

**2018****RURAL****Second Level**

Food	54.76
Clothing	11.60
Personal Care	6.21
Health	4.43
Health - OTC	0.68
Health Care Services	3.75
Household Goods	3.35
Household Services	0.00
Communications	5.45
Social Inclusion & Participation	24.57
Education	19.30
Transport - Public	0.00
Transport - Car	0.00
Household Energy	0.00
Electricity	2.13
Heat	0.00
Personal Costs	0.00
Not employed	0.10
Part-Time	0.00
Full-Time	0.00
Childcare	0.00
Not employed	0.00
Part-Time	0.00
Full-Time	0.00
Insurance	0.00
Home	0.00
Health	2.33
Car	0.00
Savings & Contingencies	5.00

2018		RURAL		Second Level			
Item	Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)	(Week)
<b>Fruit &amp; Vegetables</b>							
Apples	10 pack	Aldi, Royal Gala	Aldi	€ 1.49	1	1 Week	€ 1.49 € 0.71
Bananas	6 Pack	Aldi, Natures Pick	Aldi	€ 1.49	1	1 Week	€ 1.49 € 0.71
Cabbage	450g	Aldi, Eigans	Aldi	€ 0.99	1	1 Week	€ 0.99 € 0.47
Carrots	1kg bag	Aldi, Eigans	Aldi	€ 0.99	1	1 Week	€ 0.99 € 0.47
Cauliflower	Loose	Aldi, Eigans	Aldi	€ 1.29	1	2 Weeks	€ 0.65 € 0.31
Cucumber	Loose	Aldi, The Salad Box	Aldi	€ 0.59	1	1 Week	€ 0.59 € 0.28
Frozen bag of broccoli	907g	Four Seasons	Aldi	€ 0.49	1	3 Weeks	€ 0.16 € 0.08
Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 0.79	1	6 Weeks	€ 0.13 € 0.06
Lettuce	Loose	Iceberg, The Salad Box	Aldi	€ 0.89	1	1 Week	€ 0.89 € 0.42
Mushrooms	250g tray	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40 € 0.19
Onions	750g	Aldi	Aldi	€ 0.69	1	3 Weeks	€ 0.23 € 0.11
Oranges	1.5kg bag	Aldi, Natures Pick	Aldi	€ 1.57	1	1 Week	€ 1.57 € 0.75
Parsnips	Pack of 4	Aldi, Eigans	Aldi	€ 0.99	1	2 Weeks	€ 0.50 € 0.24
Pears	Loose	Aldi, Conference Pears	Aldi	€ 0.49	6	1 Week	€ 2.94 € 1.40
Peas	1kg bag	Green Garden	Aldi	€ 0.64	1	3 Weeks	€ 0.21 € 0.10
Peppers	Pack of 3	The Salad Box	Aldi	€ 1.49	2	3 Weeks	€ 0.99 € 0.47
Potatoes	7.5kg bag	Roosters, Eigans	Aldi	€ 7.49	1	2 Weeks	€ 3.75 € 1.78
Sultanas	500g	The Pantry	Aldi	€ 1.19	1	2 Weeks	€ 0.60 € 0.28
Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.34	1	2 Weeks	€ 0.17 € 0.08
Tomatoes	6 pack	The Salad Box	Aldi	€ 0.99	2	3 Weeks	€ 0.66 € 0.31
Turnip	Loose	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40 € 0.19
<b>Groceries</b>							

2018		RURAL		Second Level							
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)		(Week)		
Beans	420g	Corale	Aldi	€ 0.38	2	1 Week	€ 0.76	€	0.36		
Biscuits	400g	Belmont Digestive	Aldi	€ 0.44	1	1 Week	€ 0.44	€	0.21		
Cake	550g	Grainne's Tea Room	Aldi	€ 1.99	1	1 Week	€ 1.99	€	0.95		
Cheese	250g	Irish Vintage White Ch	Aldi	€ 1.59	1	1 Week	€ 1.59	€	0.76		
Coffee	200g jar	Maxwell house	Tesco	€ 7.99	1	6 Weeks	€ 1.33	€	-		
Coleslaw	400g tub	Country Fresh	Aldi	€ 0.79	2	3 Weeks	€ 0.53	€	0.20		
Cooking oil	1 litres	Solesta	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€	0.18		
Turkey	5 slice pack	Deli style	Aldi	€ 0.79	1	1 Week	€ 0.79	€	0.38		
Corn flakes	500g	Harvest Morn	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€	0.25		
Crisps	Multipack 12 x 25g	Snackrite	Aldi	€ 2.49	1	3 Weeks	€ 0.83	€	0.31		
Curry powder	250g tub	Harvet Kitchen	Aldi	€ 2.59	1	12 Weeks	€ 0.22	€	0.10		
Diluted juice	1.5 litre	Sun Quench	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€	0.18		
Eggs	18	Mervale	Aldi	€ 1.39	1	3 Weeks	€ 0.46	€	0.22		
Butter	1 kg tub	Flora	Tesco	€ 4.59	1	3 Weeks	€ 1.53	€	0.73		
Flour	2 kg	The Pantry	Aldi	€ 0.99	1	10 Weeks	€ 0.10	€	0.05		
Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.39	2	4 Weeks	€ 0.70	€	-		
Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 1.99	1	2 Weeks	€ 1.00	€	1.29		
Gravy	300g tin	Quixo	Aldi	€ 0.79	1	6 Weeks	€ 0.13	€	0.06		
Ham	10 slices	Brannans	Aldi	€ 2.29	1	1 Week	€ 2.29	€	1.09		
Hot chocolate	400g tin	The Pantry	Aldi	€ 1.69	1	8 Weeks	€ 0.21	€	0.10		
Ice-cream	1 litre tub	Daisy's Dairy	Aldi	€ 1.99	1	3 Weeks	€ 0.66	€	0.32		
Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.89	1	8 Weeks	€ 0.11	€	0.05		
Jelly (strawberry)	135g pack	Delicious Deserts	Aldi	€ 0.59	1	1 Week	€ 0.59	€	0.28		

