

2019	URBAN	Pensioner Couple
Food		75.25
Clothing		23.37
Personal Care		13.63
Health		23.48
Health - OTC		1.20
Health Care Services		22.28
Household Goods		19.65
Household Services		8.05
Communications		24.37
Social Inclusion & Participation		67.42
Education		
Transport - Public		6.92
Transport - Car		69.90
Household Energy		33.25
Electricity		17.43
Heat		15.82
Personal Costs		
Not employed		2.31
Part-Time		
Full-Time		
Childcare		
Not employed		
Part-Time		
Full-Time		
Insurance		
Home		1.96
Health		21.82
Car		12.42
Funeral		1.99
Savings & Contingencies		15.00

2019								Pensioner Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Fruit &amp; Vegetables</b>								
Apples	loose	Pink Lady	Aldi	€ 0.39	6	1 Week	€ 2.34	
Bananas	6 Pack	Aldi, Natures Pick	Aldi	€ 1.47	1	1 Week	€ 1.47	
Cabbage	Head	Aldi	Aldi	€ 0.98	1	1 Week	€ 0.98	
Carrots	1kg	Aldi	Aldi	€ 0.98	1	1 Week	€ 0.98	
Cauliflower	Head	Aldi	Aldi	€ 1.28	1	1 Week	€ 1.28	
Cucumber		Aldi	Aldi	€ 0.59	1	1 Week	€ 0.59	
Dried Apricot	250g	Wholefoods	Aldi	€ 2.99	1	4 Weeks	€ 0.75	
Frozen bag of Broccoli	1kg	Four Seasons	Aldi	€ 0.76	1	2 Weeks	€ 0.38	
Peas	1kg bag	Green Garden	Aldi	€ 0.62	1	3 Weeks	€ 0.21	
Lettuce	Head	Aldi	Aldi	€ 0.89	1	1 Week	€ 0.89	
Mushrooms	250g	Aldi	Aldi	€ 0.78	1	1 Week	€ 0.78	
Onions	1 kg	Aldi	Aldi	€ 0.68	1	2 Weeks	€ 0.34	
Oranges	1kg	Aldi	Aldi	€ 1.77	1	2 Weeks	€ 0.88	
Pears	Loose	Aldi	Aldi	€ 0.48	4	1 Week	€ 1.94	
Peppers	Pack of 3	The Salad Box	Aldi	€ 1.48	1	2 Weeks	€ 0.74	
Potatoes	2kg	Roosters	Aldi	€ 2.99	1	1 Week	€ 2.99	
Tomatoes	6 pack	Aldi	Aldi	€ 0.98	1	2 Weeks	€ 0.49	
Turnip		Aldi	Aldi	€ 0.78	1	1 Week	€ 0.78	
<b>Groceries</b>								
Beans	420g	Corale	Aldi	€ 0.36	1	1 Week	€ 0.36	
Biscuits	400g	Belmont Digestive	Aldi	€ 0.44	1	1 Week	€ 0.44	
Bran flakes	750g	Harvest Morn	Aldi	€ 0.99	1	2 Weeks	€ 0.50	

2019								Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Cheese	250g	Irish Vintage White Ch	Aldi	€ 1.51	1	2 Weeks	€ 0.75		
Coffee	200g	Aldi	Aldi	€ 1.79	1	2 Weeks	€ 0.90		
Coleslaw	400g tub	Country Fresh	Aldi	€ 0.75	1	2 Weeks	€ 0.38		
Cranberry Juice	1 litre	Aldi	Aldi	€ 0.89	1	1 Week	€ 0.89		
Cooking Oil	1 litre	Solesta	Aldi	€ 1.45	1	5 Weeks	€ 0.29		
Cream Crackers	300g	Savour Bakes	Aldi	€ 0.39	1	3 Weeks	€ 0.13		
Eggs	6 eggs	Irish Free Range - Corr	Aldi	€ 1.79	1	1 Week	€ 1.79		
Butter	500g	Dairygold	Aldi	€ 2.99	1	3 Weeks	€ 1.00		
Frozen fish (cod)	450g	Northern Catch	Aldi	€ 1.95	1	1 Week	€ 1.95		
Oven Chips	1.5kg	Champion	Aldi	€ 2.08	1	2 Weeks	€ 1.04		
Gravy	300g	Quixo	Aldi	€ 0.79	1	5 Weeks	€ 0.16		
Ham, Cooked	15 slices	Glensallagh Family Pack	Aldi	€ 1.99	1	1 Week	€ 1.99		
Ice Cream	1 litre	Gianni's	Aldi	€ 1.96	1	2 Weeks	€ 0.98		
Jelly	135g	Hartley's	Tesco	€ 0.55	1	1 Week	€ 0.55		
Yoghurts	125g 4 pack	Coolree Creamery	Aldi	€ 1.43	2	1 Week	€ 2.87		
Marmalade	454g	Grandessa	Aldi	€ 0.45	1	4 Weeks	€ 0.10		
Mayonnaise	500ml	Bramwells	Aldi	€ 1.47	1	6 Weeks	€ 0.24		
Spaghetti	1kg bag	Cucina	Aldi	€ 0.90	1	2 Weeks	€ 0.45		
Pasta sauce	320g	Cucina	Aldi	€ 1.57	1	1 Week	€ 1.57		
Pepper	25g	Stone Mill	Aldi	€ 0.97	1	52 Weeks	€ 0.02		
Porridge Oats	1.5kg	Kavanaghs	Aldi	€ 0.99	1	3 Weeks	€ 0.33		
Salmon	212g	Ocean Rise	Aldi	€ 1.27	1	1 Week	€ 1.27		
Salt	750g	Stone Mill	Aldi	€ 0.97	1	52 Weeks	€ 0.02		

