

One Parent, Female

Urban

Weekly Individualised Expenditure

Mar 2012

Food	€	35.38		
Fruit & Vegetables	€	7.85		
Groceries	€	13.21		
Meat	€	8.80		
Milk & Bread	€	4.47		
Other	€	1.04		
Clothing	€	8.13	Education	€ 2.75
Clothes	€	5.27	Uniforms	€ -
Footwear	€	2.21	Books, Stationary, etc.	€ -
Accessories	€	0.65	Computer Equipment	€ 2.75
Personal Care	€	7.32	Other Education Costs	€ -
Personal Hygiene	€	5.38	Transport (Public)	€ 26.07
Cosmetics	€	1.94		
Health	€	4.56	Transport (Private)	€ 60.94
Over the counter items	€	0.31		
Health care services	€	4.25	Household Energy	€ 39.71
Household Goods	€	14.88	Electricity	€ 18.67
Furnishings	€	5.77	Heating	€ 21.04
Appliances	€	2.96	Personal Costs	
Kitchen items	€	0.78	Scenario 1	€ 2.18
Cleaning & maintenance	€	4.61	Scenario 2	€ 4.26
Miscellaneous items	€	0.77	Scenario 3	€ 5.25
Household Services	€	6.75	Childcare	
Communications	€	10.00	Scenario 1	€ -
Social Inclusion & Participation	€	31.69	Scenario 2	€ -
Toys	€	-	Insurance	€ 26.03
Newspapers, Books & Magazines	€	3.35	Home Contents	€ 4.03
Household Items	€	4.97	Health	€ 16.59
Holiday	€	8.80	Car	€ 5.41
Exercise / Sport Activities	€	5.60	Savings & Contingencies	€ 13.73
Family Outings	€	1.72		
Parents' Socialising	€	7.25		
Pet	€	-		

One Parent Household

							Urban	Urban
							Mar 2012	Mar 2012
Food							House Cost	Cost / Week
Item	Brand	Retailer	Unit Price	Quantity	Life span			
Fruit & Vegetables								
§ Apples	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.69
§ Bananas	1kg bag	Aldi	Aldi	€ 1.25	1	1 Week	€ 1.25	€ 0.46
§ Cabbage		Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Carrots	1kg bag	Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Cauliflower		Aldi	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.55
§ Cucumber		Aldi	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.25
§ Frozen bag of broccoli	1kg bag	Four Seasons	Aldi	€ 1.35	1	2 Weeks	€ 0.68	€ 0.25
§ Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 1.25	1	6 Weeks	€ 0.21	€ 0.08
§ Lettuce		Iceberg	Aldi	€ 0.90	1	1 Week	€ 0.90	€ 0.33
§ Mushrooms	250g tray	Aldi	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.18
§ Onions	1kg bag	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.14
§ Oranges	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.69
§ Parsnips	Pack of 3	Lidl	Lidl	€ 1.29	1	2 Weeks	€ 0.65	€ 0.24
§ Pears	Loose	Aldi	Aldi	€ 0.49	6	1 Week	€ 2.94	€ 1.08
§ Peas	1kg bag	Four Seasons	Aldi	€ 1.19	1	1 Week	€ 1.19	€ 0.44
§ Potatoes	7.5kg bag	Roosters	Aldi	€ 3.69	1	2 Weeks	€ 1.85	€ 0.68
§ Sultanas	375g	Sweet Vine	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.18
§ Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.54	1	1 Week	€ 0.54	€ 0.20
§ Tomatoes		Lidl	Lidl	€ 0.26	6	1 Week	€ 1.56	€ 0.57
§ Turnip		Aldi	Aldi	€ 0.35	1	1 Week	€ 0.35	€ 0.13
Groceries								
§ Beans	420g	Corale	Aldi	€ 0.47	2	1 Week	€ 0.94	€ 0.34
§ Biscuits	400g	Belmont Digestive	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.16
§ Cake	550g	Victoria Sponge	Aldi	€ 1.79	1	1 Week	€ 1.79	€ 0.66
§ Cheese	200g	Cowbell Cheese	Aldi	€ 0.85	1	1 Week	€ 0.85	€ 0.31
§ Coffee	200g	Maxwell House	Tesco	€ 5.69	1	6 Weeks	€ 0.35	€ 0.13

