

## Pre-School Age Child

Rural

### Weekly Individualised Expenditure

Mar 2012

<b>Food</b>	€	<b>26.10</b>		
Fruit & Vegetables	€	5.72		
Groceries	€	8.83		
Meat	€	7.13		
Milk & Bread	€	4.42		
Other	€	-		
<b>Clothing</b>	€	<b>5.10</b>	<b>Education</b>	€ -
Clothes	€	3.69	Uniforms	€ -
Footwear	€	1.27	Books, Stationary, etc.	€ -
Accessories	€	0.14	Computer Equipment	€ -
<b>Personal Care</b>	€	<b>1.20</b>	Other Education Costs	€ -
Personal Hygiene	€	1.20	<b>Transport</b>	
Cosmetics	€	-		
<b>Health</b>	€	<b>2.11</b>	<b>Household Energy</b>	€ -
Over the counter items	€	0.15	Electricity	€ -
Health care services	€	1.95	Heating	€ -
<b>Household Goods</b>	€	<b>2.80</b>	<b>Personal Costs</b>	€ 0.16
Furnishings	€	1.39		
Appliances	€	-	<b>Childcare</b>	
Kitchen items	€	-	Scenario 1	€ 48.29
Cleaning & maintenance	€	1.26	Scenario 2	€ 135.82
Miscellaneous items	€	0.16		
<b>Household Services</b>	€	<b>-</b>	<b>Insurance</b>	€ 6.03
<b>Communications</b>	€	<b>-</b>	Home Contents	€ -
<b>Social Inclusion &amp; Participation</b>	€	<b>3.62</b>	Health	€ 6.03
Toys	€	0.41	Car	€ -
Newspapers, Books & Magazines	€	0.12	<b>Savings &amp; Contingencies</b>	€ 5.00
Household Items	€	0.02		
Holiday	€	1.43		
Exercise / Sport Activities	€	1.19		
Family Outings	€	0.45		
Parents' Socialising	€	-		

## Pre-School Age Child

### Food

							Rural	Rural
							Mar 2012	Mar 2012
Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost
<b>Fruit &amp; Vegetables</b>								
§ Apples	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.50
§ Bananas	1kg bag	Aldi	Aldi	€ 1.25	1	1 Week	€ 1.25	€ 0.33
§ Cabbage		Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Carrots	1kg bag	Aldi	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Cauliflower		Aldi	Aldi	€ 1.49	1	1 Week	€ 1.49	€ 0.40
§ Cucumber		Aldi	Aldi	€ 0.69	1	1 Week	€ 0.69	€ 0.18
§ Frozen bag of broccoli	1kg bag	Four Seasons	Aldi	€ 1.35	1	2 Weeks	€ 0.68	€ 0.18
§ Frozen mixed Veg	1kg	Four Seasons	Aldi	€ 1.25	1	6 Weeks	€ 0.21	€ 0.06
§ Lettuce		Iceberg	Aldi	€ 0.90	1	1 Week	€ 0.90	€ 0.24
§ Mushrooms	250g tray	Aldi	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.13
§ Onions	1kg bag	Aldi	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ 0.11
§ Oranges	1kg bag	Aldi	Aldi	€ 1.89	1	1 Week	€ 1.89	€ 0.50
§ Parsnips	Pack of 3	Lidl	Lidl	€ 1.29	1	2 Weeks	€ 0.65	€ 0.17
§ Pears	Loose	Aldi	Aldi	€ 0.49	6	1 Week	€ 2.94	€ 0.79
§ Peas	1kg bag	Four Seasons	Aldi	€ 1.19	1	1 Week	€ 1.19	€ 0.32
§ Potatoes	7.5kg bag	Roosters	Aldi	€ 3.69	1	2 Weeks	€ 1.85	€ 0.49
§ Sultanas	375g	Sweet Vine	Aldi	€ 0.99	1	2 Weeks	€ 0.50	€ 0.13
§ Sweetcorn	325g	Sweet Harvest	Aldi	€ 0.54	1	1 Week	€ 0.54	€ 0.14
§ Tomatoes		Lidl	Lidl	€ 0.26	6	1 Week	€ 1.56	€ 0.42
§ Turnip		Aldi	Aldi	€ 0.35	1	1 Week	€ 0.35	€ 0.09
<b>Groceries</b>								
§ Beans	420g	Corale	Aldi	€ 0.47	2	1 Week	€ 0.94	€ 0.25
§ Biscuits	400g	Belmont Digestive	Aldi	€ 0.45	1	1 Week	€ 0.45	€ 0.12
§ Cake	550g	Victoria Sponge	Aldi	€ 1.79	1	1 Week	€ 1.79	€ 0.48
§ Cheese	200g	Cowbell Cheese	Aldi	€ 0.85	1	1 Week	€ 0.85	€ 0.23
† Coffee	200g	Maxwell House	Tesco / Supervalu		1	6 Weeks	€ 0.81	€ 0.22