2018		RURAL		Second Level							
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)		(Week)		
Low-fat yoghurts	4 pack of 125g	Duneen	Aldi	€ 1.29	3	1 Week	€ 3.87	€	1.84		
Marmalade	454g jar	Grandessa	Aldi	€ 0.49	1	6 Weeks	€ 0.08	€	0.04		
Mayonnaise	500ml	Bramwells	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€	0.18		
Mixed herbs		Aldi	Aldi	€ 0.45	1	33 Weeks	€ 0.01	€	0.01		
Mixed spices		Aldi	Aldi	€ 0.45	1	33 Weeks	€ 0.01	€	0.01		
Noodles	65g	Make in a Minute	Aldi	€ 0.15	3	1 Week	€ 0.45	€	0.21		
Noodles	65g	Make in a Minute	Aldi	€ 0.15	2	1 Week	€ 0.30	€	0.30		
Orange juice	1 litres	Rio D'ora	Aldi	€ 0.79	2	1 Week	€ 1.58	€	0.75		
Oven chips	1.5 kg bag	Champion	Aldi	€ 1.89	1	3 Weeks	€ 0.63	€	0.30		
Pasta sauce	550g	Cucina	Aldi	€ 1.59	1	1 Week	€ 1.59	€	0.76		
Chocolate Bars	pack of 6	Dairyfine, Racer	Aldi	€ 0.65	1	2 Weeks	€ 0.33	€	0.15		
Pepper	50g	Stonemill	Aldi	€ 0.99	1	67 Weeks	€ 0.01	€	0.01		
Red sauce	560g	Bramwells	Aldi	€ 0.73	1	6 Weeks	€ 0.12	€	0.06		
Rice	1kg box	Worldwide	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€	0.12		
Rice Krispies	375g	Harvest Morn	Aldi	€ 0.99	4	5 Weeks	€ 0.79	€	0.38		
Salmon (tinned)	212g	Ocean Rise	Aldi	€ 1.29	1	1 Week	€ 1.29	€	0.61		
Sea Salt	700g	Stonemill	Aldi	€ 0.99	1	33 Weeks	€ 0.03	€	0.01		
Spaghetti	1kg bag	Cucina	Aldi	€ 0.94	1	3 Weeks	€ 0.31	€	0.15		
Spaghetti hoops	400g tin	Corale	Aldi	€ 0.42	1	1 Week	€ 0.42	€	0.42		
Stock cubes	80g	Aldi	Aldi	€ 0.99	1	8 Weeks	€ 0.12	€	0.06		
Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	17 Weeks	€ 0.07	€	0.03		
Tea	80 pack	Lyons	Tesco	€ 3.19	1	3 Weeks	€ 1.06	€	-		
Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.45	1	1 Week	€ 0.45	€	0.21		

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Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)		(Week)		
Tuna	160g	Ocean Rise	Aldi	€ 0.69	1	1 Week	€ 0.69	€	0.33		
Vinegar	568ml	Bramwells	Aldi	€ 0.45	1	17 Weeks	€ 0.03	€	0.01		
Waffles	680g	Champion	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€	0.24		
Weetabix	Box of 36	Harvest Morn	Aldi	€ 1.99	1	4 Weeks	€ 0.50	€	0.24		
<b>Meat</b>											
Beef (stewing)	600g		Aldi	€ 4.79	1	2 Weeks	€ 2.40	€	1.14		
Chicken fillets	1kg		Aldi	€ 8.49	1	2 Weeks	€ 4.25	€	2.02		
Mince	800g	Lean Round Mince	Aldi	€ 5.49	1	1 Week	€ 5.49	€	2.62		
Pork chops	3		Aldi	€ 2.24	1	1 Week	€ 2.24	€	1.07		
Rashers	250g		Aldi	€ 0.99	1	1 Week	€ 0.99	€	0.47		
Roast pork	1 fillet (1kg)	Butchers Selection	Aldi	€ 4.89	1	1 Week	€ 4.89	€	2.33		
Sausages	16 pack	Gold Coin	Aldi	€ 1.39	1	3 Weeks	€ 0.56	€	0.26		
<b>Milk &amp; Bread</b>											
Brown bread	800g		local shop	€ 2.16	3	1 Week	€ 6.47	€	3.08		
Brown bread rolls	pack of 5		local shop	€ 1.30	1	1 Week	€ 1.30	€	0.62		
Full-fat milk	2 litres		local shop	€ 2.35	2	1 Week	€ 4.70	€	2.24		
Low-fat milk	2 litres		local shop	€ 2.35	2	1 Week	€ 4.70	€	2.24		
Scones	Loose		local shop	€ 0.80	4	1 Week	€ 3.21	€	1.53		
White bread	800g pan		local shop	€ 1.96	1	2 Weeks	€ 0.98	€	0.47		
<b>Other</b>											
Indian takeaway			Local takeaway	€ 14.24	3	4 Weeks	€ 9.86	€	3.66		
Lunch			Local deli	€ 5.22	1	1 Week	€ 5.22	€	5.22		
Chinese takeaway			Local takeaway	€ 14.24	1	4 Weeks	€ 3.56	€	-		