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Food								
Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Cost / Week
§ Coleslaw	400g tub	Country Fresh	Aldi	€ 1.29	2	3 Weeks	€ 0.86	€ 0.26
§ Cooking oil	1 litres	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40	€ 0.15
§ Corn beef	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.32
§ Corn flakes	400g	Harvest Morn	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.12
§ Cream crackers	300g	Savoury Bakes	Aldi	€ 0.39	1	3 Weeks	€ 0.13	€ 0.05
§ Crisps	Multipack 18	Snackrite	Aldi	€ 1.95	1	3 Weeks	€ 0.65	€ 0.19
§ Curry powder	80g tub	Tesco brand	Tesco	€ 1.09	1	4 Weeks	€ 0.27	€ 0.10
§ Diluted juice	1 litre	Sun Quench	Aldi	€ 1.45	1	1 Week	€ 1.45	€ 0.53
§ Dried apricots	250g	Tesco Wholefoods	Tesco	€ 2.99	1	3 Weeks	€ 1.00	€ 0.30
§ Eggs	18	Mervale	Aldi	€ 2.59	1	3 Weeks	€ 0.86	€ 0.32
§ Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.99	2	3 Weeks	€ 1.33	€ 0.49
§ Flora	1 kg tub	Flora	Tesco	€ 4.29	1	3 Weeks	€ 1.43	€ 0.52
§ Flour	2 kg	The Pantry	Aldi	€ 1.19	1	8 Weeks	€ 0.15	€ 0.05
§ Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 2.69	1	1 Week	€ 2.69	€ 0.99
§ Fruit cocktail	410g	Sweet Valley	Aldi	€ 0.65	2	1 Week	€ 1.30	€ 0.39
§ Gravy	300g tin	Quixo	Aldi	€ 0.85	1	6 Weeks	€ 0.14	€ 0.05
§ Ham	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.32
§ Hot chocolate	400g tin	Alcafe	Aldi	€ 1.49	1	6 Weeks	€ 0.25	€ 0.09
§ Ice-cream	1 litre tub	Gianni's	Aldi	€ 1.45	1	3 Weeks	€ 0.48	€ 0.18
§ Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ 0.09
§ Jelly (strawberry)	135g pack	Hartley's	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.18
§ Low-fat yoghurts	125g	Duneen	Aldi	€ 0.37	12	1 Week	€ 4.44	€ 1.63
§ Marmalade	454g jar	Grandessa	Aldi	€ 0.65	1	6 Weeks	€ 0.11	€ 0.04
§ Mayonnaise	500ml	Bramwells	Aldi	€ 1.15	1	4 Weeks	€ 0.29	€ 0.11
§ Noodles	65g	Tesco Value	Tesco	€ 0.15	4	1 Week	€ 0.60	€ 0.18
§ Orange juice	1 litres	Rio D'ora	Aldi	€ 0.89	2	1 Week	€ 1.78	€ 0.65
§ Oven chips	1.5 kg bag	Champion	Aldi	€ 0.99	1	3 Weeks	€ 0.33	€ 0.12

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Food							House Cost	Cost / Week
Item	Brand	Retailer	Unit Price	Quantity	Life span			
§ Pasta sauce	320g jar	Cucina	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Chocolate Bars	pack of 9	Eat Me Caramel	Aldi	€ 1.09	1	1 Week	€ 1.09	€ 0.40
§ Pepper	25g	Stonemill	Aldi	€ 0.89	1	26 Weeks	€ 0.03	€ 0.01
§ Red sauce	570g	Bramwells	Aldi	€ 0.75	1	4 Weeks	€ 0.19	€ 0.07
§ Rice	1kg box	Bilash	Aldi	€ 1.19	1	4 Weeks	€ 0.30	€ 0.11
§ Rice Krispies	375g	Harvest Morn	Aldi	€ 1.19	4	5 Weeks	€ 0.95	€ 0.35
§ Salmon (tinned)	212g	Ocean Rise	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Sea Salt	700g	Stonemill	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.01
§ Spaghetti	1kg bag	Cucina	Aldi	€ 0.95	1	3 Weeks	€ 0.32	€ 0.12
§ Spaghetti hoops	410g tin	Corale	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.13
§ Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	17 Weeks	€ 0.07	€ 0.03
Tea bags	80 bags	Tesco brand	Tesco	€ 0.85	1	3 Weeks	€ 0.28	€ 0.10
§ Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.18
§ Tuna	185g	Ocean Rise	Aldi	€ 0.59	1	1 Week	€ 0.59	€ 0.22
§ Vinegar	568ml	Bramwells	Aldi	€ 0.37	1	17 Weeks	€ 0.02	€ 0.01
§ Waffles	680g	Champion	Aldi	€ 1.25	1	2 Weeks	€ 0.63	€ 0.23
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	2	3 Weeks	€ 1.39	€ 0.51
Meat								
§ Chicken fillets	6		Local butchers	€ 7.50	1	1 Week	€ 7.50	€ 2.75
§ Mince	500g		Local butchers	€ 3.00	1	1 Week	€ 3.00	€ 1.10
§ Pork chops	3		Local butchers	€ 4.50	1	1 Week	€ 4.50	€ 1.65
§ Rashers	250g	Lidl	Lidl	€ 1.24	1	1 Week	€ 1.24	€ 0.45
§ Roast pork	1kg		Local butchers	€ 6.49	1	1 Week	€ 6.49	€ 2.38
§ Sausages	454g pack	Lidl	Lidl	€ 1.29	1	1 Week	€ 1.29	€ 0.47
Milk & Bread								
§ Brown bread	800g	Lynchs	Aldi	€ 0.99	3	1 Week	€ 2.97	€ 1.09
§ Brown bread rolls	pack of 6	Ballymore Crust	Aldi	€ 0.89	1	1 Week	€ 0.89	€ 0.33