## Pre-School Age Child

Food							Rural	Rural
							Mar 2012	Mar 2012
Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§ Coleslaw	400g tub	Country Fresh	Aldi	€ 1.29	2	3 Weeks	€ 0.86	€ -
§ Cooking oil	1 litres	Solesta	Aldi	€ 1.59	1	4 Weeks	€ 0.40	€ 0.11
§ Corn beef	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.23
§ Corn flakes	400g	Harvest Morn	Aldi	€ 0.79	1	2 Weeks	€ 0.40	€ -
§ Cream crackers	300g	Savoury Bakes	Aldi	€ 0.39	1	3 Weeks	€ 0.13	€ 0.03
§ Crisps	Multipack 18	Snackrite	Aldi	€ 1.95	1	3 Weeks	€ 0.65	€ -
§ Curry powder	80g tub	Tesco brand	Tesco	€ 1.09	1	4 Weeks	€ 0.27	€ 0.07
§ Diluted juice	1 litre	Sun Quench	Aldi	€ 1.45	1	1 Week	€ 1.45	€ 0.39
§ Dried apricots	250g	Tesco Wholefoods	Tesco	€ 2.99	1	3 Weeks	€ 1.00	€ -
§ Eggs	18	Mervale	Aldi	€ 2.59	1	3 Weeks	€ 0.86	€ 0.23
§ Fish fingers	450g (15)	Northern Catch	Aldi	€ 1.99	2	3 Weeks	€ 1.33	€ 0.35
§ Flora	1 kg tub	Flora	Tesco	€ 4.29	1	3 Weeks	€ 1.43	€ 0.38
§ Flour	2 kg	The Pantry	Aldi	€ 1.19	1	8 Weeks	€ 0.15	€ 0.04
§ Frozen fish (cod)	450g pack	Northern Catch	Aldi	€ 2.69	1	1 Week	€ 2.69	€ 0.72
§ Fruit cocktail	410g	Sweet Valley	Aldi	€ 0.65	2	1 Week	€ 1.30	€ -
§ Gravy	300g tin	Quixo	Aldi	€ 0.85	1	6 Weeks	€ 0.14	€ 0.04
§ Ham	8 slices	Brannans	Aldi	€ 0.88	1	1 Week	€ 0.88	€ 0.23
§ Hot chocolate	400g tin	Alcafe	Aldi	€ 1.49	1	6 Weeks	€ 0.25	€ 0.07
§ Ice-cream	1 litre tub	Gianni's	Aldi	€ 1.45	1	3 Weeks	€ 0.48	€ 0.13
§ Jam (strawberry)	454g jar	Grandessa	Aldi	€ 0.99	1	4 Weeks	€ 0.25	€ 0.07
§ Jelly (strawberry)	135g pack	Hartley's	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.13
§ Low-fat yoghurts	125g	Duneen	Aldi	€ 0.37	12	1 Week	€ 4.44	€ 1.19
§ Marmalade	454g jar	Grandessa	Aldi	€ 0.65	1	6 Weeks	€ 0.11	€ 0.03
§ Mayonnaise	500ml	Bramwells	Aldi	€ 1.15	1	4 Weeks	€ 0.29	€ 0.08
§ Noodles	65g	Tesco Value	Tesco	€ 0.15	4	1 Week	€ 0.60	€ -
§ Orange juice	1 litres	Rio D'ora	Aldi	€ 0.89	2	1 Week	€ 1.78	€ 0.48
§ Oven chips	1.5 kg bag	Champion	Aldi	€ 0.99	1	3 Weeks	€ 0.33	€ 0.09

