

One Parent, Female

Rural

Weekly Individualised Expenditure

Mar 2012

Food	€	38.44		
Fruit & Vegetables	€	7.85		
Groceries	€	13.69		
Meat	€	9.78		
Milk & Bread	€	6.07		
Other	€	1.04		
Clothing	€	8.24	Education	€
Clothes	€	5.56	Uniforms	€
Footwear	€	2.27	Books, Stationary, etc.	€
Accessories	€	0.42	Computer Equipment	€
Personal Care	€	7.42	Other Education Costs	€
Personal Hygiene	€	5.35		
Cosmetics	€	2.08	Transport	
Health	€	3.76	Scenario 1	€
Over the counter items	€	0.25	Scenario 2	€
Health care services	€	3.51	Scenario 3	€
Household Goods	€	15.98	Household Energy	€
Furnishings	€	6.55	Electricity	€
Appliances	€	3.20	Heating	€
Kitchen items	€	0.66		
Cleaning & maintenance	€	4.82	Personal Costs	
Miscellaneous items	€	0.74	Scenario 1	€
Household Services	€	9.88	Scenario 2	€
			Scenario 3	€
Communications	€	10.00	Childcare	
			Scenario 1	€
Social Inclusion & Participation	€	34.41	Scenario 2	€
Toys	€	-	Insurance	€
Newspapers, Books & Magazines	€	5.52	Home Contents	€
Household Items	€	5.04	Health	€
Holiday	€	8.16	Car	€
Exercise / Sport Activities	€	5.98		
Family Outings	€	1.35	Savings & Contingencies	€
Parents' Socialising	€	8.37		
Pet	€	-		

One Parent Household

Food

							Rural	Rural
							Mar 2012	Mar 2012
Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
Fruit & Vegetables								
§ Apples	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.69
§ Bananas	1kg bag	Aldi	Aldi	€ 1.25	1	1 Week	€ 1.25	€ 0.46
§ Cabbage		Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Carrots	1kg bag	Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Cauliflower		Aldi	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.55
§ Cucumber		Aldi	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.25
§ Frozen bag of broccoli	1kg bag	Four Seasons	Aldi	€ 1.35	1	2 Weeks	€ 0.68	€ 0.25
§ Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 1.25	1	6 Weeks	€ 0.21	€ 0.08
§ Lettuce		Iceberg	Aldi	€ 0.90	1	1 Week	€ 0.90	€ 0.33
§ Mushrooms	250g tray	Aldi	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.18
§ Onions	1kg bag	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.14
§ Oranges	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.69
§ Parsnips	Pack of 3	Lidl	Lidl	€ 1.29	1	2 Weeks	€ 0.65	€ 0.24
§ Pears	Loose	Aldi	Aldi	€ 0.49	6	1 Week	€ 2.94	€ 1.08
§ Peas	1kg bag	Four Seasons	Aldi	€ 1.19	1	1 Week	€ 1.19	€ 0.44
§ Potatoes	7.5kg bag	Roosters	Aldi	€ 3.69	1	2 Weeks	€ 1.85	€ 0.68
§ Sultanas	375g	Sweet Vine	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.18
§ Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.54	1	1 Week	€ 0.54	€ 0.20
§ Tomatoes		Lidl	Lidl	€ 0.26	6	1 Week	€ 1.56	€ 0.57
§ Turnip		Aldi	Aldi	€ 0.35	1	1 Week	€ 0.35	€ 0.13
Groceries								
§ Beans	420g	Corale	Aldi	€ 0.47	2	1 Week	€ 0.94	€ 0.34
§ Biscuits	400g	Belmont Digestive	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.16
§ Cake	550g	Victoria Sponge	Aldi	€ 1.79	1	1 Week	€ 1.79	€ 0.66
§ Cheese	200g	Cowbell Cheese	Aldi	€ 0.85	1	1 Week	€ 0.85	€ 0.31
† Coffee	200g	Maxwell House	Tesco / Supervalu		1	6 Weeks	€ 0.81	€ 0.30

