

2019**RURAL****Pensioner Couple**

Food	77.29
Clothing	23.87
Personal Care	13.88
Health	21.37
Health - OTC	1.20
Health Care Services	20.16
Household Goods	20.14
Household Services	12.02
Communications	24.07
Social Inclusion & Participation	68.84
Education	
Transport - Public	
Transport - Car	77.03
Household Energy	
Electricity	18.37
Heat	17.91
Personal Costs	
Not employed	2.31
Part-Time	
Full-Time	
Childcare	
Not employed	
Part-Time	
Full-Time	
Insurance	
Home	1.94
Health	21.82
Car	8.27
Funeral	1.99
Savings & Contingencies	15.00

2019		Pensioner Couple									
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week				
Fruit & Vegetables											
Apples	loose	Pink Lady	Aldi	€ 0.39	6	1 Week	€	2.34			
Bananas	6 Pack	Aldi, Natures Pick	Aldi	€ 1.47	1	1 Week	€	1.47			
Cabbage	Head		Aldi/Lidl	€ 0.98	1	1 Week	€	0.98			
Carrots	1kg		Aldi/Lidl	€ 0.98	1	1 Week	€	0.98			
Cauliflower	Head		Aldi/Lidl	€ 1.28	1	1 Week	€	1.28			
Cucumber			Aldi/Lidl	€ 0.59	1	1 Week	€	0.59			
Dried Apricot	250g	Wholefoods	Aldi/Lidl	€ 2.99	1	4 Weeks	€	0.75			
Frozen bag of Broccoli	1kg	Four Seasons	Aldi/Lidl	€ 0.47	1	2 Weeks	€	0.24			
Peas	1kg bag	Green Garden	Aldi/Lidl	€ 0.62	1	3 Weeks	€	0.21			
Lettuce	Head		Aldi/Lidl	€ 0.88	1	1 Week	€	0.88			
Mushrooms	250g		Aldi/Lidl	€ 0.78	1	1 Week	€	0.78			
Onions	1 kg		Aldi/Lidl	€ 0.68	1	2 Weeks	€	0.34			
Oranges	1.5kg	Aldi	Aldi	€ 1.55	1	2 Weeks	€	0.78			
Pears	loose	conference pears	Aldi	€ 0.48	4	1 Week	€	1.94			
Peppers	3 pack	The Salad Box	Aldi	€ 1.48	1	2 Weeks	€	0.74			
Potatoes	2kg	Roosters	Aldi	€ 2.99	1	1 Week	€	2.99			
Tomatoes	6 pack		Aldi/Lidl	€ 0.98	1	2 Weeks	€	0.49			
Turnip			Aldi/Lidl	€ 0.78	1	1 Week	€	0.78			
Groceries											
Beans	420g	Corale	Aldi/Lidl	€ 0.36	1	1 Week	€	0.36			
Biscuits	400g	Belmont Digestive	Aldi/Lidl	€ 0.44	1	1 Week	€	0.44			
Bran flakes	750g	Harvest Morn	Aldi/Lidl	€ 0.99	1	2 Weeks	€	0.50			

2019							Pensioner Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week
Cheese	250g	Irish Vintage White Ch	Aldi	€ 1.51	1	2 Weeks	€ 0.75
Coleslaw	400g tub	Country Fresh	Aldi	€ 0.75	1	2 Weeks	€ 0.38
Cranberry Juice	1 litre	Aldi	Aldi	€ 0.89	1	1 Week	€ 0.89
Coffee	200g	Aldi	Aldi	€ 1.79	1	2 Weeks	€ 0.90
Cooking Oil	1 litre	Solesta	Aldi/Lidl	€ 1.45	1	5 Weeks	€ 0.29
Cream Crackers	300g	Savour Bakes	Aldi/Lidl	€ 0.39	1	3 Weeks	€ 0.13
Eggs	6 eggs	Irish Free Range - Corr	Aldi	€ 1.79	1	1 Week	€ 1.79
Butter	500g	Dairygold	Aldi/Lidl	€ 2.99	1	3 Weeks	€ 1.00
Frozen fish (cod)	450g	Northern Catch	Aldi/Lidl	€ 1.95	1	1 Week	€ 1.95
Oven Chips	1.5kg	Champion	Aldi	€ 2.08	1	2 Weeks	€ 1.04
Gravy	300g	Bisto	Aldi/Lidl	€ 0.79	1	5 Weeks	€ 0.16
Ham, Cooked	15 slices	Glensallagh Family Pack	Aldi	€ 1.99	1	1 Week	€ 1.99
Ice Cream	1 litre	Gianni's	Aldi/Lidl	€ 1.96	1	2 Weeks	€ 0.98
Jelly	135g	Hartley's	Aldi/Lidl	€ 0.55	1	1 Week	€ 0.55
Yogurts	125g x 4pack	Coolree Creamery	Aldi/Lidl	€ 1.43	2	1 Week	€ 2.87
Marmalade	454g	Grandessa	Aldi/Lidl	€ 0.45	1	4 Weeks	€ 0.10
Mayonnaise	500ml	Bramwells	Aldi/Lidl	€ 1.47	1	6 Weeks	€ 0.24
Pasta (spaghetti)	1kg bag	Cucina	Aldi	€ 0.90	1	2 Weeks	€ 0.45
Pasta sauce	550g	Cucina	Aldi	€ 1.57	1	1 Week	€ 1.57
Pepper	50g	Stone Mill	Aldi/Lidl	€ 0.97	1	52 Weeks	€ 0.02
Porridge	1.5kg	Kavanaghs	Aldi/Lidl	€ 0.99	1	3 Weeks	€ 0.33
Salmon	212g	Ocean Rise	Aldi/Lidl	€ 1.31	1	1 Week	€ 1.31
Salt	750g	Stone Mill	Aldi/Lidl	€ 0.97	1	52 Weeks	€ 0.02