2019								Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Sugar	1kg	The Pantry	Aldi	€ 1.10	1	17 Weeks	€	0.06	
Sweetcorn	340g	Sweet Harvest	Aldi	€ 0.28	1	1 Week	€	0.28	
Swiss Roll	1	Byrne's Bakery	Aldi	€ 1.78	1	1 Week	€	1.78	
Tea Bags	80 bags	Lyons	Aldi	€ 3.05	1	4 Weeks	€	0.70	
Tin of Mixed Herbs	11g	Stone Mill	Aldi	€ 0.44	1	17 Weeks	€	0.03	
Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.43	1	1 Week	€	0.43	
Tuna	185g	Ocean Rise	Aldi	€ 0.68	1	1 Week	€	0.68	
Vinegar	568ml	Bramwells	Aldi	€ 0.44	1	17 Weeks	€	0.03	
<b>Meat</b>									
Mince Meat	500g	Butchers Selection	Aldi	€ 3.49	1	1 Week	€	3.49	
Pork chops	4	Butchers Selection	Aldi	€ 3.23	1	2 Weeks	€	1.61	
Roast Beef		Butchers Selection	Aldi	€ 6.10	1	1 Week	€	6.10	
Rashers	250g	Brannans	Aldi	€ 1.02	1	2 Weeks	€	0.68	
Sausages	x8	Brannan	Aldi	€ 0.79	1	2 Weeks	€	0.40	
Pudding		Aldi	Aldi	€ 1.79	1	4 Weeks	€	0.45	
Beef (stewing)	600g	Butchers Selection	Aldi	€ 4.79	1	2 Weeks	€	2.40	
<b>Milk &amp; Bread</b>									
Brown bread	204g	Mac Cambridge		€ 2.04	1	2 Weeks	€	1.02	
Brown bread	800g	Ballymore Crust	Aldi	€ 0.80	1	1 Week	€	0.80	
Brown bread rolls	Loose	Ballymore Crust	Aldi	€ 0.39	4	1 Week	€	1.56	
Low-fat milk	2 litres	Clobawn	Aldi	€ 1.49	1	1 Week	€	1.49	
Scones	Loose	Bakery	Aldi	€ 0.80	4	1 Week	€	3.19	
<b>Other</b>									

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Extra for visitors			€ 7.00	1	1 Week	€	7.00
Christmas			€ 66.96	1	52 Weeks	€	1.29
<b>Total</b>							
						<b>TOTAL</b>	€ 75.25

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Female</b>							
<b>Underwear and nightwear</b>							
Bras	Dunnes	Dunnes	€ 7.90	4	52 Weeks	€ 0.61	
Pants 4 pack	Dunnes	Penny's	€ 4.44	5	52 Weeks	€ 0.43	
Shape Control Underwear	Dunnes	Dunnes	€ 4.00	2	104 Weeks	€ 0.08	
Half slip	Dunnes	Dunnes	€ 15.00	2	52 Weeks	€ 0.58	
Thermal vests	Dunnes	Dunnes	€ 8.00	3	52 Weeks	€ 0.46	
Long johns	Dunnes	Dunnes	€ 8.00	3	52 Weeks	€ 0.46	
Tights Pack of 2	Penney's	Penney's	€ 3.95	6	52 Weeks	€ 0.46	
Socks 5 pack	Penny's	Penny's	€ 1.98	4	52 Weeks	€ 0.15	
Dressing gown	Penney's	Penney's	€ 6.91	1	156 Weeks	€ 0.04	
Light night dress	Dunnes	Dunnes	€ 6.00	2	104 Weeks	€ 0.12	
Winter night dress	Dunnes	Dunnes	€ 10.50	2	104 Weeks	€ 0.20	
Pyjamas	Penney's	Penney's	€ 6.91	2	104 Weeks	€ 0.13	
<b>Coats, jackets</b>							
Winter coat	Dunnes	Dunnes	€ 49.38	1	312 Weeks	€ 0.16	
Water resistant anorak	Dunnes	Dunnes	€ 25.00	1	156 Weeks	€ 0.16	
Light casual jacket	Atmosphere	Penny's	€ 14.81	2	156 Weeks	€ 0.19	
Fleece	Dunnes	Dunnes	€ 9.88	1	156 Weeks	€ 0.06	
<b>Main clothing</b>							
T-shirt	Dunnes	Dunnes	€ 3.95	4	52 Weeks	€ 0.30	
Hat, scarf & glove set	Penny's	Penny's	€ 8.91	1	104 Weeks	€ 0.09	
Heavy skirt	Dunnes	Dunnes	€ 27.50	1	52 Weeks	€ 0.53	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Long sleeve cotton shirt	Dunnes	Dunnes	€ 5.00	2	104 Weeks	€ 0.10	
Polo T-shirt	Penny's	Penny's	€ 10.00	2	52 Weeks	€ 0.38	
Short sleeve summer dress	New Look	New Look	€ 22.99	1	52 Weeks	€ 0.44	
Suit- jacket and skirt	Marks & Spencer	Marks & Spencer	€ 89.00	1	104 Weeks	€ 0.86	
Summer cardigan	Dunnes	Dunnes	€ 12.00	1	104 Weeks	€ 0.12	
Summer skirt	Marks & Spencer	Marks & Spencer	€ 49.00	2	104 Weeks	€ 0.94	
Summer sweater	Dunnes	Dunnes	€ 20.00	2	104 Weeks	€ 0.38	
Sun hat	Penny's	Penny's	€ 6.00	1	104 Weeks	€ 0.06	
Swimsuit	Dunnes	Dunnes	€ 5.00	1	104 Weeks	€ 0.05	
Tracksuit bottoms	Dunnes	Dunnes	€ 10.00	1	52 Weeks	€ 0.19	
Trousers	Dunnes	Dunnes	€ 9.88	4	104 Weeks	€ 0.38	
Woollen sweater	Dunnes	Dunnes	€ 15.00	3	156 Weeks	€ 0.29	
<b>Footwear</b>							
Leather shoes	Clarks	Clarks	€ 60.00	1	104 Weeks	€ 0.58	
Leather sandals	Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.14	
Slippers	Dunnes	Dunnes	€ 4.00	1	52 Weeks	€ 0.08	
Trainers	Dunnes	Dunnes	€ 19.60	1	52 Weeks	€ 0.38	
Leather boots	Dunnes	Dunnes	€ 70.00	1	104 Weeks	€ 0.67	
<b>Personal Accessories</b>							
Battery change	Argos	Argos	€ 3.94	1	104 Weeks	€ 0.04	
Dry clean coat	(inc 10% pensioner disc)	Local Dry Cleaners	€ 7.20	1	52 Weeks	€ 0.14	
Hand bag	Penneys	Penneys	€ 9.13	2	260 Weeks	€ 0.07	
Necklace	Silver chain	Argos	€ 24.99	1	1,040 Weeks	€ 0.02	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Purse	Penny's	Penny's	€ 4.56	1	52 Weeks	€	0.09	
Shoe repairs	Local shoe repair	Local shoe repair	€ 38.00	1	52 Weeks	€	0.73	
Watch	Constant	Argos	€ 11.65	1	1,040 Weeks	€	0.01	
<b>Female Total</b>								
						<b>TOTAL</b>	€ 12.34	



