€ 4.00	1	156 Weeks	€ 0.03
‡ Handbag	Penny's	Penny's	€ 13.00	1	52 Weeks	€ 0.25
‡ Battery Replacement	Argos	Argos	€ 3.64	1	104 Weeks	€ 0.03
‡ Watch		H.S. Sammuell	€ 49.99	1	260 Weeks	€ 0.19
‡ Sunglasses	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.06
‡ Costume Jewellery	Penny's	Penny's	€ 4.00	1	52 Weeks	€ 0.08
Dry Cleaning - Suit		Dry Cleaners	€ 15.00	1	26 Weeks	€ 0.42
Launderette/Washing Machine	local charge		€ 2.00	1	52 Weeks	€ 1.73
<b>Female Total</b>						<b>€ 13.54</b>

### Male

<b>Underwear and nightwear</b>						
Pants	Pack of 3	Penny's	€ 5.00	3	52 Weeks	€ 0.21
Vests	Pack of 2	Penny's	€ 5.00	2	52 Weeks	€ 0.14
Socks	Pack 6	Penny's	€ 5.00	3	52 Weeks	€ 0.21
Slippers		Penny's	€ 6.00	1	156 Weeks	€ 0.03
Bath robe		Dunnes	€ 20.00	2	260 Weeks	€ 0.11

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### Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Coats, jackets</b>						
Heavy jacket	Dunnes	Dunnes	€ 45.00	1	52 Weeks	€ 0.63
Light casual jacket	Penny's	Penny's	€ 21.00	1	104 Weeks	€ 0.15
Fleece	Penny's	Penny's	€ 10.00	1	104 Weeks	€ 0.07
<b>Main clothing</b>						
Suit		Burtons	€ 144.00	1	156 Weeks	€ 0.67
§ Jumper		New Look	€ 24.00	3	104 Weeks	€ 0.69
§ Trousers		New Look	€ 32.00	2	52 Weeks	€ 1.22
Tracksuit bottoms	O'Neills	Lifestyle	€ 40.00	2	52 Weeks	€ 1.11
§ T-shirts		New Look	€ 15.99	6	52 Weeks	€ 1.83
Swim shorts	Dunnes	Dunnes	€ 6.00	1	104 Weeks	€ 0.04
§ Jeans		New Look	€ 35.00	3	52 Weeks	€ 1.38
§ Smart shirt		New Look	€ 25.00	3	52 Weeks	€ 1.43
Casual shirt	Dunnes	Dunnes	€ 15.00	3	52 Weeks	€ 0.63
Smart trousers	Dunnes	Dunnes	€ 25.00	2	52 Weeks	€ 0.70
Shorts	Dunnes	Dunnes	€ 8.00	3	104 Weeks	€ 0.17
Hat, scarf & glove set	Penny's	Penny's	€ 8.00	1	104 Weeks	€ 0.06
<b>Footwear</b>						
Shoes	Dunnes	Dunnes	€ 30.00	2	52 Weeks	€ 0.83
§ Trainers	Nike	Lifestyle	€ 40.00	2	52 Weeks	€ 1.47
Sandals	Dunnes	Dunnes	€ 10.00	1	104 Weeks	€ 0.07
<b>Personal Accessories</b>						
Wallet	Penny's	Penny's	€ 5.00	1	260 Weeks	€ 0.01
Watch	Seiko	H. Samuel	€ 49.99	1	260 Weeks	€ 0.14
Battery replacement		Argos	€ 5.00	1	104 Weeks	€ 0.03
Sunglasses	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.04
Dry Cleaning - Suit		Dry Cleaners	€ 15.00	1	26 Weeks	€ 0.42

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Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Launderette/Washing Machine	local charge		€ 2.00	1	52 Weeks	€ 1.73
<b>Male Total</b>						<b>€ 16.20</b>

