

Pre-School Age Child

Urban

Weekly Individualised Expenditure

Mar 2012

Food	€	23.88		
Fruit & Vegetables	€	5.72		
Groceries	€	8.48		
Meat	€	6.41		
Milk & Bread	€	3.26		
Other	€	-		
Clothing	€	5.00	Education	€ -
Clothes	€	3.69	Uniforms	€ -
Footwear	€	1.17	Books, Stationary, etc.	€ -
Accessories	€	0.14	Computer Equipment	€ -
Personal Care	€	1.42	Other Education Costs	€ -
Personal Hygiene	€	1.42	Transport (Public)	
Cosmetics	€	-	Scenario 1	€ 2.87
Health	€	2.67	Transport (Private)	€ -
Over the counter items	€	0.26	Household Energy	€ -
Health care services	€	2.41	Electricity	€ -
Household Goods	€	2.81	Heating	€ -
Furnishings	€	1.34	Personal Costs	€ 0.16
Appliances	€	-	Childcare	
Kitchen items	€	-	Scenario 1	€ 73.60
Cleaning & maintenance	€	1.34	Scenario 2	€ 178.75
Miscellaneous items	€	0.13	Insurance	€ 6.03
Household Services	€	-	Home Contents	€ -
Communications	€	-	Health	€ 6.03
Social Inclusion & Participation	€	4.08	Car	€ -
Toys	€	0.42	Savings & Contingencies	€ 5.00
Newspapers, Books & Magazines	€	0.15		
Household Items	€	0.02		
Holiday	€	1.77		
Exercise / Sport Activities	€	0.61		
Family Outings	€	1.11		
Parents' Socialising	€	-		

Pre-School Age Child

Food

							Urban	Urban
							Mar 2012	Mar 2012
Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Cost / Week
Fruit & Vegetables								
§ Apples	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.50
§ Bananas	1kg bag	Aldi	Aldi	€ 1.25	1	1 Week	€ 1.25	€ 0.33
§ Cabbage		Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Carrots	1kg bag	Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Cauliflower		Aldi	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.40
§ Cucumber		Aldi	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.18
§ Frozen bag of broccoli	1kg bag	Four Seasons	Aldi	€ 1.35	1	2 Weeks	€ 0.68	€ 0.18
§ Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 1.25	1	6 Weeks	€ 0.21	€ 0.06
§ Lettuce		Iceberg	Aldi	€ 0.90	1	1 Week	€ 0.90	€ 0.24
§ Mushrooms	250g tray	Aldi	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.13
§ Onions	1kg bag	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.11
§ Oranges	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.50
§ Parsnips	Pack of 3	Lidl	Lidl	€ 1.29	1	2 Weeks	€ 0.65	€ 0.17
§ Pears	Loose	Aldi	Aldi	€ 0.49	6	1 Week	€ 2.94	€ 0.79
§ Peas	1kg bag	Four Seasons	Aldi	€ 1.19	1	1 Week	€ 1.19	€ 0.32
§ Potatoes	7.5kg bag	Roosters	Aldi	€ 3.69	1	2 Weeks	€ 1.85	€ 0.49
§ Sultanas	375g	Sweet Vine	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.13
§ Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.54	1	1 Week	€ 0.54	€ 0.14
§ Tomatoes		Lidl	Lidl	€ 0.26	6	1 Week	€ 1.56	€ 0.42
§ Turnip		Aldi	Aldi	€ 0.35	1	1 Week	€ 0.35	€ 0.09
Groceries								
§ Beans	420g	Corale	Aldi	€ 0.47	2	1 Week	€ 0.94	€ 0.25
§ Biscuits	400g	Belmont Digestive	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.12
§ Cake	550g	Victoria Sponge	Aldi	€ 1.79	1	1 Week	€ 1.79	€ 0.48
§ Cheese	200g	Cowbell Cheese	Aldi	€ 0.85	1	1 Week	€ 0.85	€ 0.23
§ Coffee	200g	Maxwell House	Tesco	€ 5.69	1	6 Weeks	€ 0.35	€ 0.09