One Parent Household

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							Mar 2012	Mar 2012
Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§ Coleslaw	400g tub	Country Fresh	Aldi	€ 1.29	2	3 Weeks	€ 0.86	€ 0.26
§ Cooking oil	1 litres	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40	€ 0.15
§ Corn beef	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.32
§ Corn flakes	400g	Harvest Morn	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.12
§ Cream crackers	300g	Savoury Bakes	Aldi	€ 0.39	1	3 Weeks	€ 0.13	€ 0.05
§ Crisps	Multipack 18	Snackrite	Aldi	€ 1.95	1	3 Weeks	€ 0.65	€ 0.19
§ Curry powder	80g tub	Tesco brand	Tesco	€ 1.09	1	4 Weeks	€ 0.27	€ 0.10
§ Diluted juice	1 litre	Sun Quench	Aldi	€ 1.45	1	1 Week	€ 1.45	€ 0.53
§ Dried apricots	250g	Tesco Wholefoods	Tesco	€ 2.99	1	3 Weeks	€ 1.00	€ 0.30
§ Eggs	18	Mervale	Aldi	€ 2.59	1	3 Weeks	€ 0.86	€ 0.32
§ Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.99	2	3 Weeks	€ 1.33	€ 0.49
§ Flora	1 kg tub	Flora	Tesco	€ 4.29	1	3 Weeks	€ 1.43	€ 0.52
§ Flour	2 kg	The Pantry	Aldi	€ 1.19	1	8 Weeks	€ 0.15	€ 0.05
§ Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 2.69	1	1 Week	€ 2.69	€ 0.99
§ Fruit cocktail	410g	Sweet Valley	Aldi	€ 0.65	2	1 Week	€ 1.30	€ 0.39
§ Gravy	300g tin	Quixo	Aldi	€ 0.85	1	6 Weeks	€ 0.14	€ 0.05
§ Ham	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.32
§ Hot chocolate	400g tin	Alcafe	Aldi	€ 1.49	1	6 Weeks	€ 0.25	€ 0.09
§ Ice-cream	1 litre tub	Gianni's	Aldi	€ 1.45	1	3 Weeks	€ 0.48	€ 0.18
§ Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ 0.09
§ Jelly (strawberry)	135g pack	Hartley's	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.18
§ Low-fat yoghurts	125g	Duneen	Aldi	€ 0.37	12	1 Week	€ 4.44	€ 1.63
§ Marmalade	454g jar	Grandessa	Aldi	€ 0.65	1	6 Weeks	€ 0.11	€ 0.04
§ Mayonnaise	500ml	Bramwells	Aldi	€ 1.15	1	4 Weeks	€ 0.29	€ 0.11
§ Noodles	65g	Tesco Value	Tesco	€ 0.15	4	1 Week	€ 0.60	€ 0.18
§ Orange juice	1 litres	Rio D'ora	Aldi	€ 0.89	2	1 Week	€ 1.78	€ 0.65
§ Oven chips	1.5 kg bag	Champion	Aldi	€ 0.99	1	3 Weeks	€ 0.33	€ 0.12

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							Mar 2012	Mar 2012
Food							House Cost	Individual Cost
Item	Brand	Retailer	Unit Price	Quantity	Life span			
§ Pasta sauce	320g jar	Cucina	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Chocolate Bars	pack of 9	Eat Me Caramel	Aldi	€ 1.09	1	1 Week	€ 1.09	€ 0.40
§ Pepper	25g	Stonemill	Aldi	€ 0.89	1	26 Weeks	€ 0.03	€ 0.01
§ Red sauce	570g	Bramwells	Aldi	€ 0.75	1	4 Weeks	€ 0.19	€ 0.07
§ Rice	1kg box	Bilash	Aldi	€ 1.19	1	4 Weeks	€ 0.30	€ 0.11
§ Rice Krispies	375g	Harvest Morn	Aldi	€ 1.19	4	5 Weeks	€ 0.95	€ 0.35
§ Salmon (tinned)	212g	Ocean Rise	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.36
§ Sea Salt	700g	Stonemill	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.01
§ Spaghetti	1kg bag	Cucina	Aldi	€ 0.95	1	3 Weeks	€ 0.32	€ 0.12
§ Spaghetti hoops	410g tin	Corale	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.13
§ Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	17 Weeks	€ 0.07	€ 0.03
† Tea bags	80 bags	Lyons	Tesco / Supervalu	€ 3.39	1	3 Weeks	€ 1.14	€ 0.42
§ Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.18
§ Tuna	185g	Ocean Rise	Aldi	€ 0.59	1	1 Week	€ 0.59	€ 0.22
§ Vinegar	568ml	Bramwells	Aldi	€ 0.37	1	17 Weeks	€ 0.02	€ 0.01
§ Waffles	680g	Champion	Aldi	€ 1.25	1	2 Weeks	€ 0.63	€ 0.23
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	2	3 Weeks	€ 1.39	€ 0.51
Meat								
† Chicken fillets	6		Local butchers		1	1 Week	€ 7.83	€ 2.87
† Mince	500g		Local butchers		1	1 Week	€ 3.04	€ 1.12
† Pork chops	3		Local butchers		1	1 Week	€ 4.53	€ 1.66
§ Rashers	250g	Lidl	Lidl	€ 1.24	1	1 Week	€ 1.24	€ 0.45
† Roast - Bacon/Pork	1kg		Local butchers		1	2 Weeks	€ 3.83	€ 1.40
§ Sausages	454g pack	Lidl	Lidl	€ 1.29	1	1 Week	€ 1.29	€ 0.47
† Roast - Beef/Lamb	1kg		Local butchers		1	2 Weeks	€ 4.93	€ 1.81
Milk & Bread								
† Brown bread	800g		Local		3	1 Week	€ 5.98	€ 2.19

