

Pensioner Couple

Urban

Weekly Individualised Expenditure

Mar 2012

| | | |
|---|---|--------------|
| Food | € | 82.34 |
| Fruit & Vegetables | € | 16.28 |
| Groceries | € | 25.05 |
| Meat | € | 23.60 |
| Milk & Bread | € | 7.25 |
| Other | € | 10.16 |
| Clothing | € | 17.80 |
| Clothes | € | 12.73 |
| Footwear | € | 4.71 |
| Accessories | € | 0.36 |
| Personal Care | € | 14.37 |
| Personal Hygiene | € | 12.21 |
| Cosmetics | € | 2.16 |
| Health | € | 19.15 |
| Over the counter items | € | 1.03 |
| Health care services | € | 18.12 |
| Household Goods | € | 19.72 |
| Furnishings | € | 9.14 |
| Appliances | € | 2.76 |
| Kitchen items | € | 0.67 |
| Cleaning & maintenance | € | 5.75 |
| Miscellaneous items | € | 1.42 |
| Household Services | € | 7.60 |
| Communications | € | 13.80 |
| Social Inclusion & Participation | € | 54.87 |
| Exercise / Sport Activities | € | 12.95 |
| Pet | € | - |
| Holiday | € | 11.70 |
| Household items | € | 4.46 |
| Newspapers, Books & Magazines | € | 11.57 |
| Socialising | € | 14.19 |

| | | |
|------------------------------------|---|--------------|
| Education | € | - |
| Uniforms | € | - |
| Books, Stationary, etc. | € | - |
| Computer Equipment | € | - |
| Other Education Costs | € | - |
| Transport (Public) | € | - |
| Transport (Private) | € | 46.57 |
| Household Energy | € | 47.32 |
| Electricity | € | 17.89 |
| Heating | € | 29.43 |
| Personal Costs | € | 4.37 |
| Childcare | | N/A |
| Insurance | € | 61.85 |
| Home Contents | € | 4.54 |
| Health | € | 52.40 |
| Car | € | 4.91 |
| Savings & Contingencies | € | 15.00 |

Pensioner Couple

Urban

Food

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week | |
|--------------------------|----------|--------------------|------------|----------|-----------|-------------|--------|
| Fruit & Vegetables | | | | | | | |
| § Apples | 1kg | Aldi | € 1.89 | 1 | 1 Week | € 1.89 | |
| § Bannanas | 1kg | Aldi | € 1.25 | 1 | 1 Week | € 1.25 | |
| § Cabbage | Head | Aldi | € 0.99 | 1 | 1 Week | € 0.99 | |
| § Carrots | 1kg | Aldi | € 0.99 | 1 | 1 Week | € 0.99 | |
| § Cauliflower | Head | Aldi | € 1.49 | 1 | 1 Week | € 1.49 | |
| § Cucumber | | Aldi | € 0.69 | 1 | 1 Week | € 0.69 | |
| § Dried Apricot | 250g | Wholefoods | Tesco | € 2.99 | 1 | 4 Weeks | € 0.75 |
| § Frozen bag of Broccoli | 1kg | Four Seasons | Aldi | € 1.35 | 1 | 2 Weeks | € 0.68 |
| § Frozen Peas | 1kg | Four Seasons | Aldi | € 1.19 | 1 | 3 Weeks | € 0.40 |
| § Lettuce | Head | Aldi | € 0.90 | 1 | 1 Week | € 0.90 | |
| § Mushrooms | 250g | Aldi | € 0.99 | 1 | 2 Weeks | € 0.50 | |
| § Onions | 1 kg | Aldi | € 0.79 | 1 | 2 Weeks | € 0.40 | |
| § Oranges | 1 kg | Aldi | € 1.89 | 1 | 1 Week | € 1.89 | |
| § Potatoes | 7.5kg | Aldi | € 3.69 | 1 | 2 Weeks | € 1.85 | |
| § Tomatoes | 6 pack | Aldi | € 1.29 | 1 | 1 Week | € 1.29 | |
| § Turnip | | Aldi | € 0.35 | 1 | 1 Week | € 0.35 | |
| Groceries | | | | | | | |
| § Bag of Sweets | 200g | Dominion | Aldi | € 0.99 | 1 | 1 Week | € 0.99 |
| § Beans | 420g | Corale | Aldi | € 0.47 | 1 | 1 Week | € 0.47 |
| § Biscuits | 400g | Belmont Digestive | Aldi | € 0.49 | 1 | 1 Week | € 0.49 |
| § Bran flakes | 750g | Harvest Morn | Aldi | € 1.19 | 2 | 3 Weeks | € 0.79 |
| § Cheese | 8 slices | Cowbelle | Aldi | € 0.85 | 1 | 1 Week | € 0.85 |
| § Coffee | 200g | Maxwell House | Tesco | € 6.24 | 1 | 4 Weeks | € 1.56 |
| § Cooking Oil | 1 litre | Solesta | Aldi | € 1.59 | 1 | 4 Weeks | € 0.40 |
| § Cream Crackers | 300g | Savour Bakes | Aldi | € 0.39 | 1 | 5 Weeks | € 0.09 |
| § Custard | 500g | Delicious Desserts | Aldi | € 0.65 | 1 | 1 Week | € 0.65 |

