

2019	URBAN	Cohabiting Couple
Food		85.88
Clothing		25.28
Personal Care		19.84
Health		12.51
Health - OTC		2.67
Health Care Services		9.84
Household Goods		7.28
Household Services		3.67
Communications		19.21
Social Inclusion & Participation		76.28
Education		4.98
Transport - Public		75.82
Transport - Car		74.21
Household Energy		24.50
Electricity		16.24
Heat		8.26
Personal Costs		
Unemployed		6.18
1 Full & 1 Part-Time		14.21
Full-Time		14.21
Childcare		
Not employed		
Part-Time		
Full-Time		
Insurance		
Home		
Health		24.70
Car		11.00
Savings & Contingencies		15.00

2019								Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Fruit & Vegetables								
Apples	10 pack	Royal Gala	Aldi	€ 1.47	1	2 Weeks	€ 0.74	
Bananas	6pack	Aldi	Aldi	€ 1.47	1	1 Week	€ 1.47	
Frozen bag of Veg	1kg	Four Seasons	Aldi	€ 0.76	1	2 Weeks	€ 0.38	
Cabbage	Head/450g	Egan's	Aldi	€ 0.98	1	1 Week	€ 0.98	
Carrotts	1kg	Egan's	Aldi	€ 0.98	1	2 Weeks	€ 0.49	
Lettuce	Loose	Iceberg	Aldi	€ 0.88	1	1 Week	€ 0.88	
Mushrooms	250g	Aldi	Aldi	€ 0.78	1	1 Week	€ 0.78	
Cucumber	Loose	The Salad Box	Aldi	€ 0.59	1	1 Week	€ 0.59	
Onions	1 kg	Aldi	Aldi	€ 0.98	1	3 Weeks	€ 0.33	
Oranges	1kg	Natures pick	Aldi	€ 1.79	1	2 Weeks	€ 0.90	
Pears	Loose	Aldi	Aldi	€ 0.48	4	1 Week	€ 1.94	
Peppers	Pack of 3	The Salad Box	Aldi	€ 1.48	1	2 Weeks	€ 0.74	
Sultanas	500g	The Pantry	Aldi	€ 1.17	1	5 Weeks	€ 0.23	
Peas	1kg bag	Sweet Harvest	Aldi	€ 0.62	1	2 Weeks	€ 0.31	
Potatoes	2kg	Rooster	Aldi	€ 2.99	1	1 Week	€ 2.99	
Tomatoes	6 pack	The Salad Box	Aldi	€ 0.98	1	2 Weeks	€ 0.49	
Groceries								
Bars	9 Pack	Belmont Biscuits	Aldi	€ 0.99	1	2 Weeks	€ 0.50	
Beans	420g	Corale	Aldi	€ 0.36	2	1 Week	€ 0.72	
Biscuits	400g	Belmont Digestive	Aldi	€ 0.44	1	1 Week	€ 0.44	
Bolognese Sauce	500g	Aldi	Aldi	€ 0.59	1	1 Week	€ 0.59	
Bran flakes	750g	Harvest Morn	Aldi	€ 0.95	1	2 Weeks	€ 0.48	

2019							Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Cheese	250g	Irish Vintage White Ch	Aldi	€ 1.51	1	2 Weeks	€ 0.75
Coffee	200g	Aldi	Aldi	€ 1.79	1	4 Weeks	€ 0.41
Cooking Oil	1 litre	Solesta	Aldi	€ 1.45	1	5 Weeks	€ 0.29
Cream Crackers	300g	Savour Bakes	Aldi	€ 0.39	1	5 Weeks	€ 0.09
Crisps	12pack	Snackrite	Aldi	€ 2.24	1	3 Weeks	€ 0.75
Curry Sauce	475g	Aldi	Aldi	€ 0.88	1	1 Week	€ 0.88
Diluted Orange	1.5l	Sun Quench	Aldi	€ 1.47	1	3 Weeks	€ 0.49
Eggs	6 eggs	Irish Free Range - Corr	Aldi	€ 1.79	1	2 Weeks	€ 0.90
Butter	500g	Dairygold	Aldi	€ 2.99	1	3 Weeks	€ 1.00
Frozen fish (cod)	450g	Northern Catch	Aldi	€ 1.95	1	1 Week	€ 1.95
Oven Chips	1.5kg	Champion	Aldi	€ 2.08	1	2 Weeks	€ 1.04
Gravy	(300g tin)	Quixo	Aldi	€ 0.79	1	5 Weeks	€ 0.16
Ham	15 slices	Glensallagh Family Pack	Aldi	€ 1.99	1	1 Week	€ 1.99
Yogurts	125g 4 pack	Coolree Creamery	Aldi	€ 1.49	2	1 Week	€ 2.98
Marmalade	454g	Grandessa	Aldi	€ 0.45	1	6 Weeks	€ 0.08
Mayonnaise	500ml	Bramwells	Aldi	€ 1.47	1	6 Weeks	€ 0.24
Noodles	(100g)	Aldi	Aldi	€ 0.14	2	1 Week	€ 0.29
Orange Juice	1 litre	Rio D'ora	Aldi	€ 0.78	1	1 Week	€ 0.78
Pepper	25g	Stone Mill	Aldi	€ 0.97	1	52 Weeks	€ 0.02
Rice	(1kg)	Worldwide	Aldi	€ 0.96	1	4 Weeks	€ 0.24
Salmon, Tinned	212g	Ocean Rise	Aldi	€ 1.27	2	2 Weeks	€ 1.27
Salt	700g	Stonemill	Aldi	€ 0.97	1	52 Weeks	€ 0.02
Spaghetti	1kg bag	Cucina	Aldi	€ 0.90	1	4 Weeks	€ 0.21