2019							Pensioner Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week
<b>Male</b>							
<b>Underwear and nightwear</b>							
Pants	3 pack	Penny's	Penny's	€ 4.94	2	52 Weeks	€ 0.19
Thermal vests	2 pack	Dunnes	Dunnes	€ 12.00	1	52 Weeks	€ 0.23
Pyjamas		Dunnes	Dunnes	€ 14.00	1	52 Weeks	€ 0.27
Dressing gown		Penneys	Penneys	€ 12.00	1	156 Weeks	€ 0.08
Socks	7 pack	Dunnes	Dunnes	€ 6.00	1	52 Weeks	€ 0.12
<b>Coats, jackets</b>							
Winter coat		Dunnes	Dunnes	€ 39.51	2	260 Weeks	€ 0.30
Water resistant jacket		Dunnes	Dunnes	€ 40.00	1	156 Weeks	€ 0.26
Fleece		Dunnes	Dunnes	€ 8.00	1	104 Weeks	€ 0.08
Gillet		Dunnes	Dunnes	€ 20.00	1	104 Weeks	€ 0.19
<b>Main clothing</b>							
Suit		Guineys	Guineys	€ 148.15	1	156 Weeks	€ 0.95
Trousers		Dunnes	Dunnes	€ 14.81	4	104 Weeks	€ 0.57
Long sleeve shirt		Dunnes	Dunnes	€ 15.00	2	52 Weeks	€ 0.58
Short sleeve casual shirt		H&M	H&M	€ 12.99	2	52 Weeks	€ 0.50
Sleeveless pullover		M&S	M&S	€ 24.00	1	156 Weeks	€ 0.15
Long sleeve acrylic jumper		Dunnes	Dunnes	€ 30.00	2	104 Weeks	€ 0.58
Woollen sweater			M&S	€ 40.00	2	104 Weeks	€ 0.77
Sports Coat		Skechers	Guineys	€ 14.99	1	208 Weeks	€ 0.07
Summer trousers		Dunnes	Dunnes	€ 13.00	2	104 Weeks	€ 0.25
Shorts		Dunnes	Dunnes	€ 11.85	2	104 Weeks	€ 0.23

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Polo T-shirt	Dunnes	Dunnes	€ 5.00	3	104 Weeks	€	0.14
Swimming trunks	Dunnes	Dunnes	€ 5.00	1	208 Weeks	€	0.02
Belt	Penneys	Penneys	€ 4.69	1	156 Weeks	€	0.03
Hat, scarf & glove set	Pennys	Pennys	€ 9.38	1	52 Weeks	€	0.18
Tie	Dunnes	Dunnes	€ 5.00	2	156 Weeks	€	0.06
Baseball hat	Dunnes	Dunnes	€ 5.00	1	104 Weeks	€	0.05
<b>Footwear</b>							
Leather shoes	Dunnes	Dunnes	€ 75.00	1	52 Weeks	€	1.44
Leather sandals	Clarkes	Clarkes	€ 69.95	1	156 Weeks	€	0.45
Trainers	Sports Shop	Sports Shop	€ 50.00	1	52 Weeks	€	0.96
Slippers	Dunnes	Dunnes	€ 5.00	1	52 Weeks	€	0.10
<b>Personal Accessories</b>							
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€	0.04
Battery replacement	Argos	Argos	€ 3.94	1	52 Weeks	€	0.08
Wallet	Dunnes	Dunnes	€ 9.13	1	260 Weeks	€	0.04
Dry clean	Coat	Local dry cleaners	€ 8.00	1	52 Weeks	€	0.15
Dry clean	2 piece Suit	Local dry cleaners	€ 10.00	1	52 Weeks	€	0.19
Shoe repairs	Local shoe repair	Local shoe repair	€ 38.00	1	52 Weeks	€	0.73
<b>Male Total</b>							
						<b>TOTAL</b>	€ 11.03
						<b>C.TOTAL</b>	€ 23.37

2019							Pensioner Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week
<b>Female</b>							
<b>Personal Hygiene</b>							
Suncream	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€ 0.05
Tissues	X60	Floralys	Lidl	€ 0.79	2	4 Weeks	€ 0.36
Soap	4 pack	Cien	Lidl	€ 0.58	1	13 Weeks	€ 0.04
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	6 Weeks	€ 0.23
Denture cleaning tablet 30 pack		Pro-Formula	Tesco	€ 1.65	1	9 Weeks	€ 0.19
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€ 0.04
Hairbrush		Miomare	Lidl	€ 2.99	1	52 Weeks	€ 0.06
Conditioner	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€ 0.60
Shampoo	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€ 0.60
Disposable razors	X3	Cien	Lidl	€ 1.63	1	8 Weeks	€ 0.20
Nail Clippers	Boots Finger Nail Clipp Boots		Boots	€ 1.92	1	208 Weeks	€ 0.01
Emery boards	Pack of 4	Penneys	Penneys	€ 1.50	1	13 Weeks	€ 0.12
Deodorant	50ml	Cien	Lidl	€ 0.85	1	4 Weeks	€ 0.20
Hand cream	75ml	Cien	Lidl	€ 0.99	1	4 Weeks	€ 0.23
Haircut			Local hairdresser	€ 21.31	1	6 Weeks	€ 3.55
Shower gel	250ml	Cien	Lidl	€ 0.68	1	4 Weeks	€ 0.16
Nail Varnish Remover	200ml	Cien	Lidl	€ 1.59	1	104 Weeks	€ 0.02
Toilet bag			Pennys	€ 4.56	1	208 Weeks	€ 0.02
Tweezers	2 pack	Miomare	Lidl	€ 3.46	1	520 Weeks	€ 0.01
Hair Bobbins	60pack	Primark	Penneys	€ 1.50	1	52 Weeks	€ 0.03
<b>Cosmetics</b>							

