

## Pensioner Couple

Rural

### Weekly Individualised Expenditure

Mar 2012

<b>Food</b>	€	<b>89.08</b>
Fruit & Vegetables	€	17.81
Groceries	€	24.30
Meat	€	26.72
Milk & Bread	€	10.10
Other	€	10.16
<b>Clothing</b>	€	<b>20.44</b>
Clothes	€	14.61
Footwear	€	5.43
Accessories	€	0.40
<b>Personal Care</b>	€	<b>14.26</b>
Personal Hygiene	€	12.09
Cosmetics	€	2.16
<b>Health</b>	€	<b>15.95</b>
Over the counter items	€	1.06
Health care services	€	14.89
<b>Household Goods</b>	€	<b>21.30</b>
Furnishings	€	10.05
Appliances	€	3.01
Kitchen items	€	0.99
Cleaning & maintenance	€	5.50
Miscellaneous items	€	1.76
<b>Household Services</b>	€	<b>7.84</b>
<b>Communications</b>	€	<b>13.80</b>
<b>Social Inclusion &amp; Participation</b>	€	<b>54.87</b>
Exercise / Sport Activities	€	12.95
Pet	€	-
Holiday	€	11.70
Household items	€	4.46
Newspapers, Books & Magazines	€	11.57
Socialising	€	14.19

<b>Education</b>	€	<b>-</b>
Uniforms	€	-
Books, Stationary, etc.	€	-
Computer Equipment	€	-
Other Education Costs	€	-
<b>Transport (Public)</b>	€	<b>-</b>
<b>Transport (Private)</b>	€	<b>57.23</b>
<b>Household Energy</b>	€	<b>62.82</b>
Electricity	€	18.42
Heating	€	44.40
<b>Personal Costs</b>	€	<b>4.87</b>
<b>Childcare</b>		<b>N/A</b>
<b>Insurance</b>	€	<b>61.95</b>
Home Contents	€	4.54
Health	€	52.40
Car	€	5.01
<b>Savings &amp; Contingencies</b>	€	<b>15.00</b>

# Pensioner Couple

Rural

Food

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Fruit & Vegetables							
† Apples	1kg	Local		1	1 Week	€ 2.25	
† Bannanas	1kg	Local		1	1 Week	€ 1.85	
† Cabbage	Head	Local		1	1 Week	€ 1.24	
§ Carrotts	1kg	Aldi	€ 0.99	1	1 Week	€ 0.99	
† Cauliflower	Head	Local		1	1 Week	€ 1.47	
§ Cucumber		Aldi	€ 0.69	1	1 Week	€ 0.69	
§ Dried Apricot	250g	Wholefoods	Tesco	€ 2.99	1	4 Weeks	€ 0.75
§ Frozen bag of Broccoli	1kg	Four Seasons	Aldi	€ 1.35	1	2 Weeks	€ 0.68
§ Frozen Peas	1kg	Four Seasons	Aldi	€ 1.19	1	3 Weeks	€ 0.40
† Lettuce	Head	Local		1	1 Week	€ 0.87	
§ Mushrooms	250g	Aldi	€ 0.99	1	2 Weeks	€ 0.50	
§ Onions	1 kg	Aldi	€ 0.79	1	2 Weeks	€ 0.40	
† Oranges	1 kg	Local		1	1 Week	€ 2.25	
§ Potatoes	7.5kg	Aldi	€ 3.69	1	2 Weeks	€ 1.85	
§ Tomatoes	6 pack	Aldi	€ 1.29	1	1 Week	€ 1.29	
§ Turnip		Aldi	€ 0.35	1	1 Week	€ 0.35	
Groceries							
§ Bag of Sweets	200g	Dominion	Aldi	€ 0.99	1	1 Week	€ 0.99
§ Beans	420g	Corale	Aldi	€ 0.47	1	1 Week	€ 0.47
§ Biscuits	400g	Belmont Digestive	Aldi	€ 0.49	1	1 Week	€ 0.49
§ Bran flakes	750g	Harvest Morn	Aldi	€ 1.19	2	3 Weeks	€ 0.79
§ Cheese	8 slices	Cowbelle	Aldi	€ 0.85	1	1 Week	€ 0.85
† Coffee	200g	Maxwell House	Tesco / Supervalu		1	4 Weeks	€ 1.03
§ Cooking Oil	1 litre	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40
§ Cream Crackers	300g	Savour Bakes	Aldi	€ 0.39	1	5 Weeks	€ 0.09
§ Custard	500g	Delicious Desserts	Aldi	€ 0.65	1	1 Week	€ 0.65