2019								Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Sugar	1kg	The Pantry	Aldi	€ 1.10	1	52 Weeks	€ 0.02	
Sweetcorn	340g	Sweet Harvest	Aldi	€ 0.28	1	1 Week	€ 0.28	
Tea	80 pack	Lyons	Tesco	€ 3.05	1	4 Weeks	€ 0.70	
Mixed Herbs	11g	Stone Mill	Aldi	€ 0.44	1	13 Weeks	€ 0.03	
Tuna	160g	Ocean Rise	Aldi	€ 0.68	1	1 Week	€ 0.68	
Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.02	1	4 Weeks	€ 0.51	
Vinegar	568ml	Bramwells	Aldi	€ 0.44	1	13 Weeks	€ 0.03	
Ice-cream	1L	Aldi	Aldi	€ 1.96	1	2 Weeks	€ 0.98	
Jelly	135g	Delicious Desserts	Aldi	€ 0.55	1	2 Weeks	€ 0.27	
Meat								
Mince meat	500g	Butchers Selection	Aldi	€ 3.49	1	1 Week	€ 3.49	
Pork chops	4 pack	Butchers Selection	Aldi	€ 3.23	1	1 Week	€ 3.23	
Roast Beef	450g	Inishvale	Aldi	€ 6.10	1	1 Week	€ 6.10	
Rashers	250g	Brannans	Aldi	€ 1.02	1	2 Weeks	€ 0.68	
Chicken fillets	6pack	Butchers Selection	Aldi	€ 5.84	1	1 Week	€ 5.84	
Sausages	x8	Brannan	Aldi	€ 0.79	1	2 Weeks	€ 0.40	
Beef (stewing)	346g	Butchers Selection	Aldi	€ 4.79	1	2 Weeks	€ 2.40	
Milk & Bread								
Brown bread	800g	Lynchs	Aldi/Lidl	€ 1.61	2	1 Week	€ 3.21	
Brown bread rolls	loose	Bakery	Tesco	€ 0.39	4	1 Week	€ 1.56	
Full Fat Milk	2 litre	Clobawn	Aldi	€ 1.49	1	1 Week	€ 2.98	
Other								
Friday Lunch			Local Deli	€ 5.50	2	1 Week	€ 11.00	

2019						Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Chinese Takeaway		Local Takeaway	€ 13.90	2	4 Weeks	€	6.42
Christmas			€ 67.17	1	52 Weeks	€	1.29
Total							
						TOTAL	€ 85.88

2019								Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Female								
Underwear and nightwear								
Bras	Dunnes	Dunnes	€ 7.90	6	52 Weeks	€	0.91	
Pants 4pack	Dunnes	Dunnes	€ 4.44	5	52 Weeks	€	0.43	
Socks 5pack	Primark	Penney's	€ 1.98	4	52 Weeks	€	0.15	
Opaque Tights 2 pack	Primark	Penney's	€ 3.95	5	52 Weeks	€	0.38	
Sheer Tights 2 pack	Primark	Penney's	€ 3.95	2	52 Weeks	€	0.15	
Pyjamas (summer and winter)	Primark	Penney's	€ 6.91	2	52 Weeks	€	0.27	
Dressing Gown	Primark	Penney's	€ 6.91	1	104 Weeks	€	0.07	
Vest Tops	Primark	Penney's	€ 4.94	4	52 Weeks	€	0.38	
Slippers	Primark	Penney's	€ 4.90	2	52 Weeks	€	0.19	
Coats, jackets								
Light Casual Jacket	Dunnes	Dunnes	€ 14.81	1	104 Weeks	€	0.14	
Winter Coat	Dunnes	Dunnes	€ 49.38	1	104 Weeks	€	0.47	
Fleece	Dunnes	Dunnes	€ 9.88	1	104 Weeks	€	0.09	
Main clothing								
Jumper	Dunnes	dunnes	€ 11.85	2	104 Weeks	€	0.23	
Cardigans	Dunnes	dunnes	€ 11.85	3	104 Weeks	€	0.34	
Leggings/Jeggings	Dunnes	Dunnes	€ 4.94	2	52 Weeks	€	0.19	
Trousers	Dunnes	Dunnes	€ 9.88	3	104 Weeks	€	0.28	
Jeans	Dunnes	Dunnes	€ 18.77	2	104 Weeks	€	0.36	
Track Suit Bottoms	Dunnes	Dunnes	€ 9.88	2	52 Weeks	€	0.38	
T-Shirts/Tops	Dunnes	Dunnes	€ 3.95	3	52 Weeks	€	0.23	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Smart Tops	Dunnes	Dunnes	€ 19.75	3	52 Weeks	€ 1.14	
Smart Skirts	Dunnes	Dunnes	€ 24.68	3	52 Weeks	€ 1.42	
Suit	Primark	Penney's	€ 35.50	1	104 Weeks	€ 0.34	
Casual Dress	Primark	Penney's	€ 14.00	1	52 Weeks	€ 0.27	
Going-Out Dress	Primark	Penney's	€ 22.00	1	52 Weeks	€ 0.42	
Swimsuit	Dunnes	Dunnes	€ 4.94	1	104 Weeks	€ 0.05	
Hat Scarf & Glove Set	Primark	Penney's	€ 8.91	1	52 Weeks	€ 0.17	
Belt 2 pack	Primark	Penney's	€ 2.81	1	156 Weeks	€ 0.02	
Footwear							
Sandals	Dunnes	Dunnes	€ 14.70	1	52 Weeks	€ 0.28	
Shoes	Primark	Penney's	€ 14.00	1	52 Weeks	€ 0.27	
Trainers	Nike	JD Sports	€ 60.00	1	52 Weeks	€ 1.15	
Boots	Primark	Penney's	€ 19.00	1	52 Weeks	€ 0.37	
Flip Flops	Primark	Penney's	€ 2.45	1	52 Weeks	€ 0.05	
Personal Accessories							
Purse	Primark	Penney's	€ 4.56	1	156 Weeks	€ 0.03	
Handbag	Primark	Penney's	€ 9.13	1	52 Weeks	€ 0.18	
Battery Replacement	Argos	Argos	€ 3.94	1	104 Weeks	€ 0.04	
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€ 0.04	
Sunglasses	Primark	Penney's	€ 2.74	1	52 Weeks	€ 0.05	
Costume Jewellery	Primark	Penney's	€ 4.00	1	52 Weeks	€ 0.08	
Dry Cleaning - Suit	Local	Dry Cleaners	€ 10.00	1	26 Weeks	€ 0.38	
Female Total							

