

2018	RURAL	Pre-School
Food		24.45
Clothing		7.84
Personal Care		1.84
Health		
Health - OTC		0.27
Health Care Services		0.92
Household Goods		3.16
Household Services		
Communications		
Social Inclusion & Participation		6.07
Education		
Transport - Public		
Transport - Car		
Household Energy		
Electricity		0.00
Heat		0.00
Personal Costs		
Not employed		0.10
Part-Time		
Full-Time		
Childcare		
Not employed		
Part-Time		92.08
Full-Time		161.40
Insurance		
Home		
Health		3.77
Car		
Savings & Contingencies		5.00

2018		RURAL						Pre-School	
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)	(Week)	
Fruit & Vegetables									
Apples	10 pack	Aldi, Royal Gala	Aldi	€ 1.49	1	1 Week	€ 1.49	€	0.40
Bananas	6 Pack	Aldi, Natures Pick	Aldi	€ 1.49	1	1 Week	€ 1.49	€	0.40
Cabbage	450g	Aldi, Eigans	Aldi	€ 0.99	1	1 Week	€ 0.99	€	0.26
Carrots	1kg bag	Aldi, Eigans	Aldi	€ 0.99	1	1 Week	€ 0.99	€	0.26
Cauliflower	Loose	Aldi, Eigans	Aldi	€ 1.29	1	2 Weeks	€ 0.65	€	0.17
Cucumber	Loose	Aldi, The Salad Box	Aldi	€ 0.59	1	1 Week	€ 0.59	€	0.16
Frozen bag of broccoli	907g	Four Seasons	Aldi	€ 0.49	1	3 Weeks	€ 0.16	€	0.04
Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 0.79	1	6 Weeks	€ 0.13	€	0.04
Lettuce	Loose	Iceberg, The Salad Box	Aldi	€ 0.89	1	1 Week	€ 0.89	€	0.24
Mushrooms	250g tray	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€	0.11
Onions	750g	Aldi	Aldi	€ 0.69	1	3 Weeks	€ 0.23	€	0.06
Oranges	1.5kg bag	Aldi, Natures Pick	Aldi	€ 1.57	1	1 Week	€ 1.57	€	0.42
Parsnips	Pack of 4	Aldi, Eigans	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€	0.13
Pears	Loose	Aldi, Conference Pears	Aldi	€ 0.49	6	1 Week	€ 2.94	€	0.79
Peas	1kg bag	Green Garden	Aldi	€ 0.64	1	3 Weeks	€ 0.21	€	0.06
Peppers	Pack of 3	The Salad Box	Aldi	€ 1.49	2	3 Weeks	€ 0.99	€	0.27
Potatoes	7.5kg bag	Roosters, Eigans	Aldi	€ 7.49	1	2 Weeks	€ 3.75	€	1.00
Sultanas	500g	The Pantry	Aldi	€ 1.19	1	2 Weeks	€ 0.60	€	0.16
Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.34	1	2 Weeks	€ 0.17	€	0.05
Tomatoes	6 pack	The Salad Box	Aldi	€ 0.99	2	3 Weeks	€ 0.66	€	0.18
Turnip	Loose	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€	0.11
Groceries									

2018		RURAL		Pre-School							
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)		(Week)		
Beans	420g	Corale	Aldi	€ 0.38	2	1 Week	€ 0.76	€	0.20		
Biscuits	400g	Belmont Digestive	Aldi	€ 0.44	1	1 Week	€ 0.44	€	0.12		
Cake	550g	Grainne's Tea Room	Aldi	€ 1.99	1	1 Week	€ 1.99	€	0.53		
Cheese	250g	Irish Vintage White Ch	Aldi	€ 1.59	1	1 Week	€ 1.59	€	0.42		
Coffee	200g jar	Maxwell house	Tesco	€ 7.99	1	6 Weeks	€ 1.33	€	-		
Coleslaw	400g tub	Country Fresh	Aldi	€ 0.79	2	3 Weeks	€ 0.53	€	-		
Cooking oil	1 litres	Solesta	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€	0.10		
Turkey	5 slice pack	Deli style	Aldi	€ 0.79	1	1 Week	€ 0.79	€	0.21		
Corn flakes	500g	Harvest Morn	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€	-		
Crisps	Multipack 12 x 25g	Snackrite	Aldi	€ 2.49	1	3 Weeks	€ 0.83	€	-		
Curry powder	250g tub	Harvet Kitchen	Aldi	€ 2.59	1	12 Weeks	€ 0.22	€	0.06		
Diluted juice	1.5 litre	Sun Quench	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€	0.10		
Eggs	18	Mervale	Aldi	€ 1.39	1	3 Weeks	€ 0.46	€	0.12		
Butter	1 kg tub	Flora	Tesco	€ 4.59	1	3 Weeks	€ 1.53	€	0.41		
Flour	2 kg	The Pantry	Aldi	€ 0.99	1	10 Weeks	€ 0.10	€	0.03		
Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.39	2	4 Weeks	€ 0.70	€	0.29		
Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 1.99	1	2 Weeks	€ 1.00	€	-		
Gravy	300g tin	Quixo	Aldi	€ 0.79	1	6 Weeks	€ 0.13	€	0.04		
Ham	10 slices	Brannans	Aldi	€ 2.29	1	1 Week	€ 2.29	€	0.61		
Hot chocolate	400g tin	The Pantry	Aldi	€ 1.69	1	8 Weeks	€ 0.21	€	0.06		
Ice-cream	1 litre tub	Daisy's Dairy	Aldi	€ 1.99	1	3 Weeks	€ 0.66	€	0.18		
Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.89	1	8 Weeks	€ 0.11	€	0.03		
Jelly (strawberry)	135g pack	Delicious Deserts	Aldi	€ 0.59	1	1 Week	€ 0.59	€	0.16		

