

2019	RURAL	Cohabiting Couple
Food		87.45
Clothing		25.99
Personal Care		20.17
Health		11.07
Health - OTC		2.67
Health Care Services		8.40
Household Goods		7.43
Household Services		3.92
Communications		20.52
Social Inclusion & Participation		60.02
Education		4.98
Transport - Public		
Transport - Car		82.52
Household Energy		
Electricity		17.17
Heat		12.54
Personal Costs		
Not employed		6.18
1 Part-Time & 1 Full-time		14.21
Full-Time		14.21
Childcare		
Not employed		
Part-Time		
Full-Time		
Insurance		
Home		
Health		24.70
Car		8.14
Savings & Contingencies		15.00

2019								Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Fruit &amp; Vegetables</b>								
Apples	10 pack	Royal Gala	Aldi	€ 1.47	1	2 Weeks	€ 0.74	
Bannanas	6 pack		Aldi	€ 1.47	1	1 Week	€ 1.47	
Frozen bag of Veg	1kg	Four Seasons	Aldi	€ 0.76	1	2 Weeks	€ 0.38	
Cabbage	Head/450g	Egan's	Aldi	€ 0.98	1	1 Week	€ 0.98	
Carrotts	1kg	Egan's	Aldi	€ 0.98	1	2 Weeks	€ 0.49	
Lettuce	Loose	Iceberg	Aldi	€ 0.88	1	1 Week	€ 0.88	
Mushroms	250g		Aldi	€ 0.78	1	1 Week	€ 0.78	
Cucumber	Loose	The Salad Box	Aldi	€ 0.59	1	1 Week	€ 0.59	
Onions	1kg		Aldi	€ 0.98	1	3 Weeks	€ 0.33	
Oranges	1kg	Natures pick	Aldi	€ 1.79	1	2 Weeks	€ 0.90	
Pears	Loose		Aldi	€ 0.48	4	1 Week	€ 1.94	
Peppers	Pack of 3	The Salad Box	Aldi	€ 1.48	1	2 Weeks	€ 0.74	
Sultanas	500g	The Pantry	Aldi	€ 1.17	1	5 Weeks	€ 0.23	
Peas	1kg	Sweet Harvest	Aldi	€ 0.62	1	2 Weeks	€ 0.31	
Potatoes	2kg	Roosters	Aldi	€ 2.99	1	1 Week	€ 2.99	
Tomatoes	6 pack	The Salad Box	Aldi	€ 0.98	1	2 Weeks	€ 0.49	
<b>Groceries</b>								
Bars	6 pack	Dairyfine, Racer	Aldi	€ 0.99	1	2 Weeks	€ 0.50	
Beans	420g	Corale	Aldi	€ 0.36	2	1 Week	€ 0.72	
Biscuits	400g	Belmont Digestive	Aldi	€ 0.44	1	1 Week	€ 0.44	
Bolognese Sauce	500g	Aldi	Aldi	€ 0.59	1	1 Week	€ 0.59	
Bran flakes	500g	Harvest Moon	Aldi	€ 0.95	1	2 Weeks	€ 0.48	

2019								Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Cheese	250g	Irish Vintage White	Aldi	€ 1.51	1	2 Weeks	€ 0.75	
Coffee	200g	Aldi	Aldi	€ 1.71	1	4 Weeks	€ 0.40	
Cooking Oil	1 litre	Solesta	Aldi	€ 1.45	1	5 Weeks	€ 0.29	
Cream Crackers	300g	Savour Bakes	Aldi	€ 0.39	1	5 Weeks	€ 0.09	
Crisps	12 pack	Snackrite	Aldi	€ 2.24	1	3 Weeks	€ 0.75	
Curry Sauce	250g	Harvest Kitchen	Aldi	€ 0.88	1	1 Week	€ 0.88	
Diluted Orange	1.5l	Sun Quench	Aldi	€ 1.47	1	3 Weeks	€ 0.49	
Eggs	6 eggs	Irish Free Range - Corr	Aldi	€ 1.79	1	2 Weeks	€ 0.90	
Butter	500g	Dairygold	Aldi	€ 2.99	1	3 Weeks	€ 1.00	
Frozen fish (cod)	450g	Northern Catch	Aldi	€ 1.95	1	1 Week	€ 1.95	
Frozen Oven Chips	1.5kg	Champion	Aldi	€ 2.08	1	2 Weeks	€ 1.04	
Gravy	300g tin	Quixo	Aldi	€ 0.79	1	5 Weeks	€ 0.16	
Ham	15 slices	Glensallagh Family Pack	Aldi	€ 1.99	1	1 Week	€ 1.99	
Yogurts	125g pot 4pack	Coolree Creamery	Aldi	€ 1.49	2	1 Week	€ 2.98	
Marmalade	454g	Grandessa	Aldi	€ 0.47	1	6 Weeks	€ 0.08	
Mayonnaise	500ml	Bramwells	Aldi	€ 1.47	1	6 Weeks	€ 0.24	
Noodles	65g	Make in a Minute	Aldi	€ 0.14	2	1 Week	€ 0.29	
Orange Juice	1 litre	Rio D'ora	Aldi	€ 0.78	1	1 Week	€ 0.78	
Pepper	50g	Stone Mill	Aldi	€ 0.97	1	52 Weeks	€ 0.02	
Rice	1kg	Worldwide	Aldi	€ 0.96	1	4 Weeks	€ 0.24	
Salmon, Tinned	212g	Ocean Rise	Aldi	€ 1.27	2	2 Weeks	€ 1.27	
Salt	700g	Stonemill	Aldi	€ 0.97	1	52 Weeks	€ 0.02	
Spaghetti	1kg bag	Cucina	Aldi	€ 0.90	1	4 Weeks	€ 0.21	