**2018** RURAL **Second Level**

Item	Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)	(Week)
Christmas			€ 95.07	1	52 Weeks	€ 1.83	€ 0.87

<b>TOTAL</b>	115.54	54.76
		49.32

2018

RURAL

Second Level

Clothing

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>						
<b>Underwear and nightwear</b>						
Bras	Dunnes	Dunnes	€ 8.00	6	52 Weeks	€ 0.92
Pants	Pack of 4 Penny's	Penny's	€ 3.50	7	52 Weeks	€ 0.47
Socks	Pack of 5 Penny's	Penny's	€ 2.50	4	52 Weeks	€ 0.19
Vest tops	Penny's	Penny's	€ 2.50	4	52 Weeks	€ 0.19
Pyjamas light	Atmosphere	Penny's	€ 7.00	2	78 Weeks	€ 0.18
Pyjamas- heavy	Penny's	Penny's	€ 10.00	2	78 Weeks	€ 0.26
Slippers	Penny's	Penny's	€ 5.00	1	52 Weeks	€ 0.10
Dressing gown	Penny's	Penny's	€ 7.00	1	104 Weeks	€ 0.07
<b>Coats and jackets</b>						
Heavy jacket	Dunnes	Dunnes	€ 35.00	1	78 Weeks	€ 0.45
Light casual jacket	New Look	New Look	€ 25.00	1	52 Weeks	€ 0.48
Rain coat	Penny's	Penny's	€ 11.00	1	52 Weeks	€ 0.21
High Visibility Bib	RSA	RSA	€ -	1	104 Weeks	€ -
Rain Pants	Mac-in-sac (Target Dry Scouting Ireland)		€ 27.29	1	156 Weeks	€ 0.17
Denim jacket	Penny's	Penny's	€ 15.00	1	52 Weeks	€ 0.29
<b>Main clothing</b>						
Jumpers/Cardigans	Penny's	Penny's	€ 15.00	4	78 Weeks	€ 0.77
Trousers	New Look	New Look	€ 20.00	2	52 Weeks	€ 0.77
Jeans	New Look	New Look	€ 20.00	2	52 Weeks	€ 0.77
Tracksuit		Lifestyle Sports	€ 70.00	1	78 Weeks	€ 0.90

2018

RURAL

Second Level

**Clothing**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
T-shirt	Atmosphere	Penny's	€ 3.50	8	52 Weeks	€ 0.54
Shorts	Atmosphere	Penny's	€ 5.00	2	52 Weeks	€ 0.19
Swimsuit	Atmosphere	Penny's	€ 5.00	1	52 Weeks	€ 0.10
Skirts	Atmosphere	Penny's	€ 6.00	3	52 Weeks	€ 0.35
3/4 trousers	Atmosphere	Penny's	€ 10.00	3	52 Weeks	€ 0.58
Hat	Penny's	Penny's	€ 4.00	1	52 Weeks	€ 0.08
Scarf	Penny's	Penny's	€ 4.00	1	52 Weeks	€ 0.08
Gloves	Penny's	Penny's	€ 1.50	1	52 Weeks	€ 0.03
<b>Footwear</b>						
Shoes	New Look	New Look	€ 25.00	1	52 Weeks	€ 0.48
Trainers	Nike	Lifestyle Sports	€ 50.00	1	78 Weeks	€ 0.64
Boots	New Look	New Look	€ 25.00	1	52 Weeks	€ 0.48
Dress shoes	New Look	New Look	€ 28.00	1	52 Weeks	€ 0.54
Wellingtons	Dunnes	Dunnes	€ 18.37	1	156 Weeks	€ 0.12
Flip flops	Atmosphere	Penny's	€ 1.00	1	52 Weeks	€ 0.02
<b>Personal accessories</b>						
Hair Bobbins		Penny's	€ 1.50	2	52 Weeks	€ 0.06
Hair Clips		Penny's	€ 1.50	2	52 Weeks	€ 0.06
Sunglasses	Atmosphere	Penny's	€ 3.00	1	156 Weeks	€ 0.02
Handbag		Penny's	€ 5.00	1	52 Weeks	€ 0.10
						<b>11.63</b>