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Food							Urban	Urban
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Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Cost / Week
§ Full-fat milk	2 litres	Clobawn	Aldi	€ 1.49	2	1 Week	€ 2.98	€ 1.09
§ Low-fat milk	2 litres	Clobawn	Aldi	€ 1.49	2	1 Week	€ 2.98	€ 1.09
§ Scones		Bakery	Lidl	€ 0.35	4	1 Week	€ 1.40	€ 0.51
§ White bread	800g	Lynchs	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
Other								
§ Indian takeaway			Local takeaway	€ 15.00	1	4 Weeks	€ 3.46	€ 1.04
§ Lunch			Local deli	€ 3.00	1	1 Week	€ 3.05	€ -
Chinese takeaway			Local takeaway	€ 11.00	1	4 Weeks	€ 11.18	€ -
Total							€ 112.35	€ 35.38

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Underwear and nightwear						
Bras	Dunnes	Dunnes	€ 7.00	6	52 Weeks	€ 0.59
Pants	Dunnes	Dunnes	€ 1.50	14	52 Weeks	€ 0.29
Socks	5 pack	Penny's	€ 5.00	2	52 Weeks	€ 0.14
Tights	2 pack	Penny's	€ 2.50	2	6 Weeks	€ 0.60
Pyjamas	Penny's	Penny's	€ 8.00	2	52 Weeks	€ 0.22
Dressing gown	Penny's	Penny's	€ 12.00	1	104 Weeks	€ 0.09
Slippers	Pair	Penny's	€ 6.00	2	52 Weeks	€ 0.17
Coats, jackets						
Light casual jacket	Penny's	Penny's	€ 18.00	1	104 Weeks	€ 0.12
Winter coat, 3/4 length	Dunnes	Dunnes	€ 45.00	1	104 Weeks	€ 0.31
Fleece	Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.10
Main clothing						
Jumper	Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
Trousers	Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
Jeans	Dunnes	Dunnes	€ 25.00	2	104 Weeks	€ 0.35
Tracksuit bottoms	Dunnes	Dunnes	€ 10.00	2	52 Weeks	€ 0.28
T-shirts	Dunnes	Dunnes	€ 5.00	5	52 Weeks	€ 0.35
Smart top	Dunnes	Dunnes	€ 15.00	1	52 Weeks	€ 0.21
Smart skirt	Dunnes	Dunnes	€ 25.00	1	52 Weeks	€ 0.35
3/4 summer trousers	Dunnes	Dunnes	€ 8.00	2	52 Weeks	€ 0.22
Vest tops	Penny's	Penny's	€ 3.00	2	52 Weeks	€ 0.09
Swimsuit	Penny's	Penny's	€ 7.00	1	104 Weeks	€ 0.05
Hat, scarf & glove set	Penny's	Penny's	€ 8.00	1	104 Weeks	€ 0.06
Belt	Dunnes	Dunnes	€ 8.00	2	156 Weeks	€ 0.07
Footwear						
Sandals	Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.10

One Parent, Female

Urban

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Leather shoes	Clarks	Clarks	€ 60.00	1	52 Weeks	€ 1.15
Trainers	Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.28
§ Boots	Clarks	Clarks	€ 65.00	1	104 Weeks	€ 0.63
Flip flops	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.04
Personal accessories						
Purse	Dunnes	Dunnes	€ 6.00	1	156 Weeks	€ 0.03
Watch	Constant	Argos	€ 7.99	1	260 Weeks	€ 0.02
Battery replacement		Argos	€ 5.00	1	104 Weeks	€ 0.04
Sunglasses		Penny's	€ 3.00	1	156 Weeks	€ 0.01
Handbag	Penny's	Penny's	€ 5.00	2	104 Weeks	€ 0.07
Earrings	Pair	H. Samuel	€ 20.00	1	260 Weeks	€ 0.06
Dry-cleaning		Local	€ 15.00	2	52 Weeks	€ 0.42
Total						€ 8.13