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Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Sugar	1kg	The Pantry	Aldi	€ 1.10	1	52 Weeks	€ 0.02	
Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.28	1	1 Week	€ 0.28	
Tea Bags	80 bags	Lyons	Tesco	€ 3.05	1	4 Weeks	€ 0.70	
Mixed Herbs	11g	Stonemill	Aldi	€ 0.44	1	13 Weeks	€ 0.03	
Tuna	160g	Ocean Rise	Aldi	€ 0.68	1	1 Week	€ 0.68	
Vinegar	568ml	Bramwells	Aldi	€ 0.44	1	13 Weeks	€ 0.03	
Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.02	1	4 Weeks	€ 0.51	
Ice-cream	1L	Daisy's Dairy	Aldi	€ 1.96	1	2 Weeks	€ 0.98	
Jelly	135g	Delicious Desserts	Aldi	€ 0.55	1	2 Weeks	€ 0.27	
<b>Meat</b>								
Mince meat	500g	Butchers Selection	Aldi	€ 3.49	1	1 Week	€ 3.49	
Pork chops	4 pack		Aldi	€ 3.23	1	1 Week	€ 3.23	
Roast Beef	450g	Inishvale	Aldi	€ 6.24	1	1 Week	€ 6.24	
Rashers	250g	Brannans	Aldi	€ 1.02	1	2 Weeks	€ 0.68	
Chicken fillets	6pack	Butchers Selection	Aldi	€ 5.84	1	1 Week	€ 5.84	
Sausages	x8	Gold Coin	Aldi	€ 0.79	1	2 Weeks	€ 0.40	
Stewing beef	346g	Butchers Selection	Aldi	€ 4.90	1	2 Weeks	€ 2.45	
<b>Milk &amp; Bread</b>								
Brown bread	800g		Local Shop	€ 2.19	2	1 Week	€ 4.38	
Brown bread rolls	5pack		Local Shop	€ 1.32	1	1 Week	€ 1.32	
Full Fat Milk	2 litre		Local Shop	€ 2.35	1	1 Week	€ 2.35	
<b>Other</b>								
Friday Lunch			Local Deli	€ 5.50	2	1 Week	€ 11.00	

2019						Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Chinese Takeaway		Local Takeaway - indep	€ 15.00	2	4 Weeks	€	7.50
Christmas			€ 67.65	1	52 Weeks	€	1.30
<b>Total</b>							
						<b>TOTAL</b>	€ 87.45

2019								Cohabiting Couple	
Item		Brand	Retailer	Unit Price	Quantity	Life span		Cost / Week	
<b>Female</b>									
<b>Underwear and nightwear</b>									
Bras		Dunnes	Dunnes	€ 7.90	6	52 Weeks	€	0.91	
Pants	4 pack	Primark	Penney's	€ 4.44	5	52 Weeks	€	0.43	
Socks	5pack	Penney's	Penney's	€ 1.98	4	52 Weeks	€	0.15	
Opaque Tights	2 pack	Penney's	Penney's	€ 3.95	5	52 Weeks	€	0.38	
Sheer Tights	2 pack	Penney's	Penney's	€ 3.95	2	52 Weeks	€	0.15	
Pyjamas (summer and winter)		Penney's	Penney's	€ 6.91	2	52 Weeks	€	0.27	
Dressing Gown		Penney's	Penney's	€ 6.91	1	104 Weeks	€	0.07	
Vest Tops		Penney's	Penney's	€ 4.94	4	52 Weeks	€	0.38	
Slippers		Penney's	Penney's	€ 4.90	2	52 Weeks	€	0.19	
<b>Coats, jackets</b>									
Light Casual Jacket		Atmosphere	Penney's	€ 14.81	1	104 Weeks	€	0.14	
Fleece		Dunnes	Dunnes	€ 9.88	1	104 Weeks	€	0.09	
Winter Coat		Dunnes	Dunnes	€ 49.38	1	104 Weeks	€	0.47	
High Visibility Bib		RSA	RSA	€ -	1	104 Weeks	€	-	
<b>Main clothing</b>									
Jumper		Dunnes	Dunnes	€ 11.85	2	104 Weeks	€	0.23	
Cardigans		Dunnes	Dunnes	€ 11.85	3	104 Weeks	€	0.34	
Leggings/Jeggings		Dunnes	Dunnes	€ 4.94	2	52 Weeks	€	0.19	
Trousers		Dunnes	Dunnes	€ 9.88	3	104 Weeks	€	0.28	
Jeans		Dunnes	Dunnes	€ 18.77	2	104 Weeks	€	0.36	
Track Suit Bottoms		Dunnes	Dunnes	€ 9.88	2	52 Weeks	€	0.38	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
T-Shirts/Tops	Dunnes	Dunnes	€ 3.95	3	52 Weeks	€ 0.23	
Smart Tops	Dunnes	Dunnes	€ 19.75	3	52 Weeks	€ 1.14	
Smart Skirts	Dunnes	Dunnes	€ 24.68	3	52 Weeks	€ 1.42	
Suit	Primark	Penney's	€ 35.50	1	104 Weeks	€ 0.34	
Casual Dress	Primark	Penney's	€ 14.00	1	52 Weeks	€ 0.27	
Going-Out Dress	Primark	Penney's	€ 22.00	1	52 Weeks	€ 0.42	
Swimsuit	Dunnes	Dunnes	€ 4.94	1	104 Weeks	€ 0.05	
Hat Scarf & Glove Set	Penney's	Penney's	€ 8.91	1	52 Weeks	€ 0.17	
Belt	2pack	Penney's	€ 2.81	1	156 Weeks	€ 0.02	
<b>Footwear</b>			<b>0</b>				
Sandals	Dunnes	Dunnes	€ 14.70	1	52 Weeks	€ 0.28	
Shoes	Penney's	Penney's	€ 14.00	1	52 Weeks	€ 0.27	
Trainers	Nike	Lifestyle Sports	€ 60.00	1	52 Weeks	€ 1.15	
Boots	Primark	Penney's	€ 19.00	1	52 Weeks	€ 0.37	
Flip Flops	Penney's	Penney's	€ 2.45	1	52 Weeks	€ 0.05	
Wellingtons	Dunnes	Dunnes	€ 18.00	1	260 Weeks	€ 0.07	
<b>Personal Accessories</b>			<b>0</b>				
Purse	Penney's	Penney's	€ 4.56	1	156 Weeks	€ 0.03	
Handbag	Penney's	Penney's	€ 9.13	1	52 Weeks	€ 0.18	
Battery Replacement		Argos	€ 3.94	1	104 Weeks	€ 0.04	
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€ 0.04	
Sunglasses	Penney's	Penney's	€ 2.74	1	52 Weeks	€ 0.05	
Costume Jewellery	Penney's	Penney's	€ 4.00	1	52 Weeks	€ 0.08	