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Food								
Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Cost / Week
§ Coleslaw	400g tub	Country Fresh	Aldi	€ 1.29	2	3 Weeks	€ 0.86	€ -
§ Cooking oil	1 litres	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40	€ 0.11
§ Corn beef	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.23
§ Corn flakes	400g	Harvest Morn	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ -
§ Cream crackers	300g	Savoury Bakes	Aldi	€ 0.39	1	3 Weeks	€ 0.13	€ 0.03
§ Crisps	Multipack 18	Snackrite	Aldi	€ 1.95	1	3 Weeks	€ 0.65	€ -
§ Curry powder	80g tub	Tesco brand	Tesco	€ 1.09	1	4 Weeks	€ 0.27	€ 0.07
§ Diluted juice	1 litre	Sun Quench	Aldi	€ 1.45	1	1 Week	€ 1.45	€ 0.39
§ Dried apricots	250g	Tesco Wholefoods	Tesco	€ 2.99	1	3 Weeks	€ 1.00	€ -
§ Eggs	18	Mervale	Aldi	€ 2.59	1	3 Weeks	€ 0.86	€ 0.23
§ Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.99	2	3 Weeks	€ 1.33	€ 0.35
§ Flora	1 kg tub	Flora	Tesco	€ 4.29	1	3 Weeks	€ 1.43	€ 0.38
§ Flour	2 kg	The Pantry	Aldi	€ 1.19	1	8 Weeks	€ 0.15	€ 0.04
§ Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 2.69	1	1 Week	€ 2.69	€ 0.72
§ Fruit cocktail	410g	Sweet Valley	Aldi	€ 0.65	2	1 Week	€ 1.30	€ -
§ Gravy	300g tin	Quixo	Aldi	€ 0.85	1	6 Weeks	€ 0.14	€ 0.04
§ Ham	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.23
§ Hot chocolate	400g tin	Alcafe	Aldi	€ 1.49	1	6 Weeks	€ 0.25	€ 0.07
§ Ice-cream	1 litre tub	Gianni's	Aldi	€ 1.45	1	3 Weeks	€ 0.48	€ 0.13
§ Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ 0.07
§ Jelly (strawberry)	135g pack	Hartley's	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.13
§ Low-fat yoghurts	125g	Duneen	Aldi	€ 0.37	12	1 Week	€ 4.44	€ 1.19
§ Marmalade	454g jar	Grandessa	Aldi	€ 0.65	1	6 Weeks	€ 0.11	€ 0.03
§ Mayonnaise	500ml	Bramwells	Aldi	€ 1.15	1	4 Weeks	€ 0.29	€ 0.08
§ Noodles	65g	Tesco Value	Tesco	€ 0.15	4	1 Week	€ 0.60	€ -
§ Orange juice	1 litres	Rio D'ora	Aldi	€ 0.89	2	1 Week	€ 1.78	€ 0.48
§ Oven chips	1.5 kg bag	Champion	Aldi	€ 0.99	1	3 Weeks	€ 0.33	€ 0.09