2019		Pensioner Couple						
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Foundation	40ml	no.7	Boots	€ 3.63	2	52 Weeks	€ 0.14	
Eye Brow Pencil		Rimmel	Boots	€ 5.49	1	52 Weeks	€ 0.11	
Lipstick		Rimmel	Penneys	€ 6.60	1	26 Weeks	€ 0.25	
Face moisturiser	50ml	Cien	Lidl	€ 2.49	2	9 Weeks	€ 0.55	
Facewash/Cleanser	150ml	Cien	Lidl	€ 1.09	1	9 Weeks	€ 0.12	
Hairspray	400ml	Cien	Lidl	€ 1.19	1	9 Weeks	€ 0.14	
Nail varnish		Catrice	Penneys	€ 2.95	2	52 Weeks	€ 0.11	
<b>Female Total</b>						<b>TOTAL</b>	<b>€ 8.12</b>	
<b>Male</b>								
<b>Personal Hygiene</b>								
Suntan lotion	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€ 0.05	
Tissues	X60	Floralys	Lidl	€ 0.79	1	4 Weeks	€ 0.18	
Soap	4 pack	Cien	Lidl	€ 0.58	1	13 Weeks	€ 0.04	
Denture cleaning tablet 30 pack		Pro-Formula	Tesco	€ 1.65	1	4 Weeks	€ 0.38	
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	6 Weeks	€ 0.23	
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€ 0.04	
Comb		Miomare	Lidl	€ 2.99	1	156 Weeks	€ 0.02	
Shampoo	300ml	Cien Men	Lidl	€ 0.99	1	4 Weeks	€ 0.23	
Shaving gel	150ml	Cien Men	Lidl	€ 0.56	1	8 Weeks	€ 0.07	
Man: razor		Cien Men	Lidl	€ 3.85	1	520 Weeks	€ 0.01	
Man: blades	5Pack	Cien Men	Lidl	€ 4.81	1	5 Weeks	€ 0.96	
Nail Clippers	Boots Finger Nail Clipp Boots		Boots	€ 1.92	1	208 Weeks	€ 0.01	

2019								Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Deodrant	50ml	Cien Men	Lidl	€ 0.95	1	4 Weeks	€	0.22	
Haircut			Local Barbers	€ 14.92	1	6 Weeks	€	2.49	
Shower gel	250ml	Cien	Lidl	€ 0.68	1	4 Weeks	€	0.16	
Toilet bag			Pennys	€ 4.56	1	260 Weeks	€	0.02	
<b>Cosmetics</b>									
Aftershave	150ml	Old Spice Original	Boots	€ 11.48	1	52 Weeks	€	0.22	
Moisturiser	50ml	Cien Men	Lidl	€ 2.38	4	52 Weeks	€	0.18	
<b>Male Total</b>									
						<b>TOTAL</b>	€	5.50	
						<b>C.TOTAL</b>	€	13.63	

2019								Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
<b>Over the counter health items</b>									
Plasters	Pack of 40	Tesco waterproof	Tesco	€ 1.08	2	52 Weeks	€	0.04	
Sterile gauze swabs	5 pack	Boots Pharmaceuticals	Boots	€ 2.99	2	52 Weeks	€	0.12	
Paracetamol	Pack of 24		Local chemist	€ 2.47	6	52 Weeks	€	0.29	
Indigestion tablets	24 pack	Rennie	Local chemist	€ 2.95	2	52 Weeks	€	0.11	
Cough mixture	125ml	Benalyn	Local chemist	€ 5.93	3	52 Weeks	€	0.34	
Cold powder	10 Pack	Lemsip	Tesco	€ 3.99	4	52 Weeks	€	0.31	
<b>Main Care</b>									
Doctor			Local	€ 56.33	8	52 Weeks	€	8.67	
Optician			Local	€ 30.73	2	52 Weeks	€	1.18	
Dentist			Local	€ 91.99	2	52 Weeks	€	3.54	
Chiropodist			Local	€ 40.00	2	52 Weeks	€	1.54	
Long-term prescription			Local	€ 12.20	24	52 Weeks	€	5.63	
Prescriptions (anti-biotic)			Pharmacy	€ 11.21	8	52 Weeks	€	1.72	
<b>Total</b>							<b>TOTAL</b>	€ 23.48	