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Mar 2012

Food							Cost / Week
Item	Brand	Retailer	Unit Price	Quantity	Life span		
§ Eggs	€ 18.00 Mervale	Aldi	€ 2.59	1	3 Weeks	€	0.86
§ Flora Light	1kg Flora	Tesco	€ 4.29	1	3 Weeks	€	1.43
§ Frozen fish (cod)	450g Northern Catch	Aldi	€ 2.69	1	1 Week	€	2.69
§ Frozen Oven Chips	1.5kg Champion	Aldi	€ 0.99	1	3 Weeks	€	0.33
§ Chocolate Bars	pack of 9 Eat Me Caramel	Aldi	€ 1.09	1	2 Weeks	€	0.55
§ Gravy	300g Bisto	Aldi	€ 1.99	1	10 Weeks	€	0.20
§ Ham	8 slices Brannans	Aldi	€ 0.88	1	1 Week	€	0.88
§ Ice Cream	1 litre Gianni's	Aldi	€ 1.45	1	3 Weeks	€	0.48
§ Jelly	135g Hartley's	Aldi	€ 0.49	1	1 Week	€	0.49
§ Low Fat Yogurts	125g Duneen	Aldi	€ 0.37	6	1 Week	€	2.22
§ Marmalade	454g Grandessa	Aldi	€ 0.65	1	4 Weeks	€	0.15
§ Mayonnaise	500ml Bramwells	Aldi	€ 1.15	1	6 Weeks	€	0.19
§ Orange Juice	1 litre Rio D'ora	Aldi	€ 0.89	2	1 Week	€	1.78
§ Pepper	25g Stone Mill	Aldi	€ 0.89	1	52 Weeks	€	0.02
§ Porridge	1.5kg Kavanaghs	Aldi	€ 1.39	1	3 Weeks	€	0.46
§ Salmon	212g Ocean Rise	Aldi	€ 0.99	1	1 Week	€	0.99
§ Salt	750g Stone Mill	Aldi	€ 0.45	1	56 Weeks	€	0.01
§ Sugar	1kg The Pantry	Aldi	€ 1.19	1	17 Weeks	€	0.07
§ Sweetcorn	325g Sweet Harvest	Aldi	€ 0.54	1	1 Week	€	0.54
§ Swiss Roll	€ 1.00 Byrne's Bakery	Aldi	€ 2.19	1	1 Week	€	2.19
† Tea Bags	80 bags Lyons	Tesco / Supervalu		1	2 Weeks	€	1.38
§ Tin of Mixed Herbs	11g Stone Mill	Aldi	€ 0.59	1	26 Weeks	€	0.02
§ Tuna	185g Ocean Rise	Aldi	€ 0.59	1	1 Week	€	0.59
§ Vinegar	568ml Bramwells	Aldi	€ 0.37	1	17 Weeks	€	0.02
<b>Meat</b>							
Mixed pudding	1/2 lb	Local Butcher	€ 3.00	1	1 Week	€	3.05
§ Rashers	250g Lidl	Lidl	€ 1.24	1	1 Week	€	1.24

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Food

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
† Roast chicken		Local Butcher		1	1 Week	€ 5.71
§ Pork chops	Pack of 2 (348g)	Local Butcher	€ 3.19	1	2 Weeks	€ 1.60
† Roast Beef	2lb	Local Butcher		1	2 Weeks	€ 4.93
§ Sausages	454g pack	Lidl	€ 1.29	1	1 Week	€ 1.29
† Stewing steak, beef	2 lbs	Local Butcher		1	1 Week	€ 8.91
<b>Milk &amp; Bread</b>						
† Brown bread	800g	Brennans		2	1 Week	€ 3.99
§ Brown bread rolls	pack of 6	Ballymore Crust	€ 0.89	1	1 Week	€ 0.89
† Full Fat Milk	2 litre	Local		2	1 Week	€ 3.82
§ Scones	Loose	Bakery	€ 0.35	4	1 Week	€ 1.40
<b>Other</b>						
Extra for visitors			€ 10.00	1	1 Week	€ 10.16
<b>Total</b>						<b>€ 89.08</b>

§ 2012 Review adjustments & additions

† Item priced in Demeber 2009

# Pensioner Couple

Rural

## Clothing

Mar 2012

Item	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Female</b>					
<b>Underwear and nightwear</b>					
* Bras, cotton & underwired	Dunnes	€ 7.00	4	52 Weeks	€ 0.39
* Knickers, cotton	Dunnes	€ 1.50	8	52 Weeks	€ 0.17
§ Shape Control Underwear	Marks and Spencer	€ 27.00	2	104 Weeks	€ 0.52
* Half slip	Dunnes	€ 7.00	2	52 Weeks	€ 0.20
† Thermal vest	Local				€ 0.51
† Long johns	Local				€ 0.53
* Tights	Penny's	€ 2.50	1	4 Weeks	€ 0.42
* Cotton socks	Penny's	€ 5.00	1	26 Weeks	€ 0.14
* Light night dress	Penny's	€ 5.00	2	104 Weeks	€ 0.07
* Winter night dress	Penny's	€ 8.00	2	104 Weeks	€ 0.11
* Pyjamas	Penny's	€ 8.00	2	104 Weeks	€ 0.11
* Dressing gown	Penny's	€ 12.00	1	156 Weeks	€ 0.06
<b>Coats, jackets</b>					
§ Winter coat, 3/4 length	Marks & Spencer	€ 109.00	1	312 Weeks	€ 0.35
† Summer jacket	Local				€ 0.46
* Water resistant anorak	Dunnes	€ 12.00	1	156 Weeks	€ 0.06
* Fleece	Dunnes	€ 15.00	1	156 Weeks	€ 0.07
<b>Main clothing</b>					
§ Suit-skirt and jacket	Marks & Spencer	€ 108.00	1	104 Weeks	€ 1.04
* Trousers	Dunnes	€ 15.00	4	104 Weeks	€ 0.42
† Heavy skirt	Local				€ 0.51
* Tracksuit	Penny's	€ 16.00	1	52 Weeks	€ 0.22
† Woollen sweater	Local				€ 0.52
High Visibility Bib	Local				€ 0.04
* Long sleeve cotton shirt	Dunnes	€ 10.00	2	104 Weeks	€ 0.14