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

# Single Adult of Working Age

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## Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>							
<b>Personal Hygiene</b>							
‡ Soap		Tesco Pure Soap	Tesco	€ 1.39	1	12 Weeks	€ 0.11
‡ Dental Floss		Tesco Total Care	Tesco	€ 1.69	1	8 Weeks	€ 0.21
‡ Toothbrush		Tesco	Tesco	€ 1.89	1	12 Weeks	€ 0.15
‡ Toothpaste		Colgate	Tesco	€ 3.99	1	4 Weeks	€ 0.97
‡ Hairbrush		Tresemme	Boots	€ 4.49	1	104 Weeks	€ 0.04
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.67
§ Conditioner	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.67
‡ Shower Gel		Tesco Sea Minerals	Tesco	€ 0.99	1	3 Weeks	€ 0.32
‡ Hairspray		Silvikrin Natural Hold	Tesco	€ 2.98	1	8 Weeks	€ 0.36
‡ Cotton Wool		Babykind	Tesco	€ 2.99	1	4 Weeks	€ 0.73
‡ Cotton Buds		Johnsons	Tesco	€ 1.55	1	24 Weeks	€ 0.06
‡ Tissues		Tesco	Tesco	€ 1.30	1	4 Weeks	€ 0.32
‡ Disposable Blades		Wilkinson Sword	Tesco	€ 3.85	1	4 Weeks	€ 0.93
§ Deodorant: woman	150ml	Nivea	Tesco	€ 2.04	1	3 Weeks	€ 0.68
‡ Facial Cleanser		Tesco	Tesco	€ 0.95	1	4 Weeks	€ 0.23
§ Face Moisturiser	50ml	Nivea	Tesco	€ 4.95	1	9 Weeks	€ 0.53
§ Nail Clippers		Boots	Boots	€ 11.13	1	520 Weeks	€ 0.02
§ Nail Polish Remover	200ml	Cutex	Boots	€ 2.53	1	52 Weeks	€ 0.05
§ Tweezers		Boots	Boots	€ 6.09	1	520 Weeks	€ 0.01
§ Body Moisturiser	200ml	Nivea	Tesco	€ 3.99	1	9 Weeks	€ 0.43
‡ Suncream		Soltan	Boots	€ 15.49	1	52 Weeks	€ 0.29
‡ Sanitary Towels		Always Ultra	Tesco	€ 2.59	1	4 Weeks	€ 0.63
‡ Tampons		Tampax	Tesco	€ 1.59	1	4 Weeks	€ 0.39
‡ Hair Cut			Locally	€ 35.00	3	52 Weeks	€ 1.96
‡ Toiletries Bag		Boots	Boots	€ 3.29	1	260 Weeks	€ 0.01

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Urban

### Personal Care

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
‡ Umbrella	Dunnes	Dunnes	€ 5.00	1	26 Weeks	€ 0.19
‡ Cosmetics						
‡ Foundation	Max Factor	Boots	€ 19.99	1	26 Weeks	€ 0.75
‡ Lipstick	Rimmel	Boots	€ 6.55	1	26 Weeks	€ 0.24
§ Mascara	Rimmel	Boots	€ 7.57	1	17 Weeks	€ 0.43
‡ Blusher	Rimmel	Boots	€ 5.29	1	26 Weeks	€ 0.20
‡ Eye Shadow	Rimmel	Boots	€ 6.29	1	26 Weeks	€ 0.23
‡ Eye Pencil	Rimmel	Boots	€ 3.65	1	26 Weeks	€ 0.14
‡ Fake Tan	Sun Shimmer	Boots	€ 7.99	1	16 Weeks	€ 0.48
‡ Nail Polish	Rimmel	Boots	€ 4.49	1	26 Weeks	€ 0.17
‡ Perfume	Cerruti 1881	Boots	€ 23.99	1	52 Weeks	€ 0.45
<b>Female Total</b>						<b>€ 14.05</b>