2019								Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week			
						TOTAL	€	12.40	
Male									
Underwear and nightwear									
Boxers	Pack of 3	Primark	Penney's	€ 4.94	5	52 Weeks	€	0.47	
Vests	Pack of 2	Primark	Penney's	€ 5.93	1	52 Weeks	€	0.11	
Work Socks	7 pack	Dunnes	Dunnes	€ 6.00	1	52 Weeks	€	0.12	
Sport Socks	3 pack	Dunnes	Dunnes	€ 2.50	1	52 Weeks	€	0.05	
Ankle Socks	5 pack	Dunnes	Dunnes	€ 4.00	1	52 Weeks	€	0.08	
Bath robe		Dunnes	Dunnes	€ 15.80	1	260 Weeks	€	0.06	
Pyjamas		Primark	Penney's	€ 10.00	1	52 Weeks	€	0.19	
Slippers		Primark	Penney's	€ 5.88	1	156 Weeks	€	0.04	
Coats, jackets									
Heavy jacket		Dunnes	Dunnes	€ 60.00	1	156 Weeks	€	0.38	
Light casual jacket		Dunnes	Penney's	€ 14.81	1	104 Weeks	€	0.14	
Fleece		Dunnes	Penney's	€ 6.91	1	104 Weeks	€	0.07	
Main clothing									
Suit			Burtons	€ 148.15	1	156 Weeks	€	0.95	
Jumper		Dunnes	Dunnes	€ 19.75	3	104 Weeks	€	0.57	
Trousers		Dunnes	Dunnes	€ 14.81	2	52 Weeks	€	0.57	
Tracksuit bottoms		Dunnes	Dunnes	€ 11.85	1	52 Weeks	€	0.23	
T-shirts		Penney's	Penney's	€ 3.95	6	52 Weeks	€	0.46	
Swim shorts		Dunnes	Dunnes	€ 4.94	1	104 Weeks	€	0.05	
Jeans		Dunnes	Dunnes	€ 19.75	2	52 Weeks	€	0.76	

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Smart shirt	Dunnes	Dunnes	€ 24.68	3	52 Weeks	€	1.42	
Smart shirt and tie set	Dunnes	Dunnes	€ 29.63	1	52 Weeks	€	0.57	
Casual shirt	H&M	H&M	€ 12.99	3	52 Weeks	€	0.75	
Smart trousers	Dunnes	Dunnes	€ 24.69	2	52 Weeks	€	0.95	
Shorts	Dunnes	Dunnes	€ 11.85	3	104 Weeks	€	0.34	
Hat, scarf & glove set	Primark	Penney's	€ 9.38	1	52 Weeks	€	0.18	
Belt	Primark	Penny's	€ 4.69	2	156 Weeks	€	0.06	
Footwear								
Shoes	Dunnes	Dunnes	€ 25.00	2	52 Weeks	€	0.96	
Trainers	Dunnes	Dunnes	€ 24.50	1	52 Weeks	€	0.47	
Trainers	Nike	Lifestyle Sports	€ 60.00	1	52 Weeks	€	1.15	
Sandals	Dunnes	Dunnes	€ 14.70	1	104 Weeks	€	0.14	
Personal Accessories								
Wallet	Dunnes	Dunnes	€ 9.13	1	156 Weeks	€	0.06	
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€	0.04	
Battery replacement		Argos	€ 3.94	1	104 Weeks	€	0.04	
Sunglasses	Primark	Penney's	€ 2.74	1	52 Weeks	€	0.05	
Dry Cleaning - Suit 2 piece		Dry Cleaners	€ 10.00	1	26 Weeks	€	0.38	
Male Total								
						TOTAL	€ 12.88	
						C. TOTAL	€ 25.28	