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## Clothing

Mar 2012

Item	Retailer	Unit Price	Quantity	Life span	Cost / Week
* Short sleeve summer dress	Dunnes	€ 30.00	1	52 Weeks	€ 0.42
* Summer skirt	Dunnes	€ 20.00	2	104 Weeks	€ 0.28
* Summer sweater	Dunnes	€ 15.00	2	104 Weeks	€ 0.21
* Polo T-shirt	Penny's	€ 5.00	2	104 Weeks	€ 0.14
* Summer cardigan	Penny's	€ 8.00	1	104 Weeks	€ 0.07
* Swimsuit	Dunnes	€ 10.00	1	104 Weeks	€ 0.07
* Hat, scarf & glove set	Penny's	€ 8.00	1	104 Weeks	€ 0.06
* Sun hat	Penny's	€ 2.00	1	208 Weeks	€ 0.01
* Cotton t-shirts	Penny's	€ 5.00	2	52 Weeks	€ 0.14
<b>Footwear</b>					
† Leather court shoes	Local				€ 0.62
Wellingtons	Local				€ 0.05
† Flat shoes	Local				€ 0.57
† Leather sandals	Local				€ 0.48
§ Slippers	Dunnes	€ 8.00	2	52 Weeks	€ 0.31
* Trainers	Dunnes	€ 20.00	1	52 Weeks	€ 0.28
† Leather boots	Local				€ 0.64
<b>Personal Accessories</b>					
* Hand bag	Dunnes	€ 10.00	2	260 Weeks	€ 0.06
§ Purse	Dunnes	€ 8.00	1	52 Weeks	€ 0.15
† Watch	Local				€ 0.04
* Battery replacement	Argos	€ 5.00	1	104 Weeks	€ 0.04
* Necklace, 9ct gold	Argos	€ 21.99	1	1,040 Weeks	€ 0.01
† Shoe repairs	Local				€ 0.27
† Dry clean coat	Local				€ 0.24

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## Clothing

Mar 2012

Item		Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Male</b>						
<b>Underwear and nightwear</b>						
* Boxer shorts	Pack of 6	Dunnes	€ 10.00	1	52 Weeks	€ 0.14
* Thermal vests		Dunnes	€ 8.00	2	52 Weeks	€ 0.22
* Pyjamas	Pack of 2	Dunnes	€ 15.00	1	52 Weeks	€ 0.21
* Dressing gown		Dunnes	€ 15.00	1	156 Weeks	€ 0.07
<b>Coats, jackets</b>						
† Winter coat, 3/4 length		Local				€ 0.52
* Water resistant jacket		Dunnes	€ 12.00	1	156 Weeks	€ 0.06
* Fleece		Dunnes	€ 15.00	1	156 Weeks	€ 0.07
<b>Main clothing</b>						
* Winter socks	Pack of 4	Dunnes	€ 4.00	1	52 Weeks	€ 0.06
* Summer socks	Pack of 4	Dunnes	€ 4.00	1	52 Weeks	€ 0.06
High Visibility Bib		Local				€ 0.04
† Suit		Local				€ 0.36
† Trousers		Local				€ 0.89
* Long sleeve shirt		Dunnes	€ 10.00	4	104 Weeks	€ 0.28
* Short sleeve casual shirt		Dunnes	€ 15.00	4	104 Weeks	€ 0.42
* Sleeveless pullover		Dunnes	€ 12.00	1	156 Weeks	€ 0.06
* Long sleeve acrylic jumper		Dunnes	€ 12.00	2	104 Weeks	€ 0.17
† Woollen sweater		Local				€ 0.62
† Blazer		Local				€ 0.30
† Summer trousers		Local				€ 0.49
* Shorts		Dunnes	€ 10.00	2	104 Weeks	€ 0.14
* Polo T-shirt		Dunnes	€ 5.00	3	104 Weeks	€ 0.10
* Swimming trunks		Dunnes	€ 6.00	1	208 Weeks	€ 0.02
* Belt		Dunnes	€ 8.00	1	260 Weeks	€ 0.02