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Furnishings</b>							
3 piece suite	Argos Home Tessa Pai	Argos	€ 732.65	1	936 Weeks	€ 0.78	
Cabinet/unit	Argos Home Essel	Argos	€ 129.99	1	936 Weeks	€ 0.14	
Kitchen/dining table & 4 chairs	Table & 4 chairs -	Argos	€ 189.59	1	936 Weeks	€ 0.20	
Double Bed	Argos Home Freja Dou	Argos	€ 84.79	1	936 Weeks	€ 0.09	
Double mattress	Airsprung EssentialsNe	Argos	€ 103.85	1	936 Weeks	€ 0.11	
Double Bed	Argos Home Freja Dou	Argos	€ 84.79	1	936 Weeks	€ 0.09	
Double mattress	Airsprung EssentialsNe	Argos	€ 103.85	1	936 Weeks	€ 0.11	
Single bed	Argos Home Freja Sing	Argos	€ 84.79	1	936 Weeks	€ 0.09	
Single mattress	Airsprung Essentials Ne	Argos	€ 94.32	1	936 Weeks	€ 0.10	
Wardrobe	Argos Home Seville 3 [	Argos	€ 189.59	3	936 Weeks	€ 0.61	
Chest of drawers	Argos Home Jenson 3	Argos	€ 95.26	3	936 Weeks	€ 0.31	
Bedside locker	Argos Home New Mal	Argos	€ 46.68	4	936 Weeks	€ 0.20	
Bathroom cabinet	Argos Home 4 Drawer	Argos	€ 42.87	1	936 Weeks	€ 0.05	
Vase		Woodies DIY	€ 7.00	2	936 Weeks	€ 0.01	
<b>Floor Coverings</b>							
Hall, Stairs and Landing, Carpet (27 sq. yard)	Montmarte, Felt Back, †	Des Kelly	€ 385.25	1	436 Weeks	€ 0.88	
Lounge, Carpet (29 sq. yards)	Berwick Soft  Saxony, F	Des Kelly	€ 498.63	1	436 Weeks	€ 1.14	
Bedroom, Carpet (21 sq. yards)	Liffey Twist, Felt back, †	Des Kelly	€ 308.83	1	436 Weeks	€ 0.71	
Bedroom, Carpet (21 sq. yards)	Liffey Twist, Felt back, †	Des Kelly	€ 308.83	1	436 Weeks	€ 0.71	
Bedroom Carpet (16 sq. yards)	Liffey Twist, Felt back, †	Des Kelly	€ 235.30	1	436 Weeks	€ 0.54	
Kitchen, Lino (28 sq. yard)	Harlem, Supplied & Fitt	Des Kelly	€ 306.19	1	436 Weeks	€ 0.70	
Bathroom, Lino (10 sq. yard)	Harlem, Supplied & Fitt	Des Kelly	€ 109.44	1	436 Weeks	€ 0.25	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Textiles and soft furnishings</b>							
Double duvet- light tog	Summer Weight 4.5 Tc	Guineys	€ 13.43	1	260 Weeks	€ 0.05	
Double Duvet- heavy tog	Winter Warm 13.5 Tc	Guineys	€ 17.91	1	260 Weeks	€ 0.07	
Single duvet	Winter Warm 13.5 Tc	Guineys	€ 14.33	1	260 Weeks	€ 0.06	
Pillows	Pack of 2	Argos	€ 4.47	3	208 Weeks	€ 0.06	
Single fitted sheet	Pollycotton Fitted Shee	Kavanaghs	€ 4.48	2	312 Weeks	€ 0.03	
Double fitted sheets	Penny's	Penny's	€ 6.72	4	208 Weeks	€ 0.13	
Single duvet cover & 1 pillowcase	Pollycotton	Kavanaghs	€ 5.00	2	312 Weeks	€ 0.03	
Double quilt cover & 2 pillowcases	Maximal Floral Double	Penny's	€ 14.33	3	208 Weeks	€ 0.21	
Hand towels		Pennys	€ 2.24	12	208 Weeks	€ 0.13	
Face cloths	Pack of 3	Pennys	€ 1.79	5	208 Weeks	€ 0.04	
Bath mat	100% Cotton	Guineys	€ 7.99	2	208 Weeks	€ 0.08	
Bath towels	Super Soft 100% Cottc	Kavanaghs	€ 4.00	8	208 Weeks	€ 0.15	
Tea towels	4 pack	Dunnes	€ 2.69	1	52 Weeks	€ 0.05	
Ovengloves	Double Oven Glove	Guineys	€ 5.99	1	208 Weeks	€ 0.03	
Cushion and cover	Set of 2	Pennys	€ 12.00	2	208 Weeks	€ 0.12	
Table cloth	Chequered Design Tab	Guineys	€ 7.99	2	208 Weeks	€ 0.08	
<b>Curtains, Blinds, etc.</b>							
Bathroom, Blind (120x158cm)	Argos Home Blackout	Duffys	€ 17.02	1	416 Weeks	€ 0.04	
Lounge, Blind (90 x 72 inches)	Argos Home Roller Blir	Argos	€ 34.04	1	416 Weeks	€ 0.08	
Bedroom Blind	ColourMatch Blackout	Argos	€ 10.75	3	416 Weeks	€ 0.08	
Lounge, Curtain (90 x 72 inches)		homestore and more	€ 25.79	1	520 Weeks	€ 0.05	
Bedrooms, Curtain		homestore and more	€ 25.79	3	520 Weeks	€ 0.15	



2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Patio door, Curtain (68 x 84 inches)		homestore and more	€ 21.50	1	520 Weeks	€ 0.04		
Curtain Pole and Fittings (8 feet)	Argos Home Extendab	Argos	€ 8.06	1	1,040 Weeks	€ 0.01		
Curtain Pole and fittings for patio door (6 feet)	Argos Home Extendab	Argos	€ 8.06	1	1,040 Weeks	€ 0.01		
Curtain Pole and fittings for bedrooms (4 feet)	Argos Home Extendab	Argos	€ 8.06	3	1,040 Weeks	€ 0.02		
Curtain hooks	200pk	Argos	€ 5.82	1	1,040 Weeks	€ 0.01		
Lampshades	Linen Empire Shade, m	Dunnes	€ 5.72	8	780 Weeks	€ 0.06		
<b>Appliances</b>								
Television (with Saorview)	PANASONIC 32" 720I	Powercity	€ 203.14	1	520 Weeks	€ 0.39		
CD player	Bush DAB Boombox v	Argos	€ 54.99	1	520 Weeks	€ 0.11		
DVD Player	Panasonic DVD-S500E	Argos	€ 35.99	1	520 Weeks	€ 0.07		
Fridge/freezer	Simple Value M48145F	Argos	€ 215.34	1	520 Weeks	€ 0.41		
Electric cooker	BEKO 50CM TWIN C	Powercity	€ 244.66	1	520 Weeks	€ 0.47		
Kettle	Simple Value Cordless	Argos	€ 7.02	1	260 Weeks	€ 0.03		
Microwave	POWERPOINT 700 V	Powercity	€ 56.17	1	520 Weeks	€ 0.11		
Washing machine	BEKO 5KG WASHINC	Powercity	€ 195.72	1	520 Weeks	€ 0.38		
Vacuum cleaner	Bush VCS35B15KD Ba	Argos	€ 47.95	1	520 Weeks	€ 0.09		
Standing lamp	Phoenix Lamp	Dunnes	€ 10.00	3	520 Weeks	€ 0.06		
Blender	Berville VBL075	Argos	€ 26.22	1	520 Weeks	€ 0.05		
Toaster	Simple Value 2 Slice Tc	Argos	€ 8.89	1	520 Weeks	€ 0.02		
Iron	Steamworks ES2325	Argos	€ 15.92	1	520 Weeks	€ 0.03		
Radio (alarm clock, MP3, Bluetooth etc. )	Constant Elliptical Alarr	Argos	€ 5.82	1	520 Weeks	€ 0.01		
Hairdryer	Remington Power Dry	Argos	€ 16.99	1	520 Weeks	€ 0.03		
<b>Kitchen and Hardware</b>								