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Dry Cleaning - Suit	Local	Dry Cleaners	€ 14.00	1	26 Weeks	€	0.54	
<b>Female Total</b>						<b>TOTAL</b>	€ 12.63	
<b>Male</b>								
<b>Underwear and nightwear</b>								
Boxers	Pack of 3	Penney's	Penney's	€ 4.94	5	52 Weeks	€ 0.47	
Vests	Pack of 2	Penney's	Penney's	€ 5.93	1	52 Weeks	€ 0.11	
Work Socks	7 pack	Dunnes	Dunnes	€ 6.00	1	52 Weeks	€ 0.12	
Sport Socks	3 pack	Dunnes	Dunnes	€ 2.50	1	52 Weeks	€ 0.05	
Ankle Socks	5 pack	Dunnes	Dunnes	€ 4.00	1	52 Weeks	€ 0.08	
Bath robe		Dunnes	Dunnes	€ 16.00	1	260 Weeks	€ 0.06	
Pyjamas			Penney's	€ 9.88	1	52 Weeks	€ 0.19	
Slippers		Penney's	Penney's	€ 5.88	1	156 Weeks	€ 0.04	
<b>Coats, jackets</b>								
Heavy jacket		Dunnes €60	Dunnes	€ 60.00	1	156 Weeks	€ 0.38	
Light casual jacket		Penney's	Penney's	€ 14.81	1	104 Weeks	€ 0.14	
Fleece		Penney's	Penney's	€ 6.91	1	104 Weeks	€ 0.07	
High Visibility Bib		RSA	RSA	€ -	1	104 Weeks	€ -	
<b>Main clothing</b>								
Suit			Burtons	€ 148.15	1	156 Weeks	€ 0.95	
Jumper		Dunnes	Dunnes	€ 19.75	3	104 Weeks	€ 0.57	
Trousers		Dunnes	Dunnes	€ 14.81	2	52 Weeks	€ 0.57	
Tracksuit bottoms		Dunnes	Dunnes	€ 11.85	1	52 Weeks	€ 0.23	



2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
T-shirts	Primark	Penney's	€ 3.95	6	52 Weeks	€	0.46	
Swim shorts	Rebel	Penney's	€ 4.94	1	104 Weeks	€	0.05	
Jeans	Dunnes	Dunnes	€ 19.75	2	52 Weeks	€	0.76	
Smart Shirt and Tie set	Dunnes	dunnes	€ 29.63	1	52 Weeks	€	0.57	
Smart shirt	Dunnes	Dunnes	€ 24.68	3	52 Weeks	€	1.42	
Casual shirt	H&M	H&M	€ 12.99	3	52 Weeks	€	0.75	
Smart trousers	Dunnes	Dunnes	€ 24.69	2	52 Weeks	€	0.95	
Shorts	Dunnes	Dunnes	€ 11.85	3	104 Weeks	€	0.34	
Belt	Penney's	Penny's	€ 4.69	2	156 Weeks	€	0.06	
Hat, scarf & glove set	Penney's	Penney's	€ 9.38	1	52 Weeks	€	0.18	
<b>Footwear</b>								
Shoes	Dunnes	Dunnes	€ 25.00	2	52 Weeks	€	0.96	
Trainers	Dunnes	Dunnes	€ 24.50	1	52 Weeks	€	0.47	
Trainers	Nike	Lifestyle	€ 60.00	1	52 Weeks	€	1.15	
Sandals	Dunnes	Dunnes	€ 14.70	1	104 Weeks	€	0.14	
Wellingtons	Dunnes	Dunnes	€ 18.00	1	260 Weeks	€	0.07	
Work Boots	Dunnes	Dunnes	€ 70.00	1	260 Weeks	€	0.27	
<b>Personal Accessories</b>								
Wallet	Dunnes	Dunnes	€ 9.13	1	156 Weeks	€	0.06	
Watch	Constant	Argos	€ 11.65	1	260 Weeks	€	0.04	
Battery replacement		Argos	€ 3.94	1	104 Weeks	€	0.04	
Sunglasses	Penney's	Penney's	€ 2.74	1	52 Weeks	€	0.05	
Dry Cleaning - Suit		Dry Cleaners	€ 14.00	1	26 Weeks	€	0.54	

2019						Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Male Total						
					TOTAL	€ 13.37
					C. TOTAL	€ 25.99