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### Clothing

Mar 2012

Item	Retailer	Unit Price	Quantity	Life span	Cost / Week
* Hat, scarf & glove set	Dunnes	€ 8.00	1	104 Weeks	€ 0.06
* Tie	Dunnes	€ 6.00	2	156 Weeks	€ 0.06
* Baseball hat	Dunnes	€ 2.50	1	104 Weeks	€ 0.01
<b>Footwear</b>					
Wellingtons	Local				€ 0.05
† Leather shoes	Local				€ 1.04
* Leather sandals	Clarks	€ 45.00	1	156 Weeks	€ 0.21
* Trainers	Dunnes	€ 25.00	1	52 Weeks	€ 0.35
§ Slippers	Dunnes	€ 8.00	2	52 Weeks	€ 0.31
<b>Personal Accessories</b>					
* Watch	Argos	€ 7.99	1	260 Weeks	€ 0.02
* Battery replacement	Argos	€ 5.00	1	104 Weeks	€ 0.02
* Wallet	Penny's	€ 5.00	1	260 Weeks	€ 0.01
† Dry clean	Local				€ 0.24
† Dry clean	Local				€ 0.29
† Shoe repairs	Local				€ 0.27
<b>Total</b>					<b>€ 20.44</b>

§ 2012 Review adjustments & additions

† Indicates items which were re-priced / newly added in December 2009

\* Urban 2006 pricing used



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Rural

## Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal Hygiene							
Comb			Local				€ 0.02
§ Conditioner	300ml	Timotei	Tesco	€ 1.34	1	4 Weeks	€ 0.34
Denture cleaning tablets	Pack	Steradent	Tesco	€ 1.75	1	4 Weeks	€ 0.37
§ Deodorant: man		Nivea	Tesco	€ 2.05	1	4 Weeks	€ 0.51
§ Deodorant: woman		Nivea	Tesco	€ 2.04	1	4 Weeks	€ 0.51
Disposable razor	Pack of 4	Tesco tripleblade	Tesco	€ 2.99	1	2 Weeks	€ 1.37
Emery boards	Pack of 4		Tesco	€ 1.25	1	13 Weeks	€ 0.09
Hairbrush			Local				€ 0.03
Haircut: man			Local				€ 1.80
Haircut: woman			Local				€ 3.74
Hairspray	200ml	Silvikrin	Tesco	€ 2.39	1	9 Weeks	€ 0.25
Handcream		Vaseline Int	Tesco	€ 2.10	1	4 Weeks	€ 0.48
Nail clippers		Stylish	Tesco	€ 2.52	1	208 Weeks	€ 0.01
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	4 Weeks	€ 0.34
Shower gel	300ml	Tesco brand	Tesco	€ 1.70	1	4 Weeks	€ 0.39
Soap	Pack of 4	Tesco Lemon	Tesco	€ 1.90	1	9 Weeks	€ 0.20
Suntan lotion (40+)	200ml	Soltan	Boots	€ 14.90	1	52 Weeks	€ 0.26
Tissues	Pack	Tesco brand	Tesco	€ 1.85	1	2 Weeks	€ 0.85
Toilet bag			Dunnes	€ 6.00	1	260 Weeks	€ 0.02
§ Nail Varnish Remover	200ml	Cutex	Boots	€ 2.53	1	104 Weeks	€ 0.02
Toothpaste	150ml	Colgate	Tesco	€ 2.04	1	4 Weeks	€ 0.47
§ Tweezers		Boots brand	Boots	€ 6.09	1	520 Weeks	€ 0.01
Cosmetics							
Aftershave	100ml	Old Spice	Boots	€ 12.90	1	52 Weeks	€ 0.23
§ Foundation		No. 7	Boots	€ 21.30	2	52 Weeks	€ 0.82
§ Eye Brow Pencil		Rimmel	Boots	€ 4.67	1	52 Weeks	€ 0.09

## Pensioner Couple

Rural

### Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Face moisturiser	50ml	Oil of Olay	Boots	€ 7.99	1	9 Weeks	€ 0.82
§ Nail varnish			Pound Shop	€ 1.00	2	52 Weeks	€ 0.04
Lipstick		Boots brand	Boots	€ 4.97	1	26 Weeks	€ 0.18
<b>Total</b>							<b>€ 14.26</b>

§ 2012 Review adjustments & additions

## Pensioner Couple

Rural

Health

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Over the counter health items						
Plasters	Pack of 40	Local		1	26 Weeks	€ 0.12
Sterile gauze swabs		Local		1	52 Weeks	€ 0.04
Paracetamol	Pack of 24	Local		2	26 Weeks	€ 0.21
Indigestion tablets	Rennie	Local		1	26 Weeks	€ 0.12
Cough mixture	125ml Benalyn	Local		2	52 Weeks	€ 0.16
Cold powder	Lemsip	Local		2	26 Weeks	€ 0.42
Main Care						
† Doctor		Local	€ 50.00	2	13 Weeks	€ 5.16
† Optician		Local	€ 50.00	2	52 Weeks	€ 0.55
† Dentist		Local	€ 50.00	2	52 Weeks	€ 1.68
† Chiropodist		Local	€ 15.00	2	17 Weeks	€ 0.24
† Prescriptions		Local	€ 45.00	8	52 Weeks	€ 7.26
<b>Total</b>						<b>€ 15.95</b>