2018		RURAL		Pre-School						
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)	(Week)		
Low-fat yoghurts	4 pack of 125g	Duneeen	Aldi	€ 1.29	3	1 Week	€ 3.87	€ 1.03		
Marmalade	454g jar	Grandessa	Aldi	€ 0.49	1	6 Weeks	€ 0.08	€ 0.02		
Mayonnaise	500ml	Bramwells	Aldi	€ 1.49	1	4 Weeks	€ 0.37	€ 0.10		
Mixed herbs		Aldi	Aldi	€ 0.45	1	33 Weeks	€ 0.01	€ 0.00		
Mixed spices		Aldi	Aldi	€ 0.45	1	33 Weeks	€ 0.01	€ 0.00		
Noodles	65g	Make in a Minute	Aldi	€ 0.15	3	1 Week	€ 0.45	€ 0.12		
Noodles	65g	Make in a Minute	Aldi	€ 0.15	2	1 Week	€ 0.30	€ -		
Orange juice	1 litres	Rio D'ora	Aldi	€ 0.79	2	1 Week	€ 1.58	€ 0.42		
Oven chips	1.5 kg bag	Champion	Aldi	€ 1.89	1	3 Weeks	€ 0.63	€ 0.17		
Pasta sauce	550g	Cucina	Aldi	€ 1.59	1	1 Week	€ 1.59	€ 0.42		
Chocolate Bars	pack of 6	Dairyfine, Racer	Aldi	€ 0.65	1	2 Weeks	€ 0.33	€ 0.09		
Pepper	50g	Stonemill	Aldi	€ 0.99	1	67 Weeks	€ 0.01	€ 0.00		
Red sauce	560g	Bramwells	Aldi	€ 0.73	1	6 Weeks	€ 0.12	€ 0.03		
Rice	1kg box	Worldwide	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ 0.07		
Rice Krispies	375g	Harvest Morn	Aldi	€ 0.99	4	5 Weeks	€ 0.79	€ 0.21		
Salmon (tinned)	212g	Ocean Rise	Aldi	€ 1.29	1	1 Week	€ 1.29	€ 0.34		
Sea Salt	700g	Stonemill	Aldi	€ 0.99	1	33 Weeks	€ 0.03	€ 0.01		
Spaghetti	1kg bag	Cucina	Aldi	€ 0.94	1	3 Weeks	€ 0.31	€ 0.08		
Spaghetti hoops	400g tin	Corale	Aldi	€ 0.42	1	1 Week	€ 0.42	€ -		
Stock cubes	80g	Aldi	Aldi	€ 0.99	1	8 Weeks	€ 0.12	€ 0.03		
Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	17 Weeks	€ 0.07	€ 0.02		
Tea	80 pack	Lyons	Tesco	€ 3.19	1	3 Weeks	€ 1.06	€ -		
Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.12		