2019								Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Sugar	1kg	The Pantry	Aldi/Lidl	€ 1.10	1	17 Weeks	€ 0.06		
Sweetcorn	340g	Sweet Harvest	Aldi	€ 0.28	1	1 Week	€ 0.28		
Swiss Roll	1	Byrne's Bakery	Aldi/Lidl	€ 1.78	1	1 Week	€ 1.78		
Tea Bags	80 bags	Lyons	Aldi/Lidl	€ 3.05	1	4 Weeks	€ 0.70		
Mixed Herbs	11g	Stone Mill	Aldi/Lidl	€ 0.44	1	17 Weeks	€ 0.03		
Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.43	1	1 Week	€ 0.43		
Tuna	185g	Ocean Rise	Aldi/Lidl	€ 0.68	1	1 Week	€ 0.68		
Vinegar	568ml	Bramwells	Aldi/Lidl	€ 0.44	1	17 Weeks	€ 0.03		
Meat									
Mince Meat	500g	Butchers Selection	Aldi	€ 3.49	1	1 Week	€ 3.49		
Pork chops	4		Aldi	€ 3.23	1	2 Weeks	€ 1.61		
Roast Beef		Butchers Selection	Aldi	€ 6.10	1	1 Week	€ 6.10		
Rashers	250g	Brannans	Aldi	€ 1.02	1	2 Weeks	€ 0.68		
Sausages	x8	Brannan	Aldi	€ 0.79	1	2 Weeks	€ 0.40		
Pudding		Aldi	Aldi	€ 1.79	1	4 Weeks	€ 0.45		
Stewing steak, beef	600g		Aldi	€ 4.79	1	2 Weeks	€ 2.40		
Milk & Bread									
Brown bread		Mac Cambridge	Aldi/Lidl	€ 1.89	1	2 Weeks	€ 0.95		
Brown bread	800g	Ballymore Crust	Local Shop	€ 2.19	1	1 Week	€ 2.19		
Brown bread rolls	Loose		Local Shop	€ 0.40	4	1 Week	€ 1.60		
Low-fat milk	2 litres		Local Shop	€ 2.35	1	1 Week	€ 2.35		
Scones	Loose	Bakery	Local Shop	€ 0.80	4	1 Week	€ 3.20		
Other									

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Extra for visitors			€ 7.00	1	1 Week	€	7.00
Christmas			€ 68.96	1	52 Weeks	€	1.33
Total							
						TOTAL	€ 77.29

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Female							
Underwear and nightwear							
Bras	Dunnes	Dunnes	€ 7.90	4	52 Weeks	€ 0.61	
Pants 4 pack	Dunnes	Penny's	€ 4.44	5	52 Weeks	€ 0.43	
Shape Control Underwear	Dunnes	Dunnes	€ 4.00	2	104 Weeks	€ 0.08	
Half slip	Dunnes	Dunnes	€ 15.00	2	52 Weeks	€ 0.58	
Thermal vests	Dunnes	Dunnes	€ 8.00	3	52 Weeks	€ 0.46	
Long johns	Dunnes	Dunnes	€ 8.00	3	52 Weeks	€ 0.46	
Tights Pack of 2		Penney's	€ 3.95	6	52 Weeks	€ 0.46	
Socks 5 pack	Penny's	Penny's	€ 1.98	4	52 Weeks	€ 0.15	
Dressing gown		Penney's	€ 6.91	1	156 Weeks	€ 0.04	
Light night dress	Dunnes	Dunnes	€ 6.00	2	104 Weeks	€ 0.12	
Winter night dress	Dunnes	Dunnes	€ 10.50	2	104 Weeks	€ 0.20	
Pyjamas		Penney's	€ 6.91	2	104 Weeks	€ 0.13	
Coats, jackets							
Winter coat	Dunnes	Dunnes	€ 49.38	1	312 Weeks	€ 0.16	
Water resistant anorak	Dunnes	Dunnes	€ 25.00	1	156 Weeks	€ 0.16	
Light casual jacket	Atmosphere	Penny's	€ 14.81	2	156 Weeks	€ 0.19	
Fleece	Dunnes	Dunnes	€ 9.88	1	156 Weeks	€ 0.06	
High Visibility Bib	RSA	RSA	€ -	1	104 Weeks	€ -	
Main clothing							
T-shirt	Dunnes	Dunnes	€ 3.95	4	52 Weeks	€ 0.30	
Hat, scarf & glove set	Primark	Penny's	€ 8.91	1	104 Weeks	€ 0.09	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Heavy skirt	Dunnes	Dunnes	€ 27.50	1	52 Weeks	€	0.53
Long sleeve cotton shirt	Dunnes	Dunnes	€ 5.00	2	104 Weeks	€	0.10
Polo T-shirt	Dunnes	Dunnes	€ 10.00	2	52 Weeks	€	0.38
Short sleeve summer dress	New Look	New Look	€ 22.99	1	52 Weeks	€	0.44
Suit- jacket and skirt	M&S	Marks & Spencer	€ 89.00	1	104 Weeks	€	0.86
Summer cardigan	Dunnes	Dunnes	€ 12.00	1	104 Weeks	€	0.12
Summer skirt	M&S	M&S	€ 49.00	2	104 Weeks	€	0.94
Summer sweater	Dunnes	Dunnes	€ 20.00	2	104 Weeks	€	0.38
Sun hat	Primark	Penny's	€ 6.00	1	104 Weeks	€	0.06
Swimsuit	Dunnes	Dunnes	€ 5.00	1	104 Weeks	€	0.05
Tracksuit bottoms	Dunnes	Dunnes	€ 10.00	1	52 Weeks	€	0.19
Trousers	Dunnes	Dunnes	€ 9.88	4	104 Weeks	€	0.38
Woollen sweater	Dunnes	Dunnes	€ 15.00	3	156 Weeks	€	0.29
Footwear							
Leather shoes	Clarks	Clarks	€ 60.00	1	104 Weeks	€	0.58
Sandals	Dunnes	Dunnes	€ 15.00	1	104 Weeks	€	0.14
Slippers	Dunnes	Dunnes	€ 4.00	1	52 Weeks	€	0.08
Trainers	Dunnes	Dunnes	€ 19.60	1	52 Weeks	€	0.38
Leather boots	Dunnes	Dunnes	€ 70.00	1	104 Weeks	€	0.67
Wellingtons	Dunnes	Dunnes	€ 18.00	1	260 Weeks	€	0.07
Personal Accessories							
Battery change		Argos	€ 3.94	1	104 Weeks	€	0.04
Dry clean coat	(inc pensioner discount	Local	€ 14.00	1	52 Weeks	€	0.27