2018

RURAL

Second Level

Clothing

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Male</b>							
<b>Underwear and nightwear</b>							
Pants	Pack of 3	Penny's	Penny's	€ 9.00	6	52 Weeks	€ 1.04
Socks	Pack of 6	Penny's	Penny's	€ 2.75	4	52 Weeks	€ 0.21
Pyjamas		Penny's	Penny's	€ 10.00	1	52 Weeks	€ 0.19
Slippers		Penny's	Penny's	€ 6.00	1	52 Weeks	€ 0.12
<b>Coats and jackets</b>							
Heavy jacket			Dunnes	€ 30.00	1	52 Weeks	€ 0.58
Rain coat		Penny's	Penny's	€ 6.00	1	52 Weeks	€ 0.12
High Visibility Bib		RSA	RSA	€ -	1	104 Weeks	€ -
Rain Pants		Mac-in-sac (Target Dry Scouting Ireland)		€ 27.29	1	156 Weeks	€ 0.17
Light casual jacket		New Look	New Look	€ 44.99	1	52 Weeks	€ 0.87
<b>Main clothing</b>							
Jumpers			New Look	€ 15.00	2	52 Weeks	€ 0.58
Belt		Penny's	Penny's	€ 4.00	2	156 Weeks	€ 0.05
Trousers		Dunnes	Dunnes	€ 9.00	1	52 Weeks	€ 0.17
Tracksuit (top and bottom)			Lifestyle Sports	€ 95.00	1	78 Weeks	€ 1.22
Tracksuit (top and bottom)			Dunnes	€ 17.00	1	52 Weeks	€ 0.33
T-shirt		Dunnes	Dunnes	€ 8.00	10	52 Weeks	€ 1.54
Shorts		Dunnes	Dunnes	€ 12.00	2	52 Weeks	€ 0.46
Swimsuit		Dunnes	Dunnes	€ 10.00	1	104 Weeks	€ 0.10

2018

RURAL

Second Level

**Clothing**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Jeans	New Look	New Look	€ 25.00	2	52 Weeks	€ 0.96
Smart shirt	New Look	New Look	€ 25.00	1	52 Weeks	€ 0.48
Smart trousers	New Look	New Look	€ 23.00	1	52 Weeks	€ 0.44
Winter Hat	Penny's	Penny's	€ 4.00	1	52 Weeks	€ 0.08
Scarf	Penny's	Penny's	€ 4.00	1	52 Weeks	€ 0.08
Gloves	Penny's	Penny's	€ 2.00	1	104 Weeks	€ 0.02
<b>Footwear</b>						
Shoes		New Look	€ 25.00	1	52 Weeks	€ 0.48
Trainers	Nike	Lifestyle Sports	€ 63.00	1	78 Weeks	€ 0.81
Trainers		Dunnes	€ 15.00	1	52 Weeks	€ 0.29
Wellingtons	Dunnes	Dunnes	€ 25.52	1	156 Weeks	€ 0.16
Flip-flops	Penny's	Penny's	€ 2.50	1	52 Weeks	€ 0.05
<b>Personal accessories</b>						
Sunglasses	Penny's	Penny's	€ 3.00	1	156 Weeks	€ 0.02

**TOTAL**

**11.60**

2018

RURAL

Second Level

Personal Care

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female - Personal Hygiene</b>						
Suntan lotion (40+) 200ml	Lacura	Aldi	€ 2.59	2	52 Weeks	€ 0.02
Soap 4pack	Cien	Lidl	€ 0.59	1	4 Weeks	€ 0.04
Tampons Box of 36	Tampax	Tesco	€ 5.00	1	4 Weeks	€ 1.15
Sanitary towels Pack of 14	Always ultra	Tesco	€ 2.95	1	4 Weeks	€ 0.68
Toothpaste 100ml	Colgate	Lidl	€ 1.39	1	1 Week	€ 0.46
Toothbrush 2 pack	Dentalux	Lidl	€ 0.99	1	13 Weeks	€ 0.08
Shampoo 500ml	Tresemme	Tesco	€ 5.82	1	2 Weeks	€ 0.73
Conditioner 500ml	Tresemme	Tesco	€ 5.82	1	2 Weeks	€ 0.73
Shower gel 250ml	Cien	Lidl	€ 0.69	1	2 Weeks	€ 0.09
Disposable blades X3	Cien	Lidl	€ 1.69	1	10 Weeks	€ 0.17
Deodorant	Cien	Lidl	€ 0.89	1	3 Weeks	€ 0.30
Haircut		Local hairdresser	€ 12.50	1	17 Weeks	€ 0.72
Hairbrush		Boots	€ 14.99	1	208 Weeks	€ 0.07
Headlice lotion 300ml	Lyclear (with comb)	Boots	€ 19.99	1	52 Weeks	€ 0.38
Toilet bag	Pennys	Pennys	€ 5.00	3	260 Weeks	€ 0.06
<b>Cosmetics</b>						
Moisturiser 75ml	Nivea	Tesco	€ 3.89	1	9 Weeks	€ 0.45
Body lotion (200ml)	Natural collection	Boots	€ 3.79	3	52 Weeks	€ 0.22
Lip gloss	Natural collection	Boots	€ 3.29	1	26 Weeks	€ 0.13
Mascara	Rimmel	Boots	€ 3.99	1	17 Weeks	€ 0.23
Eye shadow	Natural collection	Boots	€ 2.79	1	52 Weeks	€ 0.05