2018		RURAL		Pre-School							
Item		Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)		(Week)		
Tuna	160g	Ocean Rise	Aldi	€ 0.69	1	1 Week	€ 0.69	€	0.18		
Vinegar	568ml	Bramwells	Aldi	€ 0.45	1	17 Weeks	€ 0.03	€	0.01		
Waffles	680g	Champion	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€	0.13		
Weetabix	Box of 36	Harvest Morn	Aldi	€ 1.99	1	4 Weeks	€ 0.50	€	0.13		
Meat											
Beef (stewing)	600g		Aldi	€ 4.79	1	2 Weeks	€ 2.40	€	0.64		
Chicken fillets	1kg		Aldi	€ 8.49	1	2 Weeks	€ 4.25	€	1.13		
Mince	800g	Lean Round Mince	Aldi	€ 5.49	1	1 Week	€ 5.49	€	1.47		
Pork chops	3		Aldi	€ 2.24	1	1 Week	€ 2.24	€	0.60		
Rashers	250g		Aldi	€ 0.99	1	1 Week	€ 0.99	€	0.26		
Roast pork	1 fillet (1kg)	Butchers Selection	Aldi	€ 4.89	1	1 Week	€ 4.89	€	1.31		
Sausages	16 pack	Gold Coin	Aldi	€ 1.39	1	3 Weeks	€ 0.56	€	0.15		
Milk & Bread											
Brown bread	800g		local shop	€ 2.16	3	1 Week	€ 6.47	€	1.73		
Brown bread rolls	pack of 5		local shop	€ 1.30	1	1 Week	€ 1.30	€	0.35		
Full-fat milk	2 litres		local shop	€ 2.35	2	1 Week	€ 4.70	€	1.25		
Low-fat milk	2 litres		local shop	€ 2.35	2	1 Week	€ 4.70	€	1.26		
Scones	Loose		local shop	€ 0.80	4	1 Week	€ 3.21	€	0.86		
White bread	800g pan		local shop	€ 1.96	1	2 Weeks	€ 0.98	€	0.26		
Other											
Indian takeaway			Local takeaway	€ 14.24	3	4 Weeks	€ 9.86	€	-		
Lunch			Local deli	€ 5.22	1	1 Week	€ 5.22	€	-		
Chinese takeaway			Local takeaway	€ 14.24	1	4 Weeks	€ 3.56	€	-		

2018		RURAL					Pre-School			
Item	Brand	Retailer	Unit Price	Quantity	Life Span	Cost (Week)	(Week)			
Christmas			€ 95.07	1	52 Weeks	€ 1.83	€	0.49		
TOTAL						115.54		24.45		

2018

RURAL

Pre-School

Clothing

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Underwear and nightwear						
Vests	Pack of 6	Penny's	€ 6.00	1	52 Weeks	€ 0.12
Pants	Pack of 12	Penny's	€ 6.00	1	26 Weeks	€ 0.23
Socks	Pack of 12	Penny's	€ 7.00	1	52 Weeks	€ 0.13
Pyjamas		Penny's	€ 8.00	4	52 Weeks	€ 0.62
Dressing gown		Penny's	€ 9.00	1	52 Weeks	€ 0.17
Slippers		Penny's	€ 5.00	1	26 Weeks	€ 0.19
Coats, jackets						
Winter coat		Dunnes	€ 12.00	1	52 Weeks	€ 0.23
High Visability Bib		RSA	€ -	1	104 Weeks	€ -
Waterproof pants		Mac-in-sac (Target Dry Scouting Ireland (shop)	€ 14.13	1	104 Weeks	€ 0.14
Light jacket		Atmosphere	€ 10.00	2	52 Weeks	€ 0.38
Rain coat		Dunnes	€ 10.00	1	52 Weeks	€ 0.19
Main clothing						
Jumpers		Penny's	€ 5.00	4	52 Weeks	€ 0.38
Trousers		Penny's	€ 7.00	4	26 Weeks	€ 1.08
Tracksuit (top & bottom - sold separeatly but f		Penny's	€ 14.00	3	52 Weeks	€ 0.81
Cardigan		Penny's	€ 8.00	2	52 Weeks	€ 0.31
Shorts		Atmosphere	€ 2.50	3	52 Weeks	€ 0.14
T-shirts		Dunnes	€ 3.50	6	52 Weeks	€ 0.40
Summer dress		Penny's	€ 7.00	2	52 Weeks	€ 0.27
Swimsuit		Dunnes	€ 5.00	1	52 Weeks	€ 0.10

2018

RURAL

Pre-School

Clothing

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Winter Hat	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.06
Scarf	Penny's	Penny's	€ 4.00	1	52 Weeks	€ 0.08
Gloves	Penny's	Penny's	€ 2.50	1	52 Weeks	€ 0.05
Sun hat	Atmosphere	Penny's	€ 1.50	1	52 Weeks	€ 0.03
Footwear						
Sandals	Dunnes	Dunnes	€ 6.00	1	52 Weeks	€ 0.12
Shoes	Dunnes	Dunnes	€ 20.00	2	52 Weeks	€ 0.77
Wellingtons	Dunnes	Dunnes	€ 7.14	1	52 Weeks	€ 0.14
Trainers	Dunnes	Dunnes	€ 12.00	2	52 Weeks	€ 0.46
Personal accessories						
Child's backpack	Penny's	Penny's	€ 8.00	1	52 Weeks	€ 0.15
Hairslides + bobbins	Multi pack	Penny's	€ 2.50	2	52 Weeks	€ 0.10