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Hand bag	Primark	Penneys	€ 9.13	2	260 Weeks	€	0.07	
Necklace	Silver Chain	Argos	€ 24.99	1	1,040 Weeks	€	0.02	
Purse	Penny's	Penny's	€ 4.56	1	52 Weeks	€	0.09	
Shoe repairs		Local shoe repair	€ 38.00	1	52 Weeks	€	0.73	
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€	0.04	
Female Total								
						TOTAL	€ 12.57	

2019							Pensioner Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week
Male							
Underwear and nightwear							
Pants	3 pack	Penny's	Penny's	€ 4.94	2	52 Weeks	€ 0.19
Thermal vests	2pack	Dunnes	Dunnes	€ 12.00	1	52 Weeks	€ 0.23
Pyjamas		Dunnes	Dunnes	€ 14.00	1	52 Weeks	€ 0.27
Dressing gown		Primark	Penneys	€ 12.00	1	156 Weeks	€ 0.08
Socks	Pack of 7	Dunnes	Dunnes	€ 6.00	1	52 Weeks	€ 0.12
Coats, jackets							
Winter coat		Dunnes	Dunnes	€ 39.51	2	260 Weeks	€ 0.30
Water resistant jacket		Dunnes	Dunnes	€ 40.00	1	156 Weeks	€ 0.26
Fleece		Penny's	Penny's	€ 8.00	1	104 Weeks	€ 0.08
Gillet		Dunnes	Dunnes	€ 20.00	1	104 Weeks	€ 0.19
High Visibility Bib		RSA	RSA	€ -	1	104 Weeks	€ -
Main clothing							
Suit		Burtos	Shaws Department Sto	€ 148.15	1	156 Weeks	€ 0.95
Trousers		Dunnes	Dunnes	€ 14.81	4	104 Weeks	€ 0.57
Long sleeve shirt		Dunnes	Dunnes	€ 15.00	2	52 Weeks	€ 0.58
Short sleeve casual shirt		H&M	H&M	€ 12.99	2	52 Weeks	€ 0.50
Sleeveless pullover		M&S	M&S	€ 24.00	1	156 Weeks	€ 0.15
Long sleeve acrylic jumper		Dunnes	Dunnes	€ 30.00	2	104 Weeks	€ 0.58
Woollen sweater		M&S	M&S	€ 40.00	2	104 Weeks	€ 0.77
Sports Coat		Skechers	Guineys	€ 14.99	1	208 Weeks	€ 0.07
Summer trousers		Dunnes	Dunnes	€ 13.00	2	104 Weeks	€ 0.25

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Shorts	Dunnes	Dunnes	€ 11.85	2	104 Weeks	€	0.23
Polo T-shirt	Dunnes	Dunnes	€ 5.00	3	104 Weeks	€	0.14
Swimming trunks	Dunnes	Dunnes	€ 5.00	1	208 Weeks	€	0.02
Belt	Primark	Penneys	€ 4.69	1	156 Weeks	€	0.03
Hat, scarf & glove set	Primark	Pennys	€ 9.38	1	52 Weeks	€	0.18
Tie	Dunnes	Dunnes	€ 5.00	2	156 Weeks	€	0.06
Baseball hat	Dunnes	Dunnes	€ 5.00	1	104 Weeks	€	0.05
Footwear							
Leather shoes	Dunnes	Dunnes	€ 75.00	1	52 Weeks	€	1.44
Leather sandals	Clarks	Clarks	€ 69.95	1	156 Weeks	€	0.45
Trainers		Elvery's	€ 50.00	1	52 Weeks	€	0.96
Slippers	Dunnes	Dunnes	€ 5.00	1	52 Weeks	€	0.10
Wellingtons	Dunnes	Dunnes	€ 18.00	1	260 Weeks	€	0.07
Personal Accessories							
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€	0.04
Battery replacement		Argos	€ 3.94	1	52 Weeks	€	0.08
Wallet	Dunnes	Dunnes	€ 9.13	1	260 Weeks	€	0.04
Dry clean	Coat	Local	€ 14.00	1	52 Weeks	€	0.27
Dry clean	Suit	Local dry cleaners	€ 14.00	1	52 Weeks	€	0.27
Shoe repairs		Local shoe repair	€ 38.00	1	52 Weeks	€	0.73
Male Total							
						TOTAL	€ 11.29
						C.TOTAL	€ 23.87

2019

Pensioner Couple

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week
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2019							Pensioner Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week
Female							
Personal Hygiene							
Suncream (40+)	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€ 0.05
Tissues	X60	Floralys	Lidl	€ 0.79	2	4 Weeks	€ 0.36
Soap	4 pack	Cien	Lidl	€ 0.58	1	13 Weeks	€ 0.04
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	6 Weeks	€ 0.23
Denture cleaning tablet 30 pack		Pro-Formula	Tesco	€ 1.65	1	9 Weeks	€ 0.19
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€ 0.04
Hairbrush		Miomare	Lidl	€ 2.99	1	52 Weeks	€ 0.06
Conditioner	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€ 0.60
Shampoo	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€ 0.60
Disposable razors	X3	Cien	Lidl	€ 1.63	1	8 Weeks	€ 0.20
Nail Clippers	Boots Finger Nail Clipp Boots		Boots	€ 1.92	1	208 Weeks	€ 0.01
Emery boards	Pack of 4	Penneys	Penneys	€ 1.50	1	13 Weeks	€ 0.12
Deodorant	50ml	Cien	Lidl	€ 0.85	1	4 Weeks	€ 0.20
Hand cream	75ml	Cien	Lidl	€ 0.99	1	4 Weeks	€ 0.23
Haircut			Local hairdresser	€ 21.31	1	6 Weeks	€ 3.55
Shower gel	250ml	Cien	Lidl	€ 0.68	1	4 Weeks	€ 0.16
Nail Varnish Remover	200ml	Cien	Lidl	€ 1.59	1	104 Weeks	€ 0.02
Toilet bag		Primark	Pennys	€ 4.56	1	208 Weeks	€ 0.02
Tweezers	2 pack	Miomare	Lidl	€ 3.46	1	520 Weeks	€ 0.01
Hair Bobbins	60pack	Primark	Penneys	€ 1.50	1	52 Weeks	€ 0.03
Cosmetics							