**2018** RURAL

Second Level

Personal Care

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Total</b>						<b>6.76</b>

Male - Personal Hygiene

Suntan lotion (40+)	200ml	Lacura	Aldi	€ 2.59	2	52 Weeks	€ 0.02
Soap	4pack	Cien	Lidl	€ 0.59	1	4 Weeks	€ 0.04
Toothpaste	100ml	Colgate	Lidl	€ 1.39	1	1 Week	€ 0.46
Toothbrush	2 pack	Dentalux	Lidl	€ 0.99	1	13 Weeks	€ 0.08
Shampoo	300ml	Tresemme	Tesco	€ 5.82	1	2 Weeks	€ 0.73
Conditioner	500ml	Tresemme	Tesco	€ 5.82	1	2 Weeks	€ 0.73
Shower gel	250ml	Cien	Lidl	€ 0.69	1	4 Weeks	€ 0.04
Razor		Cien Men	Lidl	€ 3.99	1	104 Weeks	€ 0.04
Blades	5 pack	Cien Men	Lidl	€ 4.99	2	8 Weeks	€ 1.25
Shaving cream	300ml	Cien Men	Lidl	€ 0.59	1	4 Weeks	€ 0.15
Deodorant		Cien	Lidl	€ 0.99	1	3 Weeks	€ 0.33
Haircut			Local hairdresser	€ 11.00	1	6 Weeks	€ 1.83
Hairbrush			Boots	€ 14.99	1	208 Weeks	€ 0.07
Headlice lotion	300ml	Lyclear (with comb)	Boots	€ 19.99	1	52 Weeks	€ 0.38
Toilet bag		Pennys	Pennys	€ 5.00	3	260 Weeks	€ 0.06
<b>Total</b>						<b>6.21</b>	

2018

RURAL

Second Level

Health

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Over the counter health items</b>						
Waterproof plasters	Waterproof	Tesco	€ 1.09	2	52 Weeks	€ 0.01
Paracetamol	Box of 24	Local chemist	€ 2.50	1	52 Weeks	€ 0.05
Cough mixture	125ml	Benalin	€ 6.00	3	52 Weeks	€ 0.09
Throat Lozenges	Packet	Local chemist	€ 4.00	2	52 Weeks	€ 0.15
Acne cream	Bottle	Local chemist	€ 5.00	2	52 Weeks	€ 0.19
Zovirax		Local chemist	€ 10.00	1	52 Weeks	€ 0.19
<b>Main Care</b>						
GP		Local doctor	€ 45.89	2	52 Weeks	€ 1.76
Dentist		Local dentist	€ 70.44	1	52 Weeks	€ 1.35
Prescriptions		Pharmacy	€ 8.29	2	52 Weeks	€ 0.32
Optician		Local optician	€ 32.22	1	104 Weeks	€ 0.31
<b>Total</b>						<b>4.43</b>

**2018** RURAL

Second Level

**Household Goods**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Bedroom and bathroom furniture</b>						
Single bed	Single Bed	Des Kelly	€89.00	1	624 Weeks	€0.14
Single mattress	AirSprung Essentials	Argos	€99.00	1	520 Weeks	€0.19
Chest of drawers	Argos Home Jenson 3	Argos	€99.99	1	780 Weeks	€0.13
Bedside locker	Argos Home New Mal	Argos	€49.00	1	780 Weeks	€0.06
Wardrobe	Argos Home Seville 3 c	Argos	€199.00	1	780 Weeks	€0.26
Study Desk	Argos Home Lawson C	Argos	€64.99	1	520 Weeks	€0.12
Study Chair	Argos Home Reade M	Argos	€31.99	1	520 Weeks	€0.06
<b>Floor Coverings</b>						
Bedroom Carpet (16 sq. yards)	Liffey Twist, Felt back, 5	local retailer	€241.20	1	520 Weeks	€0.46
<b>Textiles and soft furnishings</b>						
Single duvet- heavy tog	Winter Warm 13.5 To	Guineys	€16.00	1	260 Weeks	€0.06
Single duvet- light tog	Summer Weight 4.5 To	Guineys	€12.99	1	260 Weeks	€0.05
Single quilt cover & 1 pillowcase	Argos Home Bright Ha	Argos	€15.00	3	260 Weeks	€0.17
Single fitted sheets	Argos Home White Fit	Argos	€4.49	3	260 Weeks	€0.05
Pillows	Simple Value Pair of Pil	Argos	€4.99	1	104 Weeks	€0.05
Handtowels	Single towel, Pennys Br	Penny's	€2.50	1	52 Weeks	€0.05
Face cloths	Pack of 3	Penny's	€2.00	3	52 Weeks	€0.03
Bath towels	ColourMatch Pair of B:	Argos	€11.99	1	104 Weeks	€0.12
Bedroom Blind	ColourMatch Blackout	Argos	€12.00	1	416 Weeks	€0.03
Bedroom curtain		Homestore and More	€28.79	1	624 Weeks	€0.05
Curtain track and fittings for bedrooms	Argos Home Extendab	Argos	€9.00	1	1,040 Weeks	€0.01