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Food								
Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Cost / Week	
§ Pasta sauce	320g jar	Cucina	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Chocolate Bars	pack of 9	Eat Me Caramel	Aldi	€ 1.09	1	1 Week	€ 1.09	€ 0.29
§ Pepper	25g	Stonemill	Aldi	€ 0.89	1	26 Weeks	€ 0.03	€ 0.01
§ Red sauce	570g	Bramwells	Aldi	€ 0.75	1	4 Weeks	€ 0.19	€ 0.05
§ Rice	1kg box	Bilash	Aldi	€ 1.19	1	4 Weeks	€ 0.30	€ 0.08
§ Rice Krispies	375g	Harvest Morn	Aldi	€ 1.19	4	5 Weeks	€ 0.95	€ 0.25
§ Salmon (tinned)	212g	Ocean Rise	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Sea Salt	700g	Stonemill	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.00
§ Spaghetti	1kg bag	Cucina	Aldi	€ 0.95	1	3 Weeks	€ 0.32	€ 0.08
§ Spaghetti hoops	410g tin	Corale	Aldi	€ 0.45	1	1 Week	€ 0.45	€ -
§ Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	17 Weeks	€ 0.07	€ 0.02
Tea bags	80 bags	Tesco brand	Tesco	€ 0.85	1	3 Weeks	€ 0.28	€ 0.08
§ Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.13
§ Tuna	185g	Ocean Rise	Aldi	€ 0.59	1	1 Week	€ 0.59	€ 0.16
§ Vinegar	568ml	Bramwells	Aldi	€ 0.37	1	17 Weeks	€ 0.02	€ 0.01
§ Waffles	680g	Champion	Aldi	€ 1.25	1	2 Weeks	€ 0.63	€ 0.17
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	2	3 Weeks	€ 1.39	€ 0.37
Meat								
§ Chicken fillets	6		Local butchers	€ 7.50	1	1 Week	€ 7.50	€ 2.00
§ Mince	500g		Local butchers	€ 3.00	1	1 Week	€ 3.00	€ 0.80
§ Pork chops	3		Local butchers	€ 4.50	1	1 Week	€ 4.50	€ 1.20
§ Rashers	250g	Lidl	Lidl	€ 1.24	1	1 Week	€ 1.24	€ 0.33
§ Roast pork	1kg		Local butchers	€ 6.49	1	1 Week	€ 6.49	€ 1.73
§ Sausages	454g pack	Lidl	Lidl	€ 1.29	1	1 Week	€ 1.29	€ 0.34
Milk & Bread								
§ Brown bread	800g	Lynchs	Aldi	€ 0.99	3	1 Week	€ 2.97	€ 0.79
§ Brown bread rolls	pack of 6	Ballymore Crust	Aldi	€ 0.89	1	1 Week	€ 0.89	€ 0.24

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								Urban	Urban
								Mar 2012	Mar 2012
Food								House Cost	Cost / Week
Item		Brand	Retailer	Unit Price	Quantity	Life span			
§ Full-fat milk	2 litres	Clobawn	Aldi	€ 1.49	2	1 Week	€ 2.98	€ 0.80	
§ Low-fat milk	2 litres	Clobawn	Aldi	€ 1.49	2	1 Week	€ 2.98	€ 0.80	
§ Scones		Bakery	Lidl	€ 0.35	4	1 Week	€ 1.40	€ 0.37	
§ White bread	800g	Lynchs	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26	
Other									
§ Indian takeaway			Local takeaway	€ 15.00	1	4 Weeks	€ 3.46	€ -	
§ Lunch			Local deli	€ 3.00	1	1 Week	€ 3.05	€ -	
Chinese takeaway			Local takeaway	€ 11.00	1	4 Weeks	€ 11.18	€ -	
Total							€ 112.35	€ 23.88	

§ 2012 Review adjustments & additions

Pre-School Age Child

Urban

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Underwear and nightwear						
Vests	Pack of 6	Penny's	€ 6.00	1	52 Weeks	€ 0.09
Pants	Pack of 12	Penny's	€ 6.00	1	26 Weeks	€ 0.17
Socks	Pack of 12	Penny's	€ 5.50	1	52 Weeks	€ 0.08
Pyjamas		Penny's	€ 5.00	4	52 Weeks	€ 0.28
Dressing gown		Penny's	€ 5.00	1	52 Weeks	€ 0.07
Slippers		Penny's	€ 5.00	1	26 Weeks	€ 0.14
Coats, jackets						
Winter coat		Dunnes	€ 20.00	1	52 Weeks	€ 0.28
Light jacket		Dunnes	€ 12.00	2	52 Weeks	€ 0.33
Rain coat		Dunnes	€ 10.00	1	52 Weeks	€ 0.14
Main clothing						
Jumpers		Dunnes	€ 6.00	4	52 Weeks	€ 0.33
Trousers		Penny's	€ 5.00	4	26 Weeks	€ 0.56
Tracksuit		Dunnes	€ 8.00	2	52 Weeks	€ 0.22
Cardigan		Penny's	€ 6.00	2	52 Weeks	€ 0.17
Shorts		Dunnes	€ 3.00	3	52 Weeks	€ 0.12
T-shirts		Dunnes	€ 3.00	6	52 Weeks	€ 0.25
Summer dress		Dunnes	€ 10.00	2	52 Weeks	€ 0.28
Swimsuit		Dunnes	€ 4.00	1	52 Weeks	€ 0.06
Hat, scarf & glove set		Penny's	€ 6.00	1	52 Weeks	€ 0.09
Sun hat		Penny's	€ 2.50	1	52 Weeks	€ 0.04
Footwear						
Sandals		Dunnes	€ 6.00	1	52 Weeks	€ 0.09
Shoes		Dunnes	€ 40.00	1	52 Weeks	€ 0.56
Shoes		Dunnes	€ 14.00	1	52 Weeks	€ 0.20
Trainers		Dunnes	€ 12.00	2	52 Weeks	€ 0.33