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal Hygiene							
§ Suntan lotion (40+)	200ml	Soltan	Boots	€ 14.90	1	52 Weeks	€ 0.13
Soap	Pack of 4	Tesco Lemon	Tesco	€ 1.90	1	4 Weeks	€ 0.15
§ Sanitary Towels		Always Ultra	Tesco	€ 2.59	1	4 Weeks	€ 0.63
§ Tampons	Box of 30	Tampax	Tesco	€ 1.49	1	4 Weeks	€ 0.39
Toothpaste (adult)	150ml tube	Colgate regular	Tesco	€ 2.04	1	4 Weeks	€ 0.15
Hairbrush			Poundworld	€ 2.00	2	52 Weeks	€ 0.07
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.34
§ Conditioner	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.23
Shower gel	400ml	Tesco brand	Tesco	€ 1.64	1	2 Weeks	€ 0.25
Disposable razors	pack of 8	Bic	Tesco	€ 4.75	1	8 Weeks	€ 0.54
§ Deodorant	150ml	Nivea	Tesco	€ 2.04	1	3 Weeks	€ 0.68
Toothbrush (adult)			Tesco	€ 2.59	1	13 Weeks	€ 0.18
Haircut: woman			Local hairdresser	€ 30.00	3	52 Weeks	€ 1.59
§ Tweezers		Boots	Boots	€ 6.09	1	520 Weeks	€ 0.01
§ Nail Clippers		Boots	Boots	€ 11.13	1	520 Weeks	€ 0.02
Toilet bag		Dunnes	Dunnes	€ 6.00	1	260 Weeks	€ 0.02
Cosmetics:							
Moisturiser	50ml	Nivea	Tesco	€ 6.45	1	9 Weeks	€ 0.68
§ Body lotion (200ml)		Vaseline Int care	Tesco	€ 2.83	1	9 Weeks	€ 0.30
Lipstick		Natural collection	Boots	€ 3.80	1	26 Weeks	€ 0.14
§ Mascara		Rimmel	Boots	€ 7.57	1	17 Weeks	€ 0.44
Foundation	40ml	Natural collection	Boots	€ 3.95	2	52 Weeks	€ 0.14
Eye shadow		Natural collection	Boots	€ 2.80	1	52 Weeks	€ 0.05
Perfume		Laimant	Boots	€ 11.25	1	52 Weeks	€ 0.20
Total							€ 7.32

One Parent, Female

Urban

Personal Care

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ 2012 Review adjustments & additions						

One Parent, Female

Urban

Health

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Over the counter						
First aid kit	Boots brand	Boots	€ 11.80	1	260 Weeks	€ 0.06
Waterproof plasters	Tesco brand	Tesco	€ 2.19	2	52 Weeks	€ 0.05
Paracetamol	Box of 24	Local chemist	€ 2.00	2	52 Weeks	€ 0.09
Thermometer		Local chemist	€ 4.68	1	260 Weeks	€ 0.02
Cough mixture	125ml	Benalin	€ 5.64	2	52 Weeks	€ 0.09
Health care services						
§ GP		Local doctor		2	52 Weeks	€ 1.14
† Dentist		Local dentist		1	52 Weeks	€ 0.63
† Optician		Local optician		1	104 Weeks	€ 0.37
§ Prescriptions (Contraception)	Nordiy	Pharmacy	€ 38.00	2	52 Weeks	€ 1.47
§ Prescriptions (Antibiotic)		Pharmacy		2	52 Weeks	€ 0.65
Total						€ 4.56

† Items are those which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Lounge/Dining Furniture						
Coffee table		Bargaintown	€ 59.00	1	520 Weeks	€ 0.09
Kitchen/dining table & Television stand		Bargaintwon	€ 199.00	1	780 Weeks	€ 0.22
3 piece suite		Bargaintown	€ 49.00	1	520 Weeks	€ 0.08
§ Computer Desk		Bargaintown	€ 899.00	1	780 Weeks	€ 0.99
Bookshelf		Argos	€ 36.99	1	520 Weeks	€ 0.02
		Argos	€ 39.00	1	1,040 Weeks	€ 0.03
Bedroom and bathroom furniture						
Double bed		Bargaintown	€ 200.00	1	624 Weeks	€ 0.28
Double mattress		Bargaintown	€ 99.00	1	520 Weeks	€ 0.16
Chest of drawers		Bargaintown	€ 89.00	1	780 Weeks	€ 0.10
Bedside locker		Bargaintown	€ 49.00	2	780 Weeks	€ 0.11
Wardrobe		Bargaintown	€ 199.00	1	780 Weeks	€ 0.22
Bathroom cabinet		Argos	€ 29.99	1	780 Weeks	€ 0.03
Floor Coverings:						
Kitchen, Lino		Des Kelly	€ 244.44	1	780 Weeks	€ 0.27
Bathroom, Lino		Des Kelly	€ 85.56	1	780 Weeks	€ 0.09
Bedroom 1, Carpet	Dreams	Des Kelly	€ 249.93	1	520 Weeks	€ 0.41
Lounge, Carpet	Dreams	Des Kelly	€ 344.05	1	364 Weeks	€ 0.82
Hall, Stairs and Landing, Carpet	Brianza	Des Kelly	€ 377.71	1	364 Weeks	€ 0.90
Textiles and soft furnishings:						
Double duvet- heavy tog		Guineys	€ 14.99	1	520 Weeks	€ 0.03
Double duvet- light tog		Guineys	€ 10.99	1	520 Weeks	€ 0.02
§ Double quilt cover & 2 pillowcases		Kavanaghs	€ 15.00	3	312 Weeks	€ 0.12
§ Double fitted sheets		Kavanaghs	€ 9.99	3	260 Weeks	€ 0.10
Pillows	Set of two	Kavanaghs	€ 10.00	2	104 Weeks	€ 0.17
Handtowels		Kavanaghs	€ 2.00	2	260 Weeks	€ 0.01