† Indicates items which were re-priced / newly added in December 2009

# Pensioner Couple

Rural

## Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Furnishings</b>						
TV stand		Local		1	1,040 Weeks	€ 1.14
3 piece suite (leather)		Local		1	780 Weeks	€ 0.08
Cabinet/unit		Local		1	1,040 Weeks	€ 0.13
Table and 4 chairs		Local		1	780 Weeks	€ 0.18
Double bed		Local		1	520 Weeks	€ 0.34
Double mattress		Local		1	260 Weeks	€ 0.55
Double bed		Local		1	780 Weeks	€ 0.23
Double mattress		Local		1	416 Weeks	€ 0.34
Single bed		Local		1	780 Weeks	€ 0.15
Single mattress		Local		1	416 Weeks	€ 0.17
Wardrobe		Local		3	1,040 Weeks	€ 0.61
Chest of drawers		Local		3	780 Weeks	€ 0.41
Bedside locker		Local		4	780 Weeks	€ 0.30
Bathroom cabinet		Local		1	780 Weeks	€ 0.08
Vase		Local		2	1,040 Weeks	€ 0.01
<b>Floor Coverings</b>						
Hall, stairs and landing		Local		1	364 Weeks	€ 0.66
Lounge		Local		1	364 Weeks	€ 0.70
Bedroom 1		Local		1	364 Weeks	€ 0.41
Bedroom 2		Local		1	520 Weeks	€ 0.22
Bedroom 3		Local		1	520 Weeks	€ 0.19
Kitchen		Local		1	416 Weeks	€ 0.65
Bathroom		Local		1	416 Weeks	€ 0.23
<b>Textiles and soft furnishings</b>						
Double duvet	13.5tog hollowfibre	Dunnes	€ 25.00	2	520 Weeks	€ 0.09
Single duvet	13.5tog hollowfibre	Dunnes	€ 20.00	1	520 Weeks	€ 0.03

## Pensioner Couple

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### Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Pillows	Pack of 2	Dunnes	€ 14.00	8	260 Weeks	€ 0.19
Single fitted sheet				2	416 Weeks	€ 0.06
Double fitted sheet				4	260 Weeks	€ 0.15
Single duvet cover and 1 pillowcase				2	260 Weeks	€ 0.11
Double duvet cover and 2 pillowcases				3	260 Weeks	€ 0.22
Hand towels				6	156 Weeks	€ 0.10
Face cloths				5	52 Weeks	€ 0.08
Bath mat set				2	156 Weeks	€ 0.10
Bath towels				4	156 Weeks	€ 0.17
Tea towels				9	156 Weeks	€ 0.08
Ovengloves				1	520 Weeks	€ 0.01
Cushion and cover	Set			2	364 Weeks	€ 0.07
Table cloth				2	520 Weeks	€ 0.07
Curtains, Blinds, etc.						
§ Kitchen	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
§ Bathroom	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
§ Lounge	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
§ Bedrooms	Blind	Argos	€ 12.99	3	416 Weeks	€ 0.09
Lounge	Curtain (90x72 inches)			1	520 Weeks	€ 0.11
Bedrooms	Curtain (90x72 inches)			3	520 Weeks	€ 0.19
Patio door	Curtain (68x84 inches)			1	520 Weeks	€ 0.10
Curtain track and fittings	(8 feet)			1	1,040 Weeks	€ 0.02
Curtain track and fittings	(6 feet)			1	1,040 Weeks	€ 0.02
Curtain track and fittings	(4 feet)			3	1,040 Weeks	€ 0.04
Curtain hooks	Pack of 30			5	1,040 Weeks	€ 0.01
Lampshades				8	780 Weeks	€ 0.06
Appliances						

## Pensioner Couple

Rural

### Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Portable radio & cassette player	Mikomi			1	416 Weeks	€ 0.10
Television	Beko 20"			1	520 Weeks	€ 0.27
§ Saorview Set-Top Box	Normende NM8010M	DID	€ 74.99	1	520 Weeks	€ 0.14
§ DVD Player	Philips DVP3800	DID	€ 40.99	1	520 Weeks	€ 0.08
Fridge-freezer	Beko			1	520 Weeks	€ 0.49
Cooker (Gas Hob)	Beko			1	624 Weeks	€ 0.42
Kettle	Cookworks			1	260 Weeks	€ 0.08
Microwave	Sanyo			1	520 Weeks	€ 0.10
Washing machine	Beko			1	364 Weeks	€ 0.63
§ Blender	Breville	Argos	€ 26.49	1	520 Weeks	€ 0.05
Iron				1	260 Weeks	€ 0.06
Vacuum cleaner	Electrolux			1	520 Weeks	€ 0.11
Table lamp		Dunnes	€ 10.00	3	780 Weeks	€ 0.03
Radio alarm clock	Philips			1	1,040 Weeks	€ 0.03
† Tumble Dryer	Zanussi ZDE26110W			1	520 Weeks	€ 0.43
<b>Kitchen and hardware</b>						
Crockery set	24 piece			1	520 Weeks	€ 0.04
Coffee mugs	Pair			3	156 Weeks	€ 0.04
Oven proof dish set (3 piece)	Pyrex			1	1,040 Weeks	€ 0.01
Egg cups	€ 4.00			2	520 Weeks	€ 0.01
Glasses set	€ 4.00			2	104 Weeks	€ 0.08
Cutlery set	6 pieces			4	1,040 Weeks	€ 0.02
Milk jug				1	364 Weeks	€ 0.01
§ Measuring jug		Dunnes	€ 4.00	1	1,040 Weeks	€ 0.00
§ Mixing bowl		Tesco	€ 8.49	1	780 Weeks	€ 0.01
§ Non-stick baking sheet		Dunnes	€ 4.00	1	780 Weeks	€ 0.01
Cake tin				1	1,040 Weeks	€ 0.00