TOTAL

7.84

2018

RURAL

Pre-School

Personal Care

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal Hygiene							
Soap	4pack	Cien	Lidl	€ 0.59	1	4 Weeks	€ 0.04
Toothpaste	75ml tube	Colgate kids	Tesco	€ 5.75	1	4 Weeks	€ 0.72
Shampoo	500ml	Tresseme	Tesco	€ 5.82	1	2 Weeks	€ 0.73
Shower gel	250ml	Cien	Lidl	€ 0.69	1	2 Weeks	€ 0.09
Bubble bath	500ml	Tesco brand	Tesco	€ 0.55	1	4 Weeks	€ 0.13
Toothbrush (child)		Tesco brand	Tesco	€ 1.55	1	13 Weeks	€ 0.12
Suntan lotion (40+)	200ml	Lacura	Aldi	€ 2.59	2	52 Weeks	€ 0.02
Haircut	No cost		At home	€ -	4	52 Weeks	€ -

TOTAL

1.84

2018

RURAL

Pre-School

Health

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Over the counter health items						
Waterproof plasters (box)	Tesco brand	Tesco	€ 1.09	2	52 Weeks	€ 0.01
Cough mixture 125ml	Benalin	Local chemist	€ 6.00	2	52 Weeks	€ 0.06
Calpol junior 70ml	Calpol	Local chemist	€ 3.50	3	52 Weeks	€ 0.20

SUB TOTAL 0.27

Main Care

GP		Local doctor	€ -	4	52 Weeks	€ -
Dentist (u16 exam only)		Local dentist	€ 14.67	1	52 Weeks	€ 0.28
Prescriptions		Pharmacy	€ 8.29	4	52 Weeks	€ 0.64

SUB TOTAL 0.92

TOTAL 1.19

2018

RURAL

Pre-School

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Bedroom and bathroom furniture						
Single bed	Argos Home Freja Sing Des	Kelly	€89.00	1	624 Weeks	€0.14
Single mattress	Airsprung Essentials N€	Argos	€99.00	1	520 Weeks	€0.19
Chest of drawers	Argos Jenson 3 Drawe	Argos	€99.00	1	780 Weeks	€0.13
Bedside locker	Argos Home New Mal	Argos	€49.00	1	780 Weeks	€0.06
Wardrobe	Argos Home Seville 3 I	Argos	€199.00	1	780 Weeks	€0.26
Floor Coverings						
Bedroom Carpet (16 sq. yards)	Liffey Twist, Felt back, €	Local	€241.20	1	520 Weeks	€0.46
Textiles and soft furnishings						
Single duvet- heavy tog	Winter Warm 13.5 To	Guineys	€16.00	1	260 Weeks	€0.06
Single duvet- light tog	Summer Weight 4.5 To	Guineys	€12.99	1	260 Weeks	€0.05
Single quilt cover & 1 pillowcase	Argos Home Bright Ha	Argos	€15.00	3	260 Weeks	€0.17
Single fitted sheets	Argos Home White Fit	Argos	€4.49	3	260 Weeks	€0.05
Pillows	Simple Value Pair of Pil	Argos	€4.99	1	104 Weeks	€0.05
Handtowels	Single towel, Pennys Br	Penny's	€2.50	1	52 Weeks	€0.05
Face cloths	Pack of 3	Penny's	€2.00	3	52 Weeks	€0.03
Bath towels	Colourmatch Pair of B€	Argos	€11.99	1	104 Weeks	€0.12
Bedroom Blind	ColourMatch Blackout	Argos	€12.00	1	416 Weeks	€0.03
Bedroom Curtain		Homestore and More	€28.79	1	624 Weeks	€0.05
Curtain track and fittings for bedrooms	Argos Home Extendab	Argos	€9.00	1	1,040 Weeks	€0.01
Lampshades	Linen Empire Shade, m	Dunnes	€6.00	1	780 Weeks	€0.01
Miscellaneous household items						