2019								Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Female</b>								
<b>Personal Hygiene</b>								
Soap	4 pack	Cien	Lidl	€ 0.58	1	12 Weeks	€ 0.05	
Dental Floss	1X80m	Dentalux	Lidl	€ 1.99	1	8 Weeks	€ 0.25	
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€ 0.04	
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	4 Weeks	€ 0.34	
Hairbrush		Miomare	Lidl	€ 2.99	1	104 Weeks	€ 0.03	
Shampoo	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€ 0.60	
Conditioner	400ml	Cien	Lidl	€ 1.19	1	2 Weeks	€ 0.60	
Shower Gel	250ml	Cien	Lidl	€ 0.69	1	2 Weeks	€ 0.35	
Cotton Wool	X70	Cien	Lidl	€ 1.29	1	4 Weeks	€ 0.30	
Cotton Buds	X200	Lacura	Lidl	€ 0.39	1	24 Weeks	€ 0.02	
Tissues	X60	Floralys	Lidl	€ 0.79	1	4 Weeks	€ 0.18	
Disposable Blades	X3	Cien	Lidl	€ 1.63	1	4 Weeks	€ 0.38	
Deodorant: woman	50ml	Cien	Lidl	€ 0.85	1	3 Weeks	€ 0.28	
Facial Cleanser	150ml	Cien	Lidl	€ 1.09	1	4 Weeks	€ 0.27	
Face Moisturiser	50ml	Cien	Lidl	€ 2.49	1	9 Weeks	€ 0.28	
Nail Clippers	Boots Finger Nail Clipp	Boots	Boots	€ 1.92	1	520 Weeks	€ 0.00	
Nail Polish Remover	200ml	Cien	Lidl	€ 1.59	1	52 Weeks	€ 0.03	
Tweezers	2 pack	Miomare	Lidl	€ 3.46	1	520 Weeks	€ 0.01	
Body Moisturiser	500ml	Cien	Lidl	€ 1.69	1	9 Weeks	€ 0.19	
Suncream	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€ 0.05	
Tampons	Tampax Pearl Super T	Tampax	Tesco	€ 4.82	1	4 Weeks	€ 1.11	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Sanitary towels	Always Ultra Normal S	Always ultra	Tesco	€ 2.85	1	4 Weeks	€ 0.66
Hair Cut			Locally	€ 20.00	3	52 Weeks	€ 1.15
Toiletries Bag	Primark		Penney's	€ 4.56	1	260 Weeks	€ 0.02
Hair Bobbins	60pack	Primark	Penneys	€ 1.50	1	52 Weeks	€ 0.03
<b>Cosmetics</b>							
Foundation	Rimmel		Local Pharmacy	€ 10.50	4	52 Weeks	€ 0.81
Lipstick	Rimmel		Local Pharmacy	€ 7.95	2	52 Weeks	€ 0.31
Mascara	Rimmel		Local Pharmacy	€ 10.95	1	17 Weeks	€ 0.64
Blusher	e.l.f. cosmetics		Local Pharmacy	€ 10.75	1	26 Weeks	€ 0.41
Eye Shadow	12 shade palette	Rimmel	Local Pharmacy	€ 10.95	1	26 Weeks	€ 0.42
Eye Pencil	Rimmel		Local Pharmacy	€ 4.70	1	26 Weeks	€ 0.18
Fake Tan	Rimmel		Local Pharmacy	€ 9.50	2	16 Weeks	€ 1.19
Nail Polish	Catrice		Penneys	€ 2.95	1	26 Weeks	€ 0.11
Hairspray	400ml	Cien	Lidl	€ 1.19	1	8 Weeks	€ 0.15
Perfume	50ml		Local Pharmacy	€ 13.00	1	26 Weeks	€ 0.50
<b>Female Total</b>							
						<b>TOTAL</b>	€ 11.92
<b>Male</b>							
<b>Personal Hygiene</b>							
Suncream	200ml	Lacura	Aldi	€ 2.48	1	52 Weeks	€ 0.05
Soap	4 pack	Cien	Lidl	€ 0.58	1	12 Weeks	€ 0.05
Toothpaste	100ml	Colgate	Lidl	€ 1.38	1	4 Weeks	€ 0.34
Toothbrush	2 pack	Dentalux	Lidl	€ 0.96	1	26 Weeks	€ 0.04

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Comb	Miomare	Lidl	€ 2.99	1	260 Weeks	€ 0.01	
Shampoo	300ml Cien Men	Lidl	€ 0.99	1	2 Weeks	€ 0.50	
Conditioner	400ml Cien	Lidl	€ 1.19	1	4 Weeks	€ 0.30	
Shower gel	250ml Cien	Lidl	€ 0.69	1	2 Weeks	€ 0.35	
Dental floss	1X80m Dentalux	Lidl	€ 1.99	1	8 Weeks	€ 0.25	
Hair Gel	150ml Cien Men	Lidl	€ 1.29	1	10 Weeks	€ 0.13	
Nail Clippers	Boots Finger Nail Clipp Boots	Boots	€ 1.92	1	520 Weeks	€ 0.00	
Cotton buds	200 Lacura	Lidl	€ 0.39	1	26 Weeks	€ 0.02	
Tissues, 2ply	X60 Floralys	Lidl	€ 0.79	1	4 Weeks	€ 0.18	
Razor	Cien Men	Lidl	€ 3.99	1	104 Weeks	€ 0.04	
Blades	5 pack Cien Men	Lidl	€ 4.99	1	4 Weeks	€ 1.15	
Deodorant	50ml Cien Men	Lidl	€ 0.99	1	3 Weeks	€ 0.33	
Shaving cream	300ml Cien Men	Lidl	€ 0.59	1	4 Weeks	€ 0.15	
Haircut		Local hairdresser	€ 14.92	1	4 Weeks	€ 3.44	
Toilet bag	Dunnes	Dunnes	€ 4.56	1	260 Weeks	€ 0.02	
<b>Cosmetics</b>							
Aftershave	150ml	Local Pharmacy	€ 11.99	1	52 Weeks	€ 0.23	
Facial Cleanser	150ml Lcaura	Aldi	€ 1.99	1	4 Weeks	€ 0.50	
Moisturiser	cien	lidl	€ 2.49	1	13 Weeks	€ 0.19	
<b>Male Total</b>							
						<b>TOTAL</b>	€ 8.25
						<b>C. TOTAL</b>	€ 20.17