2019								Cohabiting Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Female									
Personal Hygiene									
Soap	4 pack	Cien	Lidl	€ 0.58	1	12 Weeks	€	0.05	
Dental Floss	1X80m	Dentalux	Lidl	€ 1.99	1	8 Weeks	€	0.25	
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€	0.04	
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	4 Weeks	€	0.34	
Hairbrush		Miomare	Lidl	€ 2.99	1	104 Weeks	€	0.03	
Shampoo	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€	0.60	
Conditioner	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€	0.60	
Shower Gel	250ml	Cien	Lidl	€ 0.69	1	2 Weeks	€	0.35	
Cotton Wool	X70	Cien	Lidl	€ 1.29	1	4 Weeks	€	0.30	
Cotton Buds	X200	Lacura	Lidl	€ 0.39	1	24 Weeks	€	0.02	
Tissues	X60	Floralys	Lidl	€ 0.79	1	4 Weeks	€	0.18	
Disposable Blades	X3	Cien	Lidl	€ 1.63	1	4 Weeks	€	0.38	
Deodorant: woman	50ml	Cien	Lidl	€ 0.85	1	3 Weeks	€	0.28	
Facial Cleanser	150ml	Cien	Lidl	€ 1.09	1	4 Weeks	€	0.27	
Face Moisturiser	50ml	Cien	Lidl	€ 2.49	1	9 Weeks	€	0.28	
Nail Clippers	Boots Finger Nail Clipp Boots		Boots	€ 1.92	1	520 Weeks	€	0.00	
Nail Polish Remover	200ml	Cien	Lidl	€ 1.59	1	52 Weeks	€	0.03	
Tweezers	2 pack	Miomare	Lidl	€ 3.46	1	520 Weeks	€	0.01	
Body Moisturiser	500ml	Cien	Lidl	€ 1.69	1	9 Weeks	€	0.19	
Suncream	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€	0.05	
Tampons	Tampax Pearl Super T	Tampax	Tesco	€ 4.82	1	4 Weeks	€	1.11	

2019								Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Sanitary towels	Always Ultra Normal S	Always ultra	Tesco	€ 2.85	1	4 Weeks	€ 0.66	
Hair Cut			Locally	€ 21.31	3	52 Weeks	€ 1.23	
Toiletries Bag			Penneys	€ 4.56	1	260 Weeks	€ 0.02	
Hair Bobbins	60pack		Primark	€ 1.50	1	52 Weeks	€ 0.03	
Cosmetics								
Foundation			Rimmel	€ 9.90	4	52 Weeks	€ 0.76	
Lipstick			Rimmel	€ 6.60	2	52 Weeks	€ 0.25	
Mascara			Rimmel	€ 6.60	1	17 Weeks	€ 0.39	
Blusher			Rimmel	€ 7.99	1	26 Weeks	€ 0.31	
Eye Shadow	12 shade palette		Rimmel	€ 11.49	1	26 Weeks	€ 0.44	
Eye Pencil			Rimmel	€ 5.49	1	26 Weeks	€ 0.21	
Fake Tan			Cocoa Brown	€ 6.90	2	16 Weeks	€ 0.86	
Hairspray	400ml		Cien	€ 1.19	1	8 Weeks	€ 0.15	
Nail Polish			Catrice	€ 2.95	1	26 Weeks	€ 0.11	
Perfume	100ml		Calvin Klein	€ 25.00	1	52 Weeks	€ 0.48	
Female Total								
						TOTAL	€ 11.24	
Male								
Personal Hygiene								
Suncream	200ml		Lacura	€ 2.48	1	52 Weeks	€ 0.05	
Soap	4 pack		Cien	€ 0.58	1	12 Weeks	€ 0.05	
Toothpaste	100ml		Colgate	€ 1.38	1	4 Weeks	€ 0.34	
Toothbrush	2 pack		Dentalux	€ 0.96	1	26 Weeks	€ 0.04	

2019							Cohabiting Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Comb		Miomare	Lidl	€ 2.99	1	260 Weeks	€	0.01
Shampoo	300ml	Cien Men	Lidl	€ 0.99	1	2 Weeks	€	0.50
Conditioner	400ml	Cien	Lidl	€ 1.19	1	4 Weeks	€	0.30
Shower gel	250ml	Cien	Lidl	€ 0.69	1	2 Weeks	€	0.35
Dental floss	1X80m	Dentalux	Lidl	€ 1.99	1	8 Weeks	€	0.25
Hair Gel	150ml	Cien Men	Lidl	€ 1.29	1	10 Weeks	€	0.13
Nail Clippers	Boots Finger Nail Clipp	Boots	Boots	€ 1.92	1	520 Weeks	€	0.00
Cotton buds	200	Lacura	Lidl	€ 0.39	1	26 Weeks	€	0.02
Tissues	X60	Floralys	Lidl	€ 0.79	1	4 Weeks	€	0.18
Razor		Cien Men	Lidl	€ 3.99	1	104 Weeks	€	0.04
Blades	5 pack	Cien Men	Lidl	€ 4.99	2	8 Weeks	€	1.25
Deodorant	50ml	Cien Men	Lidl	€ 0.99	1	3 Weeks	€	0.33
Shaving cream	300ml	Cien Men	Lidl	€ 0.59	1	4 Weeks	€	0.15
Haircut			Local hairdresser	€ 14.92	1	4 Weeks	€	3.44
Toilet bag		Primark	Penneys	€ 4.56	1	260 Weeks	€	0.02
Cosmetics								
Aftershave	100ml	Calvin Klein	The Perfume Shop	€ 25.00	1	52 Weeks	€	0.48
Facial Cleanser	150ml	Lcaura	Aldi	€ 1.99	1	4 Weeks	€	0.50
Moisturiser	50ml	Cien Men	Lidl	€ 2.49	1	13 Weeks	€	0.19
Male Total								
							TOTAL	€ 8.60
							C. TOTAL	€ 19.84