## Pre-School Age Child

Food							Rural	Rural
							Mar 2012	Mar 2012
Item	Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§ Pasta sauce	320g jar	Cucina	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Chocolate Bars	pack of 9	Eat Me Caramel	Aldi	€ 1.09	1	1 Week	€ 1.09	€ 0.29
§ Pepper	25g	Stonemill	Aldi	€ 0.89	1	26 Weeks	€ 0.03	€ 0.01
§ Red sauce	570g	Bramwells	Aldi	€ 0.75	1	4 Weeks	€ 0.19	€ 0.05
§ Rice	1kg box	Bilash	Aldi	€ 1.19	1	4 Weeks	€ 0.30	€ 0.08
§ Rice Krispies	375g	Harvest Morn	Aldi	€ 1.19	4	5 Weeks	€ 0.95	€ 0.25
§ Salmon (tinned)	212g	Ocean Rise	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
§ Sea Salt	700g	Stonemill	Aldi	€ 0.45	1	26 Weeks	€ 0.02	€ 0.00
§ Spaghetti	1kg bag	Cucina	Aldi	€ 0.95	1	3 Weeks	€ 0.32	€ 0.08
§ Spaghetti hoops	410g tin	Corale	Aldi	€ 0.45	1	1 Week	€ 0.45	€ -
§ Sugar	1kg bag	The Pantry	Aldi	€ 1.19	1	17 Weeks	€ 0.07	€ 0.02
† Tea bags	80 bags	Lyons	Tesco / Supervalu	€ 3.39	1	3 Weeks	€ 1.14	€ 0.30
§ Tinned Tomatoes	400g tin	Sweet Harvest	Aldi	€ 0.49	1	1 Week	€ 0.49	€ 0.13
§ Tuna	185g	Ocean Rise	Aldi	€ 0.59	1	1 Week	€ 0.59	€ 0.16
§ Vinegar	568ml	Bramwells	Aldi	€ 0.37	1	17 Weeks	€ 0.02	€ 0.01
§ Waffles	680g	Champion	Aldi	€ 1.25	1	2 Weeks	€ 0.63	€ 0.17
§ Weetabix	Box of 36	Harvest Morn	Aldi	€ 2.09	2	3 Weeks	€ 1.39	€ 0.37
<b>Meat</b>								
† Chicken fillets	6		Local butchers		1	1 Week	€ 7.83	€ 2.09
† Mince	500g		Local butchers		1	1 Week	€ 3.04	€ 0.81
† Pork chops	3		Local butchers		1	1 Week	€ 4.53	€ 1.21
§ Rashers	250g	Lidl	Lidl	€ 1.24	1	1 Week	€ 1.24	€ 0.33
† Roast - Bacon/Pork	1kg		Local butchers		1	2 Weeks	€ 3.83	€ 1.02
§ Sausages	454g pack	Lidl	Lidl	€ 1.29	1	1 Week	€ 1.29	€ 0.34
† Roast - Beef/Lamb	1kg		Local butchers		1	2 Weeks	€ 4.93	€ 1.32
<b>Milk &amp; Bread</b>								
† Brown bread	800g		Local		3	1 Week	€ 5.98	€ 1.60