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Over the counter health items</b>							
Condoms	12 Pack	Durex	Tesco	€ 12.99	6	52 Weeks	€ 1.50
Cough Bottle	125ml	Benylin	Boots	€ 5.93	2	52 Weeks	€ 0.23
Lemsip	10 pack	Lemsip	Boots	€ 3.99	2	52 Weeks	€ 0.15
Ibuprofen	12pack		Boots	€ 1.95	12	52 Weeks	€ 0.45
Paracetamol	Pack of 24	Boots	Boots	€ 2.47	6	52 Weeks	€ 0.29
Waterproof plasters	40 Pack	Tesco Waterproof	Tesco	€ 1.08	2	52 Weeks	€ 0.04
Sudocream	125g		Boots	€ 4.49	1	260 Weeks	€ 0.02
<b>Main Care</b>							
Doctors Visits			Local Doctor	€ 47.00	4	52 Weeks	€ 3.62
Prescriptions (Antibiotic)			Local Chemsit	€ 11.23	2	52 Weeks	€ 0.43
Prescriptions (Contraception)		Nordiy	Local Chemist	€ 24.60	2	52 Weeks	€ 0.95
Optican Visits			Local Opticians	€ 33.00	2	104 Weeks	€ 0.63
Dentist Visits	Exam., Scale & polish		Local Dentist	€ 72.00	2	52 Weeks	€ 2.77
						<b>C. TOTAL</b>	€ 11.07

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Furnishings</b>							
3 piece suite (leather)		Provided by landlord	€ -	1	0 Week		
Cabinet/unit		Provided by landlord	€ -	1	0 Week		
Table and 4 chairs		Provided by landlord	€ -	1	0 Week		
Coffee table		Provided by landlord	€ -	1	0 Week		
Double bed		Provided by landlord	€ -	1	0 Week		
Double mattress		Provided by landlord	€ -	1	0 Week		
Single bed		Provided by landlord	€ -	1	0 Week		
Single mattress		Provided by landlord	€ -	1	0 Week		
Wardrobe		Provided by landlord	€ -	1	0 Week		
Chest of drawers		Provided by landlord	€ -	1	0 Week		
Bedside locker		Provided by landlord	€ -	1	0 Week		
Bathroom cabinet		Provided by landlord	€ -	1	0 Week		
Floor coverings		Provided by landlord	€ -	1	0 Week		
Curtains		Provided by landlord	€ -	1	0 Week		
Lampshades		Provided by landlord	€ -	1	0 Week		
<b>Textiles and soft furnishings</b>							
Double Duvet	Winter Warm 13.5 Tc	Primark Home	Penney's	€ 20.00	1	260 Weeks	€ 0.08
Double Duvet	Summer Weight 4.5 Tc	Primark Home	Penney's	€ 18.00	1	260 Weeks	€ 0.07
Single Duvet			Penney's	€ 12.99	1	520 Weeks	€ 0.02
Pillows	Simple Value Pair of Pillows		Argos	€ 4.47	2	208 Weeks	€ 0.04
Fleece blanket		Dunnes	Dunnes	€ 10.00	1	312 Weeks	€ 0.03
Single duvet cover & 1 pillowcase		Primark Home	Penney's	€ 13.44	2	416 Weeks	€ 0.06

2019								Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week			
Single fitted sheet	Primark Home	Penney's	€ 4.47	2	416 Weeks	€ 0.02			
Double quilt cover & 2 pillowcases	Maximal Floral Double	Penney's	€ 14.33	2	312 Weeks	€ 0.09			
Double fitted sheet	Primark Home	Penney's	€ 6.72	2	312 Weeks	€ 0.04			
Hand towels	Single Towel	Primark Home	€ 2.24	5	156 Weeks	€ 0.07			
Face cloths	Packof3	Primark Home	€ 1.79	2	52 Weeks	€ 0.07			
Tea towels	4pk	Dunnes	€ 2.69	5	52 Weeks	€ 0.26			
Bath towels	Large Bath Towel	Primark Home	€ 9.00	4	156 Weeks	€ 0.23			
<b>Appliances</b>									
<b>Television 32" (Saorvie PANASONIC 32" 720 PHILIPS 32 INCH 32PI Argos</b>			<b>€ 229.99</b>	<b>1</b>	<b>520 Weeks</b>	<b>€ 0.44</b>			
Bluetooth Speaker	Bush Bluetooth Speake	Argos	€ 35.99	1	104 Weeks	€ 0.35			
Kettle	Simple Value Cordless Kettle	Argos	€ 7.49	1	260 Weeks	€ 0.03			
Blender	Breville VBL075 Blend	Argos	€ 26.22	1	520 Weeks	€ 0.05			
Toaster	Simple Value 2 Slice Toaster	Argos	€ 8.89	1	520 Weeks	€ 0.02			
Iron	Steamworks ES2325 St	Argos	€ 15.92	1	520 Weeks	€ 0.03			
Vacuum cleaner	Provided by landlord		€ -	1	0 Week				
Fridge/freezer	Provided by landlord		€ -	1	0 Week				
Cooker (gas hob)	Provided by landlord		€ -	1	0 Week				
Microwave	Provided by landlord		€ -	1	0 Week				
Washing Machine	Provided by landlord		€ -	1	0 Week				
Fire Blanket	Provided by landlord		€ -	1	0 Week				
Fire Extinguisher	Provided by landlord		€ -	1	0 Week				
Carbon Monoxide Alarm	Provided by landlord		€ -	1	0 Week				
Smoke Alarm	Provided by landlord		€ -	1	0 Week				