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Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Face cloths	Pair	Kavanaghs	€ 2.00	2	52 Weeks	€ 0.01
Bath towels		Kavanaghs	€ 5.00	2	260 Weeks	€ 0.03
§ Bath mat set		Kavanaghs	€ 6.99	1	78 Weeks	€ 0.08
Cushion and cover set		Kavanaghs	€ 3.00	2	260 Weeks	€ 0.02
Curtains, Blinds, etc.						
§ Lounge, Blind (90 x 72 inches)		Argos	€ 12.99	1	416 Weeks	€ 0.03
§ Bedroom 1 , Blind		Argos	€ 12.99	1	416 Weeks	€ 0.03
Bathroom, Blind (120x158cm)		Duffys	€ 32.99	1	624 Weeks	€ 0.04
Lounge, Curtain (90 x 72 inches)		Guineys	€ 35.99	1	624 Weeks	€ 0.05
Bedrooms, Curtain		Guineys	€ 25.00	1	624 Weeks	€ 0.03
Patio door, Curtain (68 x 84 inches)		Guineys	€ 30.00	1	624 Weeks	€ 0.04
Curtain track and fittings for lounge (8 feet)		Guineys	€ 20.00	1	1,040 Weeks	€ 0.02
Curtain track and fittings for patio door (6 feet)		Guineys	€ 17.00	1	1,040 Weeks	€ 0.02
Curtain track and fittings for bedrooms (4 feet)		Guineys	€ 14.00	1	1,040 Weeks	€ 0.01
Curtain hooks	Packet	Duffys	€ 1.39	5	1,040 Weeks	€ 0.01
§ Lampshades		Dunnes	€ 4.00	7	780 Weeks	€ 0.03
§ Standing lamp		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Gas and Electrical appliances:						
DVD Player	Futura	Powercity	€ 54.95	1	520 Weeks	€ 0.09
Stereo system	Jwin	Powercity	€ 49.95	1	520 Weeks	€ 0.09
Television	Beko 20"	Powercity	€ 119.95	1	520 Weeks	€ 0.20
§ Saorview Set-Top Box	Normende NM8010M	DID	€ 74.99	1	520 Weeks	€ 0.14
Fridge/freezer		Powercity	€ 259.00	1	520 Weeks	€ 0.43
Electric cooker		Powercity	€ 299.95	1	520 Weeks	€ 0.50
§ Tumble Dryer	Zanussi	Powercity	€ 179.95	1	520 Weeks	€ 0.35
§ Washing machine	Beko	Powercity	€ 239.95	1	520 Weeks	€ 0.46
Hairdryer		Argos	€ 13.95	1	260 Weeks	€ 0.02

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Household Goods

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Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Hair Straightener	Remington	Argos	€ 30.99	1	260 Weeks	€ 0.10
Iron		Argos	€ 16.99	1	260 Weeks	€ 0.06
Vacuum cleaner	Electrolux	Powercity	€ 59.95	1	520 Weeks	€ 0.10
Lawn mower	Flymo	Homebase	€ 79.00	1	520 Weeks	€ 0.13
Kettle		Powercity	€ 26.99	1	260 Weeks	€ 0.09
§ Blender	Breville	Argos	€ 26.49	1	520 Weeks	€ 0.05
Microwave		Powercity	€ 64.95	1	520 Weeks	€ 0.11
Toaster		Argos	€ 16.99	1	520 Weeks	€ 0.03
Kitchen and hardware:						
Crockery set (24 piece)		Argos	€ 32.00	1	520 Weeks	€ 0.05
§ Coffee mugs (6)		Argos	€ 8.49	1	104 Weeks	€ 0.07
§ Tea pot		Dunnes	€ 8.00	1	780 Weeks	€ 0.01
Ovenproof dish set- 3 piece		Argos	€ 16.49	1	780 Weeks	€ 0.02
§ Egg cups	Set of four	Dunnes	€ 3.69	1	780 Weeks	€ 0.00
§ Glasses set	Set of Four	Dunnes	€ 4.00	2	260 Weeks	€ 0.03
Cutlery set	Tesco (26 piece)	Tesco	€ 5.24	1	520 Weeks	€ 0.01
Mixing bowl		Tesco	€ 8.49	1	780 Weeks	€ 0.01
§ Non-stick baking sheet		Dunnes	€ 4.00	1	780 Weeks	€ 0.00
Kitchen scales		Argos	€ 5.99	1	780 Weeks	€ 0.01
Colander		Tesco	€ 1.49	1	780 Weeks	€ 0.00
Saucepan set (5 piece)		Argos	€ 39.99	1	520 Weeks	€ 0.07
§ Knife set (5 piece)		Argos	€ 29.99	1	520 Weeks	€ 0.05
Utensil set and stand		Argos	€ 9.99	1	780 Weeks	€ 0.01
Tin opener	Tesco brand	Tesco	€ 0.99	1	260 Weeks	€ 0.00
Potato peeler	Tesco brand	Tesco	€ 0.99	1	260 Weeks	€ 0.00
Corkscrew	Tesco brand	Tesco	€ 0.99	1	780 Weeks	€ 0.00
Kitchen scissors	Tesco brand	Tesco	€ 2.15	1	780 Weeks	€ 0.00