### Male

#### Personal Hygiene

Suntan lotion	200ml	Soltan	Boots	€ 14.90	1	52 Weeks	€ 0.27
Soap	Pack of 4	Tesco lemon	Tesco	€ 1.90	1	12 Weeks	€ 0.15
Toothpaste	150ml	Colgate regular	Tesco	€ 2.04	1	4 Weeks	€ 0.47
Comb			Tesco	€ 1.50	1	260 Weeks	€ 0.01
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.67
Shower gel	400ml	Tesco brand	Tesco	€ 1.64	1	2 Weeks	€ 0.75
Dental floss (50m)	50m	Tesco total care	Tesco	€ 0.99	1	4 Weeks	€ 0.23
‡ Hair Gel		Brylcream	Tesco	€ 3.67	1	10 Weeks	€ 0.43
§ Nail Clippers		Boots	Boots	€ 11.13	1	520 Weeks	€ 0.02
Cotton buds		Johnson's	Tesco	€ 2.15	1	26 Weeks	€ 0.07
Tissues, 2ply		Tesco brand	Tesco	€ 1.85	1	4 Weeks	€ 0.42
Razor		Wilkinson sword	Tesco	€ 3.59	1	104 Weeks	€ 0.04

## Single Adult of Working Age

Urban

### Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Blades	Pack of 4	Wilkinson sword	Tesco	€ 7.75	1	4 Weeks	€ 1.78
‡ Deodorant	150ml	Nivea	Tesco	€ 2.05	1	3 Weeks	€ 0.68
Shaving cream	250ml	Tesco value	Tesco	€ 1.19	1	4 Weeks	€ 0.28
Haircut			Local hairdresser	€ 12.00	1	4 Weeks	€ 2.75
Toilet bag		Dunnes	Dunnes	€ 6.00	1	260 Weeks	€ 0.02
<b>Cosmetics</b>							
Aftershave	50ml	Adidas	Boots	€ 10.70	1	52 Weeks	€ 0.19
‡ Moisturiser	75ml	Nivea	Boots	€ 7.72	1	13 Weeks	€ 0.59
<b>Male Total</b>							<b>€ 9.82</b>

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

## Single Adult of Working Age

Urban

Health

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>						
Over the counter health items						
§ Cough Bottle	Benylin	Boots	€ 5.25	1	52 Weeks	€ 0.10
§ Lemsip	10 pack Lemsip	Boots	€ 7.59	1	52 Weeks	€ 0.15
‡ Neurofen	Neurofen	Boots	€ 5.49	4	52 Weeks	€ 0.42
‡ Paracetamol	Pack of 24 Boots	Boots	€ 2.49	1	26 Weeks	€ 0.10
‡ Waterproof plasters	Tesco Waterproof	Tesco	€ 1.49	1	52 Weeks	€ 0.03
<b>Main Care</b>						
§ Doctors Visits		Local Doctor	€ 29.36	2	52 Weeks	€ 1.14
§ Prescriptions (Antibiotic)		Local Chemsit	€ 16.68	2	52 Weeks	€ 0.65
‡ Prescriptions (Contraception)	Nordiy	Local Chemist	€ 38.00	2	52 Weeks	€ 1.47
‡ Optican Visits		Opticians	€ 38.71	1	104 Weeks	€ 0.37
‡ Dentist Visits		Local Dentist	€ 33.71	1	52 Weeks	€ 0.65
<b>Female Total</b>						<b>€ 5.08</b>

**Male**

Over the counter health items						
§ Condoms	12 Pack Durex	Tesco	€ 10.89	2	52 Weeks	€ 0.42
§ Cough Bottle	Benylin	Boots	€ 5.25	1	52 Weeks	€ 0.10
§ Lemsip	10 pack Lemsip	Boots	€ 7.59	1	52 Weeks	€ 0.15
‡ Paracetamol	Pack of 24 Boots	Boots	€ 2.49	1	26 Weeks	€ 0.10
‡ Waterproof plasters	Tesco Waterproof	Tesco	€ 1.49	1	52 Weeks	€ 0.03
<b>Main Care</b>						
‡ Doctor Visits			€ 29.36	1	52 Weeks	€ 0.57
‡ Prescriptions (Antibiotic)			€ 16.68	2	52 Weeks	€ 0.65
‡ Optican Visits			€ 38.71	1	104 Weeks	€ 0.37
‡ Dentist Visits			€ 33.71	1	52 Weeks	€ 0.65