## Pre-School Age Child

							Rural	Rural	
							Mar 2012	Mar 2012	
Food									
Item		Brand	Retailer	Unit Price	Quantity	Life span	House Cost	Individual Cost	
§	Brown bread rolls	pack of 6	Ballymore Crust	Aldi	€ 0.89	1	1 Week	€ 0.89	€ 0.24
†	Full-fat milk	2 litres		Local		2	1 Week	€ 3.65	€ 0.98
†	Low-fat milk	2 litres		Local		2	1 Week	€ 3.65	€ 0.98
§	Scones		Bakery	Lidl	€ 0.35	4	1 Week	€ 1.40	€ 0.37
§	White bread	800g	Lynchs	Aldi	€ 0.99	1	1 Week	€ 0.99	€ 0.26
<b>Other</b>									
†	Takeaway			Local takeaway	€ 18.50	1	4 Weeks	€ 3.49	€ -
†	Lunch			Local deli	€ 3.00	1	1 Week	€ 3.03	€ -
	Chinese takeaway			Local takeaway	€ 11.00	1	4 Weeks	€ 8.63	€ -
<b>Total</b>							<b>€ 118.16</b>	<b>€ 26.10</b>	

§ 2012 Review adjustments & additions

† Item priced in Demeber 2009

# Pre-School Age Child

Rural

## Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Hairslides	Multi pack	Dunnes	€ 1.50	1	52 Weeks	€ 0.11
§ Child's backpack		Dunnes	€ 8.00	1	52 Weeks	€ 0.03
§ Vests	Pack of 6	Penny's	€ 6.00	1	52 Weeks	€ 0.09
§ Pants	Pack of 12	Penny's	€ 6.00	1	26 Weeks	€ 0.17
§ Socks	Pack of 12	Penny's	€ 5.50	1	52 Weeks	€ 0.08
§ Pyjamas		Penny's	€ 5.00	4	52 Weeks	€ 0.28
§ Dressing gown		Penny's	€ 5.00	1	52 Weeks	€ 0.07
§ Slippers		Penny's	€ 5.00	1	26 Weeks	€ 0.14
§ Winter coat		Dunnes	€ 20.00	1	52 Weeks	€ 0.28
§ Light jacket		Dunnes	€ 12.00	2	52 Weeks	€ 0.33
§ Rain coat		Dunnes	€ 10.00	1	52 Weeks	€ 0.14
§ Jumpers		Dunnes	€ 6.00	4	52 Weeks	€ 0.33
§ Trousers		Penny's	€ 5.00	4	26 Weeks	€ 0.56
§ Tracksuit		Dunnes	€ 8.00	2	52 Weeks	€ 0.22
§ Cardigan		Penny's	€ 6.00	2	52 Weeks	€ 0.17
§ Shorts		Dunnes	€ 3.00	3	52 Weeks	€ 0.12
§ T-shirts		Dunnes	€ 3.00	6	52 Weeks	€ 0.25
§ Summer dress		Dunnes	€ 10.00	2	52 Weeks	€ 0.28
§ Swimsuit		Dunnes	€ 4.00	1	52 Weeks	€ 0.06
§ Hat, scarf & glove set		Penny's	€ 6.00	1	52 Weeks	€ 0.09
§ Sun hat		Penny's	€ 2.50	1	52 Weeks	€ 0.04
§ Sandals		Dunnes	€ 6.00	1	52 Weeks	€ 0.09
§ Shoes		Dunnes	€ 40.00	1	52 Weeks	€ 0.56
§ Shoes		Dunnes	€ 14.00	1	52 Weeks	€ 0.20
§ Trainers		Dunnes	€ 12.00	2	52 Weeks	€ 0.33
Wellingtons		Dunnes	€ 5.00	1	52 Weeks	€ 0.10