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Crockery set	Simple Value 12 Piece I	Argos	€ 9.56	1	520 Weeks	€ 0.02		
Coffee mugs (6 per set)	Simple Value Set of 6 F	Argos	€ 7.18	2	520 Weeks	€ 0.03		
Ovenproof dish set	Pyrex 3 Piece Clear Ca	Argos	€ 22.02	1	520 Weeks	€ 0.04		
Egg cups	Simply White Egg Cup:	Dunnes	€ 4.79	1	520 Weeks	€ 0.01		
Glasses set	4	Dealz	€ 5.70	2	520 Weeks	€ 0.02		
Cutlery set	Simple Value Venice 24	Tesco	€ 14.84	1	520 Weeks	€ 0.03		
Milk jug	620ml	Woodies DIY	€ 12.99	1	520 Weeks	€ 0.02		
Measuring jug	Pyrex 1 L	Dunnes	€ 6.00	1	520 Weeks	€ 0.01		
Mixing bowl	Tesco Basics Mixing Bo	Tesco	€ 1.91	1	520 Weeks	€ 0.00		
Non-stick baking Tray	Dunnes Brand Non sti	Dunnes	€ 7.66	1	520 Weeks	€ 0.01		
Cake tin		Dealz	€ 1.50	1	520 Weeks	€ 0.00		
Rolling pin		Woodies DIY	€ 2.99	1	520 Weeks	€ 0.01		
Sieve		Dealz	€ 1.50	1	520 Weeks	€ 0.00		
Colander	Tesco Basics Colander	Tesco	€ 2.15	1	520 Weeks	€ 0.00		
Kitchen scales	Simple Value Mechanic	Argos	€ 7.18	1	520 Weeks	€ 0.01		
Saucepan set(5 piece)	Non-Stick Carbon Stee	Argos	€ 36.38	1	520 Weeks	€ 0.07		
Knife set (5 piece)	Simple Value 5 Piece K	Argos	€ 9.57	1	520 Weeks	€ 0.02		
Utensil set and rack	ColourMatch 16 Piece	Argos	€ 5.74	1	520 Weeks	€ 0.01		
Tin opener	Tesco Stainless Steel	Tesco	€ 5.74	1	520 Weeks	€ 0.01		
Potato peeler	Tesco Stainless Steel	Tesco	€ 4.31	1	520 Weeks	€ 0.01		
Kitchen scissors	Tesco All Purpose Scis	Tesco	€ 3.35	1	520 Weeks	€ 0.01		
Wooden spoon set	Tesco Basics Fsc Woo	Tesco	€ 1.68	1	520 Weeks	€ 0.00		
Whisk	Tesco Stainless Steel W	Tesco	€ 4.31	1	520 Weeks	€ 0.01		

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Chopping board	Tesco Basics All Purpo:	Tesco	€ 2.87	1	520 Weeks	€ 0.01	
Plastic food box	Pack	Dunnes	€ 8.00	1	520 Weeks	€ 0.02	
Vacuum flask		Dunnes	€ 7.66	1	520 Weeks	€ 0.01	
Candles	Tesco 6 Pack Dinner C	Tesco	€ 3.70	1	520 Weeks	€ 0.01	
Freezer bags	Tesco brand (40)	Tesco	€ 0.82	1	520 Weeks	€ 0.00	
Cling film	Tesco brand	Tesco	€ 1.39	1	520 Weeks	€ 0.00	
Tin foil	Tesco brand	Tesco	€ 1.39	1	520 Weeks	€ 0.00	
Ironing board	Simple Value 118 x 34	Argos	€ 14.36	1	520 Weeks	€ 0.03	
Clothes Ainer	Guineys Brand Clothes	Gunieys	€ 11.99	1	520 Weeks	€ 0.02	
Washing line		Dunnes	€ 3.70	1	520 Weeks	€ 0.01	
Clothes pegs	Wooden Pegs, Pack of	Dunnes	€ 2.78	1	520 Weeks	€ 0.01	
Laundry basket	Pennys	Pennys	€ 4.79	1	520 Weeks	€ 0.01	
Tablemats	Small Stitch Placemat	Dunnes	€ 2.69	1	520 Weeks	€ 0.01	
Tray		Dealz	€ 1.50	1	520 Weeks	€ 0.00	
Hand torch		Dealz	€ 1.48	1	520 Weeks	€ 0.00	
Step-stool	Abru 2 Step Hamdy St	Argos	€ 17.99	1	520 Weeks	€ 0.03	
<b>Other Household Items</b>							
Reusable shopping bag	Tesco Finest Reusable	Tesco	€ 1.16	4	208 Weeks	€ 0.02	
Clock	Argos Home Wall Clo	Argos	€ 10.00	1	260 Weeks	€ 0.04	
Umbrella	Penny's Black Umbrella	Penny's	€ 3.65	2	52 Weeks	€ 0.14	
Suitcase	Max Lightweight Two	Dunnes	€ 50.20	2	364 Weeks	€ 0.28	
Holdall		Argos	€ 27.99	2	520 Weeks	€ 0.11	
Shopping trolley		Argos	€ 24.99	1	208 Weeks	€ 0.12	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Stationary and paper goods</b>							
Birthday cards	Pack of 2	Dealz	€ 1.49	18	104 Weeks	€ 0.26	
Occasion cards	Pack of 30	Dealz	€ 1.49	2	52 Weeks	€ 0.06	
Christmas cards	Box of 24	Dealz	€ 1.49	3	52 Weeks	€ 0.09	
Gift wrap	Roll	Dealz	€ 1.49	2	52 Weeks	€ 0.06	
Christmas wrapping paper	Roll	Penny's	€ 1.49	3	52 Weeks	€ 0.09	
Writing pad	A4 Pad	Dealz	€ 1.49	1	52 Weeks	€ 0.03	
Envelopes	65 Pack	Dealz	€ 1.49	1	52 Weeks	€ 0.03	
Mini note book		Dealz	€ 1.49	1	52 Weeks	€ 0.03	
Scissors		Roches stores	€ 1.49	1	260 Weeks	€ 0.01	
Glue	Pritt	Dealz	€ 1.49	1	52 Weeks	€ 0.03	
Sellotape	Sellotap 24x50metres	Dealz	€ 1.49	1	52 Weeks	€ 0.03	
Pens	Pack of 10	Dealz	€ 1.49	1	156 Weeks	€ 0.01	
<b>Home Security</b>							
Window Locks	All provided free of charge as in Local Authorit		€	-			
Front door bolt	All provided free of charge as in Local Authorit		€	-			
Back door bolt	All provided free of charge as in Local Authorit		€	-			
Smoke detector	All provided free of charge as in Local Authorit		€	-			
Carbon Monoxide Alarm	All provided free of charge as in Local Authorit		€	-			
Fire Blanket	All provided free of charge as in Local Authorit		€	-			
Fire Extinguisher	All provided free of charge as in Local Authorit		€	-			
House Alarm System	YALE SR-320	Curry's PC World	€ 379.99	1	520 Weeks	€ 0.73	
<b>Cleaning &amp; maintenance</b>							