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Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§ Brown bread rolls	pack of 6	Ballymore Crust	€ 0.89	1	1 Week	€ 0.89	€ 0.33	
† Full-fat milk	2 litres	Local		2	1 Week	€ 3.65	€ 1.34	
† Low-fat milk	2 litres	Local		2	1 Week	€ 3.65	€ 1.34	
§ Scones		Bakery	€ 0.35	4	1 Week	€ 1.40	€ 0.51	
§ White bread	800g	Lynchs	€ 0.99	1	1 Week	€ 0.99	€ 0.36	
Other								
† Takeaway		Local takeaway	€ 18.50	1	4 Weeks	€ 3.49	€ 1.04	
† Lunch		Local deli	€ 3.00	1	1 Week	€ 3.03	€ -	
Chinese takeaway		Local takeaway	€ 11.00	1	4 Weeks	€ 8.63	€ -	
Total						€ 118.16	€ 38.44	

§ 2012 Basket Review adjustments

† Item priced in Demeber 2009

One Parent, Female

Rural

Clothing

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Bras		Dunnes	Dunnes	€ 7.00	6	52 Weeks	€ 0.59
Pants		Dunnes	Dunnes	€ 1.50	14	52 Weeks	€ 0.29
Socks	5 pack	Penny's	Penny's	€ 5.00	2	52 Weeks	€ 0.14
Tights	2 pack	Penny's	Penny's	€ 2.50	2	6 Weeks	€ 0.60
Pyjamas		Penny's	Penny's	€ 8.00	2	52 Weeks	€ 0.22
Dressing gown		Penny's	Penny's	€ 12.00	1	104 Weeks	€ 0.09
Slippers	Pair	Penny's	Penny's	€ 6.00	2	52 Weeks	€ 0.17
Light casual jacket		Penny's	Penny's	€ 18.00	1	104 Weeks	€ 0.12
Winter coat, 3/4 length		Dunnes	Dunnes	€ 45.00	1	104 Weeks	€ 0.31
Fleece		Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.10
Jumper		Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
Trousers		Dunnes	Dunnes	€ 15.00	3	104 Weeks	€ 0.31
Jeans		Dunnes	Dunnes	€ 25.00	2	104 Weeks	€ 0.35
Tracksuit bottoms		Dunnes	Dunnes	€ 10.00	2	52 Weeks	€ 0.28
T-shirts		Dunnes	Dunnes	€ 5.00	5	52 Weeks	€ 0.35
Smart top		Dunnes	Dunnes	€ 15.00	1	52 Weeks	€ 0.21
Smart skirt		Dunnes	Dunnes	€ 25.00	1	52 Weeks	€ 0.35
3/4 summer trousers		Dunnes	Dunnes	€ 8.00	2	52 Weeks	€ 0.22
Vest tops		Penny's	Penny's	€ 3.00	2	52 Weeks	€ 0.09
Swimsuit		Penny's	Penny's	€ 7.00	1	104 Weeks	€ 0.05
Hat, scarf & glove set		Penny's	Penny's	€ 8.00	1	104 Weeks	€ 0.06
Belt		Dunnes	Dunnes	€ 8.00	2	156 Weeks	€ 0.07
Sandals		Dunnes	Dunnes	€ 15.00	1	104 Weeks	€ 0.10
§ Leather shoes		Clarks	Clarks	€ 60.00	1	52 Weeks	€ 1.15

One Parent, Female

Rural

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Trainers	Dunnes	Dunnes	€ 20.00	1	52 Weeks	€ 0.28
Boots	Clarks	Clarks	€ 65.00	1	104 Weeks	€ 0.63
Flip flops	Penny's	Penny's	€ 3.00	1	52 Weeks	€ 0.04
Purse	Dunnes	Dunnes	€ 6.00	1	156 Weeks	€ 0.03
Sunglasses		Penny's	€ 3.00	1	156 Weeks	€ 0.01
Handbag	Penny's	Penny's	€ 5.00	2	104 Weeks	€ 0.07
Watch		Local Jewellers	€ 40.00	1	520 Weeks	€ 0.06
Battery replacement		Local Jewellers	€ 8.00	1	104 Weeks	€ 0.12
Earrings	Pair	Local Jewellers	€ 19.99	1	260 Weeks	€ 0.08
High Visibility Bib		local Shop	€ 3.00	1	156 Weeks	€ 0.04
Wellingtons		Local Shop	€ 12.00	1	208 Weeks	€ 0.06
Dry Cleaing		Local Dry Cleaners	€ 15.00	1	52 Weeks	€ 0.29
Total						€ 8.24