2019							Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Foundation		Rimmel	Local Pharmacy	€ 10.50	2	52 Weeks	€	0.40
Eye Brow Pencil		Rimmel	Local Pharmacy	€ 4.70	1	52 Weeks	€	0.09
Lipstick		Rimmel	Penneys	€ 6.60	1	26 Weeks	€	0.25
Face moisturiser	50ml	Cien	Lidl	€ 2.49	2	9 Weeks	€	0.55
Facewash/Cleanser	150ml	Cien	Lidl	€ 1.09	1	9 Weeks	€	0.12
Hairspray	400ml	Cien	Lidl	€ 1.19	1	9 Weeks	€	0.14
Nail varnish		Catrice	Penneys	€ 2.95	2	52 Weeks	€	0.11
Female Total								
						TOTAL	€	8.37
Male								
Personal Hygiene								
Suntan lotion (40+)	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€	0.05
Tissues	X60	Floralys	Lidl	€ 0.79	1	4 Weeks	€	0.18
Soap	4 pack	Cien	Lidl	€ 0.58	1	13 Weeks	€	0.04
Denture cleaning tablet	30 pack	Pro-Formula	Tesco	€ 1.65	1	4 Weeks	€	0.38
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	6 Weeks	€	0.23
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€	0.04
Comb		Miomare	Lidl	€ 2.99	1	156 Weeks	€	0.02
Shampoo	300ml	Cien Men	Lidl	€ 0.99	1	4 Weeks	€	0.23
Shaving gel	150ml	Cien Men	Lidl	€ 0.56	1	8 Weeks	€	0.07
Man: razor		Cien Men	Lidl	€ 3.85	1	520 Weeks	€	0.01
Man: blades	5Pack	Cien Men	Lidl	€ 4.81	1	5 Weeks	€	0.96
Nail Clippers	Boots Finger Nail Clipp Boots		Boots	€ 1.92	1	208 Weeks	€	0.01

2019								Pensioner Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Deodrant	50ml	Cien Men	Lidl	€ 0.95	1	4 Weeks	€	0.22	
Haircut			Local Barbers	€ 14.92	1	6 Weeks	€	2.49	
Shower gel	250ml	Cien	Lidl	€ 0.68	1	4 Weeks	€	0.16	
Toilet bag		Primark	Pennys	€ 4.56	1	260 Weeks	€	0.02	
Cosmetics									
Aftershave	Old Spice Original Afte	Old spice	Local Pharmacy	€ 11.48	1	52 Weeks	€	0.22	
Moisturiser		cien	Lidl	€ 2.38	4	52 Weeks	€	0.18	
Male Total									
						TOTAL	€	5.50	
						C.TOTAL	€	13.88	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Over the counter health items								
Plasters	Pack of 40	Tesco waterproof	Tesco	€ 1.08	2	52 Weeks	€	0.04
Sterile gauze swabs	5 pack		Local Chemist	€ 2.99	2	52 Weeks	€	0.12
Paracetamol	Pack of 24		Local Chemist	€ 2.47	6	52 Weeks	€	0.29
Indigestion tablets		Rennie	Local chemist	€ 2.95	2	52 Weeks	€	0.11
Cough mixture	125ml	Benalyn	Local chemist	€ 5.93	3	52 Weeks	€	0.34
Cold powder	10 pack	Lemsip	Local chemist	€ 3.99	4	52 Weeks	€	0.31
Main Care								
Doctor			Local	€ 47.00	8	52 Weeks	€	7.23
Optician			Local	€ 33.00	2	52 Weeks	€	1.27
Dentist			Local	€ 72.00	2	52 Weeks	€	2.77
Chiropodist			Local	€ 40.00	2	52 Weeks	€	1.54
Long-term prescription			Local	€ 12.20	2	4 Weeks	€	5.63
Prescriptions			Local	€ 11.21	8	52 Weeks	€	1.72
Total								
							TOTAL	€ 21.37