One Parent, Female

Urban

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Wooden spoon set		Tesco	€ 1.99	1	156 Weeks	€ 0.01
Whisk		Tesco	€ 2.95	1	780 Weeks	€ 0.00
Chopping board		Tesco	€ 2.95	1	780 Weeks	€ 0.00
Vacuum flask		Dunnes	€ 4.00	1	1,040 Weeks	€ 0.00
Candles	Pack of six	Tesco	€ 1.65	1	156 Weeks	€ 0.01
Cling film		The Gala market	€ 10.00	1	52 Weeks	€ 0.16
Tin foil		The Gala market	€ 10.00	1	52 Weeks	€ 0.16
Ironing board		Argos	€ 14.99	1	780 Weeks	€ 0.02
Clothes airer		Bolands	€ 10.95	1	780 Weeks	€ 0.01
Washing line		Bolands	€ 5.00	1	780 Weeks	€ 0.01
Clothes pegs	Pack	Poundworld	€ 2.00	1	104 Weeks	€ 0.02
Laundry basket		Bolands	€ 5.99	1	260 Weeks	€ 0.02
Tablemats	Set of 4	Dunnes	€ 6.00	1	520 Weeks	€ 0.01
Hand torch		Poundworld	€ 2.00	1	520 Weeks	€ 0.00
Stationary and paper goods:						
Birthday cards	Pack of three	Poundworld	€ 2.50	2	52 Weeks	€ 0.06
Christmas cards	Box of twenty	Poundworld	€ 2.00	2	52 Weeks	€ 0.05
Other occasion cards	Pack of three	Poundworld	€ 2.50	6	52 Weeks	€ 0.06
Christmas wrapping paper	Roll	Poundworld	€ 2.00	2	52 Weeks	€ 0.07
Gift wrap	Sheet	Poundworld	€ 1.00	4	52 Weeks	€ 0.02
Envelopes	Pack	Poundworld	€ 2.00	1	52 Weeks	€ 0.03
Writing pad		Poundworld	€ 1.00	1	52 Weeks	€ 0.02
Scissors		Tesco	€ 2.15	1	260 Weeks	€ 0.01
Sellotape		Poundworld	€ 1.50	1	52 Weeks	€ 0.02
Pens	Pack of ten	Poundworld	€ 3.00	1	52 Weeks	€ 0.03
Lighter		Poundworld	€ 1.00	1	52 Weeks	€ 0.02
Other Household items:						

One Parent, Female

Urban

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Suitcase	Set of 3 (27")	Dunnes	€ 45.00	3	520 Weeks	€ 0.07
Alarmclock		Argos	€ 6.99	1	520 Weeks	€ 0.01
Umbrella	Penny's	Penny's	€ 4.00	2	52 Weeks	€ 0.13
Toilet paper and cleaning materials:						
§ Toilet paper	Saxon (9)	Aldi	€ 2.55	4	3 Weeks	€ 0.80
Toilet brush set		Poundworld	€ 1.20	1	52 Weeks	€ 0.02
Stain remover	Vanish, 500ml	Tesco	€ 2.15	1	52 Weeks	€ 0.03
§ Washing up liquid	Powerforece, 1 L	Aldi	€ 0.99	1	4 Weeks	€ 0.23
§ Washing powder	Aerial non-bio (3.3kg)	Tesco	€ 10.29	1	4 Weeks	€ 0.74
§ Bleach	Powerforce, 750ml	Aldi	€ 0.59	1	4 Weeks	€ 0.14
§ Toilet cleaner	Powerforce, 750ml	Aldi	€ 0.89	1	2 Weeks	€ 0.42
§ Furniture polish	Powerforce, 300ml	Aldi	€ 0.89	1	26 Weeks	€ 0.03
§ Disinfectant	Dettol, 700ml	Aldi	€ 2.49	1	26 Weeks	€ 0.09
Shoe polish	Punch, 50ml	Tesco	€ 0.50	1	52 Weeks	€ 0.01
§ Dish cloths	Powerforce (20)	Aldi	€ 0.89	1	104 Weeks	€ 0.01
§ Household gloves	Powerforce (3 pack)	Aldi	€ 1.49	1	52 Weeks	€ 0.05
Refuse sacks	Killeen (40)	Tesco	€ 5.89	1	8 Weeks	€ 0.50
§ Bucket		Dunnes	€ 6.00	1	260 Weeks	€ 0.02
Mop		Dunnes	€ 6.00	1	26 Weeks	€ 0.20
Dustpan and brush		Poundworld	€ 2.00	1	260 Weeks	€ 0.01
Scrubbing brush with handle		Dunnes	€ 8.00	1	780 Weeks	€ 0.01
Washing up brush	Tesco brand	Tesco	€ 0.39	2	52 Weeks	€ 0.02
Dustbin		Tesco	€ 8.69	2	780 Weeks	€ 0.02
Broom		Tesco	€ 2.84	1	260 Weeks	€ 0.01
Batteries	Pack of six	Poundworld	€ 2.00	12	52 Weeks	€ 0.07
Vacuum bags	Electrolux	Tesco	€ 5.75	1	52 Weeks	€ 0.09
Home Security:						