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Personal Care

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Personal Hygiene							
§ Conditioner	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.23
§ Deodorant	150ml	Nivea	Tesco	€ 2.04	1	3 Weeks	€ 0.68
Disposable razors	Pack of 10	Bic	Tesco	€ 2.15	1	10 Weeks	€ 0.25
Hairbrush			Local chemist	€ 1.99	2	52 Weeks	€ 0.09
Suntan lotion (40+)	200ml		Local chemist	€ 8.99	1	52 Weeks	€ 0.05
Haircut: woman			Stunners	€ 39.00	3	52 Weeks	€ 1.61
§ Sanitary Towels		Always Ultra	Tesco	€ 2.59	1	4 Weeks	€ 0.63
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	2 Weeks	€ 0.34
Shower gel	1 litre	Tesco brand	Tesco	€ 0.99	1	4 Weeks	€ 0.13
Soap	4 x 125g	Tesco Lemon	Tesco	€ 1.39	1	4 Weeks	€ 0.39
§ Tampons	Box of 30	Tampax	Tesco	€ 1.49	1	4 Weeks	€ 0.01
§ Tweezers		Boots	Boots	€ 6.09	1	520 Weeks	€ 0.02
§ Nail Clippers		Boots	Boots	€ 11.13	1	520 Weeks	€ 0.05
Toiletries bag		Dunnes	Dunnes	€ 5.00	1	260 Weeks	€ 0.17
Toothbrush (adult)			Tesco	€ 2.49	1	13 Weeks	€ 0.72
Cosmetics							
§ Moisturiser	50ml	Nivea	Tesco	€ 6.45	1	9 Weeks	€ 0.74
§ Body lotion (200ml)		Vaseline Int care	Tesco	€ 2.83	1	9 Weeks	€ 0.33
§ Lipstick		Natural collection	Boots	€ 3.80	1	26 Weeks	€ 0.15
§ Mascara		Rimmel	Boots	€ 7.57	1	17 Weeks	€ 0.44
§ Foundation	40ml	Natural collection	Boots	€ 3.95	2	52 Weeks	€ 0.15
§ Eye shadow		Natural collection	Boots	€ 2.80	1	52 Weeks	€ 0.05
§ Perfume		Laimant	Boots	€ 11.25	1	52 Weeks	€ 0.22
Total						€ 7.42	

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Health

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Over the counter						
First aid kit		Local chemist	€ 7.99	1	260 Weeks	€ 0.06
Waterproof plasters	Tesco brand	Tesco	€ 1.49	2	52 Weeks	€ 0.03
Paracetamol	Box of 24	Local chemist	€ 2.00	2	52 Weeks	€ 0.10
Thermometer		Local chemist	€ 4.99	1	260 Weeks	€ 0.02
Cough mixture	200ml	Exputex	€ 4.94	1	52 Weeks	€ 0.03
Health care services						
§ GP		Local doctor		2	52 Weeks	€ 0.97
Dentist		Local dentist		1	52 Weeks	€ 0.34
Optician		Local optician		1	104 Weeks	€ 0.08
§ Prescriptions (Contraception)		Pharmacy		2	52 Weeks	€ 1.47
§ Prescriptions (Antibiotic)		Pharmacy		2	52 Weeks	€ 0.65
Total						€ 3.76

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Lounge/Dining Furniture						
3 piece suite		Sugrue's	€ 689.00	1	780 Weeks	€ 1.10
Bookshelf		Sugrue's	€ 59.00	1	1,040 Weeks	€ 0.09
Coffee table		Sugrue's	€ 49.00	1	520 Weeks	€ 0.12
§ Computer Desk		Local	€ 39.00	1	520 Weeks	€ 0.05
Kitchen/dining table & 4 chairs		Sugrue's	€ 189.00	1	780 Weeks	€ 0.18
Television stand		Sugrue's	€ 55.00	1	520 Weeks	€ 0.15
Bedroom and bathroom furniture						
Bathroom cabinet		Sugrue's	€ 59.00	1	780 Weeks	€ 0.08
Bedside locker		Sugrue's	€ 49.00	2	780 Weeks	€ 0.13
Chest of drawers		Sugrue's	€ 59.00	1	780 Weeks	€ 0.14
Double Bed		Sugrue's	€ 110.00	1	624 Weeks	€ 0.28
Double mattress		Sugrue's	€ 155.00	1	520 Weeks	€ 0.26
Wardrobe		Sugrue's	€ 149.00	1	780 Weeks	€ 0.24
Floor Coverings:						
Kitchen	Lino	Fitzgeralds	€ 336.00	1	780 Weeks	€ 0.31
Bathroom	Lino	Fitzgeralds	€ 100.00	1	780 Weeks	€ 0.21
Bedroom	Carpet	Fitzgeralds	€ 168.00	1	520 Weeks	€ 0.34
Lounge	Carpet	Fitzgeralds	€ 275.50	1	364 Weeks	€ 1.01
Hall, Stairs and Landing	Carpet	Fitzgeralds	€ 256.50	1	364 Weeks	€ 0.85
Textiles and soft furnishings:						
§ Bath mat set		Dunnes	€ 5.00	1	78 Weeks	€ 0.06
Bath towels		Dunnes	€ 4.00	6	260 Weeks	€ 0.04
Cushion & cover set		Dunnes	€ 5.00	2	260 Weeks	€ 0.04
Double Duvet- heavy tog		Dunnes	€ 20.00	1	520 Weeks	€ 0.04
Double duvet- light tog		Dunnes	€ 15.00	1	520 Weeks	€ 0.03
§ Double fitted sheets	Set	Dunnes	€ 7.00	3	260 Weeks	€ 0.08