2019								Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Over the counter health items								
Condoms	12 Pack	Durex	Tesco	€ 12.99	6	52 Weeks	€ 1.50	
Cough Bottle	125ml	Benylin	Boots	€ 5.93	2	52 Weeks	€ 0.23	
Lemsip	10 pack	Lemsip	Boots	€ 3.99	2	52 Weeks	€ 0.15	
Ibuprofen	12pack		Local Chemist	€ 1.95	12	52 Weeks	€ 0.45	
Paracetamol	Pack of 24	Boots	Boots	€ 2.47	6	52 Weeks	€ 0.29	
Waterproof plasters	40 Pack	Tesco Waterproof	Tesco	€ 1.08	2	52 Weeks	€ 0.04	
Sudocream	125g		Boots	€ 4.49	1	260 Weeks	€ 0.02	
Main Care								
Doctors Visits			Local Doctor	€ 56.33	4	52 Weeks	€ 4.33	
Prescriptions (Antibiotic)			Local Chemsit	€ 11.23	2	52 Weeks	€ 0.43	
Prescriptions (Contraception)		Nordiy	Local Chemist	€ 24.60	2	52 Weeks	€ 0.95	
Optican Visits			Local Opticians	€ 30.73	2	104 Weeks	€ 0.59	
Dentist Visits	Exam., Scale & polish		Local Dentist	€ 91.99	2	52 Weeks	€ 3.54	
C. TOTAL							€ 12.51	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Furnishings							
Sofa		Provided by landlord	€ -	1	0 Week		
Bookshelf		Provided by landlord	€ -	1	0 Week		
Table and 4 chairs		Provided by landlord	€ -	1	0 Week		
Coffee table		Provided by landlord	€ -	1	0 Week		
Double Bed		Provided by landlord	€ -	1	0 Week		
Double Mattress		Provided by landlord	€ -	1	0 Week		
Wardrobe		Provided by landlord	€ -	1	0 Week		
Bedside locker		Provided by landlord	€ -	2	0 Week		
Bathroom cabinet		Provided by landlord	€ -	1	0 Week		
Floor coverings		Provided by landlord	€ -	1	0 Week		
Curtains		Provided by landlord	€ -	1	0 Week		
Lampshades		Provided by landlord	€ -	1	0 Week		
Textiles and soft furnishings							
Double Duvet- heavy t 13.5 Tog	Primark Home	Penney's	€ 20.00	1	260 Weeks	€ 0.08	
Double duvet- light tog 4.5 Tog	Primark Home	Penney's	€ 18.00	1	260 Weeks	€ 0.07	
Pillows	Simple Value Pair	Argos	€ 4.47	2	208 Weeks	€ 0.04	
Fleece blanket	Dunnes Home	Dunnes	€ 10.00	1	312 Weeks	€ 0.03	
Double Duvet Cover	Primark Home	Penny's	€ 14.33	2	312 Weeks	€ 0.09	
Double fitted sheets	Primark Home	Penny's	€ 6.72	2	312 Weeks	€ 0.04	
Hand towels	Single Towel	Primark Home	€ 2.24	5	156 Weeks	€ 0.07	
Face cloths	Packof3	Primark Home	€ 1.79	2	52 Weeks	€ 0.07	
Tea towels	Packof4	Dunnes Home	€ 2.69	5	52 Weeks	€ 0.26	