# Single Adult of Working Age

Urban

Health

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Male Total</b>						€ 3.04

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions



# Single Adult of Working Age

Urban

## Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Furnishings</b>						
Sofa	Provided by landlord		€ -	1	0 Week	€ -
Bookshelf	Provided by landlord		€ -	1	0 Week	€ -
Table and 2 chairs	Provided by landlord		€ -	1	0 Week	€ -
Coffee table	Provided by landlord		€ -	1	0 Week	€ -
Single bed	Provided by landlord		€ -	1	0 Week	€ -
Single mattress	Provided by landlord		€ -	1	0 Week	€ -
Wardrobe	Provided by landlord		€ -	1	0 Week	€ -
Bedside locker	Provided by landlord		€ -	1	0 Week	€ -
Bathroom cabinet	Provided by landlord		€ -	1	0 Week	€ -
Floor coverings	Provided by landlord		€ -	1	0 Week	€ -
Curtains	Provided by landlord		€ -	1	0 Week	€ -
Lampshades	Provided by landlord		€ -	1	0 Week	€ -
§ Computer Desk		Argos	€ 36.99	1	520 Weeks	€ 0.02
<b>Textiles and soft furnishings</b>						
Single duvet	13.5tog hollowfibre	Dunnes	€ 20.00	1	312 Weeks	€ 0.05
Pillows	Pack of 2	Dunnes	€ 14.00	1	312 Weeks	€ 0.04
Single duvet cover & 1 pillowcase		Guineys	€ 10.00	2	312 Weeks	€ 0.05
Single fitted sheet		Guineys	€ 6.50	2	312 Weeks	€ 0.03
Hand towels		Guineys	€ 2.00	3	156 Weeks	€ 0.03
Face cloths		Guineys	€ 1.00	3	52 Weeks	€ 0.05
Tea towels		Guineys	€ 2.00	3	52 Weeks	€ 0.10
Bath towels		Guineys	€ 5.00	2	156 Weeks	€ 0.05
<b>Appliances</b>						
Television	Beko 20"	Powercity	€ 119.95	1	520 Weeks	€ 0.20
§ Saorview Set-Top Box	Normende NM8010M	DID	€ 74.99	1	520 Weeks	€ 0.14
§ DVD Player	Philips DVP3800	DID	€ 40.99	1	520 Weeks	€ 0.08

# Single Adult of Working Age

Urban

Mar 2012

## Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Stereo system	Jwin	Powercity	€ 49.95	1	520 Weeks	€ 0.09
Kettle	Cookworks	Argos	€ 26.99	1	260 Weeks	€ 0.09
§ Blender				1	520 Weeks	€ 0.05
Toaster	Moulinex	Argos	€ 16.99	1	520 Weeks	€ 0.03
Iron		Argos	€ 16.99	1	520 Weeks	€ 0.03
Vacuum cleaner	Provided by landlord		€ -	1	0 Week	€ -
Fridge/freezer	Provided by landlord		€ -	1	0 Week	€ -
Cooker (gas hob)	Provided by landlord		€ -	1	0 Week	€ -
§ Fire Blanket		Argos	€ 28.99	1	416 Weeks	€ 0.07
§ Fire Extinguisher		Argos	€ 18.99	1	416 Weeks	€ 0.04
§ Carbon Monoxide Alarm		Woodies	€ 29.99	1	260 Weeks	€ 0.12
Kitchen and hardware						
Crockery set- 24 piece		Argos	€ 32.00	1	520 Weeks	€ 0.05
Coffee mugs	Pack of 2	Poundworld	€ 2.00	4	156 Weeks	€ 0.03
3 piece ovenproof dish set	Pyrex	Argos	€ 16.49	1	1,040 Weeks	€ 0.02
Egg cups	Pack of 2	Poundworld	€ 1.00	2	520 Weeks	€ 0.00
Glasses set	Pack of 4	Poundworld	€ 2.00	4	104 Weeks	€ 0.02
Cutlery set, stainless steel		Tesco	€ 5.24	1	520 Weeks	€ 0.01
Colander		Tesco	€ 1.49	1	1,040 Weeks	€ 0.00
3 piece saucepan set	Le Chef	Argos	€ 39.99	1	1,040 Weeks	€ 0.03
Knife set and rack		Argos	€ 29.99	1	780 Weeks	€ 0.03
Utensil set and rack		Argos	€ 9.99	1	780 Weeks	€ 0.01
Tin opener		Tesco	€ 0.99	1	260 Weeks	€ 0.00
Potato peeler		Tesco	€ 0.99	1	260 Weeks	€ 0.00
Kitchen scissors		Tesco	€ 2.15	1	260 Weeks	€ 0.01
Wooden spoon set		Tesco	€ 1.99	1	1,040 Weeks	€ 0.00
Chopping board		Tesco	€ 6.95	1	260 Weeks	€ 0.03