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| Food | | | | | | | Cost / Week |
|----------------------|--------------------------|----------------|------------|----------|-----------|---|-------------|
| Item | Brand | Retailer | Unit Price | Quantity | Life span | | |
| § Eggs | € 18.00 Mervale | Aldi | € 2.59 | 1 | 3 Weeks | € | 0.86 |
| § Flora Light | 1kg Flora | Tesco | € 4.29 | 1 | 3 Weeks | € | 1.43 |
| § Frozen fish (cod) | 450g Northern Catch | Aldi | € 2.69 | 1 | 1 Week | € | 2.69 |
| § Frozen Oven Chips | 1.5kg Champion | Aldi | € 0.99 | 1 | 3 Weeks | € | 0.33 |
| § Chocolate Bars | pack of 9 Eat Me Caramel | Aldi | € 1.09 | 1 | 2 Weeks | € | 0.55 |
| § Gravy | 300g Bisto | Aldi | € 1.99 | 1 | 10 Weeks | € | 0.20 |
| § Ham | 8 slices Brannans | Aldi | € 0.88 | 1 | 1 Week | € | 0.88 |
| § Ice Cream | 1 litre Gianni's | Aldi | € 1.45 | 1 | 3 Weeks | € | 0.48 |
| § Jelly | 135g Hartley's | Aldi | € 0.49 | 1 | 1 Week | € | 0.49 |
| § Low Fat Yogurts | 125g Duneen | Aldi | € 0.37 | 6 | 1 Week | € | 2.22 |
| § Marmalade | 454g Grandessa | Aldi | € 0.65 | 1 | 4 Weeks | € | 0.15 |
| § Mayonnaise | 500ml Bramwells | Aldi | € 1.15 | 1 | 6 Weeks | € | 0.19 |
| § Orange Juice | 1 litre Rio D'ora | Aldi | € 0.89 | 2 | 1 Week | € | 1.78 |
| § Pepper | 25g Stone Mill | Aldi | € 0.89 | 1 | 52 Weeks | € | 0.02 |
| § Porridge | 1.5kg Kavanaghs | Aldi | € 1.39 | 1 | 3 Weeks | € | 0.46 |
| § Salmon | 212g Ocean Rise | Aldi | € 0.99 | 1 | 1 Week | € | 0.99 |
| § Salt | 750g Stone Mill | Aldi | € 0.45 | 1 | 56 Weeks | € | 0.01 |
| § Sugar | 1kg The Pantry | Aldi | € 1.19 | 1 | 17 Weeks | € | 0.07 |
| § Sweetcorn | 325g Sweet Harvest | Aldi | € 0.54 | 1 | 1 Week | € | 0.54 |
| § Swiss Roll | € 1.00 Byrne's Bakery | Aldi | € 2.19 | 1 | 1 Week | € | 2.19 |
| § Tea Bags | 80 bags Lyons | Tesco | € 3.19 | 1 | 2 Weeks | € | 1.60 |
| § Tin of Mixed Herbs | 11g Stone Mill | Aldi | € 0.59 | 1 | 26 Weeks | € | 0.02 |
| § Tuna | 185g Ocean Rise | Aldi | € 0.59 | 1 | 1 Week | € | 0.59 |
| § Vinegar | 568ml Bramwells | Aldi | € 0.37 | 1 | 17 Weeks | € | 0.02 |
| Meat | | | | | | | |
| Mixed pudding | 1/2 lb | Local butchers | € 3.00 | 1 | 1 Week | € | 3.05 |
| § Pork chops | Pack of 2 (348g) | Local Butcher | € 3.19 | 1 | 2 Weeks | € | 1.60 |

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Mar 2012

Food

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-------------------------|-----------|-----------------|------------|----------|-----------|----------------|
| † Roast Beef | 2lb | Local butchers | | 1 | 2 Weeks | € 4.93 |
| § Rashers | 250g | Lidl | € 1.24 | 1 | 1 Week | € 1.24 |
| § Roast chicken | | Local butchers | € 5.50 | 1 | 1 Week | € 5.50 |
| § Sausages | 454g pack | Lidl | € 1.29 | 1 | 1 Week | € 1.29 |
| § Stewing steak, beef | 2 lbs | Local butchers | € 6.00 | 1 | 1 Week | € 6.00 |
| Milk & Bread | | | | | | |
| § Brown bread | 800g | Lynchs | € 0.99 | 2 | 1 Week | € 1.98 |
| § Brown bread rolls | pack of 6 | Ballymore Crust | € 0.89 | 1 | 1 Week | € 0.89 |
| § Full Fat Milk | 2 litre | Clobawn | € 1.49 | 2 | 1 Week | € 2.98 |
| § Scones | Loose | Bakery | € 0.35 | 4 | 1 Week | € 1.40 |
| Other | | | | | | |
| Extra for visitors | | | € 10.00 | 1 | 1 Week | € 10.16 |
| Total | | | | | | € 82.34 |

§ 2012 Review adjustments & additions

† Item priced in Demeber 2009

Pensioner Couple

Urban

Clothing

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------------------|-----------|-------------------|------------|----------|-----------|-------------|
| Female | | | | | | |
| Underwear and nightwear | | | | | | |
| Bras, cotton & underwired | | Dunnes | € 7.00 | 4 | 52 Weeks | € 0.39 |
| Knickers, cotton | | Dunnes | € 1.50 | 8 | 52 Weeks | € 0.17 |
| § Shape Control Underwear | | Marks and Spencer | € 27.00 | 2 | 104 Weeks | € 0.52 |
| Half slip | | Dunnes | € 7.00 | 2 | 52 Weeks | € 0.20 |
| Thermal vest | | Guineys | € 7.00 | 3 | 52 Weeks | € 0.29 |
| Long johns | | Guineys | € 7.00 | 3 | 52 Weeks | € 0.29 |
| Tights | Pack of 2 | Penny's | € 2.50 | 1 | 4 Weeks | € 0.42 |
| Cotton socks | Pack of 5 | Penny's | € 5.00 | 1 | 26 Weeks | € 0.14 |
| Light night dress | | Penny's | € 5.00 | 2 | 104 Weeks | € 0.07 |
| Winter night dress | | Penny's | € 8.00 | 2 | 104 Weeks | € 0.11 |
| Pyjamas | | Penny's | € 8.00 | 2 | 104 Weeks | € 0.11 |
| Dressing gown | | Penny's | € 12.00 | 1 | 156 Weeks | € 0.06 |
| Coats, jackets | | | | | | |
| § Winter coat, 3/4 length | | Marks & Spencer | € 109.00 | 1 | 312 Weeks | € 0.35 |
| Summer jacket | | Guineys | € 35.00 | 2 | 156 Weeks | € 0.33 |
| Water resistant anorak | | Dunnes | € 12.00 | 1 | 156 Weeks | € 0.06 |
| Fleece | | Dunnes | € 15.00 | 1 | 156 Weeks | € 0.07 |
| Main clothing | | | | | | |
| Cotton t-shirts | | Penny's | € 5.00 | 2 | 52 Weeks | € 0.14 |
| Hat, scarf & glove set | | Penny's | € 8.00 | 1 | 104 Weeks | € 0.06 |
| Heavy skirt | | Guineys | € 32.00 | 1 | 52 Weeks | € 0.45 |
| Long sleeve cotton shirt | | Dunnes | € 10.00 | 2 | 104 Weeks | € 0.14 |
| Polo T-shirt | | Penny's | € 5.00 | 2 | 104 Weeks | € 0.14 |
| Short sleeve summer dress | | Dunnes | € 30.00 | 1 | 52 Weeks | € 0.42 |
| § Suit-skirt and jacket | | Marks & Spencer | € 108.00 | 1 | 104 Weeks | € 1.04 |