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Bucket		dunnes	€ 13.89	1	260 Weeks	€	0.05	
Mop		dunnes	€ 5.56	2	52 Weeks	€	0.21	
Dust pan and brush		Dealz	€ 1.39	1	260 Weeks	€	0.01	
Hand brush		Dunnes	€ 2.32	1	260 Weeks	€	0.01	
Shoe brushes		Dealz	€ 2.50	1	260 Weeks	€	0.01	
Washing up brush		Dealz	€ 1.39	2	52 Weeks	€	0.05	
Washing up bowl		Dealz	€ 1.50	1	260 Weeks	€	0.01	
Dustbin		Dealz	€ 1.39	1	260 Weeks	€	0.01	
Batteries	Kodak Aa Alkaline Batt	Dealz	€ 1.39	8	52 Weeks	€	0.21	
Toilet brush set		Dealz	€ 1.50	1	26 Weeks	€	0.06	
Toilet paper (9 pack)	Saxon	Aldi/Lidl	€ 2.21	2	3 Weeks	€	1.47	
Household matches	Maguire & paterson	Tesco	€ 0.94	1	52 Weeks	€	0.02	
Stain remover	Vanish Oxi Action Stain	Tesco	€ 6.08	1	104 Weeks	€	0.06	
Washing up liquid 1 litre	Magnam	Aldi	€ 0.92	1	10 Weeks	€	0.09	
Bleach	Powerforce 750ml	Aldi	€ 0.57	1	4 Weeks	€	0.13	
Toilet cleaner	Powerforce 1L	Aldi	€ 0.92	1	2 Weeks	€	0.46	
Air freshener	W5	Lidl	€ 0.79	1	9 Weeks	€	0.09	
Furniture polish	Powerforce 300ml	Aldi	€ 0.45	1	26 Weeks	€	0.02	
Disinfectant	Dettol Surface Cleanse	Tesco	€ 3.88	1	26 Weeks	€	0.15	
Shoe polish	Punch Paste Polish	Tesco	€ 1.07	1	52 Weeks	€	0.02	
Dish cloths	Powerforce (10)	Aldi	€ 0.64	2	104 Weeks	€	0.01	
Household gloves	Powerforce (3 pack)	Aldi/Lidl	€ 0.49	1	52 Weeks	€	0.01	
Refuse Sacks	20X50L - Killeen	Lidl	€ 1.44	1	8 Weeks	€	0.18	

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Tools</b>							
Garden tool set	Argos Challenge 5 Piec	Argos	€ 31.29	1	780 Weeks	€ 0.04	
Lawn mower	Challenge	Argos	€ 59.99	1	520 Weeks	€ 0.12	
Watering can		Dealz	€ 1.50	1	1,040 Weeks	€ 0.00	
Gardening gloves		Dealz	€ 1.50	2	52 Weeks	€ 0.06	
Kneeling mat		thegardenshop.ie	€ 2.99	1	364 Weeks	€ 0.01	
Screwdriver		Dealz	€ 1.50	1	1,040 Weeks	€ 0.00	
Hammer		Woodies DIY	€ 9.99	1	1,040 Weeks	€ 0.01	
Measuring tape		Dealz	€ 1.50	1	1,040 Weeks	€ 0.00	
Nails	Box	Woodies DIY	€ 5.79	1	1,040 Weeks	€ 0.01	
Light Bulbs	Philips 8W LED (60W	Tesco	€ 5.92	8	364 Weeks	€ 0.13	
<b>Paint</b>							
Paint, roller set, 9"	Basics 9" Roller Set	Woodies DIY	€ 5.05	1	260 Weeks	€ 0.02	
Paint brushes, 5 set	Basics 5 Piece Paint Br	Woodies DIY	€ 7.06	1	260 Weeks	€ 0.03	
Paint,emulsion	Dulux 2.5lt Vinyl Soft S	Woodies DIY	€ 30.31	6	260 Weeks	€ 0.70	
Paint, gloss	Dulux 2.5lt Stay White	Woodies DIY	€ 25.26	6	260 Weeks	€ 0.58	
<b>Total</b>					<b>TOTAL</b>	€ 19.65	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Window cleaning		Local Business	€ 45.00	2	52 Weeks	€ 1.73	
Gutter Cleaning		Local Business	€ 69.00	1	104 Weeks	€ 0.66	
Boiler Service	Bord Gais	Bord Gais	€ 103.12	1	52 Weeks	€ 1.98	
Waste	Private Waste Disposal	City Bin	€ 15.90	1	4 Weeks	€ 3.67	
<b>Total</b>							
					<b>TOTAL</b>	€ 8.05	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
<b>Post</b>								
Stamps	National	An Post	€ 1.02	25	52 Weeks	€	0.49	
Stamps	International	An Post	€ 1.84	10	52 Weeks	€	0.35	
Registered Post	National	An Post	€ 8.00	2	52 Weeks	€	0.31	
<b>Phone, Laptop, Internet etc.</b>								
Landline & Broadband	100 Mbps	Vodaphone	€ 45.00	1	4 Weeks	€	10.38	
Internet Connection, Activation and Delivery		Vodaphone	€ -	1	156 Weeks	€	-	
Mobile phone (Smart Phone)	Samsung	Tesco	€ 120.98	2	156 Weeks	€	1.55	
Phone credit	Tesco Mobile	Tesco	€ 18.61	2	4 Weeks	€	8.59	
Laptop			€ 300.00	1	156 Weeks	€	1.92	
Printing Allowance		Local Library	€ 20.00	2	52 Weeks	€	0.77	
<b>Total</b>							<b>TOTAL</b>	€ 24.37