# Single Adult of Working Age

Urban

Mar 2012

## Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Freezer bags (50)	Tesco brand	Tesco	€ 0.69	1	26 Weeks	€ 0.03
Cling film (35cmx15cm)	Tesco brand	Tesco	€ 0.79	1	17 Weeks	€ 0.04
Tin foil (45cmx5m)	Tesco brand	Tesco	€ 0.99	1	17 Weeks	€ 0.05
<b>Other Household Items</b>						
Gear/Gym Bag		Lifestyle	€ 30.00	1	260 Weeks	€ 0.10
Suit case (27")	Dunnes	Dunnes	€ 45.00	1	520 Weeks	€ 0.08
<b>Stationary and paper goods:</b>						
Birthday cards	Pack of 2	Poundworld	€ 2.50	2	52 Weeks	€ 0.09
Occasion cards	Pack of 2	Poundworld	€ 2.50	2	52 Weeks	€ 0.09
Christmas cards	Pack of 20	Poundworld	€ 2.00	1	52 Weeks	€ 0.03
Gift wrap		Poundworld	€ 2.00	1	52 Weeks	€ 0.03
Christmas wrapping paper		Penny's	€ 1.50	2	52 Weeks	€ 0.05
Writing pad		Poundworld	€ 1.00	1	52 Weeks	€ 0.02
Envelopes		Poundworld	€ 1.00	1	52 Weeks	€ 0.02
Sellotape	Two rolls	Poundworld	€ 1.50	1	104 Weeks	€ 0.01
Pens	10 pack	Poundworld	€ 2.00	1	156 Weeks	€ 0.01
<b>Cleaning &amp; maintenance</b>						
Dust pan and brush		Poundworld	€ 2.00	1	104 Weeks	€ 0.02
Washing up brush		Tesco	€ 0.39	2	52 Weeks	€ 0.02
Washing up bowl		Poundworld	€ 7.95	1	260 Weeks	€ 0.03
Dustbin		Poundworld	€ 7.95	1	260 Weeks	€ 0.03
Mop		Dunnes	€ 6.00	1	26 Weeks	€ 0.20
Bucket		Dunnes	€ 6.00	1	520 Weeks	€ 0.01
Batteries	4 x Ever Ready AA	Tesco	€ 2.78	4	52 Weeks	€ 0.62
Candles	Pack of 4	Poundworld	€ 1.25	1	260 Weeks	€ 0.00
Ironing board		Argos	€ 14.99	1	780 Weeks	€ 0.02
Clothes airer		Roches	€ 10.95	1	1,040 Weeks	€ 0.01