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Mar 2012

Clothing

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-----------------------------|------------------------|--------------------|------------|----------|-------------|-------------|
| Summer cardigan | | Penny's | € 8.00 | 1 | 104 Weeks | € 0.07 |
| Summer skirt | | Dunnes | € 20.00 | 2 | 104 Weeks | € 0.28 |
| Summer sweater | | Dunnes | € 15.00 | 2 | 104 Weeks | € 0.21 |
| Sun hat | | Penny's | € 2.00 | 1 | 208 Weeks | € 0.01 |
| Swimsuit | | Dunnes | € 10.00 | 1 | 104 Weeks | € 0.07 |
| Tracksuit | | Penny's | € 16.00 | 1 | 52 Weeks | € 0.22 |
| Trousers | | Dunnes | € 15.00 | 4 | 104 Weeks | € 0.42 |
| Woollen sweater | | Guineys | € 24.00 | 3 | 156 Weeks | € 0.33 |
| Footwear | | | | | | |
| Leather court shoes | | Arnotts | € 80.00 | 1 | 104 Weeks | € 0.56 |
| Flat shoes | | Arnotts | € 65.00 | 1 | 104 Weeks | € 0.46 |
| Leather sandals | | Arnotts | € 60.00 | 1 | 104 Weeks | € 0.42 |
| § Slippers | | Dunnes | € 8.00 | 2 | 52 Weeks | € 0.31 |
| Trainers | | Dunnes | € 20.00 | 1 | 52 Weeks | € 0.28 |
| Leather boots | | Arnotts | € 80.00 | 1 | 104 Weeks | € 0.56 |
| Personal Accessories | | | | | | |
| Battery replacement | | Argos | € 5.00 | 1 | 104 Weeks | € 0.04 |
| Dry clean coat | (inc pensioner discour | Local Dry Cleaners | € 9.90 | 1 | 52 Weeks | € 0.14 |
| Hand bag | | Dunnes | € 10.00 | 2 | 260 Weeks | € 0.06 |
| Necklace, 9ct gold | | Argos | € 21.99 | 1 | 1,040 Weeks | € 0.01 |
| § Purse | | Dunnes | € 8.00 | 1 | 52 Weeks | € 0.15 |
| Shoe repairs | | Local shoe repairs | € 8.00 | 1 | 52 Weeks | € 0.11 |
| § Watch | Jemis | Arnotts | € 49.00 | 1 | 1,040 Weeks | € 0.04 |

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Clothing

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------------------|-----------|----------|------------|----------|-----------|-------------|
| Male | | | | | | |
| Underwear and nightwear | | | | | | |
| Boxer shorts | Pack of 6 | Dunnes | € 10.00 | 1 | 52 Weeks | € 0.14 |
| Thermal vests | | Dunnes | € 8.00 | 2 | 52 Weeks | € 0.22 |
| Pyjamas | Pack of 2 | Dunnes | € 15.00 | 1 | 52 Weeks | € 0.21 |
| Dressing gown | | Dunnes | € 15.00 | 1 | 156 Weeks | € 0.07 |
| Coats, jackets | | | | | | |
| Winter coat, 3/4 length | | Guineys | € 150.00 | 1 | 260 Weeks | € 0.42 |
| Water resistant jacket | | Dunnes | € 12.00 | 1 | 156 Weeks | € 0.06 |
| Fleece | | Dunnes | € 15.00 | 1 | 156 Weeks | € 0.07 |
| Main clothing | | | | | | |
| Winter socks | Pack of 4 | Dunnes | € 4.00 | 1 | 52 Weeks | € 0.06 |
| Summer socks | Pack of 4 | Dunnes | € 4.00 | 1 | 52 Weeks | € 0.06 |
| Suit | | Guineys | € 90.00 | 1 | 260 Weeks | € 0.25 |
| Trousers | | Guineys | € 20.00 | 4 | 104 Weeks | € 0.56 |
| Long sleeve shirt | | Dunnes | € 10.00 | 4 | 104 Weeks | € 0.28 |
| Short sleeve casual shirt | | Dunnes | € 15.00 | 4 | 104 Weeks | € 0.42 |
| Sleeveless pullover | | Dunnes | € 12.00 | 1 | 156 Weeks | € 0.06 |
| Long sleeve acrylic jumper | | Dunnes | € 12.00 | 2 | 104 Weeks | € 0.17 |
| Woollen sweater | | Clery's | € 50.00 | 2 | 104 Weeks | € 0.69 |
| Blazer | | Guineys | € 70.00 | 1 | 208 Weeks | € 0.25 |
| Summer trousers | | Guineys | € 25.00 | 2 | 104 Weeks | € 0.35 |
| Shorts | | Dunnes | € 10.00 | 2 | 104 Weeks | € 0.14 |
| Polo T-shirt | | Dunnes | € 5.00 | 3 | 104 Weeks | € 0.10 |
| Swimming trunks | | Dunnes | € 6.00 | 1 | 208 Weeks | € 0.02 |
| Belt | | Dunnes | € 8.00 | 1 | 260 Weeks | € 0.02 |
| Hat, scarf & glove set | | Dunnes | € 8.00 | 1 | 104 Weeks | € 0.06 |

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Clothing

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-----------------------------|----------|--------------------|------------|----------|-----------|----------------|
| Tie | | Dunnes | € 6.00 | 2 | 156 Weeks | € 0.06 |
| Baseball hat | | Dunnes | € 2.50 | 1 | 104 Weeks | € 0.01 |
| Footwear | | | | | | |
| Leather shoes | | Arnotts | € 75.00 | 2 | 104 Weeks | € 1.04 |
| Leather sandals | | Clarkes | € 45.00 | 1 | 156 Weeks | € 0.21 |
| Trainers | | Dunnes | € 25.00 | 1 | 52 Weeks | € 0.35 |
| § Slippers | | Dunnes | € 8.00 | 2 | 52 Weeks | € 0.31 |
| Personal Accessories | | | | | | |
| Watch | Constant | Argos | € 7.99 | 1 | 260 Weeks | € 0.02 |
| Battery replacement | | Argos | € 5.00 | 1 | 104 Weeks | € 0.02 |
| Wallet | | Penny's | € 5.00 | 1 | 260 Weeks | € 0.01 |
| Dry clean | Coat | Local dry cleaners | € 9.90 | 1 | 52 Weeks | € 0.14 |
| Dry clean | Suit | Local dry cleaners | € 11.70 | 1 | 52 Weeks | € 0.17 |
| Shoe repairs | | Local shoe repair | € 8.00 | 1 | 52 Weeks | € 0.12 |
| Total | | | | | | € 17.80 |