**2018** RURAL

Second Level

**Household Goods**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Lampshades	Linen Empire Shade, m	Dunnes	€6.00	1	780 Weeks	€0.01
<b>Miscellaneous household items</b>						
Light bulbs	Philips 8W LED (60W	Tesco	€6.00	1	364 Weeks	€0.02
Suitcase	Max Lightweight Two	Dunnes	€55.00	3	520 Weeks	€0.08
Birthday cards	2 for the price of 1	Dealz	€1.50	1	52 Weeks	€0.03
Sellotape	sellotape	Dealz	€1.50	1	52 Weeks	€0.01
Pens	Bic Round Stic Black Pe	Dealz	€1.50	1	52 Weeks	€0.01
Hair straightener	Phil Smith Ceramic Hai	Argos	€12.99	1	416 Weeks	€0.03
<b>Cleaning &amp; household maintenance</b>						
Toilet paper	Saxon (9)	Aldi	€2.29	1	1 Week	€0.57
Clothes washing detergent	Alamat Non-Bio, 42 W	Aldi	€3.29	1	6 Weeks	€0.14
Refuse sacks	Killeen - 20X50L	Lidl	€1.55	1	5 Weeks	€0.08
Paint, roller set, 9"	Harris Emulsion 9in Ro	Homebase	€3.93	1	260 Weeks	€0.00
Paint brushes, 5 set	Basics 5 Piece Paint Br	Woodies DIY	€6.99	1	260 Weeks	€0.01
Paint,emulsion	Dulux 2.5lt Vinyl Soft S	Woodies DIY	€29.99	6	260 Weeks	€0.17
Paint, gloss	Dulux 2.5lt Stay White	Woodies DIY	€24.99	6	260 Weeks	€0.14
					<b>Total</b>	<b>3.38</b>

2018

RURAL

Second Level

Communications

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Telecomms</b>						
Mobile Phone	Samsung	Eir	€129.99	1	156 Weeks	€0.83
Phone Credit		Eir	€20.00	1	4 Weeks	€4.62
<b>Total</b>						<b>5.45</b>



**2018** RURAL

Second Level

**Social Inclusion**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Exercise / Sport Activities</b>						
Football laces	Mr Lacy Goalies Slim	Sports Direct	€3.59	1	52 Weeks	€0.07
Football socks	2 Pairs	Lifestyle	€14.00	1	52 Weeks	€0.27
Swimming	Pay as you go, peak time	Local Pool	€3.87	12	52 Weeks	€0.89
Football	10 weeks	Local Football club	€37.72	1	52 Weeks	€0.73
Basketball or Dance class	Irish Dancing	Local hall	€5.66	26	52 Weeks	€2.83
<b>Family Outings</b>						
Cinema		local cinema	€6.30	3	52 Weeks	€0.36
Concert	Birthday Present	Florence & the Machine	€50.50	2	52 Weeks	€1.94
Disco	Term time	Teenage Disco	€12.95	9	52 Weeks	€2.24
Family meal	medium meal	Mc Donald's	€7.80	4	52 Weeks	€0.60
<b>Holiday</b>						
Spending money			€100.00	1	52 Weeks	€1.92
<b>Household Items</b>						
Booth photographs	set of 4	Local chemist	€6.00	1	260 Weeks	€0.02
<b>Toys</b>						
Bike	26 Inch Leopard Bike	Smyths	€159.00	1	260 Weeks	€0.61
Helmet	Bike Helmet	Smyths	€14.99	1	260 Weeks	€0.06
Football	size 5 football	Smyths	€4.99	1	52 Weeks	€0.10
Pocket money			€10.00	1	1 Week	€10.00
Christmas present			€100.00	1	52 Weeks	€1.92

**2018** RURAL

Second Level

Social Inclusion

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
					<b>Total</b>	<b>24.57</b>

2018

RURAL

Second Level

Education

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>						
<b>Uniforms</b>						
Skirt	Presentation College	The School Wear Cent	€48.55	1	52 Weeks	€0.93
Trousers		The School Wear Cent	€32.40	1	52 Weeks	€0.62
Shirt	White Blouse, Twin Pa	The School Wear Cent	€12.15	2	52 Weeks	€0.47
Jumper	Presentation College	The School Wear Cent	€36.45	1	52 Weeks	€0.70
Tie		The School Wear Cent	€9.11	1	52 Weeks	€0.18
School Jacket with Crest		Local school	€43.00	1	156 Weeks	€0.28
School tracksuit	Hunter	The School Wear Cent	€64.80	1	52 Weeks	€1.25
Polo T-shirt		Dunnes	€10.00	2	52 Weeks	€0.38
Shoes	Drew Star Junior	Clarks	€58.00	1	52 Weeks	€1.12
Socks	Pack of five, Girls Cottc	Dunnes	€7.00	1	52 Weeks	€0.13
<b>Books, Stationary, etc.</b>						
School bag	Jansport school bag	Lifestyle	€70.00	1	312 Weeks	€0.22
Ball point pen's	Bic Round Stic Black Pe	Dealz	€1.50	1	52 Weeks	€0.03
Felt tip pens	Pack of five	Dealz	€1.50	1	52 Weeks	€0.03
Pencils with erasers	Pack of 4	Dealz	€1.50	1	52 Weeks	€0.03
Ruler	30cm wooden ruler	Easons	€0.99	1	52 Weeks	€0.02
Mathematical instruments set	Helix Oxford Maths Se	Easons	€3.99	1	156 Weeks	€0.03
Scientific calculator	Sharp EI531THBWH S	Easons	€13.99	1	260 Weeks	€0.05
Erasers	Pack of 2, Card 2 Nori	Easons	€2.99	1	52 Weeks	€0.06
Pencil sharpener	Eason Double hole Me	Easons	€0.99	1	52 Weeks	€0.02