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Furnishings							
3 piece suite	Argos Home Tessa Pai	Argos	€ 732.65	1	936 Weeks	€ 0.78	
Cabinet/unit	Argos Home Essel	Argos	€ 129.99	1	936 Weeks	€ 0.14	
Table and 4 chairs	Table & 4 chairs -	Argos	€ 189.59	1	936 Weeks	€ 0.20	
Double bed	Argos Home Freja Dou	Argos	€ 84.79	1	936 Weeks	€ 0.09	
Double mattress	Airsprung EssentialsNe	Argos	€ 103.85	1	936 Weeks	€ 0.11	
Double bed	Argos Home Freja Dou	Argos	€ 84.79	1	936 Weeks	€ 0.09	
Double mattress	Airsprung EssentialsNe	Argos	€ 103.85	1	936 Weeks	€ 0.11	
Single bed	Argos Home Freja Sing	Argos	€ 84.79	1	936 Weeks	€ 0.09	
Single mattress	Airsprung Essentials Ne	Argos	€ 94.32	1	936 Weeks	€ 0.10	
Wardrobe	Argos Home Seville 3 [Argos	€ 189.59	3	936 Weeks	€ 0.61	
Chest of drawers	Argos Home Jenson 3	Argos	€ 95.26	3	936 Weeks	€ 0.31	
Bedside locker	Argos Home New Mal	Argos	€ 46.68	4	936 Weeks	€ 0.20	
Bathroom cabinet	Argos Home 4 Drawer	Argos	€ 42.87	1	936 Weeks	€ 0.05	
Vase		Woodies	€ 7.00	2	936 Weeks	€ 0.01	
Floor Coverings							
Hall, Stairs and Landing, Carpet (27 sq. yard)	Montmarte, Felt Back,	local retailer	€ 405.00	1	436 Weeks	€ 0.93	
Lounge, Carpet (29 sq. yards)	Berwick Soft Saxony, F	local retailer	€ 435.00	1	436 Weeks	€ 1.00	
Bedroom, Carpet (21 sq. yards)	Liffey Twist, Felt back,	local retailer	€ 315.00	1	436 Weeks	€ 0.72	
Bedroom, Carpet (21 sq. yards)	Liffey Twist, Felt back,	local retailer	€ 315.00	1	436 Weeks	€ 0.72	
Bedroom Carpet (16 sq. yards)	Liffey Twist, Felt back,	local retailer	€ 241.00	1	436 Weeks	€ 0.55	
Kitchen, Lino (28 sq. yard)	Harlem, Supplied & Fitt	local retailer	€ 280.00	1	436 Weeks	€ 0.64	
Bathroom, Lino (10 sq. yard)	Harlem, Supplied & Fitt	local retailer	€ 150.00	1	436 Weeks	€ 0.34	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Textiles and soft furnishings							
Double Duvet	Light tog - 4.5	Pennys	€ 18.00	1	260 Weeks	€ 0.07	
Double duvet	Heavy Tog 13.5	Pennys	€ 20.00	1	260 Weeks	€ 0.08	
Single duvet	13.5tog hollowfibre	Pennys	€ 12.99	1	260 Weeks	€ 0.05	
Pillows	2pack	Argos	€ 4.99	3	208 Weeks	€ 0.07	
Single fitted sheet		Pennys	€ 6.00	2	208 Weeks	€ 0.06	
Double fitted sheets	Penny's	Penny's	€ 6.72	4	208 Weeks	€ 0.13	
Single duvet cover and 1 pillowcase		Pennys	€ 16.00	2	208 Weeks	€ 0.15	
Double quilt cover & 2 pillowcases	Maximal Floral Double	Penny's	€ 14.33	3	208 Weeks	€ 0.21	
Hand towels	Single towel, Pennys Br	Penny's	€ 2.24	12	208 Weeks	€ 0.13	
Face cloths	Pack of 3	Penny's	€ 1.79	5	208 Weeks	€ 0.04	
Bath mat set	Primark Home	Pennys	€ 8.00	2	208 Weeks	€ 0.08	
Bath towels	Primark Home	Pennys	€ 9.00	8	208 Weeks	€ 0.35	
Tea towels	pack of 4	Pennys	€ 2.69	1	52 Weeks	€ 0.05	
Ovengloves	double oven glove	Guineys	€ 5.99	1	208 Weeks	€ 0.03	
Cushion and cover	Set of 2	Pennys	€ 12.00	2	208 Weeks	€ 0.12	
Table cloth	Primark Home	Pennys	€ 8.00	2	208 Weeks	€ 0.08	
Curtains, Blinds, etc.							
Bathroom, Blind (120x158cm)	Argos Home Blackout	Argos	€ 17.02	1	416 Weeks	€ 0.04	
Lounge, Blind (90 x 72 inches)	Argos Home Dublin R	Argos	€ 34.04	1	416 Weeks	€ 0.08	
Bedroom 1 , Blind	ColourMatch Blackout	Argos	€ 10.75	3	416 Weeks	€ 0.08	
Lounge, Curtain (90 x 72 inches)		homestore and more	€ 25.79	1	520 Weeks	€ 0.05	
Bedrooms, Curtain		homestore and more	€ 25.79	3	520 Weeks	€ 0.15	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Patio door, Curtain (68 x 84 inches)		homestore and more	€ 21.50	1	520 Weeks	€ 0.04		
Curtain Pole and Fittings (8 feet)	Argos Home Extendab	Argos	€ 8.06	1	1,040 Weeks	€ 0.01		
Curtain Pole and fittings for patio door (6 feet)	Argos Home Extendab	Argos	€ 8.06	1	1,040 Weeks	€ 0.01		
Curtain Pole and fittings for bedrooms (4 feet)	Argos Home Extendab	Argos	€ 8.06	3	1,040 Weeks	€ 0.02		
Curtain hooks	200pk	argos	€ 5.82	1	1,040 Weeks	€ 0.01		
Lampshades	Linen Empire Shade, m	Dunnes	€ 5.72	8	780 Weeks	€ 0.06		
Appliances								
Television 32" (Saorview enabled)	PHILIPS 32 INCH 32PI	local retailer	€ 229.99	1	520 Weeks	€ 0.44		
CD player	Bush DAB Boombox v	Argos	€ 54.99	1	520 Weeks	€ 0.11		
DVD Player	Panasonic DVD-S500E	Argos	€ 35.99	1	520 Weeks	€ 0.07		
Fridge/freezer	Simple Value M48145F	Argos	€ 219.99	1	520 Weeks	€ 0.42		
Electric cooker	Bush DHBET50B Elect	Argos	€ 269.99	1	520 Weeks	€ 0.52		
Kettle	Simple Value Cordless	Argos	€ 7.02	1	260 Weeks	€ 0.03		
Microwave	Simple Value 700W St	Argos	€ 54.99	1	520 Weeks	€ 0.11		
Washing machine	Bush WMDF612W 6K	Argos	€ 207.99	1	520 Weeks	€ 0.40		
Vacuum cleaner	Bush VCS35B15KD Ba	Argos	€ 47.95	1	520 Weeks	€ 0.09		
Standing lamp	Phoenix Lamp	Dunnes	€ 10.00	3	520 Weeks	€ 0.06		
Blender	Berville VBL075	Argos	€ 26.22	1	520 Weeks	€ 0.05		
Toaster	Simple Value 2 Slice Tc	Argos	€ 8.89	1	520 Weeks	€ 0.02		
Iron	Steamworks ES2325	Argos	€ 15.92	1	520 Weeks	€ 0.03		
Radio (alarm clock, MP3, Bluetooth etc.)	Constant Elliptical Alarr	Argos	€ 5.82	1	520 Weeks	€ 0.01		
Hairdryer	Remington	Argos	€ 16.99	1	520 Weeks	€0.03		
Kitchen and Hardware								