2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Kitchen and hardware</b>							
Crockery set- 12 piece		Argos	€ 9.56	1	260 Weeks	€ 0.04	
Coffee mugs	6 per set	Dealz	€ 7.18	2	260 Weeks	€ 0.06	
3 piece ovenproof dish set	Pyrex	Argos	€ 22.02	1	1,040 Weeks	€ 0.02	
Egg cups	Set of 4	Dealz	€ 4.79	2	520 Weeks	€ 0.02	
Glasses set	Pack of 4	Dealz	€ 5.70	4	104 Weeks	€ 0.22	
Cutlery set, stainless steel	Simple Value Venice 24	Tesco	€ 14.84	1	520 Weeks	€ 0.03	
Colander	Tesco Basics Colander	Tesco	€ 2.15	1	1,040 Weeks	€ 0.00	
5 piece saucepan set	Non-Stick Carbon Stee	Argos	€ 36.38	1	1,040 Weeks	€ 0.03	
Knife set and rack	Simple Value 5 Piece Ki	Argos	€ 9.57	1	780 Weeks	€ 0.01	
Utensil set and rack	ColourMatch 16 Piece	Argos	€ 5.74	1	780 Weeks	€ 0.01	
Vacuum flask	dunnes	Dunnes	€ 7.66	1	1,040 Weeks	€ 0.01	
Mixing Bowl	Tesco Basics Mixing Bo	Tesco	€ 1.91	1	780 Weeks	€ 0.00	
Baking Tray	Dunnes	Dunnes	€ 7.66	1	780 Weeks	€ 0.01	
Kitchen Scales	Simple Value Mechanic	Argos	€ 7.18	1	780 Weeks	€ 0.01	
Whisk	Tesco SS Whisk	Tesco	€ 4.31	1	780 Weeks	€ 0.01	
Laundry Basket	Primark Home	Penneys	€ 4.79	1	260 Weeks	€ 0.02	
Torch		Dealz	€ 1.48	1	520 Weeks	€ 0.00	
Corkscrew	Tesco SS Corkscrew	Tesco	€ 4.31	1	780 Weeks	€ 0.01	
Tin opener	Tesco Stainless Steel	Tesco	€ 5.74	1	260 Weeks	€ 0.02	
Potato peeler	Tesco Stainless Steel	Tesco	€ 4.31	1	260 Weeks	€ 0.02	
Kitchen scissors	Tesco Stainless Steel	Tesco	€ 3.35	1	260 Weeks	€ 0.01	
Wooden spoon set	Tesco Basics Fsc Woo	Tesco	€ 1.68	1	1,040 Weeks	€ 0.00	

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Chopping board	Tesco Basics All Purpo	Tesco	€ 2.87	2	260 Weeks	€	0.02	
Freezer bags (50)	Tesco brand	Tesco	€ 0.82	2	26 Weeks	€	0.06	
Cling film (35cmx15cm)	Tesco brand	Tesco	€ 1.39	2	17 Weeks	€	0.16	
Tin foil (45cmx5m)	Tesco brand	Tesco	€ 1.39	2	17 Weeks	€	0.16	
<b>Other Household Items</b>								
Reusable Shopping Bags	Tesco Finest Reusable	Tesco	€ 1.16	2	208 Weeks	€	0.01	
Gear/Gym Bag	Primark	Penney's	€ 18.00	2	260 Weeks	€	0.14	
Suit case	30.5X21.3X12"	itluggage.com	€ 45.64	2	520 Weeks	€	0.18	
Alarm Clock	constant Elliptical Alarm	Argos	€ 5.82	1	520 Weeks	€	0.01	
Umbrella		Penney's	€ 3.65	2	104 Weeks	€	0.07	
<b>Stationary and paper goods:</b>								
Birthday cards	2 for the price of 1	Dealz	€ 1.49	3	52 Weeks	€	0.09	
Occasion cards	2 for the price of 1	Dealz	€ 1.49	3	52 Weeks	€	0.09	
Christmas cards	Box of 30	Dealz	€ 1.49	2	52 Weeks	€	0.06	
Gift wrap	Sheets	Dealz	€ 1.49	2	52 Weeks	€	0.06	
Christmas wrapping paper	Sheets	Dealz	€ 1.49	3	52 Weeks	€	0.09	
Writing pad	Monochrome A4 Desig	Dealz	€ 1.49	2	52 Weeks	€	0.06	
Envelopes	65 Packet	Dealz	€ 1.49	1	52 Weeks	€	0.03	
Sellotape	Sellotap 24x50metres	Dealz	€ 1.49	2	104 Weeks	€	0.03	
Pens	Bic Round Stic Black Pe	Dealz	€ 1.49	1	156 Weeks	€	0.01	
<b>Cleaning &amp; maintenance</b>								
Dust pan and brush		Dealz	€ 1.39	1	104 Weeks	€	0.01	
Washing up brush		Dealz	€ 1.39	2	52 Weeks	€	0.05	