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Personal Care

Mar 2012

| Item | | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------------|-----------|-------------------|--------------------|------------|----------|-----------|-------------|
| Personal Hygiene | | | | | | | |
| Comb | | | Poundworld | € 1.50 | 1 | 156 Weeks | € 0.01 |
| § Conditioner | 300ml | Timotei | Tesco | € 1.34 | 1 | 4 Weeks | € 0.34 |
| Denture cleaning tablets | Pack | Steradent | Tesco | € 1.75 | 1 | 4 Weeks | € 0.37 |
| § Deodorant: man | | Nivea | Tesco | € 2.05 | 1 | 4 Weeks | € 0.51 |
| § Deodorant: woman | | Nivea | Tesco | € 2.04 | 1 | 4 Weeks | € 0.51 |
| Disposable razor | Pack of 4 | Tesco tripleblade | Tesco | € 2.99 | 1 | 2 Weeks | € 1.37 |
| Emery boards | Pack of 4 | | Tesco | € 1.25 | 1 | 13 Weeks | € 0.09 |
| Hairbrush | | | Poundworld | € 2.00 | 1 | 52 Weeks | € 0.04 |
| Haircut: man | | | Local hairdressers | € 10.00 | 1 | 4 Weeks | € 2.30 |
| Haircut: woman | | | Local hairdressers | € 22.00 | 1 | 6 Weeks | € 3.37 |
| Hairspray | 200ml | Silvikrin | Tesco | € 2.39 | 1 | 9 Weeks | € 0.25 |
| Handcream | | Vaseline Int | Tesco | € 2.10 | 1 | 4 Weeks | € 0.48 |
| Nail clippers | | Stylish | Tesco | € 2.52 | 1 | 208 Weeks | € 0.01 |
| § Shampoo | 300ml | Timotei | Tesco | € 1.34 | 1 | 4 Weeks | € 0.34 |
| Shower gel | 300ml | Tesco brand | Tesco | € 1.70 | 1 | 4 Weeks | € 0.39 |
| Soap | Pack of 4 | Tesco Lemon | Tesco | € 1.90 | 1 | 9 Weeks | € 0.20 |
| Suntan lotion (40+) | 200ml | Soltan | Boots | € 14.90 | 1 | 52 Weeks | € 0.26 |
| Tissues | Pack | Tesco brand | Tesco | € 1.85 | 1 | 2 Weeks | € 0.85 |
| Toilet bag | | | Dunnes | € 6.00 | 1 | 260 Weeks | € 0.02 |
| § Nail Varnish Remover | 200ml | Cutex | Boots | € 2.53 | 1 | 104 Weeks | € 0.02 |
| Toothpaste | 150ml | Colgate | Tesco | € 2.04 | 1 | 4 Weeks | € 0.47 |
| § Tweezers | | Boots brand | Boots | € 6.09 | 1 | 520 Weeks | € 0.01 |
| Cosmetics | | | | | | | |
| Aftershave | 100ml | Old Spice | Boots | € 12.90 | 1 | 52 Weeks | € 0.23 |
| § Foundation | | No. 7 | Boots | € 21.30 | 2 | 52 Weeks | € 0.82 |
| § Eye Brow Pencil | | Rimmel | Boots | € 4.67 | 1 | 52 Weeks | € 0.09 |

Pensioner Couple

Urban

Personal Care

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------|------------------|------------|------------|----------|-----------|----------------|
| § Face moisturiser | 50ml Oil of Olay | Boots | € 7.99 | 1 | 9 Weeks | € 0.82 |
| § Nail varnish | | Poundworld | € 1.00 | 2 | 52 Weeks | € 0.04 |
| Lipstick | Boots brand | Boots | € 4.97 | 1 | 26 Weeks | € 0.18 |
| Total | | | | | | € 14.37 |

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Health

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-------------------------------|----------------------------------|------------------|---------------|----------|-----------|-----------------|
| Over the counter health items | | | | | | |
| Plasters | Pack of 40 | Tesco waterproof | Tesco | € 2.19 | 1 | 26 Weeks € 0.09 |
| Sterile gauze swabs | | | Local chemist | € 3.15 | 1 | 52 Weeks € 0.07 |
| Paracetamol | Pack of 24 | | Local chemist | € 2.00 | 4 | 26 Weeks € 0.18 |
| Indigestion tablets | | Rennie | Local chemist | € 2.49 | 1 | 26 Weeks € 0.12 |
| Cough mixture | 125ml | Benalyn | Local chemist | € 5.64 | 2 | 52 Weeks € 0.26 |
| Cold powder | | Lemsip | Local chemist | € 3.39 | 2 | 26 Weeks € 0.31 |
| Main Care | | | | | | |
| † Doctor | Health insurance discount of €13 | | Local | € 50.00 | 2 | 13 Weeks € 6.99 |
| † Optician | | | Local | € 50.00 | 2 | 52 Weeks € 1.14 |
| † Dentist | | | Local | € 50.00 | 2 | 52 Weeks € 2.27 |
| † Chiropodist | | | Local | € 15.00 | 2 | 17 Weeks € 0.47 |
| † Prescriptions | | | Local | € 45.00 | 8 | 52 Weeks € 7.26 |
| Total | | | | | | € 19.15 |

† Indicates items which were re-priced / newly added in December 2009

Pensioner Couple

Urban

Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------------------------|---------------------|-------------|------------|----------|-------------|-------------|
| Furnishings | | | | | | |
| TV stand | | Bargaintown | € 49.00 | 1 | 1,040 Weeks | € 0.04 |
| 3 piece suite (leather) | | Bargaintown | € 899.00 | 1 | 780 Weeks | € 0.99 |
| Cabinet/unit | | Bargaintown | € 199.00 | 1 | 1,040 Weeks | € 0.16 |
| Table and 4 chairs | | Bargaintown | € 199.00 | 1 | 780 Weeks | € 0.22 |
| Double bed | | Bargaintown | € 200.00 | 1 | 520 Weeks | € 0.34 |
| Double mattress | | Bargaintown | € 99.00 | 1 | 260 Weeks | € 0.33 |
| Double bed | | Bargaintown | € 200.00 | 1 | 780 Weeks | € 0.22 |
| Double mattress | | Bargaintown | € 99.00 | 1 | 416 Weeks | € 0.21 |
| Single bed | | Bargaintown | € 110.00 | 1 | 780 Weeks | € 0.12 |
| Single mattress | | Bargaintown | € 89.00 | 1 | 416 Weeks | € 0.18 |
| Wardrobe | | Bargaintown | € 199.00 | 3 | 1,040 Weeks | € 0.49 |
| Chest of drawers | | Bargaintown | € 89.00 | 3 | 780 Weeks | € 0.29 |
| Bedside locker | | Bargaintown | € 49.00 | 4 | 780 Weeks | € 0.22 |
| Bathroom cabinet | | Argos | € 29.99 | 1 | 780 Weeks | € 0.03 |
| Vase | | Poundworld | € 1.50 | 2 | 1,040 Weeks | € 0.00 |
| Floor Coverings | | | | | | |
| Hall, stairs and landing | Brianza | Des Kelly | € 377.71 | 1 | 364 Weeks | € 0.90 |
| Lounge | Dreams | Des Kelly | € 344.05 | 1 | 364 Weeks | € 0.82 |
| Bedroom 1 | Dreams | Des Kelly | € 249.93 | 1 | 364 Weeks | € 0.60 |
| Bedroom 2 | Dreams | Des Kelly | € 182.64 | 1 | 520 Weeks | € 0.30 |
| Bedroom 3 | Dreams | Des Kelly | € 165.34 | 1 | 520 Weeks | € 0.28 |
| Kitchen | | Des Kelly | € 244.44 | 1 | 416 Weeks | € 0.51 |
| Bathroom | | Des Kelly | € 85.56 | 1 | 416 Weeks | € 0.18 |
| Textiles and soft furnishings | | | | | | |
| Double duvet | 13.5tog hollowfibre | Dunnes | € 25.00 | 2 | 520 Weeks | € 0.09 |
| Single duvet | 13.5tog hollowfibre | Dunnes | € 20.00 | 1 | 520 Weeks | € 0.03 |