Pre-School Age Child

Urban

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Personal accessories						
Child's backpack	Dunnes	Dunnes	€ 8.00	1	52 Weeks	€ 0.11
Hairslides	Multi pack	Dunnes	€ 1.50	1	52 Weeks	€ 0.03
Total						€ 5.00

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Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span		
Personal Hygiene								
Soap	Pack of 4	Tesco lemon	Tesco	€ 1.90	1	4 Weeks	€	0.13
Toothpaste	75ml tube	Colgate kids	Tesco	€ 2.69	1	4 Weeks	€	0.31
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	1 Week	€	0.23
Shower gel	400ml	Tesco brand	Tesco	€ 1.64	1	2 Weeks	€	0.31
Bubble bath	500ml	Tesco brand	Tesco	€ 1.65	1	4 Weeks	€	0.17
Toothbrush (child)			Tesco	€ 1.89	1	13 Weeks	€	0.13
§ Suntan lotion (40+)	200ml	Soltan	Boots	€ 14.90	2	52 Weeks	€	0.13
Haircut			At home	€ -			€	-
Total							€	1.42

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Health

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span		
Over the counter								
Waterproof plasters		Tesco brand	Tesco	€ 2.19	2	52 Weeks	€	0.02
Cough mixture	125ml	Benalin	Local chemist	€ 5.64	2	52 Weeks	€	0.09
Calpol junior	70ml	Calpol	Local chemist	€ 3.44	2	52 Weeks	€	0.15
Main Care								
† GP			Local doctor		2	52 Weeks	€	1.14
† Dentist			Local dentist		1	52 Weeks	€	0.63
† Prescriptions			Pharmacy		2	52 Weeks	€	0.64
Total							€	2.67

† Items are those which were re-priced / newly added in December 2009

Pre-School Age Child

Urban

Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Bedroom and bathroom furniture						
Single bed		Bargaintown	€ 110.00	1	624 Weeks	€ 0.15
Single mattress		Bargaintown	€ 89.00	1	520 Weeks	€ 0.15
Chest of drawers		Bargaintown	€ 89.00	1	780 Weeks	€ 0.10
Bedside locker		Bargaintown	€ 49.00	1	780 Weeks	€ 0.05
Wardrobe		Bargaintown	€ 199.00	1	780 Weeks	€ 0.22
Floor Coverings						
Bedroom Carpet		Des Kelly	€ 165.34	1	520 Weeks	€ 0.28
Textiles and soft furnishings:						
Single duvet- heavy tog		Guineys	€ 10.99	1	520 Weeks	€ 0.02
Single duvet- light tog		Guineys	€ 7.99	1	520 Weeks	€ 0.01
Single quilt cover & 1 pillowcase		Kavanaghs	€ 10.00	3	260 Weeks	€ 0.10
Single fitted sheets		Kavanaghs	€ 6.99	3	260 Weeks	€ 0.07
Pillows	Set of two	Kavanaghs	€ 10.00	1	104 Weeks	€ 0.08
Handtowels		Kavanaghs	€ 2.00	2	260 Weeks	€ 0.01
Face cloths	Pair	Kavanaghs	€ 2.00	1	52 Weeks	€ 0.01
Bath towels		Kavanaghs	€ 5.00	2	260 Weeks	€ 0.02
§ Bedroom Blind		Argos	€ 12.99	1	416 Weeks	€ 0.03
Bedroom Curtain		Guineys	€ 25.00	1	624 Weeks	€ 0.03
Curtain track and fittings for bedrooms	4 feet	Guineys	€ 14.00	1	1,040 Weeks	€ 0.01
§ Lampshades		Dunnes	€ 4.00	1	780 Weeks	€ -
Miscellaneous household items						
Light bulbs	60 watt (10 pack)	Tesco	€ 2.89	1	52 Weeks	€ 0.01
Suitcase	Dunnes (27")	Dunnes	€ 45.00	3	520 Weeks	€ 0.07
Birthday cards	Pack of 3	Poundworld	€ 2.50	2	52 Weeks	€ 0.01
Christmas cards	Box of 20	Poundworld	€ 2.00	2	52 Weeks	€ 0.01
Other occasion cards	Pack of 3	Poundworld	€ 2.50	2	52 Weeks	€ 0.01