2019								Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week			
Bath towels	Large Bath Towel	Primark Home	Penney's	€ 9.00	4	156 Weeks	€	0.23	
Appliances									
Television (with Saorview)	PANASONIC 32" 720i	Powercity		€ 203.14	1	520 Weeks	€	0.39	
Bluetooth Speaker	Bush Bluetooth Speaker	Argos		€ 35.99	1	104 Weeks	€	0.35	
Kettle	Simple Value Cordless	Argos		€ 7.00	1	260 Weeks	€	0.03	
Blender	Breville VBL075 Blend	Argos		€ 26.22	1	520 Weeks	€	0.05	
Toaster	Simple Value 2 Slice Toaster	Argos		€ 8.89	1	520 Weeks	€	0.02	
Microwave	Provided by landlord	Powercity		€ -	1	520 Weeks	€	-	
Iron	Steamworks ES2325	St Argos		€ 15.92	1	520 Weeks	€	0.03	
Vacuum cleaner	Provided by landlord			€ -	1	0 Week			
Fridge/freezer	Provided by landlord			€ -	1	0 Week			
Cooker (gas hob)	Provided by landlord			€ -	1	0 Week			
Washing Machine	Provided by landlord			€ -	1	0 Week			
Fire Blanket	Provided by landlord			€ -	1	0 Week			
Fire Extinguisher	Provided by landlord			€ -	1	0 Week			
Carbon Monoxide Alarm	Provided by landlord			€ -	1	0 Week			
Smoke Alarm	Provided by landlord			€ -	1	0 Week			
Kitchen and hardware									
Crockery set	Simple Value 12 Piece	Argos		€ 9.56	1	260 Weeks	€	0.04	
Coffee mugs	6 per set	Simple Value Set of 6	Argos	€ 7.18	2	260 Weeks	€	0.06	
Corkscrew	Tesco Stainless Steel	Tesco		€ 4.31	1	780 Weeks	€	0.01	
Ovenproof dish set	Pyrex 3 Piece Clear	Ca Argos		€ 22.02	1	1,040 Weeks	€	0.02	
Egg cups	4	Dealz		€ 4.79	2	520 Weeks	€	0.02	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Glasses set	Pack of 4	Dealz	€ 5.70	4	104 Weeks	€ 0.22	
Cutlery set, stainless steel	Simple Value Venice 24	Tesco	€ 14.84	1	520 Weeks	€ 0.03	
Mixing Bowl	Tesco Basics Mixing Bo	Tesco	€ 1.91	1	780 Weeks	€ 0.00	
Non-stick baking Tray 46X30	Dunnes Brand	Dunnes	€ 7.66	1	780 Weeks	€ 0.01	
Kitchen scales	Simple Value Mechanic	Argos	€ 7.18	1	780 Weeks	€ 0.01	
Colander	Tesco Basics	Tesco	€ 2.15	1	1,040 Weeks	€ 0.00	
Saucepan set(5 piece)	Non-Stick Carbon Stee	Argos	€ 36.38	1	1,040 Weeks	€ 0.03	
Knife set (5 piece)	Simple Value 5 Piece Ki	Argos	€ 9.57	1	780 Weeks	€ 0.01	
Utensil set and rack	ColourMatch 16 Piece Cutlery Caddy		€ 5.74	1	780 Weeks	€ 0.01	
Tin opener	Tesco Stainless Steel	Tesco	€ 5.74	1	260 Weeks	€ 0.02	
Potato peeler	Tesco Stainless Steel	Tesco	€ 4.31	1	260 Weeks	€ 0.02	
Whisk	Tesco Stainless Steel W	Tesco	€ 4.31	1	780 Weeks	€ 0.01	
Kitchen scissors	Tesco Stainless Steel	Tesco	€ 3.35	1	260 Weeks	€ 0.01	
Wooden spoon set	Tesco Basics Fsc Woo	Tesco	€ 1.68	1	1,040 Weeks	€ 0.00	
Vacuum Flask		Dunnes	€ 7.66	1	1,040 Weeks	€ 0.01	
Chopping board	Tesco Basics All Purpo	Tesco	€ 2.87	2	260 Weeks	€ 0.02	
Freezer bags (40)	Tesco brand	Tesco	€ 0.82	2	26 Weeks	€ 0.06	
Cling film (35cmx15cm)	Tesco brand	Tesco	€ 1.39	2	17 Weeks	€ 0.16	
Tin foil (45cmx5m)	Tesco brand	Tesco	€ 1.39	2	17 Weeks	€ 0.16	
Laundry Basket	Primark Home	Pennys	€ 4.79	1	260 Weeks	€ 0.02	
Handtorch		Dealz	€ 1.48	1	520 Weeks	€ 0.00	
Other Household Items							
Reusable Shopping Bags	Tesco Finest Reusable I	Tesco	€ 1.16	2	208 Weeks	€ 0.01	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Gear/Gym Bag	Primark	Penney's	€ 18.00	2	260 Weeks	€ 0.14	
Suit case	30.5X21.3X12"	itluagge.com	€ 45.64	2	520 Weeks	€ 0.18	
Umbrella	Primark	Penney's	€ 3.65	2	104 Weeks	€ 0.07	
Alarm Clock	Constant Elliptical Alarr	Argos	€ 5.82	1	520 Weeks	€ 0.01	
Stationary and paper goods:							
Birthday cards	Pack of 2	Dealz	€ 1.50	3	52 Weeks	€ 0.09	
Occasion cards	Pack of 30	Dealz	€ 1.50	3	52 Weeks	€ 0.09	
Christmas cards	Pack of 24	Dealz	€ 1.50	2	52 Weeks	€ 0.06	
Gift wrap	Sheets	Dealz	€ 1.50	2	52 Weeks	€ 0.06	
Christmas wrapping paper	Sheets	Dealz	€ 1.50	3	52 Weeks	€ 0.09	
Writing pad	Monochrome A4 Desig	Dealz	€ 1.50	2	52 Weeks	€ 0.06	
Envelopes	65 Pack	Dealz	€ 1.50	1	52 Weeks	€ 0.03	
Sellotape	24x50metres	Dealz	€ 1.50	1	52 Weeks	€ 0.03	
Pens	10 Pack	Dealz	€ 1.50	1	156 Weeks	€ 0.01	
Cleaning & maintenance							
Dust pan and brush		Dealz	€ 1.39	1	104 Weeks	€ 0.01	
Washing up brush		Dealz	€ 2.32	2	52 Weeks	€ 0.09	
Washing up bowl		Dealz	€ 1.39	1	260 Weeks	€ 0.01	
Dustbin		Dealz	€ 1.39	1	260 Weeks	€ 0.01	
Mop		Dunnes	€ 5.56	1	26 Weeks	€ 0.21	
Bucket		Dunnes	€ 13.89	1	520 Weeks	€ 0.03	
Batteries	Ever Ready AA (4)	Dealz	€ 1.39	6	52 Weeks	€ 0.16	
Candles	Tesco 6 Pack Dinner C	Tesco	€ 3.70	1	260 Weeks	€ 0.01	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Ironing board	Simple Value 118 x 34	Argos	€ 14.36	1	780 Weeks	€ 0.02	
Clothes airer	Guineys Brand Clothes	Guineys	€ 11.99	1	1,040 Weeks	€ 0.01	
Toilet brush set	Toilet brush with holdi	Dealz	€ 1.45	1	52 Weeks	€ 0.03	
Toilet paper	Saxon 9 pack	Aldi	€ 2.21	2	4 Weeks	€ 1.11	
Household matches	Maigure & Paterson	Tesco	€ 0.87	1	52 Weeks	€ 0.02	
Washing up liquid (1 litre)	Magnam	Aldi	€ 0.92	1	8 Weeks	€ 0.11	
Washing Machine Capsules	Tesco Non-Bio - 20 w	Tesco	€ 3.70	1	10 Weeks	€ 0.37	
Air freshener 450ml	W5	Lidl	€ 0.73	1	9 Weeks	€ 0.08	
Furniture polish	Powerforce 300ml	Aldi	€ 0.45	1	26 Weeks	€ 0.02	
Disinfectant	Dettol Surface Cleanse	Tesco	€ 3.88	5	52 Weeks	€ 0.37	
Bleach (750ml)	Powerforce	Aldi	€ 0.57	1	4 Weeks	€ 0.13	
Toilet cleaner	Powerforce, 1 litre	Aldi	€ 0.92	1	4 Weeks	€ 0.23	
Shoe polish (40ml)	Punch	Tesco	€ 1.07	1	52 Weeks	€ 0.02	
Dish cloths (6)	Powerforce (10)	Aldi	€ 0.64	2	104 Weeks	€ 0.01	
Household gloves (3 pack)	Powerforce (1pack)	Aldi	€ 0.45	1	78 Weeks	€ 0.01	
Refuse sacks 20X50 L	Killeen	Lidl	€ 1.44	1	7 Weeks	€ 0.21	
Light bulbs	Philips 8W LED (60W	Tesco	€ 5.92	6	364 Weeks	€ 0.10	
Home Tool Set	Onsite 14 Piece Home	Woodies	€ 19.55	1	520 Weeks	€ 0.04	
Hairdryer	Remington Power Dry	Argos	€ 16.99	1	260 Weeks	€ 0.07	
Hair Straightner	RemingtonS3500	Argos	€ 25.99	1	260 Weeks	€ 0.10	
Total							
						C.TOTAL € 7.28	