# Pensioner Couple

Rural

## Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Rolling pin				1	1,040 Weeks	€ 0.01
Sieve				1	1,040 Weeks	€ 0.00
Colander				1	1,040 Weeks	€ 0.00
§ Kitchen scales		Argos	€ 5.99	1	780 Weeks	€ 0.01
3 piece saucepan set	Le Chef			1	1,040 Weeks	€ 0.03
§ Knife set (5 piece)		Argos	€ 29.99	1	520 Weeks	€ 0.05
Utensil set and rack				1	780 Weeks	€ 0.01
Tin opener				1	260 Weeks	€ 0.01
Potato peeler				1	260 Weeks	€ 0.01
Kitchen scissors				1	260 Weeks	€ 0.01
§ Wooden spoon set		Tesco	€ 1.99	1	156 Weeks	€ 0.01
§ Whisk		Dunnes	€ 3.99	1	1,040 Weeks	€ 0.00
Chopping board		Dunnes	€ 6.95	1	260 Weeks	€ 0.03
Plastic food box	Set of 3			1	260 Weeks	€ 0.02
Vacuum flask				1	520 Weeks	€ 0.02
Candles	Pack of 4			1	260 Weeks	€ 0.01
Freezer bags	Tesco brand (50)			1	26 Weeks	€ 0.09
Cling film	Tesco brand			1	13 Weeks	€ 0.15
Tin foil	Tesco brand			1	13 Weeks	€ 0.11
Ironing board				1	780 Weeks	€ 0.03
Clothes Airer				1	1,040 Weeks	€ 0.01
Washing line				1	260 Weeks	€ 0.01
Clothes pegs	Packet			1	52 Weeks	€ 0.03
Laundry basket				1	1,040 Weeks	€ 0.01
Tablemat set, 4 piece				1	156 Weeks	€ 0.04
Tray				1	780 Weeks	€ 0.00
Hand torch	Duracell			1	260 Weeks	€ 0.02

# Pensioner Couple

Rural

## Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Step-stool	Argos		€ 19.99	1	1,040 Weeks	€ 0.02
<b>Other Household Items</b>						
Clock	Constant			1	260 Weeks	€ 0.03
Umbrella				3	52 Weeks	€ 0.16
Suitcase	27"	Dunnes	€ 45.00	1	364 Weeks	€ 0.10
Holdall		Dunnes	€ 20.00	1	520 Weeks	€ 0.03
<b>Stationary and paper goods</b>						
Birthday cards	Pack of 2			15	104 Weeks	€ 0.38
Occasion cards	Pack of 30			2	52 Weeks	€ 0.15
Christmas cards	Box of 24			2	52 Weeks	€ 0.09
Gift wrap	Roll			2	52 Weeks	€ 0.21
Christmas wrapping paper	Roll			3	52 Weeks	€ 0.09
Writing pad				1	52 Weeks	€ 0.03
Envelopes	Pack			1	52 Weeks	€ 0.03
Mini note book				1	52 Weeks	€ 0.02
Scissors				1	260 Weeks	€ 0.01
Glue				1	52 Weeks	€ 0.04
Sellotape	Pack of 2			2	52 Weeks	€ 0.04
Pens	Pack of 10			1	156 Weeks	€ 0.01
<b>Home Security</b>						
Window Locks	All provided free of charge as in Local Author		€ -			€ -
Front door bolt	All provided free of charge as in Local Author		€ -			€ -
Back door bolt	All provided free of charge as in Local Author		€ -			€ -
Smoke detector	All provided free of charge as in Local Author		€ -			€ -
§ Carbon Monoxide Alarm				1	260 Weeks	€ 0.12
† Fire Blanket				1	416 Weeks	€ 0.03
† Fire Extinguisher				1	416 Weeks	€ 0.13