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Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------------------------|-----------------------|-----------------|------------|----------|-------------|-------------|
| Pillows | Pack of 2 | Dunnes | € 14.00 | 8 | 260 Weeks | € 0.19 |
| Single fitted sheet | | Guineys | € 6.50 | 2 | 416 Weeks | € 0.03 |
| Double fitted sheet | | Guineys | € 8.50 | 4 | 260 Weeks | € 0.11 |
| Single duvet cover and 1 pillowcase | | Guineys | € 10.00 | 2 | 260 Weeks | € 0.07 |
| Double duvet cover and 2 pillowcases | | Guineys | € 15.00 | 3 | 260 Weeks | € 0.15 |
| Hand towels | | Guineys | € 2.00 | 6 | 156 Weeks | € 0.07 |
| Face cloths | | Guineys | € 1.00 | 5 | 52 Weeks | € 0.09 |
| Bath mat set | | Guineys | € 6.00 | 2 | 156 Weeks | € 0.07 |
| Bath towels | | Guineys | € 5.00 | 4 | 156 Weeks | € 0.11 |
| Tea towels | | Guineys | € 2.00 | 9 | 156 Weeks | € 0.10 |
| Ovengloves | | Michael Guineys | € 3.99 | 1 | 520 Weeks | € 0.01 |
| Cushion and cover | Set | Guineys | € 6.00 | 2 | 364 Weeks | € 0.03 |
| Table cloth | | Michael Guineys | € 7.99 | 2 | 520 Weeks | € 0.03 |
| Curtains, Blinds, etc. | | | | | | |
| § Kitchen | Blind | Argos | € 12.99 | 1 | 416 Weeks | € 0.03 |
| § Bathroom | Blind | Argos | € 12.99 | 1 | 416 Weeks | € 0.03 |
| § Lounge | Blind | Argos | € 12.99 | 1 | 416 Weeks | € 0.03 |
| § Bedrooms | Blind | Argos | € 12.99 | 3 | 416 Weeks | € 0.09 |
| Lounge | Curtain (90x72 inches | Guineys | € 35.99 | 1 | 520 Weeks | € 0.06 |
| Bedrooms | Curtain (90x72 inches | Guineys | € 25.00 | 3 | 520 Weeks | € 0.12 |
| Patio door | Curtain (68x84 inches | Guineys | € 30.00 | 1 | 520 Weeks | € 0.05 |
| Curtain track and fittings | (8 feet) | Guineys | € 20.00 | 1 | 1,040 Weeks | € 0.02 |
| Curtain track and fittings | (6 feet) | Guineys | € 17.00 | 1 | 1,040 Weeks | € 0.02 |
| Curtain track and fittings | (4 feet) | Guineys | € 14.00 | 3 | 1,040 Weeks | € 0.03 |
| Curtain hooks | Pack of 30 | Duffys | € 1.39 | 5 | 1,040 Weeks | € 0.01 |
| Lampshades | | Michael Guineys | € 3.99 | 8 | 780 Weeks | € 0.03 |
| Appliances | | | | | | |

Pensioner Couple

Urban

Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|----------------------------------|-------------------|------------|------------|----------|-------------|-------------|
| Portable radio & cassette player | Mikomi | Argos | € 16.99 | 1 | 416 Weeks | € 0.03 |
| Television | Beko 20" | Powercity | € 119.95 | 1 | 520 Weeks | € 0.20 |
| § Saorview Set-Top Box | Normende NM8010M | DID | € 74.99 | 1 | 520 Weeks | € 0.14 |
| § DVD Player | Philips DVP3800 | DID | € 40.99 | 1 | 520 Weeks | € 0.08 |
| Fridge-freezer | Beko | Powercity | € 259.00 | 1 | 520 Weeks | € 0.43 |
| Cooker (Gas Hob) | Beko | Powercity | € 299.95 | 1 | 624 Weeks | € 0.41 |
| Kettle | Cookworks | Argos | € 26.99 | 1 | 260 Weeks | € 0.09 |
| Microwave | Sanyo | Powercity | € 64.95 | 1 | 520 Weeks | € 0.11 |
| Washing machine | Beko | Powercity | € 269.95 | 1 | 364 Weeks | € 0.64 |
| § Blender | Breville | Argos | € 26.49 | 1 | 520 Weeks | € 0.05 |
| Iron | | Argos | € 16.99 | 1 | 260 Weeks | € 0.06 |
| Vacuum cleaner | Electrolux | Powercity | € 59.95 | 1 | 520 Weeks | € 0.10 |
| Table lamp | | Dunnes | € 10.00 | 3 | 780 Weeks | € 0.03 |
| Radio alarm clock | Philips | Argos | € 18.99 | 1 | 1,040 Weeks | € 0.02 |
| † Tumble Dryer | Zanussi ZDE26110W | DID | € 199.00 | 1 | 520 Weeks | € 0.35 |
| Kitchen and hardware | | | | | | |
| Crockery set | 24 piece | Argos | € 32.00 | 1 | 520 Weeks | € 0.05 |
| Coffee mugs | Pair | Poundworld | € 2.00 | 3 | 156 Weeks | € 0.03 |
| Oven proof dish set (3 piece) | Pyrex | Argos | € 16.49 | 1 | 1,040 Weeks | € 0.02 |
| Egg cups | € 4.00 | Poundworld | € 2.00 | 2 | 520 Weeks | € 0.00 |
| Glasses set | € 4.00 | Poundworld | € 2.00 | 2 | 104 Weeks | € 0.03 |
| Cutlery set | 6 pieces | Boyers | € 5.00 | 4 | 1,040 Weeks | € 0.02 |
| Milk jug | | Poundworld | € 2.00 | 1 | 364 Weeks | € 0.01 |
| § Measuring jug | | Dunnes | € 4.00 | 1 | 1,040 Weeks | € 0.00 |
| § Mixing bowl | | Tesco | € 8.49 | 1 | 780 Weeks | € 0.01 |
| § Non-stick baking sheet | | Dunnes | € 4.00 | 1 | 780 Weeks | € 0.01 |
| Cake tin | | Tesco | € 3.99 | 1 | 1,040 Weeks | € 0.00 |