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Crockery set	Simple Value 12 Piece I	Argos	€ 9.56	1	520 Weeks	€ 0.02		
Coffee mugs (6 per set)	Simple Value Set of 6 F	Argos	€ 7.18	2	520 Weeks	€ 0.03		
Ovenproof dish set	Pyrex 3 Piece Clear Ca	Argos	€ 22.02	1	520 Weeks	€ 0.04		
Egg cups	4	Dealz	€ 4.79	2	520 Weeks	€ 0.02		
Glasses set	4	Dealz	€ 5.70	2	520 Weeks	€ 0.02		
Cutlery set	Simple Value Venice 24	Tesco	€ 14.84	1	520 Weeks	€ 0.03		
Milk jug		Woodies DIY	€ 12.99	1	520 Weeks	€ 0.02		
Measuring jug	Pyrex 1L	Dunnes	€ 6.00	1	520 Weeks	€ 0.01		
Mixing bowl	Tesco Basics Mixing Bo	Tesco	€ 1.91	1	520 Weeks	€ 0.00		
Non-stick baking Tray	Dunnes Brand Non stir	Dunnes	€ 7.66	1	520 Weeks	€ 0.01		
Cake tin		Dealz	€ 1.50	1	520 Weeks	€ 0.00		
Rolling pin		Woodies DIY	€ 2.99	1	520 Weeks	€ 0.01		
Sieve		Dealz	€ 1.50	1	520 Weeks	€ 0.00		
Colander	Tesco Basics Colander	Tesco	€ 2.15	1	520 Weeks	€ 0.00		
Kitchen scales	Simple Value Mechanic	Argos	€ 7.18	1	520 Weeks	€ 0.01		
Saucepan set(5 piece)	Non-Stick Carbon Stee	Argos	€ 36.38	1	520 Weeks	€ 0.07		
Knife set (5 piece)	Simple Value 5 Piece Ki	Argos	€ 9.57	1	520 Weeks	€ 0.02		
Utensil set and rack	ColourMatch 16 Piece	Argos	€ 5.74	1	520 Weeks	€ 0.01		
Tin opener	Tesco Stainless Steel	Tesco	€ 5.74	1	520 Weeks	€ 0.01		
Potato peeler	Tesco Stainless Steel	Tesco	€ 4.31	1	520 Weeks	€ 0.01		
Kitchen scissors	Tesco All Purpose Scis	Tesco	€ 3.35	1	520 Weeks	€ 0.01		
Wooden spoon set	Tesco Basics Fsc Woo	Tesco	€ 1.68	1	520 Weeks	€ 0.00		
Whisk	Tesco Stainless Steel W	Tesco	€ 4.31	1	520 Weeks	€ 0.01		

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Chopping board	Tesco Basics All Purpo:	Tesco	€ 2.87	1	520 Weeks	€ 0.01	
Plastic food box	Pack	Dunnes	€ 8.00	1	520 Weeks	€ 0.02	
Vacuum flask		Dunnes	€ 7.66	1	520 Weeks	€ 0.01	
Candles	Tesco 6 Pack Dinner C	Tesco	€ 3.70	1	520 Weeks	€ 0.01	
Freezer bags	Tesco brand (40)	Tesco	€ 0.82	1	520 Weeks	€ 0.00	
Cling film	Tesco brand	Tesco	€ 1.39	1	520 Weeks	€ 0.00	
Tin foil	Tesco brand	Tesco	€ 1.39	1	520 Weeks	€ 0.00	
Ironing board	Simple Value 118 x 34	Argos	€ 14.36	1	520 Weeks	€ 0.03	
Clothes Airer	Guineys Brand Clothes	Guineys	€ 11.99	1	520 Weeks	€ 0.02	
Washing line		Dunnes	€ 3.70	1	520 Weeks	€ 0.01	
Clothes pegs	Wooden Pegs, Pack of	Dunnes	€ 2.78	1	520 Weeks	€ 0.01	
Laundry basket	Pennys	Pennys	€ 4.79	1	520 Weeks	€ 0.01	
Tablemats	Small Stitch Placemat	Dunnes	€ 2.69	1	520 Weeks	€ 0.01	
Tray		Dealz	€ 1.50	1	520 Weeks	€ 0.00	
Hand torch		Dealz	€ 1.48	1	520 Weeks	€ 0.00	
Step-stool		Argos	€ 17.99	1	520 Weeks	€ 0.03	
Other Household Items							
Reusable shopping bag	Tesco Finest Reusable	Tesco	€ 1.16	4	208 Weeks	€0.02	
Clock	Argos Home Wall Clo	Argos	€ 10.00	1	260 Weeks	€0.04	
Umbrella	Penny's Black Umbrella	Penny's	€ 3.65	2	52 Weeks	€0.14	
Suitcase	Max Lightweight Two	Dunnes	€ 50.20	2	364 Weeks	€0.28	
Holdall	60L	Argos	€ 27.99	2	520 Weeks	€0.11	
Shopping trolley	82L	Argos	€ 24.99	1	208 Weeks	€0.12	

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Stationary and paper goods							
Birthday cards	Pack of 2	Dealz	€ 1.49	18	104 Weeks	€0.26	
Occasion cards	Pack of 30	Dealz	€ 1.49	2	52 Weeks	€0.06	
Christmas cards	Box of 24	Dealz	€ 1.49	3	52 Weeks	€0.09	
Gift wrap	Roll	Dealz	€ 1.49	2	52 Weeks	€0.06	
Christmas wrapping paper	Roll	Dealz	€ 1.49	3	52 Weeks	€0.09	
Writing pad	A4 Pad	Dealz	€ 1.49	1	52 Weeks	€0.03	
Envelopes	65 Pack	Dealz	€ 1.49	1	52 Weeks	€0.03	
Mini note book		Dealz	€ 1.49	1	52 Weeks	€0.03	
Scissors		Dealz	€ 1.49	1	260 Weeks	€0.01	
Glue	Pritt	Dealz	€ 1.49	1	52 Weeks	€0.03	
Sellotape	Sellotap 24x50metres	Dealz	€ 1.49	1	52 Weeks	€0.03	
Pens	Pack of 10	Dealz	€ 1.49	1	156 Weeks	€0.01	
Home Security							
Window Locks	All provided free of charge as in Local Authorit		€	-			
Front door bolt	All provided free of charge as in Local Authorit		€	-			
Back door bolt	All provided free of charge as in Local Authorit		€	-			
Smoke detector	All provided free of charge as in Local Authorit		€	-			
Carbon Monoxide Alarm	All provided free of charge as in Local Authorit		€	-			
Fire Blanket	All provided free of charge as in Local Authorit		€	-			
Fire Extinguisher	All provided free of charge as in Local Authorit		€	-			
House Alarm System	Yale SR-320	Curry's PC World	€ 379.99	1	520 Weeks	€0.73	
Cleaning & maintenance							