# Pensioner Couple

Rural

## Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Cleaning & maintenance						
Bucket				1	260 Weeks	€ 0.02
Mop				2	52 Weeks	€ 0.20
Dust pan and brush				1	260 Weeks	€ 0.02
Hand brush				1	260 Weeks	€ 0.01
Shoe brushes				1	260 Weeks	€ 0.01
Washing up brush		Tesco	€ 0.39	2	52 Weeks	€ 0.04
Washing up bowl				1	260 Weeks	€ 0.02
Dustbin				1	260 Weeks	€ 0.03
Vacuum bags	Electrolux			1	52 Weeks	€ 0.10
Batteries	Ever Ready AA (4)			8	52 Weeks	€ 0.14
Toilet brush set				1	26 Weeks	€ 0.11
§ Toilet paper	Saxon (9 pack)	Aldi	€ 2.55	1	2 Weeks	€ 1.60
Household matches	Maguire & paterson			1	52 Weeks	€ 0.02
Stain remover	Tesco brand (500ml)			1	104 Weeks	€ 0.04
§ Washing up liquid 1 litre	Powerforce	Aldi	€ 0.99	1	8 Weeks	€ 0.12
§ Bleach	Powerforce	Aldi	€ 0.59	1	4 Weeks	€ 0.14
§ Toilet cleaner	Powerforce	Aldi	€ 0.89	1	2 Weeks	€ 0.42
Air freshener				1	9 Weeks	€ 0.19
§ Furniture polish	Powerforce	Aldi	€ 0.89	1	26 Weeks	€ 0.03
§ Disinfectant	Dettol (700ml)	Aldi	€ 2.49	1	26 Weeks	€ 0.09
Shoe polish	Punch (50ml)			1	52 Weeks	€ 0.03
§ Dish cloths	Pack of 20	Aldi	€ 0.89	1	104 Weeks	€ 0.01
§ Household gloves	Powerforce (3 pack)	Aldi	€ 1.49	1	52 Weeks	€ 0.03
Bin liners	Killeen (40)			1	9 Weeks	€ 0.55
Tools						
Garden tool set				1	780 Weeks	€ 0.03

## Pensioner Couple

Rural

### Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Lawn mower	Flymo			1	520 Weeks	€ 0.40
Watering can				1	1,040 Weeks	€ 0.01
Gardening gloves				2	156 Weeks	€ 0.03
Kneeling mat				2	364 Weeks	€ 0.02
Screwdriver				1	1,040 Weeks	€ 0.00
Hammer				1	1,040 Weeks	€ 0.01
Measuring tape				1	1,040 Weeks	€ 0.00
Nails	Box			1	1,040 Weeks	€ 0.00
Light bulbs, 60w	Tesco (10)			1	52 Weeks	€ 0.25
Paint						
Paint roller and tray set				1	260 Weeks	€ 0.03
Paint brushes	5 piece set			1	260 Weeks	€ 0.03
Paint, emulsion	Dulux (3.5 litres)			6	260 Weeks	€ 0.24
Paint, gloss	Dulux (3.5 litres)			6	260 Weeks	€ 0.52
<b>Total</b>						<b>€ 21.30</b>

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

## Pensioner Couple

Rural

### Household Services

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Window cleaning		Local		1	9 Weeks	€ 0.73
§ Gutter Cleaning		Local	€ 40.00	1	104 Weeks	€ 0.38
† Chimney		Local		1	26 Weeks	€ 1.28
† Boiler Service		Local	€ 85.00	1	52 Weeks	€ 1.48
† Waste		Local				€ 3.97
<b>Total</b>						<b>€ 7.84</b>

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

## Pensioner Couple

Rural

### Communications

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Post</b>						
† Stamps	55c	An Post	€ 0.55	20	52 Weeks	€ 0.22
† Stamps	82 c	An Post	€ 0.82	10	52 Weeks	€ 0.16
<b>Phone</b>						
† Landline		Eircom				€ 8.20
† Mobile phone	Nokia	Free gift	€ -	2	104 Weeks	€ -
† Phone credit	Vodafone	Vodafone	€ 10.00	2	4 Weeks	€ 5.22
<b>Total</b>						<b>€ 13.80</b>

† Indicates items which were re-priced / newly added in December 2009

# Pensioner Couple

Rural

## Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Exercise / Sport Activities</b>						
Dancing	48 times per year	Local hall	€ 2.00	1	1 Week	€ 1.85
Bridge	48 times per year	Local hall	€ 2.00	4	1 Week	€ 7.40
Swimming	Free	Local pool	€ -	1	1 Week	€ -
Indoor bowls	48 times per year	Local hall	€ 1.00	4	1 Week	€ 3.69
<b>Holiday</b>						
† 1 week package	Hotel, full board	Killarney	€ 640.00	1	52 Weeks	€ 11.70
<b>Household Items</b>						
Deck of cards		Poundworld	€ 1.00	2	52 Weeks	€ 0.04
Scrabble set		Smyths	€ 21.99	1	780 Weeks	€ 0.03
Jigsaw		Poundworld	€ 2.00	2	52 Weeks	€ 0.08
Sewing kit		Hickeys	€ 9.00	1	520 Weeks	€ 0.02
Knitting wool	Ball	Poundworld	€ 2.00	5	52 Weeks	€ 0.19
Knitting needles	4.5mm	Hickeys	€ 2.10	1	520 Weeks	€ 0.00
Knitting needles	5.0mm	Hickeys	€ 5.95	1	520 Weeks	€ 0.01
Buttons	Packer	Hickeys	€ 1.45	1	104 Weeks	€ 0.01
Camera	Polaroid 340 AF	Argos	€ 26.99	1	364 Weeks	€ 0.07
Film processing		Local Chemist	€ 6.45	3	52 Weeks	€ 0.37
Photo album		Poundworld	€ 2.50	1	52 Weeks	€ 0.05
§ Photo frames, 8 x 6"		Dunnes	€ 6.00	4	520 Weeks	€ 0.05
Christmas lights	String of 40	Argos	€ 8.31	1	260 Weeks	€ 0.03
Artificial Christmas tree & stand		Argos	€ 25.99	1	520 Weeks	€ 0.05
Decorations, red bows	Pack of 21	Argos	€ 13.51	1	260 Weeks	€ 0.05
Pull-out garland, foil		Argos	€ 8.31	4	260 Weeks	€ 0.13
Garden and house plants:			€ -			€ -
Bulbs	Pack of 30	Tesco	€ 4.49	2	52 Weeks	€ 0.17
House plants		Free gifts	€ -			€ -