Pensioner Couple

Urban

Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-----------------------|------------------|----------------|------------|----------|-------------|-------------|
| Rolling pin | | Poundworld | € 2.00 | 1 | 1,040 Weeks | € 0.00 |
| Sieve | | Tesco | € 3.99 | 1 | 1,040 Weeks | € 0.00 |
| Colander | | Tesco | € 1.49 | 1 | 1,040 Weeks | € 0.00 |
| § Kitchen scales | | Argos | € 5.99 | 1 | 780 Weeks | € 0.01 |
| 3 piece saucepan set | Le Chef | Argos | € 39.99 | 1 | 1,040 Weeks | € 0.03 |
| § Knife set (5 piece) | | Argos | € 29.99 | 1 | 520 Weeks | € 0.05 |
| Utensil set and rack | | Argos | € 9.99 | 1 | 780 Weeks | € 0.01 |
| Tin opener | | Tesco | € 0.99 | 1 | 260 Weeks | € 0.00 |
| Potato peeler | | Tesco | € 0.99 | 1 | 260 Weeks | € 0.00 |
| Kitchen scissors | | Tesco | € 2.15 | 1 | 260 Weeks | € 0.01 |
| § Wooden spoon set | | Tesco | € 1.99 | 1 | 156 Weeks | € 0.01 |
| § Whisk | | Dunnes | € 3.99 | 1 | 1,040 Weeks | € 0.00 |
| Chopping board | | Dunnes | € 6.95 | 1 | 260 Weeks | € 0.03 |
| Plastic food box | Set of 3 | Poundworld | € 2.50 | 1 | 260 Weeks | € 0.01 |
| Vacuum flask | | Poundworld | € 2.00 | 1 | 520 Weeks | € 0.00 |
| Candles | Pack of 4 | Poundworld | € 1.25 | 1 | 260 Weeks | € 0.00 |
| Freezer bags | Tesco brand (50) | Tesco | € 0.69 | 1 | 26 Weeks | € 0.03 |
| Cling film | Tesco brand | Tesco | € 0.79 | 1 | 13 Weeks | € 0.05 |
| Tin foil | Tesco brand | Tesco | € 0.99 | 1 | 13 Weeks | € 0.07 |
| Ironing board | | Argos | € 14.99 | 1 | 780 Weeks | € 0.02 |
| Clothes Airer | | Bolands | € 10.95 | 1 | 1,040 Weeks | € 0.01 |
| Washing line | | Poundworld | € 2.00 | 1 | 260 Weeks | € 0.01 |
| Clothes pegs | Packet | Poundworld | € 2.00 | 1 | 52 Weeks | € 0.03 |
| Laundry basket | | Local hardware | € 6.00 | 1 | 1,040 Weeks | € 0.01 |
| Tablemat set, 4 piece | | Poundworld | € 3.00 | 1 | 156 Weeks | € 0.02 |
| Tray | | Poundworld | € 2.00 | 1 | 780 Weeks | € 0.00 |
| Hand torch | Duracell | Argos | € 11.99 | 1 | 260 Weeks | € 0.04 |

Pensioner Couple

Urban

Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-----------------------------------|--|---------------|------------|----------|-------------|-------------|
| Step-stool | | Argos | € 19.99 | 1 | 1,040 Weeks | € 0.02 |
| Other Household Items | | | | | | |
| Clock | Constant | Argos | € 7.99 | 1 | 260 Weeks | € 0.03 |
| Umbrella | | Poundworld | € 3.00 | 3 | 52 Weeks | € 0.15 |
| Suitcase | 27" | Dunnes | € 45.00 | 1 | 364 Weeks | € 0.10 |
| Holdall | | Dunnes | € 20.00 | 1 | 520 Weeks | € 0.03 |
| § Shopping trolley | | Bag Shop | € 24.99 | 1 | 208 Weeks | € 0.10 |
| Stationary and paper goods | | | | | | |
| Birthday cards | Pack of 2 | Poundworld | € 2.50 | 15 | 104 Weeks | € 0.31 |
| Occasion cards | Pack of 30 | Poundworld | € 2.50 | 2 | 52 Weeks | € 0.09 |
| Christmas cards | Box of 24 | Poundworld | € 2.00 | 2 | 52 Weeks | € 0.07 |
| Gift wrap | Roll | Poundworld | € 2.00 | 2 | 52 Weeks | € 0.07 |
| Christmas wrapping paper | Roll | Penny's | € 1.50 | 3 | 52 Weeks | € 0.08 |
| Writing pad | | Poundworld | € 1.00 | 1 | 52 Weeks | € 0.02 |
| Envelopes | Pack | Poundworld | € 2.00 | 1 | 52 Weeks | € 0.03 |
| Mini note book | | Poundworld | € 1.00 | 1 | 52 Weeks | € 0.02 |
| Scissors | | Roches stores | € 1.95 | 1 | 260 Weeks | € 0.01 |
| Glue | | Poundworld | € 2.00 | 1 | 52 Weeks | € 0.03 |
| Sellotape | Pack of 2 | Poundworld | € 1.50 | 2 | 52 Weeks | € 0.05 |
| Pens | Pack of 10 | Poundworld | € 2.00 | 1 | 156 Weeks | € 0.01 |
| Home Security | | | | | | |
| Window Locks | All provided free of charge as in Local Author | | € - | | | € - |
| Front door bolt | All provided free of charge as in Local Author | | € - | | | € - |
| Back door bolt | All provided free of charge as in Local Author | | € - | | | € - |
| Smoke detector | All provided free of charge as in Local Author | | € - | | | € - |
| § Carbon Monoxide Alarm | | Woodies DIY | € 29.99 | 1 | 260 Weeks | € 0.12 |
| † Fire Blanket | | Argos | € 28.99 | 1 | 416 Weeks | € 0.06 |