2018

RURAL

Second Level

Education

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Pencil case		Dealz	€1.50	1	104 Weeks	€0.01
Lunch box		Dealz	€1.50	1	260 Weeks	€0.01
<b>School Books</b>						
English - Branching Out `1 – Junior Cycle Engli	C J Folens	Easons	€22.60	1	52 Weeks	€0.43
English - Wonder	Corgi Childrens	Easons	€11.20	1	52 Weeks	€0.22
Turas 1	Educate	Easons	€19.95	1	156 Weeks	€0.13
Irish- Collins Gem Irish Dictionary 4Ed	Collins	Easons	€7.00	1	156 Weeks	€0.04
Maths - Text & Tests Common Introductory C	Celtic Press	Easons	€18.70	1	156 Weeks	€0.12
Geography - Geography in Focus	C J Fallon	Easons	€35.00	1	156 Weeks	€0.22
History - The Past Today	Gill and MacMillan	School Book.ie	€32.95	1	156 Weeks	€0.21
Science - Essential Science	Folens School Books	Easons	€26.00	1	156 Weeks	€0.17
Religion - Light the Way	Mentor Books	Local Bookstore, Buy b	€26.95	1	156 Weeks	€0.17
Social, Personal, Health Education - Minding M	Mentor Books	Local Bookstore, Buy b	€11.95	1	156 Weeks	€0.08
Civics, Social & Political Education - Make a Dif	Folens	Local Bookstore, Buy b	€28.50	1	156 Weeks	€0.18
German - Viel SpaB (New Ed)	C J Fallon	Easons	€29.00	1	156 Weeks	€0.19
German/English Dictionary	Collins	Easons	€11.20	1	156 Weeks	€0.07
Home Economics - Learning for Life Textbook	Folens	Local Bookstore, Buy b	€34.90	1	156 Weeks	€0.22
Business Studies - Text Book Time for Busines	EdCo	Local Bookshop	€30.95	1	156 Weeks	€0.20
Record Books 1,2 & 3 (pack)	EdCo	Local Bookshop	€1.77	3	52 Weeks	€0.10
Past Exam Papers (English)	EdCo	Local Bookshop	€5.95	1	156 Weeks	€0.04
Past Exam Papers (Maths)	EdCo	Local Bookshop	€7.70	1	156 Weeks	€0.05
Past Exam Papers (Irish)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03

**2018** RURAL

Second Level

**Education**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Past Exam Papers (German)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (Business Studies)	EdCo	Local Bookshop	€7.70	1	156 Weeks	€0.05
Past Exam Papers (Science)	EdCo	Local Bookshop	€7.70	1	156 Weeks	€0.05
Past Exam Papers (Home Economics)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (Geography)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (CSPE)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (History)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
School journal		Local school	€10.00	1	52 Weeks	€0.19
Copies	PEFROMANCE 120PC	Easons	€4.99	3	52 Weeks	€0.29
Refill pad	Eason 400page A4 Top	Easons	€6.00	1	52 Weeks	€0.12
<b>Other Education Costs</b>						
Education trips		Local school	€15.00	2	52 Weeks	€0.58
School trips (includes spending money)		Local school	€50.00	1	52 Weeks	€0.96
Voluntary Contribution		Local school	€250.00	1	52 Weeks	€4.81
School fee		Local school	€50.00	1	52 Weeks	€0.96
Junior Certificate Examination Fee		Department of Educati	€109.00	1	52 Weeks	€2.10

**Total**

**19.71**

**Male**

**Uniforms**

Trousers	Falmouth	The School Wear Cent	€32.40	2	52 Weeks	€1.25
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2018

RURAL

Second Level

**Education**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Shirt	Boys White Twinpack	The School Wear Cent	€12.15	1	52 Weeks	€0.23
Jumper		The School Wear Cent	€36.45	1	52 Weeks	€0.70
Tie		The School Wear Cent	€9.11	1	52 Weeks	€0.18
School Jacket with Crest		Local school	€43.00	1	156 Weeks	€0.28
School tracksuit		The School Wear Cent	€64.80	1	52 Weeks	€1.25
Polo T-shirt		Dunnes	€10.00	2	52 Weeks	€0.38
Shoes		Clarks	€62.00	1	52 Weeks	€1.19
Socks	Pack of 5 boys socks	Dunnes	€4.50	2	52 Weeks	€0.17
<b>Books, Stationary, etc.</b>						
School bag	Jansport school bag	Lifestlye Sports	€70.00	1	312 Weeks	€0.22
Ball point pens	Bic Round Stic Black Pe	Dealz	€1.50	1	52 Weeks	€0.03
Felt tip pens	Pack of five	Dealz	€1.50	1	52 Weeks	€0.03
Pencils with erasers	Pack of 4	Dealz	€1.50	1	52 Weeks	€0.03
Ruler	30cm wooden ruler	Easons	€0.99	1	52 Weeks	€0.02
Mathematical instruments	Helix Oxford Maths Se	Easons	€3.99	1	156 Weeks	€0.03
Scientific calculator	Sharp EI531THBWH S	Easons	€13.99	1	260 Weeks	€0.05
Erasers	Pack of 2, Card 2 Nori	Easons	€2.99	1	52 Weeks	€0.06
Pencil sharpener	Eason Double hole Me	Easons	€0.99	1	52 Weeks	€0.02
Pencil case		Dealz	€1.50	1	52 Weeks	€0.03
Lunch box		Dealz	€1.50	1	260 Weeks	€0.01
<b>School Books</b>						
English - Branching Out `1 – Junior Cycle Engli	C J Folens	Easons	€22.60	1	52 Weeks	€0.43