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Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Sellotape		Poundworld	€ 1.50	1	52 Weeks	€ 0.00
Pens	Pack of 10	Poundworld	€ 3.00	1	52 Weeks	€ 0.01
Cleaning & household maintenance						
§ Toilet paper	Saxon (9)	Aldi	€ 2.55	4	3 Weeks	€ 0.80
§ Washing powder	Aerial non-bio (3.3kg)	Tesco	€ 10.29	1	4 Weeks	€ 0.22
Refuse sacks	Killeen (40)	Tesco	€ 5.89	1	6 Weeks	€ 0.07
Paint, roller set, 9"		Homebase	€ 5.99	1	260 Weeks	€ 0.00
Paint brushes, 5 set		Woodies DIY	€ 9.99	1	260 Weeks	€ 0.01
Paint,emulsion	Dulux (3.5 litre)	Woodies DIY	€ 30.80	6	260 Weeks	€ 0.10
Paint, gloss	Dulux (3.5 litre)	Woodies DIY	€ 40.88	6	260 Weeks	€ 0.14
Total						€ 2.81

§ 2012 Review adjustments & additions

Pre-School Age Child

Urban

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Exercise / Sport Activities						
Swimming		Local swimming pool	€ 2.50	12	52 Weeks	€ 0.57
Arm bands	Pair	Poundworld	€ 2.00	1	52 Weeks	€ 0.04
Family Outings						
Cinema		Vue Cinema	€ 6.30	3	52 Weeks	€ 0.36
Pantomime		The Gaiety	€ 25.00	1	52 Weeks	€ 0.48
Family meal	Kids meal	Mc Donald's	€ 3.50	3	52 Weeks	€ 0.20
Dublin zoo	Child's ticket	Dublin Zoo	€ 9.00	1	52 Weeks	€ 0.08
Holiday						
Dublin-Waterford	Child return	Irish rail	€ 14.50	2	52 Weeks	€ 0.28
Spending money			€ 300.00	1	52 Weeks	€ 1.43
Waterford-Tramore	Child return	Bus Eireann	€ 3.00	1	52 Weeks	€ 0.06
Household Items						
Booth photographs		Local chemist	€ 5.00	1	260 Weeks	€ 0.02
Newspapers, Books & Magazines						
Child's storybook		Poundworld	€ 2.00	4	52 Weeks	€ 0.15
Toys						
Doll and pram set		Smyths	€ 29.99	1	156 Weeks	€ 0.19
§ Tricycle		Smyths	€ 29.99	1	156 Weeks	€ 0.19
§ Helmet		Smyths	€ 9.99	1	260 Weeks	€ 0.04
Total						€ 4.08

§ 2012 Review adjustments & additions

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Transport

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Public Transport						
Bus fare	Dublin Bus		€ 2.50	1	1 Week	€ 2.87
Total						€ 2.87

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Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Passport Fee		Passport Office	€ 41.50	1	260 Weeks	€ 0.16
						€ 0.16

§ 2012 Review adjustments & additions

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Childcare

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Part-time scenario						
Part-time childcare	20 hours per week	Private Crèche	€ 70.00	1	1 Week	€ 73.60
Total						€ 73.60
Employed Full-Time						
Full-time childcare		Private Crèche	€ 170.00	1	1 Week	€ 178.75
Total						€ 178.75

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Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 275.40	1	52 Weeks	€ 6.03
Total						€ 6.03

‡ Indicates items which were re-priced / newly added in March 2011

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Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Savings			€ 5.00	1	1 Week	€ 5.00
Total						€ 5.00

§ 2012 Review adjustments & additions