One Parent, Female

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Double quilt cover & 2 pillowcases		Dunnes	€ 12.00	3	312 Weeks	€ 0.11
Face cloths	Pack of 2	Dunnes	€ 2.00	2	52 Weeks	€ 0.02
Hand towels		Dunnes	€ 2.00	4	260 Weeks	€ 0.03
Pillows		Dunnes	€ 3.00	4	104 Weeks	€ 0.11
Curtains, Blinds, etc.						
Bathroom	Blind	Heatons	€ 18.00	1	624 Weeks	€ 0.04
§ Bedroom	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
Bedrooms, Curtain	Curtain	Heatons	€ 15.00	3	624 Weeks	€ 0.05
Curtain hooks	Pack of 20	Heatons	€ 1.25	8	1,040 Weeks	€ 0.01
Curtain track and fittings for bedrooms (4 feet)		Heatons	€ 22.00	1	1,040 Weeks	€ 0.02
Curtain track and fittings for lounge (8 feet)		Heatons	€ 18.00	1	1,040 Weeks	€ 0.02
Curtain track and fittings for patio door (6 feet)		Heatons	€ 18.00	1	1,040 Weeks	€ 0.04
Lampshades		Dunnes	€ 4.00	7	780 Weeks	€ 0.04
Lounge	Blind	Argos	€ 12.99	1	416 Weeks	€ 0.03
Lounge	Curtain	Heatons	€ 22.00	1	624 Weeks	€ 0.09
Patio door	Curtain	Heatons	€ 20.00	1	624 Weeks	€ 0.08
Standing lamp		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Gas and Electrical appliances:						
§ Blender	Breville	Argos	€ 26.49	1	520 Weeks	€ 0.05
DVD player	Philips	Kellehers	€ 39.99	1	520 Weeks	€ 0.08
Electric Cooker	Flavel	Kellehers	€ 199.00	1	416 Weeks	€ 0.52
Fridge/freezer	Flavel	Kellehers	€ 159.00	1	416 Weeks	€ 0.49
§ Hair straightener	Remington	Kellehers	€ 19.99	1	260 Weeks	€ 0.08
Hairdryer	Philips	Kellehers	€ 14.99	1	520 Weeks	€ 0.03
Iron	Morphy Richards	Kellehers	€ 19.99	1	260 Weeks	€ 0.07
Kettle	Morphy Richards	Kellehers	€ 19.99	1	260 Weeks	€ 0.08
Lawnmower	Apache	O'Sullivan's	€ 260.00	1	1,040 Weeks	€ 0.24

One Parent, Female

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Microwave	Playsonic	Kellehers	€ 49.99	1	520 Weeks	€ 0.10
§ Saorview Set-Top Box	Normende NM8010M	DID	€ 74.99	1	520 Weeks	€ 0.14
Stereo system	I-Luv	Kellehers	€ 69.99	1	520 Weeks	€ 0.11
Television	Panasonic	Kellehers	€ 129.00	1	520 Weeks	€ 0.27
Toaster	Morphy Richards	Kellehers	€ 19.99	1	520 Weeks	€ 0.03
§ Tumble Dryer	Zanuzzi	Powercity	€ 179.95	1	520 Weeks	€ 0.35
Vacuum cleaner	Philips	Kellehers	€ 69.99	1	520 Weeks	€ 0.11
§ Washing machine	Beko	Powercity	€ 239.95	1	520 Weeks	€ 0.46
Kitchen and hardware:						
Candles	Pack of 6	Discount Store	€ 3.99	1	156 Weeks	€ 0.02
Chopping board		Tesco	€ 3.99	2	780 Weeks	€ 0.01
Cling film		Tesco	€ 3.40	1	52 Weeks	€ 0.05
Clothes airer		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Clothes pegs	Pack	Discount Store	€ 1.59	1	104 Weeks	€ 0.02
Coffee mugs		Dunnes	€ 1.00	6	104 Weeks	€ 0.04
Colander		Tesco	€ 1.79	1	780 Weeks	€ 0.00
Corkscrew		Dunnes	€ 4.00	1	780 Weeks	€ 0.00
Crockery set (16 piece)		Dunnes	€ 20.00	2	520 Weeks	€ 0.08
Cutlery set (26 piece)		Tesco	€ 3.79	1	520 Weeks	€ 0.01
Dustbin		Discount Store	€ 8.99	2	780 Weeks	€ 0.02
Dustpan and brush		Discount Store	€ 2.49	1	260 Weeks	€ 0.01
Egg cups	Set of 4	Dunnes	€ 3.69	1	780 Weeks	€ 0.00
Garden tool set		4 Homes	€ 14.99	1	780 Weeks	€ 0.03
Glasses set	Set of 4	Dunnes	€ 4.00	2	260 Weeks	€ 0.03
Hand torch		Discount Store	€ 2.00	1	520 Weeks	€ 0.01
Ironing board		Dunnes	€ 19.99	1	780 Weeks	€ 0.03
Kitchen scales		Tesco	€ 5.09	1	780 Weeks	€ 0.01