## Pensioner Couple

Rural

### Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Deck chairs		Atlantic homecare	€ 30.00	2	1,300 Weeks	€ 0.08
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 3.02
<b>Newspapers, Books &amp; Magazines</b>						
Novels		Second hand bookstor	€ 3.00	12	52 Weeks	€ 0.69
Bible		Veritas	€ 15.30	1	1,300 Weeks	€ 0.01
Daily newspaper	Evening herald	Local Newsagent	€ 1.00	6	1 Week	€ 6.01
Sunday newspaper	News of the world	Local newsagent	€ 2.00	1	1 Week	€ 2.00
Magazine	RTE Guide	Local newsagent	€ 1.50	1	1 Week	€ 1.50
Calendar		Parish calendar	€ 1.00	1	52 Weeks	€ 0.02
Telephone and address book		Easons	€ 3.99	1	260 Weeks	€ 0.02
DVD Rental		xtra vision	€ 4.60	4	52 Weeks	€ 0.35
Pocket dictionary	Oxford	Easons	€ 6.70	1	1,040 Weeks	€ 0.01
Popular/classical cassettes		Music Store	€ 9.95	5	52 Weeks	€ 0.96
<b>Socialising</b>						
Theatre	Matinee	Abbey Theatre	€ 12.00	2	52 Weeks	€ 0.46
Cinema		Omniplex, Santry	€ 6.50	2	52 Weeks	€ 0.25
Day trip e.g. Kilkenny Castle			€ 25.00	2	52 Weeks	€ 0.96
Day trip allowance			€ 25.00	2	52 Weeks	€ 0.96
Socialising/entertainment			€ 50.00	1	4 Weeks	€ 11.55
<b>Total</b>						<b>€ 54.87</b>

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

## Pensioner Couple

Rural

### Transport

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Bus</b>						
Free Travel Pass			€ -	2	52 Weeks	€ -
<b>Total</b>						<b>€ -</b>

### Private Transport

§ Car - Nissan Micra (2006)	1.2, Petrol, Manual	Local Dealer	€ 5,950.00	1	312 Weeks	€ 19.07
§ Car Tax			€ 333.00	1	52 Weeks	€ 6.40
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
§ Driving Licence Fee		Motor Tax Office	€ 25.00	2	520 Weeks	€ 0.10
‡ Maintenance and repairs		Karfix	€ 165.00	1	52 Weeks	€ 3.33
Petrol				1	1 Week	€ 27.80
<b>Total</b>						<b>€ 57.23</b>

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

## Pensioner Couple

Rural

### Household Energy

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
† Electricity		ESB		1	1 Week	€ 18.42
† Gas		Bord Gais		1	1 Week	€ -
† Home Heating Oil						€ 44.40
<b>Total</b>						<b>€ 62.82</b>

† Indicates items which were re-priced / newly added in December 2009



## Pensioner Couple

Rural

### Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Passport Fee		Passport Office	€ 95.00	2	520 Weeks	€ 0.37
Donations to charity			€ 4.50	1	1 Week	€ 4.50
<b>Total</b>						<b>€ 4.87</b>

§ 2012 Review adjustments & additions

## Pensioner Couple

Rural

### Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
† Home Contents Insurance	Quinn	Quinn Direct	€ 196.59	1	52 Weeks	€ 4.54
† Private Health Insurance	Plan B	VHI	€ 1,813.76	1	52 Weeks	€ 52.40
§ Car Insurance	Fully Comprehensive		€ 260.50	1	52 Weeks	€ 5.01
<b>Male Total</b>						<b>€ 61.95</b>

† Indicates items which were re-priced / newly added in December 2009

## Pensioner Couple

Rural

### Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Personal Savings	Credit Union		€ 10.00	1	1 Week	€ 10.00
§ Contingencies / Emergencies			€ 5.00	1	1 Week	€ 5.00
<b>Total</b>						<b>€ 15.00</b>

§ 2012 Review adjustments & additions