**2018** RURAL

Second Level

**Education**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
English - Wonder	Corgi Childrens	Easons	€11.20	1	52 Weeks	€0.22
Turas 1	Educate	Easons	€19.95	1	156 Weeks	€0.13
Irish- Collins Gem Irish Dictionary 4Ed	Collins	Easons	€7.00	1	156 Weeks	€0.04
Maths - Text & Tests Common Introductory C	Celtic Press	Easons	€18.70	1	156 Weeks	€0.12
Geography - Geography in Focus	C J Fallon	Easons	€35.00	1	156 Weeks	€0.22
History - The Past Today	Gill and MacMillan	School Bookie	€32.95	1	156 Weeks	€0.21
Science - Essential Science	Folens School Books	Easons	€26.00	1	156 Weeks	€0.17
Religion - Light the Way	Mentor Books	Local Bookstore, Buy b	€26.95	1	156 Weeks	€0.17
Social, Personal, Health Education - Minding M	Mentor Books	Local Bookstore, Buy b	€11.95	1	156 Weeks	€0.08
Civics, Social & Political Education - Make a Dif	Folens	Local Bookstore, Buy b	€28.50	1	156 Weeks	€0.18
German - Viel SpaB (New Ed)	C J Fallon	Easons	€29.00	1	156 Weeks	€0.19
German/English Dictionary	Collins	Easons	€11.90	1	156 Weeks	€0.08
Home Economics - Learning for Life Textbook	Folens	Local Bookstore, Buy b	€34.90	1	156 Weeks	€0.22
Business Studies - Text Book Time for Busines	EdCo	Local Bookshop	€30.95	1	156 Weeks	€0.20
Record Books 1,2 & 3 (pack)	EdCo	Local Bookshop	€1.77	3	52 Weeks	€0.10
Past Exam Papers (English)	EdCo	Local Bookshop	€5.95	1	156 Weeks	€0.04
Past Exam Papers (Maths)	EdCo	Local Bookshop	€7.70	1	156 Weeks	€0.05
Past Exam Papers (Irish)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (German)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (Business Studies)	EdCo	Local Bookshop	€7.70	1	156 Weeks	€0.05
Past Exam Papers (Science)	EdCo	Local Bookshop	€7.70	1	156 Weeks	€0.05
Past Exam Papers (Home Economics)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03

2018

RURAL

Second Level

**Education**

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Past Exam Papers (Geography)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (CSPE)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
Past Exam Papers (History)	EdCo	Local Bookshop	€5.40	1	156 Weeks	€0.03
School journal		Local school	€10.00	1	52 Weeks	€0.19
Copies	PEFROMANCE 120PC Easons		€4.99	3	52 Weeks	€0.29
Refill pad	Eason 400page A4 Top Easons		€6.00	1	52 Weeks	€0.12
<b>Other Education Costs</b>						
Education trips		Local school	€15.00	2	52 Weeks	€0.58
School trips (includes spending money)		Local school	€50.00	1	52 Weeks	€0.96
Voluntary Contribution		Local school	€250.00	1	52 Weeks	€4.81
School fee		Local school	€50.00	1	52 Weeks	€0.96
Junior Certificate Examination Fee		Department of Educati	€109.00	1	52 Weeks	€2.10
<b>Total</b>						<b>19.30</b>



**2018** RURAL

Second Level

Household Energy

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Electricity</b>						
Units	Discounted Unit Rate	Energia	€ 0.15	14	1 Week	€ 2.13
<b>Sub Total</b>						<b>2.13</b>
<b>Gas</b>						
Units	Gas Oil	SEAI Average Price - C	€ 0.08	0	52 Weeks	€ -
<b>Sub Total</b>						<b>0.00</b>
<b>TOTAL</b>						<b>2.13</b>

2018

RURAL

Second Level

Personal Costs

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Passport Fee		Passport Office	€25.00	1	260 Weeks	€0.10
<b>Total</b>						<b>0.10</b>

2018

RURAL

Second Level

Insurance

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Health Insurance	Company Plan Starter	VHI	€196.02	1	52 Weeks	€3.77
Health Insurance Excess			€25.00	1	52 Weeks	€0.48
GP Visit Refund			-€25.00	2	52 Weeks	-€0.96
Dental Refund			-€25.00	1	52 Weeks	-€0.48
Optician Refund			-€50.00	1	104 Weeks	-€0.48
Chiropodist Refund			-€25.00	0	52 Weeks	€0.00
<b>Total</b>						<b>2.33</b>

**2018** RURAL

Second Level

Savings & Contingencies

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Savings			€5.00	1	1 Week	€5.00
<b>Total</b>						<b>5.00</b>