## Single Adult of Working Age

Urban

### Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Toilet brush set		Poundworld	€ 3.00	1	52 Weeks	€ 0.05
§ Toilet paper	Saxon 9 pack	Aldi	€ 2.55	1	4 Weeks	€ 0.60
Household matches	Maigure & Paterson	Tesco	€ 0.84	1	52 Weeks	€ 0.02
§ Washing up liquid (1 litre)		Aldi	€ 0.99	1	8 Weeks	€ 0.12
§ Air freshener		Aldi		1	9 Weeks	€ 0.19
§ Furniture polish		Aldi		1	26 Weeks	€ 0.03
§ Disinfectant		Aldi		1	26 Weeks	€ 0.09
§ Bleach (750ml)	Powerforce	Aldi	€ 0.59	1	4 Weeks	€ 0.14
§ Toilet cleaner (750ml)	Powerforce	Aldi	€ 0.89	1	4 Weeks	€ 0.21
Shoe polish (50ml)	Punch	Tesco	€ 0.50	1	52 Weeks	€ 0.01
Dish cloths (6)		Poundworld	€ 2.00	1	52 Weeks	€ 0.03
§ Household gloves (3 pack)	Powerforce	Aldi	€ 1.49	1	78 Weeks	€ 0.02
Bin liners (40)	Killeen	Tesco	€ 5.89	1	9 Weeks	€ 0.59
Light bulbs (2 Pack)	Tesco 60 watt	Tesco	€ 0.79	4	52 Weeks	€ 0.05
<b>Total</b>						<b>€ 5.35</b>
Additional items for Female						
‡ Hairdryer	Boots	Boots	€ 24.99	1	520 Weeks	€ 0.05
‡ Hair Straightner	Toni & Guy	Boots	€ 26.99	1	260 Weeks	€ 0.10
<b>Total</b>						<b>€ 5.50</b>

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

# Single Adult of Working Age

Urban

## Household Services

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Window cleaning	Provided by landlord		€ -	1	13 Weeks	€ -
Waste	Provided by landlord		€ -	1	2 Weeks	€ -
Waste	Provided by landlord		€ -	1	2 Weeks	€ -
Waste Standing Charge	Provided by landlord		€ -	1	52 Weeks	€ -
Boiler Service	Provided by landlord		€ -	1	52 Weeks	€ -
<b>Total</b>						<b>€ -</b>

## Single Adult of Working Age

Urban

### Communications

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Post						
† Stamps	55c	An Post	€ 0.55	30	52 Weeks	€ 0.33
Phone						
§ Mobile phone	Nokia	Vodafone	€ 59.99	1	156 Weeks	€ 0.38
§ Phone credit	Vodafone	Vodafone	€ 20.00	1	4 Weeks	€ 4.62
Internet						
§ Internet Connection	dongle wireless	emobile	€ 20.32	1	4 Weeks	€ 4.69
<b>Total</b>						<b>€ 10.03</b>

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

# Single Adult of Working Age

Urban

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Exercise / Sport Activities</b>							
Swimming		Local pool	€ 5.00	24	52 Weeks	€ 2.29	
Football	9 months of year	Local football club	€ 5.00	1	1 Week	€ 3.71	
§ Football Boots		Lifestyle Sports	€ 45.00	1	104 Weeks	€ 0.43	
<b>Holiday</b>							
I week in Galway							
Dublin-Galway		Return ticket	Bus Eireann	€ 18.00	1	52 Weeks	€ 0.34
Sleepzone, Galway city		Per night		€ 25.00	4	52 Weeks	€ 1.90
Sleepzone, Connemara		Per night		€ 25.00	3	52 Weeks	€ 1.43
Galway-Connemara		Return ticket	Private bus	€ 8.00	1	52 Weeks	€ 0.15
Spending money				€ 299.00	1	52 Weeks	€ 5.70
<b>Household Items</b>							
§ Camera	Kodak Digital	Argos	€ 74.99	1	260 Weeks	€ 0.29	
Film processing		Local chemist	€ 6.45	2	52 Weeks	€ 0.25	
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 3.06	
<b>Newspapers, Books &amp; Magazines</b>							
§ Music Downloads		Itunes	€ 0.99	30	52 Weeks	€ 0.57	
§ DVD Rental		xtra vision	€ 4.60	4	52 Weeks	€ 0.35	
Novels		Second hand bookstor	€ 3.00	2	52 Weeks	€ 0.12	
Sunday newspaper	Sunday Independent	Local Newsagent	€ 2.20	1	1 Week	€ 2.18	
<b>Socialising</b>							
§ Cinema		Omniplex, Santry	€ 8.50	1	9 Weeks	€ 0.97	
Socialising/entertainment			€ 15.00	1	1 Week	€ 14.86	
<b>Total</b>						<b>€ 38.59</b>	