One Parent, Female

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Kitchen scissors		Dunnes	€ 1.20	1	780 Weeks	€ 0.00
§ Knife set (5 piece)		Argos	€ 29.99	1	520 Weeks	€ 0.05
Laundry basket		Discount Store	€ 4.99	1	260 Weeks	€ 0.02
Mixing bowl		Tesco	€ 5.49	1	780 Weeks	€ 0.01
Non-stick baking sheet		Dunnes	€ 4.00	1	780 Weeks	€ 0.00
Ovenproof dish set, 3 piece		Dunnes	€ 15.00	1	780 Weeks	€ 0.02
Potato peeler		Dunnes	€ 2.50	1	260 Weeks	€ 0.01
Saucepan set(3 piece)		Dunnes	€ 15.00	2	520 Weeks	€ 0.04
Scrubbing brush with handle		Discount Store	€ 2.00	1	780 Weeks	€ 0.00
Tablemats	Set of 4	Dunnes	€ 5.00	1	520 Weeks	€ 0.01
Tea pot		Dunnes	€ 8.00	1	780 Weeks	€ 0.01
Tin foil		Tesco	€ 1.69	1	52 Weeks	€ 0.04
Tin opener		Dunnes	€ 4.00	1	260 Weeks	€ 0.02
Utensil set & stand		Discount Store	€ 12.00	1	780 Weeks	€ 0.01
Vacuum flask		Tesco	€ 4.89	1	1,040 Weeks	€ 0.00
Washing line		Discount Store	€ 2.00	1	780 Weeks	€ 0.00
Whisk		Tesco	€ 3.99	1	780 Weeks	€ 0.00
§ Wooden spoon set	Set of 2	Dunnes	€ 3.00	1	156 Weeks	€ 0.02
Other Household items:						
Alarmclock		Discount Store	€ 4.99	1	520 Weeks	€ 0.01
Suitcase		Dunnes	€ 30.00	3	520 Weeks	€ 0.05
Umbrella		Discount Store	€ 3.00	2	52 Weeks	€ 0.11
Home Security:						
Fire Blanket					416 Weeks	€ 0.03
Fire Extinguisher					416 Weeks	€ 0.13
§ Carbon Monoxide Alarm		4 Homes	€ 29.99	1	260 Weeks	€ 0.12
Window locks		All provided free of charge as in LA house				

One Parent, Female

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Front door bolt		All provided free of charge as in LA house				
Back door bolt		All provided free of charge as in LA house				
Smoke detector		All provided free of charge as in LA house				
Stationary and paper goods:						
Birthday cards		Discount Store	€ 1.00	6	52 Weeks	€ 0.06
Christmas cards	Box of 24	Discount Store	€ 2.99	2	52 Weeks	€ 0.06
Envelopes	Packet	Discount Store	€ 2.00	1	52 Weeks	€ 0.03
Other occasion cards		Discount Store	€ 1.00	6	52 Weeks	€ 0.05
Pens	Pack of 10	Discount Store	€ 2.00	1	52 Weeks	€ 0.02
Scissors		Discount Store	€ 2.00	1	260 Weeks	€ 0.02
Sellotape	Pack of 2	Discount Store	€ 1.49	1	104 Weeks	€ 0.01
Writing pad		Discount Store	€ 1.00	1	52 Weeks	€ 0.03
Cleaning & household maintenance						
Batteries	Duracell (4)	Discount Store	€ 3.99	3	52 Weeks	€ 0.15
Bleach	Powerforce (750ml)	Aldi	€ 0.59	1	4 Weeks	€ 0.14
Broom		Discount Store	€ 3.99	1	260 Weeks	€ 0.02
§ Bucket		Discount Store	€ 3.99	1	208 Weeks	€ 0.02
Dish cloths	Powerforce (20)	Aldi	€ 0.89	1	104 Weeks	€ 0.01
Disinfectant	Dettol (750ml)	Aldi	€ 2.49	1	26 Weeks	€ 0.09
Fire Lighters	Tesco (30)	Tesco	€ 1.09	1	4 Weeks	€ 0.31
Furniture polish	Powerforce (300ml)	Aldi	€ 0.89	1	26 Weeks	€ 0.03
Household gloves	Powerforce (3 pair)	Powerforce	€ 1.49	1	52 Weeks	€ 0.05
Lighter		Discount Store	€ 1.00	1	52 Weeks	€ 0.02
Mop		Discount Store	€ 4.49	1	26 Weeks	€ 0.16
Refuse sacks	Killeen (40)	Tesco	€ 5.72	1	8 Weeks	€ 0.55
Shoe polish	Punch (50ml)	Tesco	€ 2.00	1	52 Weeks	€ 0.03
Stain remover	Vanish (500ml)	Tesco	€ 1.94	1	52 Weeks	€ 0.03