2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
<b>Exercise / Sport Activities</b>								
Exercise class e.g. Yoga		Community Centre	€ 3.00	30	52 Weeks	€	1.73	
Bridge	Membership	Local hall	€ 6.00	2	52 Weeks	€	0.23	
Swimming	OAP Rate	Local swimming pool	€ 6.50	48	52 Weeks	€	6.00	
Indoor bowls		Local hall	€ 2.00	4	1 Week	€	8.00	
<b>Holiday</b>								
1 week package	Hotel - Half-board	Killarney Court Hotel	€ 494.00	1	52 Weeks	€	9.50	
Spending Money	Social Experiences	Killarney	€ 100.00	2	52 Weeks	€	3.85	
<b>Household Items</b>								
Deck of playing cards	Playing Cards Pack	Smyths	€ 1.79	1	52 Weeks	€	0.03	
Scrabble set		Smyths	€ 17.99	1	780 Weeks	€	0.02	
Jigsaw		Argos	€ 17.99	2	52 Weeks	€	0.69	
Sewing kit		Hickeys	€ 29.00	1	520 Weeks	€	0.06	
Knitting wool	Ball	Hickeys	€ 3.95	4	52 Weeks	€	0.30	
Knitting needles	4.5mm	Hickeys	€ 1.95	1	520 Weeks	€	0.00	
Knitting needles	5.0mm	Hickeys	€ 1.95	1	520 Weeks	€	0.00	
Buttons	6 pack	Hickeys	€ 1.95	1	104 Weeks	€	0.02	
Photo printing	100 Photos (15x10cm)	Boots	€ 8.83	1	52 Weeks	€	0.17	
Booth Photographs	Set of 4	Local Chemist	€ 6.23	4	520 Weeks	€	0.05	
Photo frames, 8 x 6"		Dealz	€ 1.50	4	520 Weeks	€	0.01	
Christmas tree lights	Set of 200	Argos	€ 20.13	1	260 Weeks	€	0.08	
Artificial Christmas tree & stand	Home 5ft Christmas T	Argos	€ 19.14	1	1,560 Weeks	€	0.01	
Christmas tree decorations	Home 100 piece Chris	Argos	€ 11.07	1	1,560 Weeks	€	0.01	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Christmas Wreath	Berry and Pine Cone	Argos	€ 13.09	1	1,560 Weeks	€	0.01	
House plants	Poinsettia	Local	€ 7.50	1	52 Weeks	€	0.14	
Deck chairs	Maryland Plastic Stackir	Argos	€ 22.00	4	1,300 Weeks	€	0.07	
Television Licence		An Post	€ 160.00	1	52 Weeks	€	3.08	
<b>Newspapers, Books &amp; Magazines</b>								
Novels		Second hand bookstore	€ 2.50	15	52 Weeks	€	0.72	
Bible	DLT	Veritas	€ 11.72	1	1,300 Weeks	€	0.01	
Daily newspaper	Evening herald	Local Newsagent	€ 1.30	6	1 Week	€	7.80	
Sunday Newspaper		Local Newsagent	€ 3.44	1	1 Week	€	3.44	
Magazine	Magazine Subscription	Local newsagent	€ 9.10	2	4 Weeks	€	4.20	
Calendar	Free	Parish calendar	€ -	1	52 Weeks	€	-	
Telephone and address book		Dealz	€ 1.50	1	260 Weeks	€	0.01	
C.D.s/DVDs		Amazon	€ 10.00	6	52 Weeks	€	1.15	
<b>Socialising</b>								
Theatre	Matinee	Abbey Theatre	€ 20.00	2	52 Weeks	€	0.77	
Cinema	Pensioner Rate	Omniplex, Santry	€ 9.50	2	26 Weeks	€	0.73	
Day trip e.g. Kilkenny Castle			€ 6.00	2	52 Weeks	€	0.23	
Day trip allowance			€ 25.00	2	52 Weeks	€	0.96	
Socialising/entertainment			€ 60.00	2	9 Weeks	€	13.33	
<b>Total</b>								
						<b>TOTAL</b>	€ 67.42	

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
<b>Bus</b>							
Free Travel Pass			€ -	2	52 Weeks	€	-
Taxi Allowance			€ 30.00	1	4 Weeks	€	6.92
<b>Total</b>						<b>TOTAL</b>	€ 6.92
<b>Private Transport</b>							
Hyundai	i10	152 reg. 1.0 litre engine	€ 8,941.08	1	312 Weeks	€	28.66
Motor Tax			€ 190.00	1	52 Weeks	€	3.65
NCT			€ 55.00	1	104 Weeks	€	0.53
Driving Licence Fee		Motor Tax Office	€ 55.00	2	156 Weeks	€	0.71
Doctor's Cert/Visit		Local	€ 55.00	2	156 Weeks	€	0.71
Annual Service		Local	€ 170.00	1	52 Weeks	€	3.27
Maintenance		Allowance for periodic replacement of bulbs, v	€ 118.00	1	52 Weeks	€	2.27
Petrol			€ 1.42	18.6	1 Week	€	26.42
Parking Allowance			€ 16.00	1	4 Weeks	€	3.69
<b>Total</b>						<b>TOTAL</b>	€ 69.90

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
<b>Electricity</b>								
Units	Dual Fuel - direct deb	Discounted unit rate	Energia	€ 0.16	82.0	1 Week	€	13.04
Standing Charge	Urban		Energia	€ 178.98	1	52 Weeks	€	3.44
PSO				€ 49.45	1	52 Weeks	€	0.95
							<b>Electricity TOTAL</b>	<b>17.43</b>
<b>Gas</b>								
Units	Dual Fuel - direct deb	Discounted unit rate	Energia	€ 0.05	13,300	52 Weeks	€	12.65
Carbon Tax				€ 0.00	13,300	52 Weeks	€	1.11
Standing Charge			Energia	€ 107.45	1	52 Weeks	€	2.07
							<b>Gas TOTAL</b>	<b>15.82</b>
							<b>TOTAL</b>	<b>33.25</b>

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€ 0.29	
Donations to charity			€ 2.02	1	1 Week	€ 2.02	
Bank Fees	Age Related - over 60	AIB, KBC & BOI	€ -	2	13 Weeks	€ -	
<b>Total</b>						<b>TOTAL</b>	€ 2.31

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Home Contents Insurance	Liberty	Liberty	€ 101.78	1	52 Weeks	€ 1.96	
Health Insurance	Company Plan Starter	VHI	€ 717.19	2	52 Weeks	€ 27.58	
Health Insurance Excess			€ 25.00	2	52 Weeks	€ 0.96	
GP Visit Refund			-€ 25.00	8	52 Weeks	-€ 3.85	
Dental Refund			-€ 25.00	2	52 Weeks	-€ 0.96	
Optician Refund			-€ 50.00	2	104 Weeks	-€ 0.96	
Chiropodist Refund			-€ 25.00	2	52 Weeks	-€ 0.96	
Car Insurance	Fully Comprehensive		€ 645.83	1	52 Weeks	€ 12.42	
Funeral Insurance	Average annual premiu	Credit Union	€ 51.87	2	52 Weeks	€ 1.99	
<b>Total</b>							
					<b>TOTAL</b>	€ 38.19	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Personal Savings	Credit Union		€ 5.00	2	1 Week	€	10.00	
Contingencies / Emergencies			€ 5.00	1	1 Week	€	5.00	
<b>Total</b>						<b>TOTAL</b>	€ 15.00	