§ 2012 Review adjustments & additions

## Single Adult of Working Age

Urban

Education

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Education Course</b>						
Training Course	ECDL	FAS	€ 5.00	24	52 Weeks	€ 3.18
<b>Computer Equipment</b>						
§ Laptop	Toshiba	PC World	€ 479.00	1	260 Weeks	€ 1.84
§ Printer	HP Deskjet 3920	Argos	€ 59.99	1	520 Weeks	€ 0.03
§ A4 Paper	100G pack	Easons	€ 4.99	1	52 Weeks	€ 0.03
§ Ink Cartridge	HP Deskjet 3920	Argos	€ 21.99	1	52 Weeks	€ 0.11
§ Microsoft Office Package	Microsoft	PC World	€ 119.99	1	260 Weeks	€ 0.46
<b>Total</b>						<b>€ 5.65</b>

§ 2012 Review adjustments & additions



# Single Adult of Working Age

Urban

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Public Transport</b>						
‡ Multi-trip bus ticket	30 Day Rambler	Dublin Bus	€ 105.00	1	4 Weeks	€ 26.07
‡ Night bus	Nite Link	Dublin Bus	€ 5.00	1	1 Week	€ 5.38
						<b>€ 31.45</b>
<b>Private Transport</b>						
§ Car - Nissan Micra (2008)	1.2, Petrol, Manual	Local Dealer	€ 5,950.00	1	312 Weeks	€ 19.07
§ Car Tax			€ 333.00	1	52 Weeks	€ 6.40
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
§ Maintenance and repairs		Karfix	€ 165.00	1	52 Weeks	€ 3.69
‡ Petrol			€ 25.00	1	1 Week	€ 26.90
§ Driving Licence		Motor Tax Office	€ 25.00	1	520 Weeks	€ 0.05
<b>Total</b>						<b>€ 56.65</b>

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

## Single Adult of Working Age

Urban

### Household Energy

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Male</b>						
Electricity		ESB	€ 2.46	1	1 Week	€ 3.16
Gas		Bord Gais	€ 5.39	1	1 Week	€ 6.83
Home Heating Oil						€ -
<b>Male Total</b>						<b>€ 9.99</b>
<b>Female</b>						
‡ Electricity		ESB	€ 3.28	1	1 Week	€ 3.66
Gas		Bord Gais	€ 4.00	1	1 Week	€ 6.83
Home Heating Oil						€ -
<b>Female Total</b>						<b>€ 10.49</b>

‡ Indicates items which were re-priced / newly added in March 2011

## Single Adult of Working Age

Urban

### Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Unemployed</b>						
§ Donations to charity			€ 2.00	1	1 Week	€ 2.00
Trade Union Subscription	None		€ -	0	0 Week	€ -
§ Passport Fee	None	Passport Office	€ 95.00	1	520 Weeks	€ 0.18
<b>Total</b>						<b>€ 2.18</b>
<b>Employed Full-Time</b>						
§ Donations to charity			€ 2.00	1	1 Week	€ 2.00
Trade Union Subscription	Full-time	SIPTU	€ 2.80	1	1 Week	€ 3.07
§ Passport Fee	None	Passport Office	€ 95.00	1	520 Weeks	€ 0.18
<b>Total</b>						<b>€ 5.25</b>

§ 2012 Review adjustments & additions

## Single Adult of Working Age

Urban

Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>						
§ Home Contents Insurance	None	Allianz	€ 100.56	1	52 Weeks	€ 1.93
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 757.28	1	52 Weeks	€ 16.59
§ Car Insurance	Fully Comprehensive		€ 539.80	1	52 Weeks	€ 10.81
<b>Female Total</b>						<b>€ 29.33</b>
<b>Male</b>						
§ Home Contents Insurance	None	Allianz	€ 100.56	1	52 Weeks	€ 1.93
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 757.28	1	52 Weeks	€ 16.59
§ Car Insurance	Fully Comprehensive		€ 539.80	1	52 Weeks	€ 10.81
<b>Male Total</b>						<b>€ 29.33</b>

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

## Single Adult of Working Age

Urban

### Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal Savings	Credit Union		€ 5.00	1	1 Week	€ 5.00
Contingencies / Emergencies			€ 5.00	1	1 Week	€ 5.00
<b>Total</b>						<b>€ 10.00</b>

§ 2012 Review adjustments & additions