One Parent, Female

Rural

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Toilet brush set		Discount Store	€ 3.00	1	52 Weeks	€ 0.06
Toilet cleaner	Powerforce 750ml)	Aldi	€ 0.89	1	2 Weeks	€ 0.42
Toilet paper	Saxon (9 rolls)	Aldi	€ 2.55	4	3 Weeks	€ 0.80
Vacuum bags	Nilfisk	Tesco	€ 5.75	1	52 Weeks	€ 0.10
§ Washing powder	Aerial non-bio (3.3kg)	Tesco	€ 10.29	1	4 Weeks	€ 0.74
Washing up brush	Pack of 2	Discount Store	€ 2.00	1	52 Weeks	€ 0.05
Washing up liquid	Powerforece, 1 L	Aldi	€ 0.99	1	4 Weeks	€ 0.23
Tools:						
Cable		Kellehers	€ 3.00	1	1,040 Weeks	€ 0.00
Home tool set		4 Homes	€ 9.99	1	520 Weeks	€ 0.04
Light Bulbs	2 x 60W	Tesco	€ 1.49	5	52 Weeks	€ 0.20
Pack of nails	Box	4 Homes	€ 2.95	1	520 Weeks	€ 0.01
Plunger		Discount Store	€ 2.49	1	520 Weeks	€ 0.01
Paint:						
Paint, roller set, 9"		4 Homes	€ 9.00	1	260 Weeks	€ 0.02
Paint brushes, 10 set		4 Homes	€ 11.95	1	260 Weeks	€ 0.02
Paint, emulsion	Dulux (10 litres)	4 Homes	€ 43.25	2	260 Weeks	€ 0.16
Paint, gloss	Dulux (5 litres)	4 Homes	€ 35.75	4	260 Weeks	€ 0.35
Total						€ 15.98

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Household Services

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Chimney Sweep		Local		1	26 Weeks	€ 0.76
Boiler Service		Local		1	52 Weeks	€ 1.32
Window Cleaning		Local		3	52 Weeks	€ 1.53
Waste		Local		1	4 Weeks	€ 6.27
Total						€ 9.88

One Parent, Female

Rural

Communications

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Post						
Stamps	55 cent	An Post	€ 0.55	20	52 Weeks	€ 0.22
Stamps	82 cent	An Post	€ 0.82	5	52 Weeks	€ 0.08
Phone						
§ Mobile phone	Nokia	Vodafone	€ 59.99	1	156 Weeks	€ 0.38
§ Phone credit	Vodafone	Vodafone	€ 20.00	1	4 Weeks	€ 4.62
Internet						
§ Internet Connection	eMobile 3g Dongle	eircom	€ 20.32	1	4 Weeks	€ 4.69
Total						€ 10.00

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Exercise / Sport Activities						
Aerobics: woman	9 months of year	Local	€ 6.00	1	52 Weeks	€ 4.46
Swimming, woman		Local swimming pool	€ 5.00	12	52 Weeks	€ 1.52
Family Outings						
Annual budget			€ 72.10		52 Weeks	€ 1.35
Cinema						
Pantomime						
Zoo visit						
Holiday	1 Week in Ireland, Mobile Home					
§ Mobile home to rent			€ 325.00	1	52 Weeks	€ 6.25
Spending money				1	52 Weeks	€ 1.91
Household Items						
Artificial Christmas tree & stand		Local		1	520 Weeks	€ 0.06
Balloons		Local		1	52 Weeks	€ 0.03
Booth photographs		Local chemist	€ 5.00	1	520 Weeks	€ 0.01
Bulbs, bag of 30	Pack of 30	Local		2	52 Weeks	€ 0.18
§ Camera	Kodak Digital	Argos	€ 74.99	1	260 Weeks	€ 0.29
Christmas tree lights	Set	Local		1	260 Weeks	€ 0.02
Compost bin		Local council	Free	1	1,040 Weeks	€ -
Decorations, red bows	Box			1	260 Weeks	€ 0.02
Deck of playing cards		Local		1	260 Weeks	€ 0.01
15 Game Superset		Smyths	€ 12.99	1	520 Weeks	€ 0.03
Evergreen shrubs		Local		4	520 Weeks	€ 0.10
Photo printing		Local chemist		3	52 Weeks	€ 0.50
Pull out garland, foil	Set	Local		4	260 Weeks	€ 0.14
§ Games Console	Xbox360 Arcade (with	Smyths	€ 179.99	1	260 Weeks	€ 0.67
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 2.99