2019

**Cohabiting
Couple**

Household Services

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Waste	Private bin collection	City Bin	€ 15.90	1	4 Weeks	€ 3.67	
Boiler Service	Provided by landlord		€ -	1	52 Weeks	€ -	
Window Cleaning	Provided by landlord		€ -	1	52 Weeks	€ -	
Gutter Cleaning	Provided by landlord		€ -	1	52 Weeks	€ -	
Total						TOTAL	€ 3.67

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Post								
Stamps	National	An Post	€ 1.02	15	52 Weeks	€	0.29	
Phone, Internet etc.								
Smart Phone	Samsung Galaxy A20e	3 Mobile	€ 120.98	2	156 Weeks	€	1.55	
Phone credit		Three Mobile	€ 18.61	2	4 Weeks	€	8.59	
Broadband	100 Mbps	Vodaphone	€ 38.00	1	4 Weeks	€	8.77	
Internet Connection, Activation and Delivery		Vodaphone	€ -	1	156 Weeks	€	-	
Total						TOTAL		€ 19.21

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Exercise / Sport Activities							
Monthly Gym Membership		Local Commercial Gyrr	€ 27.25	2	4 Weeks	€ 12.58	
Swimming		Local Swimming Pool	€ 7.95	96	52 Weeks	€ 14.68	
Holiday 1 week in Galway							
Dublin-Galway	Return ticket	Citylink	€ 23.00	2	52 Weeks	€ 0.88	
Galway city	Per night	Airbnb	€ 35.00	4	52 Weeks	€ 2.69	
Connemara	Per night	Airbnb	€ 41.00	3	52 Weeks	€ 2.37	
Galway-Connemara	Return ticket	Bus Eireann Route 419	€ 21.00	2	52 Weeks	€ 0.81	
Spending money			€ 280.00	2	52 Weeks	€ 10.77	
Household Items							
Photo printing	100 Photos (15x10cm)	Boots	€ 8.83	1	52 Weeks	€ 0.17	
Booth Photographs	Set of 4	Local chemist	€ 6.23	4	520 Weeks	€ 0.05	
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 3.08	
Christmas Tree Lights	Set of 200	Argos	€ 20.13	1	260 Weeks	€ 0.08	
Christmas Tree Decorations	Home 100 piece Chris	Argos	€ 11.07	1	260 Weeks	€ 0.04	
Artificial Christmas Tree	Home 5ft Christmas T	Argos	€ 19.14	1	520 Weeks	€ 0.04	
Christmas Wreath	Berry and Pine Cone	Argos	€ 13.09	1	260 Weeks	€ 0.05	
Newspapers, Books & Magazines							
Netflix Subscription	Standard 2 Screen view package	NETFLIX	€ 11.99	1	4 Weeks	€ 2.77	
Novels		Second hand bookstore	€ 2.50	4	52 Weeks	€ 0.19	
Novel		Easons	€ 9.80	2	52 Weeks	€ 0.38	
Library Card	FREE	DCC Library	€ -	2	520 Weeks	€ -	
Sunday newspaper	Sunday Independent	Local Newsagent	€ 3.44	1	1 Week	€ 3.44	