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Bucket	Dunnes	Dunnes	€ 13.89	1	260 Weeks	€0.05	
Mop	Dunnes	Dunnes	€ 5.56	2	52 Weeks	€0.21	
Dust pan and brush		Dealz	€ 1.39	1	260 Weeks	€0.01	
Hand brush		Dunnes	€ 2.32	1	260 Weeks	€0.01	
Shoe brushes		Dealz	€ 2.50	1	260 Weeks	€0.01	
Washing up brush		Dealz	€ 1.39	2	52 Weeks	€0.05	
Washing up bowl		Dealz	€ 1.50	1	260 Weeks	€0.01	
Dustbin		Dealz	€ 1.39	1	260 Weeks	€0.01	
Batteries	Kodak Aa Alkaline Batt	Dealz	€ 1.39	8	52 Weeks	€0.21	
Toilet brush set		Dealz	€ 1.50	1	26 Weeks	€0.06	
Toilet paper (9 pack)	Saxon	Aldi/Lidl	€ 2.21	2	3 Weeks	€1.47	
Household matches	Maguire & paterson	Tesco	€ 0.94	1	52 Weeks	€0.02	
Stain remover	Vanish Oxi Action Stair	Tesco	€ 6.08	1	104 Weeks	€0.06	
Washing up liquid 1 litre	Magnam	Aldi	€ 0.92	1	10 Weeks	€0.09	
Bleach	Powerforce 750ml	Aldi	€ 0.57	1	4 Weeks	€0.13	
Toilet cleaner	Powerforce 1L	Aldi	€ 0.92	1	2 Weeks	€0.46	
Air freshener	W5	Lidl	€ 0.79	1	9 Weeks	€0.09	
Furniture polish	Powerforce 300ml	Aldi	€ 0.45	1	26 Weeks	€0.02	
Disinfectant	Dettol Surface Cleanse	Tesco	€ 3.88	1	26 Weeks	€0.15	
Shoe polish	Punch Paste Polish	Tesco	€ 1.07	1	52 Weeks	€0.02	
Dish cloths	Powerforce (10)	Aldi	€ 0.64	2	104 Weeks	€0.01	
Household gloves	Powerforce (3 pack)	Aldi/Lidl	€ 0.49	1	52 Weeks	€0.01	
Refuse Sacks	20X50L-Killeen	Lidl	€ 1.44	1	8 Weeks	€0.18	

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Tools							
Garden tool set	Argos Challenge 5 Piec	Argos	€ 31.29	1	780 Weeks	€0.04	
Lawn mower	Challenge	Argos	€ 59.99	1	520 Weeks	€0.12	
Watering can		Dealz	€ 1.50	1	1,040 Weeks	€0.00	
Gardening gloves		Dealz	€ 1.50	2	52 Weeks	€0.06	
Kneeling mat		the gardenshop.ie	€ 2.99	1	364 Weeks	€0.01	
Screwdriver		Dealz	€ 1.50	1	1,040 Weeks	€0.00	
Hammer		Woodies DIY	€ 9.99	1	1,040 Weeks	€0.01	
Measuring tape		Dealz	€ 1.50	1	1,040 Weeks	€0.00	
Nails	Box	Woodies DIY	€ 5.79	1	1,040 Weeks	€0.01	
Light bulbs	Philips 8W LED (60W	Tesco	€ 5.92	8	364 Weeks	€0.13	
Paint							
Paint, roller set, 9"	Basics 9" Roller Set	Woodies DIY	€ 5.05	1	260 Weeks	€0.02	
Paint brushes, 5 set	Basics 5 Piece Paint Br	Woodies DIY	€ 7.06	1	260 Weeks	€0.03	
Paint,emulsion	Dulux 2.5lt Vinyl Soft S	Woodies DIY	€ 30.31	6	260 Weeks	€0.70	
Paint, gloss	Dulux 2.5lt Stay White	Woodies DIY	€ 25.26	6	260 Weeks	€0.58	
Total						TOTAL	€ 20.14

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Window cleaning		Local Business	€ 30.00	2	52 Weeks	€ 1.15	
Gutter Cleaning			€ 40.00	1	104 Weeks	€ 0.38	
Boiler Service	Bord Gais	Bord Gais	€ 103.12	1	52 Weeks	€ 1.98	
Waste	Standard 240 Plan	Barna Recycling	€ 17.00	1	2 Weeks	€ 8.50	
Waste Standing Charge			€ -	1	52 Weeks	€ -	
Total					TOTAL	€ 12.02	

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Post							
Stamps	National	An Post	€ 1.02	25	52 Weeks	€	0.49
Stamps	International	An Post	€ 1.84	10	52 Weeks	€	0.35
Registered Post	National	An Post	€ 8.00	2	52 Weeks	€	0.31
Phone, Laptop, Internet etc.							
Mobile phone (Smart Phone)	Samsung	Three	€ 120.98	2	156 Weeks	€	1.55
Phone credit		Three	€ 18.61	2	4 Weeks	€	8.59
Laptop			€ 300.00	1	156 Weeks	€	1.92
Broadband and Landline	100 Mbps	Digiweb	€ 42.30	1	4 Weeks	€	9.76
Internet Connection, Activation and Delivery		Digiweb	€ 49.99	1	156 Weeks	€	0.32
Printing Allowance		Local Library	€ 20.00	2	52 Weeks	€	0.77
Total						TOTAL	€ 24.07