One Parent, Female

Rural

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Newspapers, Books & Magazines						
§ DVD rental		xtra vision	€ 4.60	4	52 Weeks	€ 0.35
Bible		Easons	€ 12.35	1	1,040 Weeks	€ 0.01
Calendar	Free		€ -			€ -
Cookery book	Rachel Allen	Easons	€ 18.50	1	1,040 Weeks	€ 0.02
Encyclopaedia		Easons	€ 22.20	1	520 Weeks	€ 0.04
First aid book	Penguin	Easons	€ 11.69	1	364 Weeks	€ 0.03
Local Paper		Local Shop		1	52 Weeks	€ 1.71
Novel book		Easons	€ 8.99	4	52 Weeks	€ 0.67
Pocket diary		Easons	€ 8.45	1	52 Weeks	€ 0.16
§ Sunday newspaper		Local Shop	€ 2.50	1	1 Week	€ 2.50
World atlas	Collins	Easons	€ 13.15	1	520 Weeks	€ 0.03
Parents' Socialising						
§ Babysitting Costs			€ 20.00	4	52 Weeks	€ 1.54
Socialising			€ 61.05	1	9 Weeks	€ 6.83
Total						€ 34.41

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Education

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Computer Equipment						
§ Laptop	Toshiba	PC World	€ 479.00	1	260 Weeks	€ 1.84
§ Printer	HP Deskjet 3920	Argos	€ 59.99	1	520 Weeks	€ 0.03
§ A4 Paper	100G pack	Easons	€ 4.99	3	52 Weeks	€ 0.08
§ Ink Cartridge	HP Deskjet 3920	Argos	€ 21.99	3	52 Weeks	€ 0.34
§ Microsoft Office Package	Microsoft	PC World	€ 119.99	1	260 Weeks	€ 0.46
						€ 2.75

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Transport

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Car - Toyota Corolla	1.4, Petrol, Manual	Local Dealer	€ 8,500.00	1	312 Weeks	€ 27.24
§ Car Tax			€ 358.00	1	52 Weeks	€ 6.88
§ NCT			€ 55.00	1	104 Weeks	€ 0.53
Maintenance and repairs		Local	€ 174.00	1	52 Weeks	€ 3.82
§ Driving Licence		Motor Tax Office	€ 25.00	1	520 Weeks	€ 0.05
Petrol			€ 30.00	1	1 Week	€ 34.18
Total						€ 72.69

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Household Energy

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Electricity		ESB			1 Week	€ 19.72
Gas		Bord Gais			1 Week	
Home Heating Oil		Local				€ 41.11
Total						€ 60.83

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Unemployed						
§ Passport Fee		Passport Office	€ 95.00	1	520 Weeks	€ 0.18
§ Donations to charity			€ 2.50	1	1 Week	€ 2.50
Trade Union Subscription	None					€ -
						€ 2.68
Employed Part-Time						
§ Passport Fee		Passport Office	€ 95.00	1	520 Weeks	€ 0.18
§ Donations to charity			€ 2.50	1	1 Week	€ 2.50
Trade Union Subscription	Part-time	SIPTU	€ 1.90	1	1 Week	€ 2.08
						€ 4.76
Employed Full-Time						
§ Passport Fee		Passport Office	€ 95.00	1	520 Weeks	€ 0.18
§ Donations to charity			€ 2.50	1	1 Week	€ 2.50
Trade Union Subscription	Full-time	SIPTU	€ 2.80	1	1 Week	€ 3.07
						€ 5.75
§ 2012 Review adjustments & additions						

One Parent, Female

Rural

Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Home Contents Insurance		Quinn	€ 196.59	1	52 Weeks	€ 4.24
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 757.28	1	52 Weeks	€ 16.59
§ Car Insurance	Comprehensive	Quinn Direct	€ 338.55	1	52 Weeks	€ 6.51
Total						€ 27.34

‡ Indicates items which were re-priced / newly added in March 2011

§ 2012 Review adjustments & additions

One Parent, Female

Rural

Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Life Assurance		Insure.ie	€ 16.00	1	4 Weeks	€ 3.73
§ Contingencies / Emergencies			€ 10.00	1	1 Week	€ 10.00
Total						€ 13.73

§ 2012 Review adjustments & additions