2019							Cohabiting Couple
Item		Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Washing up bowl			Dealz	€ 1.39	1	260 Weeks	€ 0.01
Dustbin			Dealz	€ 1.39	1	260 Weeks	€ 0.01
Mop			Dunnes	€ 5.56	1	26 Weeks	€ 0.21
Bucket			Dunnes	€ 13.89	1	520 Weeks	€ 0.03
Batteries	6 pack	Kodak Aa Alkaline Batt	Dealz	€ 1.39	6	52 Weeks	€ 0.16
Candles	6 pack	Tesco Dinner Candles	Tesco	€ 3.70	1	260 Weeks	€ 0.01
Ironing board		Simple Value 118 x 34	Argos	€ 14.36	1	780 Weeks	€ 0.02
Clothes airer		Guineys Brand Clothes	Guineys	€ 11.99	1	1,040 Weeks	€ 0.01
Toilet brush set		Toilet brush with holdi	Dealz	€ 1.45	1	52 Weeks	€ 0.03
Toilet paper		Saxon 9 pack	Aldi	€ 2.21	2	4 Weeks	€ 1.11
Household matches		Maigure & Paterson	Tesco	€ 0.87	1	52 Weeks	€ 0.02
Washing up liquid (1 litre)		Magnam	Aldi	€ 0.92	1	8 Weeks	€ 0.11
Washing Machine Capsules		Tesco Non-Bio - 20 w	Tesco	€ 3.70	1	10 Weeks	€ 0.37
Air freshener	450ml	W5	Lidl	€ 0.73	1	9 Weeks	€ 0.08
Furniture polish		Powerforce, 300ml	Aldi	€ 0.45	1	26 Weeks	€ 0.02
Disinfectant		Dettol Surface Cleanse	Tesco	€ 3.88	5	52 Weeks	€ 0.37
Bleach (750ml)		Powerforce, 750ml	Aldi	€ 0.57	1	4 Weeks	€ 0.13
Toilet cleaner (750ml)		Powerforce, 1 litre	Aldi	€ 0.92	1	4 Weeks	€ 0.23
Shoe polish (50ml)		Punch	Tesco	€ 1.07	1	52 Weeks	€ 0.02
Dish cloths (6)		Powerforce (10)	Aldi	€ 0.64	2	104 Weeks	€ 0.01
Household gloves (3 pack)		Powerforce (1 pack)	Aldi	€ 0.45	1	78 Weeks	€ 0.01
Refuse Sacks	20X50 L	Killeen	Lidl	€ 1.44	1	7 Weeks	€ 0.21
Light bulbs		Philips 8W LED (60W	Tesco	€ 5.92	7	364 Weeks	€ 0.11

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Hairdryer	Remington Power Dry	Argos	€ 16.99	1	260 Weeks	€	0.07	
Home Tool Set	Onsite 14 Piece Home Woodies		€ 19.55	1	520 Weeks	€	0.04	
Hair Straightner	Reminton S3500	Argos	€ 25.99	1	260 Weeks	€	0.10	
<b>Total</b>								
						<b>C.TOTAL</b>	€ 7.43	

2019						Cohabiting Couple	
Household Services						Cost / Week	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost/Week	
Waste	Standard 240 Plan	Barna Recycling	€ 17.00	1	4 Weeks	€	3.92
Waste Standing Charge	N/A		€ -	1	52 Weeks	€	-
Boiler Service	Provided by landlord		€ -	1	52 Weeks	€	-
Window Cleaning	Provided by landlord		€ -	1	52 Weeks	€	-
Gutter Cleaning	Provided by landlord		€ -	1	52 Weeks	€	-
<b>Total</b>							
						<b>TOTAL</b>	€ 3.92

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
<b>Post</b>								
Stamps	National	An Post	€ 1.02	15	52 Weeks	€	0.29	
<b>Phone, Internet etc.</b>								
Smart Phone	Samsung	Eir	€ 120.98	2	156 Weeks	€	1.55	
Phone credit		Eir	€ 18.61	2	4 Weeks	€	8.60	
Broadband & Landline	100 Mbps	Digiweb	€ 42.30	1	4 Weeks	€	9.76	
Internet Connection, Activation and delivery		Digiweb	€ 49.00	1	156 Weeks	€	0.31	
<b>Total</b>								
						<b>TOTAL</b>	€ 20.52	

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Exercise / Sport Activities</b>							
Monthly Gym Membership (Gym & Pool)		Local Independent Gyn	€ 25.00	2	4 Weeks	€ 11.54	
GAA matches			€ 10.00	8	52 Weeks	€ 1.54	
<b>Holiday 1 week in Galway</b>							
Galway city	Per night	Airbnb	€ 35.00	4	52 Weeks	€ 2.69	
Connemara	Per night	Airbnb	€ 41.00	3	52 Weeks	€ 2.37	
Spending money			€ 280.00	2	52 Weeks	€ 10.77	
<b>Household Items</b>							
Photo printing	100 Photos (15x10cm)	Boots	€ 8.83	1	52 Weeks	€ 0.17	
Booth Photographs	Set of 4	Local Chemist	€ 6.23	4	520 Weeks	€ 0.05	
Television Licence		An Post	€ 160.00	1	52 Weeks	€ 3.08	
Christmas Tree Lights	Set of 200	Argos	€ 20.13	1	260 Weeks	€ 0.08	
Christmas Tree Decorations	Home 100 piece Chris	Argos	€ 11.07	1	260 Weeks	€ 0.04	
Artificial Christmas Tree	Home 5ft Christmas T	Argos	€ 19.14	1	520 Weeks	€ 0.04	
Christmas Wreath	Berry and Pine Cone	Argos	€ 13.09	1	260 Weeks	€ 0.05	
<b>Newspapers, Books &amp; Magazines</b>							
Netflix Subscription	Standard 2 Screen view package	NETFLIX	€ 11.99	1	4 Weeks	€ 2.77	
Novels		Second hand bookstore	€ 2.50	4	52 Weeks	€ 0.19	
Novel		Easons	€ 9.80	2	52 Weeks	€ 0.38	
Library Card	FREE	Local Library	€ -	2	520 Weeks	€ -	
Sunday newspaper	Sunday Independent	Local Newsagent	€ 3.44	1	1 Week	€ 3.44	
<b>Socialising</b>							
Cinema		Local Cinema	€ 7.60	2	18 Weeks	€ 0.84	