Pre-School Age Child

Rural

Clothing

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Total</b>						€ 5.10

§ 2012 Review adjustments & additions

## Pre-School Age Child

Rural

### Personal Care

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span		
<b>Personal Hygiene</b>								
Bubble bath	500ml	Tesco brand	Tesco	€ 1.25	1	4 Weeks	€	0.17
Haircut			At home	€ -			€	-
§ Shampoo	300ml	Timotei	Tesco	€ 1.34	1	1 Week	€	0.23
Shower gel	1 litre	Tesco brand	Tesco	€ 0.99	1	3 Weeks	€	0.25
Soap	4 x 125g	Tesco lemon	Tesco	€ 1.39	3	4 Weeks	€	0.10
Suntan lotion (40+)	200ml	Amber Solaire	*Local Chemist	€ 8.99	2	52 Weeks	€	0.03
Toothbrush (child)			Tesco	€ 1.85	1	13 Weeks	€	0.13
Toothpaste	50ml	Colgate kids	Tesco	€ 1.49	1	3 Weeks	€	0.27
<b>Total</b>							<b>€</b>	<b>1.20</b>

§ 2012 Review adjustments & additions



# Pre-School Age Child

Rural

Health

Mar 2012

Item		Brand	Retailer	Unit Price	Quantity	Life span		
Over the counter								
Calpol junior	140ml	Calpol	Local chemist	€ 6.99	1	52 Weeks	€	0.10
Cough mixture	200ml	Exputex	Local chemist	€ 4.94	1	52 Weeks	€	0.02
Waterproof plasters		Tesco brand	Tesco	€ 1.49	2	52 Weeks	€	0.02
Main Care								
GP			Local		2	52 Weeks	€	0.97
Dentist			Local		1	52 Weeks	€	0.34
Prescriptions			Local chemist		2	52 Weeks	€	0.64
<b>Total</b>							€	<b>2.11</b>

# Pre-School Age Child

Rural

## Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Bedroom and bathroom furniture</b>						
Single Bed		Sugrue's	€ 89.00	1	624 Weeks	€ 0.19
Single mattress		Sugrue's	€ 60.00	1	520 Weeks	€ 0.13
Bedside locker		Sugrue's	€ 49.00	1	780 Weeks	€ 0.07
Chest of drawers		Sugrue's	€ 59.00	1	780 Weeks	€ 0.14
Wardrobe		Sugrue's	€ 149.00	1	780 Weeks	€ 0.24
<b>Floor Coverings</b>						
Bedroom	Carpet	Fitzgeralds	€ 112.00	1	520 Weeks	€ 0.23
<b>Textiles and soft furnishings:</b>						
Single duvet- heavy tog		Dunnes	€ 15.00	1	520 Weeks	€ 0.03
Single duvet- light tog		Dunnes	€ 14.00	1	520 Weeks	€ 0.02
Single fitted sheets	set	Dunnes	€ 5.00	3	260 Weeks	€ 0.06
Single quilt cover & 1 pillowcase	set	Dunnes	€ 8.00	3	260 Weeks	€ 0.08
Pillows		Dunnes	€ 3.00	2	104 Weeks	€ 0.05
Face cloths	Pack of 2	Dunnes	€ 2.00	2	52 Weeks	€ 0.01
Hand towels		Dunnes	€ 2.00	4	260 Weeks	€ 0.01
Bath towels		Dunnes	€ 4.00	6	260 Weeks	€ 0.02
<b>Curtains, Blinds, etc.</b>						
§ Bedroom Blind		Argos	€ 12.99	1	416 Weeks	€ 0.03
Bedrooms	Curtain	Heatons	€ 15.00	1	624 Weeks	€ 0.05
Curtain track and fittings for bedrooms	4 feet	Heatons	€ 22.00	1	1,040 Weeks	€ 0.01
§ Lampshades		Dunnes	€ 4.00	1	780 Weeks	€ 0.01
<b>Miscellaneous household items</b>						
Birthday cards		Discount Store	€ 1.00	6	52 Weeks	€ 0.02
Christmas cards	Box of 24	Discount Store	€ 2.99	2	52 Weeks	€ 0.01
Christmas wrapping paper	Roll	Discount Store	€ 1.99	2	52 Weeks	€ 0.03
Gift wrap	Sheet	Discount Store	€ 1.99	4	52 Weeks	€ 0.02