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Socialising								
Cinema	Adult Evening Ticket	Omniplex, Santry	€ 11.00	2	18 Weeks	€	1.22	
Socialising/entertainment			€ 20.00	2	2 Weeks	€	20.00	
Total								
						TOTAL	€ 76.28	

2019						Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Education Course							
Training Course	Microsoft Training	progressivetraining.ie	€ 197.90	2	156 Weeks	€	2.54
Computer Equipment							
Laptop	DELL Inspiron 15 5000	PC World	€ 410.19	1	260 Weeks	€	1.58
Printing Allowance		Locally	€ 10.00	2	52 Weeks	€	0.38
Microsoft Office Package	Microsoft	PC World	€ 149.99	1	480 Weeks	€	0.31
Stationary							
Refill Pad		Dealz	€ 1.50	4	52 Weeks	€	0.12
Highlighter	2 pack	Dealz	€ 1.50	2	52 Weeks	€	0.06
Total							
						TOTAL	€ 4.98

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Public Transport							
Leap Card	Weekly Cap		€ 27.85	2	1 Week	€ 55.70	
Night bus	Nite Link	Dublin Bus	€ 6.60	2	1 Week	€ 13.20	
Taxi			€ 30.00	1	4 Weeks	€ 6.92	
TOTAL						€ 75.82	
Private Transport							
Hyundai i10	152 reg. 1.0 litre engine	€ SIMI Dealer	€ 8,941.08	1	312 Weeks	€ 28.66	
Motor Tax			€ 190.00	1	52 Weeks	€ 3.65	
NCT			€ 55.00	1	104 Weeks	€ 0.53	
Annual Service		Local	€ 170.00	1	52 Weeks	€ 3.27	
Maintenance	Allowance for periodic replacement of bulbs, v		€ 118.00	1	52 Weeks	€ 2.27	
Petrol			€ 1.42	20.2	1 Week	€ 28.62	
Driving Licence		Motor Tax Office	€ 55.00	2	520 Weeks	€ 0.21	
Parking Allowance			€ 7.00	1	1 Week	€ 7.00	
Total						€ 74.21	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Electricity							
Units	Dual Fuel - direct deb	Discounted unit rate	Energia	€ 0.16	74.5	1 Week	€ 11.85
Standing Charge	Urban		Energia	€ 178.98	1	52 Weeks	€ 3.44
PSO				€ 49.45	1	52 Weeks	€ 0.95
						Electricity TOTAL	16.24
Gas							
Units	Dual Fuel - direct deb	Discounted unit rate	Energia	€ 0.05	5,985	52 Weeks	€ 5.69
Carbon Tax				€ 0.00	5,985	52 Weeks	€ 0.50
Standing Charge			Energia	€ 107.45	1	52 Weeks	€ 2.07
						Gas TOTAL	8.26
						TOTAL	24.50

2019						Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Both Unemployed							
Donations to charity			€ 2.02	2	1 Week	€	4.04
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€	0.29
Bank account fees	Current Account	Permanent TSB	€ 48.29	2	52 Weeks	€	1.86
Total						TOTAL	€ 6.18
Both Employed Full-Time							
Donations to charity			€ 2.02	2	1 Week	€	4.04
Trade Union Subscription	Full-time	SIPTU	€ 4.02	2	1 Week	€	8.03
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€	0.29
Bank account fees	Current Account	Permanent TSB	€ 48.29	2	52 Weeks	€	1.86
Total						TOTAL	€ 14.21
1 X Full-Time Employment and 1 x Part-Time Employment							
Donations to charity			€ 2.02	2	1 Week	€	4.04
Trade Union Subscription	Full-time	SIPTU	€ 4.02	1	1 Week	€	4.02
Trade Union Subscription	Full-time	SIPTU	€ 4.02	1	1 Week	€	4.02
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€	0.29
Bank account fees	Current Account	Permanent TSB	€ 48.29	2	52 Weeks	€	1.86
Total						TOTAL	€ 14.21

2019								Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Health Insurance	Company Plan Starter	VHI	€ 717.19	2	52 Weeks	€	27.58	
Health Insurance Excess			€ 25.00	2	52 Weeks	€	0.96	
GP Visit Refund			-€ 25.00	4	52 Weeks	-€	1.92	
Dental Refund			-€ 25.00	2	52 Weeks	-€	0.96	
Optician Refund			-€ 50.00	2	104 Weeks	-€	0.96	
Chiropodist Refund			-€ 25.00	0	52 Weeks	€	-	
Car Insurance	Fully Comprehensive Car Insurance		€ 571.89	1	52 Weeks	€	11.00	
Total						TOTAL	€35.70	

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Personal Savings	Credit Union		€ 10.00	1	1 Week	€	10.00	
Contingencies / Emergencies			€ 5.00	1	1 Week	€	5.00	
Total						TOTAL	€ 15.00	