One Parent, Female

Urban

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Window locks		All provided free of charge as in LA house				€ -
Front door bolt		All provided free of charge as in LA house				€ -
Back door bolt		All provided free of charge as in LA house				€ -
Smoke detector		All provided free of charge as in LA house				€ -
§ Fire Blanket		Argos	€ 28.99	1	416 Weeks	€ 0.07
§ Fire Extinguisher		Argos	€ 18.99	1	416 Weeks	€ 0.04
§ Carbon Monoxide Alarm		Woddies	€ 29.99	1	520 Weeks	€ 0.06
Tools:						
Garden tool set		Homebase	€ 23.99	1	780 Weeks	€ 0.03
Home tool set		Atlantic homecare	€ 14.99	1	520 Weeks	€ 0.03
Pack of nails	Box	Local hardware	€ 2.99	1	520 Weeks	€ 0.00
Plunger		Local hardware	€ 2.99	1	520 Weeks	€ 0.00
Light bulbs	60 watt (10 pack)	Tesco	€ 2.89	1	52 Weeks	€ 0.04
Cable		Argos	€ 7.49	1	1,040 Weeks	€ 0.01
Paint:						
Paint roller set, 9"		Homebase	€ 5.99	1	260 Weeks	€ 0.01
Paint brushes, 5 set		Woodies DIY	€ 9.99	1	260 Weeks	€ 0.02
Paint, emulsion	Dulux (3.5 litre)	Woodies DIY	€ 30.80	6	260 Weeks	€ 0.41
Paint, gloss	Dulux (3.5 litre)	Woodies DIY	€ 40.88	6	260 Weeks	€ 0.54
Total						€ 14.88

† Items are those which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Household Services

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Window cleaning			€ 10.00	1	9 Weeks	€ 1.14
‡ Waste	Half size bin	Dublin C.C.	€ 3.75	1	2 Weeks	€ 1.81
‡ Waste	Brown bin				4 Weeks	€ 0.50
‡ Waste Standing Charge					52 Weeks	€ 1.55
† Boiler Service					52 Weeks	€ 1.74
Total						€ 6.75

† Indicates items which were re-priced / newly added in December 2009

‡ Indicates items which were re-priced / newly added in March 2011

One Parent, Female

Urban

Communications

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Post						
† Stamps	48c	An Post	€ 0.48	20	52 Weeks	€ 0.22
† Stamps	75c	An Post	€ 0.75	5	52 Weeks	€ 0.08
Phone						
§ Mobile phone	Nokia	Vodafone	€ 59.99	1	156 Weeks	€ 0.38
§ Phone credit	Vodafone	Vodafone	€ 20.00	1	4 Weeks	€ 4.62
Internet						
§ Internet Connection	eMobile 3g Dongle	eircom	€ 20.32	1	4 Weeks	€ 4.69
Total						€ 10.00

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Exercise / Sport Activities						
Aerobics: woman		Local school	€ 6.00	1	1 Week	€ 4.46
Swimming: woman		Local swimming pool	€ 5.00	12	52 Weeks	€ 1.14
Family Outings						
Adult	medium meal	Mc Donald's	€ 5.70	3	52 Weeks	€ 0.33
Cinema: woman		Vue Cinema	€ 9.30	3	52 Weeks	€ 0.56
Dublin zoo: woman	Adult ticket	Dublin Zoo	€ 13.50	1	52 Weeks	€ 0.26
Pantomime, woman		The Gaiety	€ 30.00	1	52 Weeks	€ 0.57
Holiday						
I Week in Tramore						
Dublin-Waterford	Adult return	Irish rail	€ 29.00	1	52 Weeks	€ 0.55
Mobile home to rent			€ 325.00	1	52 Weeks	€ 6.25
Spending money			€ 300.00	1	52 Weeks	€ 1.90
Waterford-Tramore	Adult return	Bus Eireann	€ 4.80	1	52 Weeks	€ 0.09
Household Items						
Artificial Christmas tree & stand		Argos	€ 25.99	1	520 Weeks	€ 0.05
Balloons	Pack	Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Booth photographs		Local chemist	€ 5.00	1	520 Weeks	€ 0.01
Bulbs, bag of 30		Tesco	€ 4.49	2 packs	52 Weeks	€ 0.17
§ Camera	Kodak Digital	Argos	€ 74.99	1	260 Weeks	€ 0.29
Christmas tree lights	Set	Argos	€ 8.31	1	260 Weeks	€ 0.03
Compost bin	Free	DCC	€ -	1	1,040 Weeks	€ -
Decorations, red bows	Pack	Argos	€ 13.51	1	260 Weeks	€ 0.05
Deck of playing cards		Poundworld	€ 1.00	1	260 Weeks	€ 0.00
Game set (10 in 1)		Smyths	€ 12.00	1	520 Weeks	€ 0.02
Evergreen shrubs		B & Q	€ 14.99	4	520 Weeks	€ 0.12
Film processing		Local chemist	€ 6.45	3	52 Weeks	€ 0.37
Pull-out garland, foil		Argos	€ 8.31	4	260 Weeks	€ 0.13