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Exercise / Sport Activities							
Exercise Class	8 months of the year	Local hall	€ 5.00	30	52 Weeks	€ 2.88	
Bridge	Membership	Local hall	€ 6.00	2	52 Weeks	€ 0.23	
Swimming	Monthly pool member	Local pool	€ 25.00	2	4 Weeks	€ 11.54	
Bingo		Local hall	€ 7.00	16	52 Weeks	€ 2.15	
Holiday							
1 week package	Hotel - Half-board	Killarney	€ 494.00	1	52 Weeks	€ 9.50	
Spending Money	Social Experiences	Killarney	€ 100.00	2	52 Weeks	€ 3.85	
Household Items							
Deck of playing cards	Playing Cards Pack	Smyths	€ 1.79	1	52 Weeks	€ 0.03	
Scrabble set		Smyths	€ 17.99	1	780 Weeks	€ 0.02	
Jigsaw		Argos	€ 17.99	2	52 Weeks	€ 0.69	
Sewing kit		Hickeys	€ 29.00	1	520 Weeks	€ 0.06	
Knitting wool	Ball	Hickeys	€ 3.95	4	52 Weeks	€ 0.30	
Knitting needles	4.5mm	Hickeys	€ 1.95	1	520 Weeks	€ 0.00	
Knitting needles	5.0mm	Hickeys	€ 1.95	1	520 Weeks	€ 0.00	
Buttons	6 pack	Hickeys	€ 1.95	1	104 Weeks	€ 0.02	
Photo printing	100 Photos (15x10cm)	Boots	€ 8.83	1	52 Weeks	€ 0.17	
Booth Photographs	Set of 4	Local Chemist	€ 6.23	4	520 Weeks	€ 0.05	
Photo frames, 8 x 6"		Dealz	€ 1.50	4	520 Weeks	€ 0.01	
Christmas tree lights	Set of 200	Argos	€ 20.13	1	260 Weeks	€ 0.08	
Artificial Christmas tree & stand	Home 5ft Christmas Tr	Argos	€ 19.14	1	1,560 Weeks	€ 0.01	
Christmas tree decorations	Home 100 piece Chris	Argos	€ 11.07	1	1,560 Weeks	€ 0.01	

2019		Pensioner Couple					
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Christmas Wreath	Berry and Pine Cone	Argos	€ 13.09	1	1,560 Weeks	€ 0.01	
House plants	Poinsettia	Local	€ 12.99	1	52 Weeks	€ 0.25	
Deck chairs	folding chairs	B&Q	€ 18.00	4	1,300 Weeks	€ 0.06	
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 3.08	
Newspapers, Books & Magazines							
Novels		Second hand bookstore	€ 2.50	15	52 Weeks	€ 0.72	
Bible	DLT	Veritas	€ 11.72	1	1,300 Weeks	€ 0.01	
Daily newspaper		Local Newsagent	€ 1.30	6	1 Week	€ 7.80	
Sunday Newspaper		Local Newsagent	€ 3.44	1	1 Week	€ 3.44	
Magazine	Magazine Subscription	Local newsagent	€9.10	2	4 Weeks	€ 4.20	
Calendar	Free	Parish calendar	€ -	1	52 Weeks	€ -	
Telephone and address book		dealz	€ 1.50	1	260 Weeks	€ 0.01	
C.D.s/DVDs		Amazon	€ 10.00	6	52 Weeks	€ 1.15	
Socialising							
Concert	knocknarea arena	Ticketmaster	€ 38.00	2	52 Weeks	€ 1.46	
Cinema	senior ticket	Local Cinema	€ 6.80	2	26 Weeks	€ 0.52	
Day trip e.g. Kilkenny Castle		OPA Self Guided Tour	€ 6.00	2	52 Weeks	€ 0.23	
Day trip allowance			€ 25.00	2	52 Weeks	€ 0.96	
Socialising/entertainment			€ 60.00	2	9 Weeks	€ 13.33	
Total							
TOTAL						€ 68.84	

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Private Transport								
Hyundai	i10	152 reg. 1.0 litre engine	€ 8,941.08	1	312 Weeks	€	28.66	
Motor Tax			€ 190.00	1	52 Weeks	€	3.65	
NCT			€ 55.00	1	104 Weeks	€	0.53	
Driving Licence Fee		Motor Tax Office	€ 55.00	2	156 Weeks	€	0.71	
Doctor's Cert/Visit		Local	€ 55.00	2	156 Weeks	€	0.71	
Annual Service		Local	€ 170.00	1	52 Weeks	€	3.27	
Maintenance	Allowance for periodic replacement of bulbs, v		€ 118.00	1	52 Weeks	€	2.27	
Petrol	Avg price per litre	AA Price Survey	€ 1.42	23.4	1 Week	€	33.24	
Parking Allowance			€ 4.00	1	1 Week	€	4.00	
Total							TOTAL	€ 77.03

2019							Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week		
Electricity								
Units	Discounted Unit Rate	Energia	€ 0.16	82.0	1 Week	€	13.04	
Standing Charge	Rural	Energia	€ 227.61	1	52 Weeks	€	4.38	
PSO			€ 49.45	1	52 Weeks	€	0.95	
							Electricity TC	18.37
Gas								
Units	Gas Oil	SEAI Average Price - C	€ 0.07	13,300	52 Weeks	€	17.91	
							Oil TOTAL	17.91
							TOTAL	36.28

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€ 0.29	
Donations to charity			€ 2.02	1	1 Week	€ 2.02	
Bank Fees	Age Related	AIB	€ -	2	13 Weeks	€ -	
Total					TOTAL	€ 2.31	

2019							Pensioner Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Insurance							
Home Contents Insurance		Liberty	€ 100.84	1	52 Weeks	€ 1.94	
Health Insurance	Company Plan Starter	VHI	€ 717.19	2	52 Weeks	€ 27.58	
Health Insurance Excess			€ 25.00	2	52 Weeks	€ 0.96	
GP Visit Refund			-€ 25.00	8	52 Weeks	-€ 3.85	
Dental Refund			-€ 25.00	2	52 Weeks	-€ 0.96	
Optician Refund			-€ 50.00	2	104 Weeks	-€ 0.96	
Chiropodist Refund			-€ 25.00	2	52 Weeks	-€ 0.96	
Car Insurance	Fully Comprehensive		€ 429.97	1	52 Weeks	€ 8.27	
Funeral Insurance	Average annual premi	Credit Union	€ 51.87	2	52 Weeks	€ 1.99	
TOTAL						€ 34.02	

2019						Pensioner Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Savings & Contingencies							
Personal Savings	Credit Union		€ 5.00	2	1 Week	€	10.00
Contingencies / Emergencies			€ 5.00	1	1 Week	€	5.00
Total						TOTAL	€ 15.00