2018

RURAL

Pre-School

Household Goods

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Light bulbs	Philips 8W LED (60W	Tesco	€6.00	1	364 Weeks	€0.02
Suitcase	Max Lightweight Two	Dunnes	€55.00	3	520 Weeks	€0.08
Birthday cards	2 for the price of 1	Dealz	€1.50	1	52 Weeks	€0.03
Sellotape	sellotape	Dealz	€1.50	1	52 Weeks	€0.01
Pens	(8 Pack) - Bic Round St	Dealz	€1.50	1	52 Weeks	€0.01
Cleaning & household maintenance						
Toilet paper	Saxon (9)	Aldi	€2.29	1	1 Week	€0.57
Clothes washing detergent	Alamat Non-Bio, 42 W	Aldi	€3.29	1	6 Weeks	€0.14
Refuse sacks	Killeen - 20X50L	Lidl	€1.55	1	5 Weeks	€0.08
Paint, roller set, 9"	Harris Emulsion 9in Ro	Homebase	€3.93	1	260 Weeks	€0.00
Paint brushes, 5 set	Basics 5 Piece Paint Br	Woodies DIY	€6.99	1	260 Weeks	€0.01
Paint,emulsion	Dulux 2.5lt Vinyl Soft S	Woodies DIY	€29.99	6	260 Weeks	€0.17
Paint, gloss	Dulux 2.5lt Stay White	Woodies DIY	€24.99	6	260 Weeks	€0.14

TOTAL

3.16

2018

RURAL

Pre-School

Social Inclusion

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Exercise / Sport Activities						
Swimming		Local swimming pool	€4.10	12	52 Weeks	€0.95
Arm bands	Speedo	Lifestyle Sports	€8.00	1	156 Weeks	€0.05
Family Outings						
Soft play area		Little Rascals Funworld	€7.20	3	52 Weeks	€0.42
Open Farm	Child Day Pass (+ 1 Ac	The Farm, Grenagh	€16.43	3	52 Weeks	€0.95
Pantomime		local pantomime	€13.69	1	52 Weeks	€0.26
Family meal	Kids meal	Mc Donald's	€4.30	4	52 Weeks	€0.33
Zoo	Child's ticket	Fota Wildlife Park	€10.04	1	52 Weeks	€0.19
Holiday						
Spending money			€40.00	1	52 Weeks	€0.77
Household Items						
Booth photographs	set of 4	Local chemist	€6.00	1	260 Weeks	€0.02
Toys						
Child's storybook	PETER PAN by J.M. Bar	Easons	€2.80	4	52 Weeks	€0.22
Doll	28cm La Baby with Blu	Smyths	€9.99	1	156 Weeks	€0.06
Pram	Umbrella Doll Stroller	Smyths	€11.99	1	156 Weeks	€0.08
Tricycle	My First Trike	Smyths	€29.99	1	156 Weeks	€0.19
Helmet	Kids Pink Helmet (Size	Smyths	€9.99	1	260 Weeks	€0.04
Birthday party			€30.00	1	52 Weeks	€0.58
Christmas present			€50.00	1	52 Weeks	€0.96

2018	RURAL						Pre-School
Social Inclusion							
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
					TOTAL	6.07	

2018		RURAL		Pre-School			
Household Energy							
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Electricity			€	-			
Units	Discounted Unit Rate	Energia	€	0.15	0	1 Week € -	
Sub Total						0.00	
Gas							
Units	Gas Oil	SEAI Average Price - C	€	0.08	0	52 Weeks € -	
Sub Total						0.00	
TOTAL						0.00	

2018

RURAL

Pre-School

Personal Costs

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Passport Fee		Passport Office	€25.00	1	260 Weeks	€0.10

TOTAL

0.10

2018 RURAL

Pre-School

Childcare

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
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Part-time scenario

Part-time childcare (30 hours)		Creche/Montessori	€92.08	1	1 Week	€92.08
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TOTAL 92.08

Employed Full-Time

Full-time childcare (50 hours)		Creche/Montessori	€161.40	1	1 Week	€161.40
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TOTAL 161.40

2018

RURAL

Pre-School

Insurance

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Health Insurance	Company Plan Starter	VHI	€196.02	1	52 Weeks	€3.77
Health Insurance Excess			€25.00	1	52 Weeks	€0.48
GP Visit Refund			-€25.00	0	52 Weeks	€0.00
Dental Refund			-€25.00	1	52 Weeks	-€0.48
Optician Refund			-€50.00	0	104 Weeks	€0.00
Chiropodist Refund			-€25.00	0	52 Weeks	€0.00

TOTAL

3.77

2018 RURAL

Pre-School

Savings

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Savings			€5.00	1	1 Week	€5.00

Total €5.00