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Socialising/entertainment			€ 20.00	2	2 Weeks	€	20.00	
<b>Total</b>								
					<b>TOTAL</b>	€	60.02	



2019						Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Education Course</b>							
Training Course	Microsoft Training	progressivetraining.ie	€ 197.90	2	156 Weeks	€	2.54
<b>Computer Equipment</b>							
Laptop	DELL Inspiron 15 5000	PC World	€ 410.19	1	260 Weeks	€	1.58
Printing Allowance		Locally	€ 10.00	2	52 Weeks	€	0.38
Microsoft Office Package	Microsoft	PC World	€ 149.99	1	480 Weeks	€	0.31
<b>Stationary</b>							
Refill Pad		Dealz	€ 1.50	4	52 Weeks	€	0.12
Highlighter	3pack	Dealz	€ 1.50	2	52 Weeks	€	0.06
<b>Total</b>						<b>TOTAL</b>	€ 4.98

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Private Car Scenario 1</b>							
Hyundai	i10	152 reg, 1.0 litre engine	€ 8,941.08	1	312 Weeks	€ 28.66	
Motor Tax			€ 190.00	1	52 Weeks	€ 3.65	
NCT			€ 55.00	1	104 Weeks	€ 0.53	
Annual Service		Local	€ 170.00	1	52 Weeks	€ 3.27	
Maintenance		Allowance for periodic replacement of bulbs, v	€ 118.00	1	52 Weeks	€ 2.27	
Petrol		Avg price per litre AA Price Survey	€ 1.42	26.0	1 Week	€ 36.93	
Driving Licence		Motor Tax Office	€ 55.00	2	520 Weeks	€ 0.21	
Parking Allowance			€ 7.00	1	1 Week	€ 7.00	
<b>Total</b>						<b>TOTAL</b>	€ 82.52

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
<b>Electricity</b>								
Units	Discounted Unit Rate	Energia	€ 0.16	74.5	1 Week	€	11.85	
Standing Charge	Rural	Energia	€ 227.61	1	52 Weeks	€	4.38	
PSO			€ 49.45	1	52 Weeks	€	0.95	
							<b>Electricity Total</b>	<b>17.17</b>
<b>Gas</b>								
Units	Gas Oil	SEAI Average Price - C	€ 0.07	9,310	52 Weeks	€	12.54	
							<b>Oil TOTAL</b>	<b>12.54</b>
							<b>TOTAL</b>	<b>29.71</b>

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
<b>Both Unemployed</b>							
Donations to charity			€ 2.02	2	1 Week	€ 4.04	
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€ 0.29	
Bank account fees	Current Account	Permanent TSB	€ 48.29	2	52 Weeks	€ 1.86	
<b>Total</b>						<b>TOTAL</b>	€ 6.18
<b>Both Employed Full-Time</b>							
Donations to charity			€ 2.02	2	1 Week	€ 4.04	
Trade Union Subscription	Full-time	SIPTU	€ 4.02	2	1 Week	€ 8.03	
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€ 0.29	
Bank account fees	Current Account	Permanent TSB	€ 48.29	2	52 Weeks	€ 1.86	
<b>Total</b>						<b>TOTAL</b>	€ 14.21
<b>1 X Full-Time Employment and 1 x Part-Time Employment</b>							
Donations to charity			€ 2.02	2	1 Week	€ 4.04	
Trade Union Subscription	Full-time	SIPTU	€ 4.02	1	1 Week	€ 4.02	
Trade Union Subscription	Full-time	SIPTU	€ 4.02	1	1 Week	€ 4.02	
Passport Fee		Passport Office	€ 75.30	2	520 Weeks	€ 0.29	
Bank account fees	Current Account	Permanent TSB	€ 48.29	2	52 Weeks	€ 1.86	
<b>Total</b>						<b>TOTAL</b>	€ 14.21

2019							Cohabiting Couple
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week	
Health Insurance	Company Plan Starter	VHI	€ 717.19	2	52 Weeks	€ 27.58	
Health Insurance Excess			€ 25.00	2	52 Weeks	€ 0.96	
GP Visit Refund			-€ 25.00	4	52 Weeks	-€ 1.92	
Dental Refund			-€ 25.00	2	52 Weeks	-€ 0.96	
Optician Refund			-€ 50.00	2	104 Weeks	-€ 0.96	
Chiropodist Refund			-€ 25.00	0	52 Weeks	€ -	
Car Insurance	Fully Comprehensive Car Insurance		€ 423.26	1	52 Weeks	€ 8.14	
<b>Total</b>						<b>TOTAL</b>	€ 32.84

2019							Cohabiting Couple	
Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week		
Personal Savings	Credit Union		€ 10.00	1	1 Week	€	10.00	
Contingencies / Emergencies			€ 5.00	1	1 Week	€	5.00	
<b>Total</b>								
					<b>TOTAL</b>	€	15.00	