Pensioner Couple

Urban

Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-----------------------------|---------------------|------------|------------|----------|-----------|-------------|
| † Fire Extinguisher | | Argos | € 18.99 | 1 | 416 Weeks | € 0.04 |
| Cleaning & maintenance | | | | | | |
| Bucket | | Dunnes | € 6.00 | 1 | 260 Weeks | € 0.02 |
| Mop | | Dunnes | € 6.00 | 2 | 52 Weeks | € 0.20 |
| Dust pan and brush | | Poundworld | € 2.00 | 1 | 260 Weeks | € 0.01 |
| Hand brush | | Poundworld | € 2.00 | 1 | 260 Weeks | € 0.01 |
| Shoe brushes | | Poundworld | € 2.00 | 1 | 260 Weeks | € 0.01 |
| Washing up brush | | Tesco | € 0.39 | 2 | 52 Weeks | € 0.02 |
| Washing up bowl | | Poundworld | € 2.00 | 1 | 260 Weeks | € 0.01 |
| Dustbin | | Poundworld | € 7.95 | 1 | 260 Weeks | € 0.03 |
| Vacuum bags | Electrolux | Tesco | € 5.75 | 1 | 52 Weeks | € 0.09 |
| Batteries | Ever Ready AA (4) | Tesco | € 2.78 | 8 | 52 Weeks | € 0.09 |
| Toilet brush set | | Poundworld | € 3.00 | 1 | 26 Weeks | € 0.10 |
| § Toilet paper | Saxon (9 pack) | Aldi | € 2.55 | 1 | 2 Weeks | € 1.60 |
| Household matches | Maguire & paterson | Tesco | € 0.84 | 1 | 52 Weeks | € 0.02 |
| Stain remover | Tesco brand (500ml) | Tesco | € 2.30 | 1 | 104 Weeks | € 0.02 |
| § Washing up liquid 1 litre | Powerforce | Aldi | € 0.99 | 1 | 8 Weeks | € 0.12 |
| § Bleach | Powerforce | Aldi | € 0.59 | 1 | 4 Weeks | € 0.14 |
| § Toilet cleaner | Powerforce | Aldi | € 0.89 | 1 | 2 Weeks | € 0.42 |
| Air freshener | Oust | Tesco | € 2.95 | 1 | 9 Weeks | € 0.29 |
| § Furniture polish | Powerforce | Aldi | € 0.89 | 1 | 26 Weeks | € 0.03 |
| § Disinfectant | Dettol (700ml) | Aldi | € 2.49 | 1 | 26 Weeks | € 0.09 |
| Shoe polish | Punch (50ml) | Tesco | € 0.50 | 1 | 52 Weeks | € 0.01 |
| § Dish cloths | Pack of 20 | Aldi | € 0.89 | 1 | 104 Weeks | € 0.01 |
| § Household gloves | Powerforce (3 pack) | Aldi | € 1.49 | 1 | 52 Weeks | € 0.03 |
| Bin liners | Killeen (40) | Tesco | € 5.89 | 1 | 9 Weeks | € 0.59 |
| Tools | | | | | | |

Pensioner Couple

Urban

Household Goods

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|---------------------------|--------------------|-------------------|------------|----------|-------------|----------------|
| Garden tool set | | Homebase | € 23.99 | 1 | 780 Weeks | € 0.03 |
| Lawn mower | Flymo | Homebase | € 79.00 | 1 | 520 Weeks | € 0.13 |
| Watering can | | Atlantic homecare | € 7.99 | 1 | 1,040 Weeks | € 0.01 |
| Gardening gloves | | Atlantic homecare | € 5.95 | 2 | 156 Weeks | € 0.07 |
| Kneeling mat | | Woodies DIY | € 4.59 | 2 | 364 Weeks | € 0.03 |
| Screwdriver | | Local hardware | € 6.99 | 1 | 1,040 Weeks | € 0.01 |
| Hammer | | Local hardware | € 2.99 | 1 | 1,040 Weeks | € 0.00 |
| Measuring tape | | Local hardware | € 5.00 | 1 | 1,040 Weeks | € 0.00 |
| Nails | Box | Local hardware | € 2.99 | 1 | 1,040 Weeks | € 0.01 |
| Light bulbs, 60w | Tesco (10) | Tesco | € 2.95 | 1 | 52 Weeks | € 0.05 |
| Paint | | | | | | |
| Paint roller and tray set | | Homebase | € 5.99 | 1 | 260 Weeks | € 0.02 |
| Paint brushes | 5 piece set | Woodies DIY | € 9.99 | 1 | 260 Weeks | € 0.03 |
| Paint, emulsion | Dulux (3.5 litres) | Woodies DIY | € 30.80 | 6 | 260 Weeks | € 0.61 |
| Paint, gloss | Dulux (3.5 litres) | Woodies DIY | € 40.88 | 6 | 260 Weeks | € 0.81 |
| Total | | | | | | € 19.72 |

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Household Services

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-------------------------|---------------|---------------------|------------|----------|-----------|---------------|
| Window cleaning | | Local | € 10.00 | 1 | 9 Weeks | € 1.20 |
| § Gutter Cleaning | | | € 40.00 | 1 | 104 Weeks | € 0.38 |
| † Boiler Service | | | € 85.00 | 1 | 52 Weeks | € 1.53 |
| † Waste | Half size bin | Dublin City Council | € 3.60 | 1 | 2 Weeks | € 1.74 |
| † Waste | Brown bin | Dublin City Council | € 2.00 | 1 | 2 Weeks | € 0.96 |
| † Waste Standing Charge | | Dublin City Council | € 96.00 | 1 | 52 Weeks | € 1.78 |
| Total | | | | | | € 7.60 |

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Communications

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|----------------|----------|-----------|------------|----------|-----------|----------------|
| Post | | | | | | |
| † Stamps | 55c | An Post | € 0.55 | 20 | 52 Weeks | € 0.22 |
| † Stamps | 82 c | An Post | € 0.82 | 10 | 52 Weeks | € 0.16 |
| Phone | | | | | | |
| † Landline | | Eircom | | | | € 8.20 |
| † Mobile phone | Nokia | Free gift | € - | 2 | 104 Weeks | € - |
| † Phone credit | Vodafone | Vodafone | € 10.00 | 2 | 4 Weeks | € 5.22 |
| Total | | | | | | € 13.80 |