## Pre-School Age Child

Rural

### Household Goods

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Other occasion cards		Discount Store	€ 1.00	6	52 Weeks	€ 0.01
Pens	Pack of 10	Discount Store	€ 2.00	1	52 Weeks	€ 0.00
Sellotape	Pack of 2	Discount Store	€ 1.49	1	104 Weeks	€ 0.00
Suitcase		Dunnes	€ 30.00	3	520 Weeks	€ 0.05
Light Bulbs	2 x 60W	Tesco	€ 1.49	5	52 Weeks	€ 0.03
<b>Cleaning &amp; household maintenance</b>						
Refuse sacks	Killeen (40)	Tesco	€ 5.72	1	6 Weeks	€ 0.08
Toilet paper	Saxon (9 rolls)	Aldi	€ 2.55	2	2 Weeks	€ 0.80
§ Washing powder	Aerial Non-bio (3.3kg)	Tesco	€ 10.29	1	4 Weeks	€ 0.22
Paint, roller set, 9"		4 Homes	€ 9.00	1	260 Weeks	€ 0.00
Paint brushes, 10 set		4 Homes	€ 11.95	1	260 Weeks	€ 0.01
Paint, emulsion	Dulux (10 litres)	4 Homes	€ 43.25	2	260 Weeks	€ 0.04
Paint, gloss	Dulux (5 litres)	4 Homes	€ 35.75	4	260 Weeks	€ 0.09
<b>Total</b>						<b>€ 2.80</b>

§ 2012 Review adjustments & additions

# Pre-School Age Child

Rural

Social Inclusion

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
<b>Exercise / Sport Activities</b>						
Swimming		Local swimming pool	€ 2.50	12	52 Weeks	€ 0.90
Arm bands		Local sports shop		1	52 Weeks	€ 0.29
<b>Family Outings</b>						
Annual budget			€ 24.06		52 Weeks	€ 0.45
Cinema						
Pantomime						
Zoo visit						
Holiday	1 Week in Ireland, Mobile Home					
Spending money				1	52 Weeks	€ 1.43
<b>Household Items</b>						
Booth photographs		Local chemist	€ 5.00	1	260 Weeks	€ 0.02
<b>Newspapers, Books &amp; Magazines</b>						
Child's storybook		Easons	€ 1.55	4	52 Weeks	€ 0.12
<b>Toys</b>						
§ Doll and pram set		Smyths	€ 29.99	1	156 Weeks	€ 0.19
Tricycle		Smyths	€ 29.99	1	156 Weeks	€ 0.19
Helmet		Smyths	€ 9.99	1	260 Weeks	€ 0.04
<b>Total</b>						<b>€ 3.62</b>

§ 2012 Review adjustments & additions

# Pre-School Age Child

Rural

## Personal Costs

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Passport Fee		Passport Office	€ 41.50	1	260 Weeks	€ 0.16
						€ 0.16

§ 2012 Review adjustments & additions

# Pre-School Age Child

Rural

## Childcare

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
Part-time scenario						
Part-time childcare	20 hours per week	Local pre-school	€ 53.33	1	1 Week	€ 48.29
<b>Total</b>						<b>€ 48.29</b>
Employed Full-Time						
Full-time childcare		Private Crèche	€ 150.00	1	1 Week	€ 135.82
<b>Total</b>						<b>€ 135.82</b>

# Pre-School Age Child

Rural

Insurance

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
‡ Private Health Insurance	Healthcare Manager S	Quinn	€ 275.40	1	52 Weeks	€ 6.03
<b>Total</b>						<b>€ 6.03</b>

‡ Indicates items which were re-priced / newly added in March 2011

# Pre-School Age Child

Rural

## Savings & Contingencies

Mar 2012

Item	Brand	Retailer	Unit Price	Quantity	Life span	Cost / Week
§ Savings			€ 5.00	1	1 Week	€ 5.00
<b>Total</b>						<b>€ 5.00</b>

§ 2012 Review adjustments & additions