One Parent, Female

Urban

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Games Console	Xbox360 Arcade (with	Smyths	€ 179.99	1	260 Weeks	€ 0.67
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 3.02
Newspapers, Books & Magazines						
§ DVD rental		Xtra Vision	€ 4.60	4	52 Weeks	€ 0.35
Bible	DLT	Veritas	€ 15.30	1	1,040 Weeks	€ 0.02
Calendar		Free	€ -	1	52 Weeks	€ -
Cookery book	Foulsham	Easons	€ 14.90	1	1,040 Weeks	€ 0.01
Encyclopaedia	Penguin	Easons	€ 26.25	1	520 Weeks	€ 0.05
First aid book	DK	Easons	€ 11.75	1	364 Weeks	€ 0.03
Novel book		Easons	€ 8.99	1	52 Weeks	€ 0.17
Pocket diary		Easons	€ 9.99	1	52 Weeks	€ 0.19
§ Sunday newspaper		Local Newsagent	€ 2.50	1	1 Week	€ 2.50
World atlas		Easons	€ 14.50	1	520 Weeks	€ 0.03
Parents' Socialising						
§ Babysitting Costs			€ 20.00	4	52 Weeks	€ 1.54
Socialising			€ 50.00	1	9 Weeks	€ 5.72
Total						€ 31.69

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Education

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Computer Equipment						
§ Laptop	Toshiba	PC World	€ 479.00	1	260 Weeks	€ 1.84
§ Printer	HP Deskjet 3920	Argos	€ 59.99	1	520 Weeks	€ 0.03
§ A4 Paper	100G pack	Easons	€ 4.99	3	52 Weeks	€ 0.08
§ Ink Cartridge	HP Deskjet 3920	Argos	€ 21.99	3	52 Weeks	€ 0.34
§ Microsoft Office Package	Microsoft	PC World	€ 119.99	1	260 Weeks	€ 0.46
						€ 2.75

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Transport

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Public Transport (Employed)						
‡ 30 Day Rambler Ticket	Dublin Bus		€ 105.00	1	4 Weeks	€ 26.07
						€ 26.07
Private Transport						
§ Car - Toyota Corolla (2008)	1.4, Petrol, Manual	Local Dealer	€ 8,500.00	1	312 Weeks	€ 27.24
§ Car Tax			€ 358.00	1	52 Weeks	€ 6.88
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
§ Maintenance and repairs		Karfix	€ 165.00	1	52 Weeks	€ 3.69
§ Driving Licence		Motor Tax Office	€ 25.00	1	520 Weeks	€ 0.05
Petrol			€ 20.00	1	1 Week	€ 22.55
Total						€ 60.94

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Household Energy

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Electricity		ESB			1 Week	€ 18.67
† Gas		Bord Gais			1 Week	€ 21.04
Home Heating Oil						€ -
Total						€ 39.71

† Indicates items which were re-priced / newly added in December 2009

§ 2012 Review adjustments & additions

One Parent, Female

Urban

Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Unemployed						
§ Passport Fee		Passport Office	€ 95.00	1	520 Weeks	€ 0.18
§ Donations to charity			€ 2.00	1	1 Week	€ 2.00
Trade Union Subscription	None					€ -
						€ 2.18
Employed Part-Time						
§ Passport Fee		Passport Office	€ 95.00	1	520 Weeks	€ 0.18
§ Donations to charity			€ 2.00	1	1 Week	€ 2.00
Trade Union Subscription	Part-time	SIPTU	€ 1.90	1	1 Week	€ 2.08
						€ 4.26
Employed Full-Time						
§ Passport Fee		Passport Office	€ 95.00	1	520 Weeks	€ 0.18
§ Donations to charity			€ 2.00	1	1 Week	€ 2.00
Trade Union Subscription	Full-time	SIPTU	€ 2.80	1	1 Week	€ 3.07
						€ 5.25
§ 2012 Review adjustments & additions						

One Parent, Female

Urban

Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Home Contents Insurance		Axa	€ 153.00	1	52 Weeks	€ 4.03
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 757.28	1	52 Weeks	€ 16.59
Car Insurance	Comprehensive		€ 281.50	1	52 Weeks	€ 5.41
Total						€ 26.03

‡ Indicates items which were re-priced / newly added in March 2011

One Parent, Female

Urban

Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Life Assurance		Insure.ie	€ 15.00	1	4 Weeks	€ 3.73
§ Contingencies / Emergencies			€ 10.00	1	1 Week	€ 10.00
Total						€ 13.73

§ 2012 Review adjustments & additions