† Indicates items which were re-priced / newly added in December 2009

Pensioner Couple

Urban

Social Inclusion

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|------------------------------------|-------------------|---------------|------------|----------|-----------|-------------|
| Exercise / Sport Activities | | | | | | |
| Dancing | 48 times per year | Local hall | € 2.00 | 1 | 1 Week | € 1.85 |
| Bridge | 48 times per year | Local hall | € 2.00 | 4 | 1 Week | € 7.40 |
| Swimming | Free | Local pool | € - | 1 | 1 Week | € - |
| Indoor bowls | 48 times per year | Local hall | € 1.00 | 4 | 1 Week | € 3.69 |
| Holiday | | | | | | |
| † 1 week package | Hotel, full board | Killarney | € 640.00 | 1 | 52 Weeks | € 11.70 |
| Household Items | | | | | | |
| Deck of cards | | Poundworld | € 1.00 | 2 | 52 Weeks | € 0.04 |
| Scrabble set | | Smyths | € 21.99 | 1 | 780 Weeks | € 0.03 |
| Jigsaw | | Poundworld | € 2.00 | 2 | 52 Weeks | € 0.08 |
| Sewing kit | | Hickeys | € 9.00 | 1 | 520 Weeks | € 0.02 |
| Knitting wool | Ball | Poundworld | € 2.00 | 5 | 52 Weeks | € 0.19 |
| Knitting needles | 4.5mm | Hickeys | € 2.10 | 1 | 520 Weeks | € 0.00 |
| Knitting needles | 5.0mm | Hickeys | € 5.95 | 1 | 520 Weeks | € 0.01 |
| Buttons | Packer | Hickeys | € 1.45 | 1 | 104 Weeks | € 0.01 |
| Camera | Polaroid 340 AF | Argos | € 26.99 | 1 | 364 Weeks | € 0.07 |
| Film processing | | Local Chemist | € 6.45 | 3 | 52 Weeks | € 0.37 |
| Photo album | | Poundworld | € 2.50 | 1 | 52 Weeks | € 0.05 |
| § Photo frames, 8 x 6" | | Dunnes | € 6.00 | 4 | 520 Weeks | € 0.05 |
| Christmas lights | String of 40 | Argos | € 8.31 | 1 | 260 Weeks | € 0.03 |
| Artificial Christmas tree & stand | | Argos | € 25.99 | 1 | 520 Weeks | € 0.05 |
| Decorations, red bows | Pack of 21 | Argos | € 13.51 | 1 | 260 Weeks | € 0.05 |
| Pull-out garland, foil | | Argos | € 8.31 | 4 | 260 Weeks | € 0.13 |
| Garden and house plants: | | | € - | | | € - |
| Bulbs | Pack of 30 | Tesco | € 4.49 | 2 | 52 Weeks | € 0.17 |
| House plants | | Free gifts | € - | | | € - |

Pensioner Couple

Urban

Social Inclusion

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--|-------------------|----------------------|------------|----------|-------------|----------------|
| Deck chairs | | Atlantic homecare | € 30.00 | 2 | 1,300 Weeks | € 0.08 |
| Television Licence | | An Post | € 160.00 | 1 | 52 Weeks | € 3.02 |
| Newspapers, Books & Magazines | | | | | | |
| Novels | | Second hand bookstor | € 3.00 | 12 | 52 Weeks | € 0.69 |
| Bible | | Veritas | € 15.30 | 1 | 1,300 Weeks | € 0.01 |
| Daily newspaper | Evening herald | Local Newsagent | € 1.00 | 6 | 1 Week | € 6.01 |
| Sunday newspaper | News of the world | Local newsagent | € 2.00 | 1 | 1 Week | € 2.00 |
| Magazine | RTE Guide | Local newsagent | € 1.50 | 1 | 1 Week | € 1.50 |
| Calendar | | Parish calendar | € 1.00 | 1 | 52 Weeks | € 0.02 |
| Telephone and address book | | Easons | € 3.99 | 1 | 260 Weeks | € 0.02 |
| DVD Rental | | xtra vision | € 4.60 | 4 | 52 Weeks | € 0.35 |
| Pocket dictionary | Oxford | Easons | € 6.70 | 1 | 1,040 Weeks | € 0.01 |
| Popular/classical cassettes | | Music Store | € 9.95 | 5 | 52 Weeks | € 0.96 |
| Socialising | | | | | | |
| Theatre | Matinee | Abbey Theatre | € 12.00 | 2 | 52 Weeks | € 0.46 |
| Cinema | | Omniplex, Santry | € 6.50 | 2 | 52 Weeks | € 0.25 |
| Day trip e.g. Kilkenny Castle | | | € 25.00 | 2 | 52 Weeks | € 0.96 |
| Day trip allowance | | | € 25.00 | 2 | 52 Weeks | € 0.96 |
| Socialising/entertainment | | | € 50.00 | 1 | 4 Weeks | € 11.55 |
| Total | | | | | | € 54.87 |

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Transport

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-----------------------------|---------------------|------------------|------------|----------|-----------|----------------|
| Bus | | | | | | |
| Free Travel Pass | | | € - | 2 | 52 Weeks | € - |
| Total | | | | | | € - |
| Private Transport | | | | | | |
| § Car - Nissan Micra (2008) | 1.2, Petrol, Manual | Local Dealer | € 5,950.00 | 1 | 312 Weeks | € 19.07 |
| § Car Tax | | | € 333.00 | 1 | 52 Weeks | € 6.40 |
| § NCT | | | € 55.00 | 1 | 104 Weeks | € 0.53 |
| § Driving Licence Fee | | Motor Tax Office | € 25.00 | 2 | 520 Weeks | € 0.10 |
| ‡ Maintenance and repairs | | Karfix | € 165.00 | 1 | 52 Weeks | € 3.69 |
| Petrol | | | € 14.00 | 1 | 1 Week | € 16.77 |
| Total | | | | | | € 46.57 |

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Household Energy

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|--------------------|-------|-----------|------------|----------|-----------|----------------|
| † Electricity | | ESB | € 13.94 | 1 | 1 Week | € 17.89 |
| † Gas | | Bord Gais | € 23.21 | 1 | 1 Week | € 29.43 |
| † Home Heating Oil | | | | | | € - |
| Total | | | | | | € 47.32 |

† Indicates items which were re-priced / newly added in December 2009

Pensioner Couple

Urban

Personal Costs

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|----------------------|-------|-----------------|------------|----------|-----------|---------------|
| § Passport Fee | | Passport Office | € 95.00 | 2 | 520 Weeks | € 0.37 |
| Donations to charity | | | € 4.00 | 1 | 1 Week | € 4.00 |
| Total | | | | | | € 4.37 |

§ 2012 Review adjustments & additions

Pensioner Couple

Urban

Insurance

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|----------------------------|---------------------|--------------|------------|----------|-----------|----------------|
| † Home Contents Insurance | Quinn | Quinn Direct | € 196.59 | 1 | 52 Weeks | € 4.54 |
| † Private Health Insurance | Plan B | VHI | € 1,328.60 | 1 | 52 Weeks | € 52.40 |
| § Car Insurance | Fully Comprehensive | | € 255.25 | 1 | 52 Weeks | € 4.91 |
| Male Total | | | | | | € 61.85 |

† Indicates items which were re-priced / newly added in December 2009

Pensioner Couple

Urban

Savings & Contingencies

Mar 2012

| Item | Brand | Retailer | Unit Price | Quantity | Life span | Cost / Week |
|-------------------------------|--------------|----------|------------|----------|-----------|----------------|
| § Personal Savings | Credit Union | | € 10.00 | 1 | 1 Week | € 10.00 |
| § Contingencies / Emergencies | | | € 5.00 | 1 | 1 Week | € 5.00 |
| Total | | | | | | € 15.00 |

§ 2012 Review adjustments & additions